

46	Måndag																			15-nov	
	O	1		2		3		4		5		6		7		8		9			
06:00-06:30	Neptun/SPIF	Neptun/SPIF		Neptun/SPIF		Neptun/SPIF		Neptun/SPIF		NEC		Crawl		Bröstsims		Rundsims				06:00-06:30	
06:30-07:00	Neptun/SPIF	Neptun/SPIF		Neptun/SPIF		Neptun/SPIF		Neptun/SPIF		NEC										06:30-07:00	
07:00-07:30	Neptun/SPIF	Neptun/SPIF		Neptun/SPIF		Neptun/SPIF		Neptun/SPIF		NEC										07:00-07:30	
07:30-08:00	Neptun/SPIF	Neptun/SPIF		Neptun/SPIF		Neptun/SPIF		Neptun/SPIF		NEC										07:30-08:00	
08:00-08:30	Neptun/SPIF	Neptun/SPIF		Neptun/SPIF		NEC		NEC		NEC										08:00-08:30	
08:30-09:00	Neptun/SPIF	Neptun/SPIF		Neptun/SPIF		NEC		NEC		NEC										08:30-09:00	
09:00-09:30	Neptun/SPIF	Neptun/SPIF		Neptun/SPIF		NEC		NEC		NEC										09:00-09:30	
09:30-10:00	Neptun/SPIF	Neptun/SPIF		Neptun/SPIF		NEC		NEC		NEC										09:30-10:00	
10:00-10:30										Snabbana								10:00-10:30			
10:30-11:00																		10:30-11:00			
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14:30-15:00										14:30-15:00											
15:00-15:30	NEC	NEC		NEC		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		15:00-15:30	
15:30-16:00	NEC	NEC		NEC		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		15:30-16:00	
16:00-16:30	NEC	NEC		NEC		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		16:00-16:30	
16:30-17:00	NEC	NEC		NEC		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		16:30-17:00	
		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	
17:00-17:30	Spärvägen	Spärvägen	Spärvägen	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:00-17:30
17:30-18:00	Spärvägen	Spärvägen	Spärvägen	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:30-18:00
18:00-18:30	Spärvägen	Spärvägen	Spärvägen	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:00-18:30
18:30-19:00	Spärvägen	Spärvägen	Spärvägen	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:30-19:00
19:00-19:30																				19:00-19:30	
19:30-20:00																				19:30-20:00	
20:00-20:30	Hellas vattenpolo 19.00-21.00																			20:00-20:30	
20:30-21:00																				20:30-21:00	
21:00-21:30																				21:00-21:30	
21:30-22:00	Hellas Vattenpolo Herr 21.00-22.00																			21:30-22:00	
Med Reservation för ändringar																					

46	Tisdag																			16-nov
	O	1		2		3		4		5		6		7		8		9		
06:00-06:30	Neptun/SPIF	Neptun/SPIF		Neptun/SPIF		Neptun/SPIF		Neptun/SPIF		Neptun/SPIF		NEC		Crawl	Bröstsim	Rundsims				06:00-06:30
06:30-07:00	Neptun/SPIF	Neptun/SPIF		Neptun/SPIF		Neptun/SPIF		Neptun/SPIF		Neptun/SPIF		NEC								06:30-07:00
07:00-07:30	Neptun/SPIF	Neptun/SPIF		Neptun/SPIF		Neptun/SPIF		Neptun/SPIF		Neptun/SPIF		NEC								07:00-07:30
07:30-08:00	Neptun/SPIF	Neptun/SPIF		Neptun/SPIF		Neptun/SPIF		Neptun/SPIF		Neptun/SPIF		NEC								07:30-08:00
08:00-08:30	Neptun/SPIF	Neptun/SPIF		Neptun/SPIF		NEC		NEC		NEC		NEC								08:00-08:30
08:30-09:00	Neptun/SPIF	Neptun/SPIF		Neptun/SPIF		NEC		NEC		NEC		NEC								08:30-09:00
09:00-09:30	Neptun/SPIF	Neptun/SPIF		Neptun/SPIF		NEC		NEC		NEC		NEC								09:00-09:30
09:30-10:00	Neptun/SPIF	Neptun/SPIF		Neptun/SPIF		NEC		NEC		NEC		NEC		09:30-10:00						
10:00-10:30												Snabbbana		Crawl	Bröstsim	Rundsims				10:00-10:30
10:30-11:00																				10:30-11:00
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14:30-15:00												14:30-15:00								
	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>	<i>6</i>	<i>7</i>	<i>8</i>	<i>9</i>	<i>10</i>	<i>11</i>	<i>12</i>	<i>13</i>	<i>14</i>	<i>15</i>	<i>16</i>	<i>17</i>	<i>18</i>	<i>19</i>	
15:00-15:30	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:00-15:30
15:30-16:00	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:30-16:00
16:00-16:30	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:00-16:30
16:30-17:00	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:30-17:00
17:00-17:30	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:00-17:30
17:30-18:00	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:30-18:00
18:00-18:30	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:00-18:30
18:30-19:00	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:30-19:00
19:00-19:30																				19:00-19:30
19:30-20:00	SKK vattenpolo 19.00-21.00																			19:30-20:00
20:00-20:30																				20:00-20:30
20:30-21:00																				20:30-21:00
21:00-21:30	STH City	STH City		STH City		STH City		STH City		STH City		STH Dolphins		STH Dolphins		STH Dolphins		STH Dolphins		21:00-21:30
21:30-22:00	STH City	STH City		STH City		STH City		STH City		STH City		STH Dolphins		STH Dolphins		STH Dolphins		STH Dolphins		21:30-22:00
Med Reservation för ändringar																				

46	Onsdag																			17-nov	
	O	1		2		3		4		5		6		7		8		9			
06:00-06:30	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	NEC	Crawl	Bröstsims	Rundsims						06:00-06:30	
06:30-07:00	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	NEC									06:30-07:00	
07:00-07:30	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	NEC									07:00-07:30	
07:30-08:00	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	NEC									07:30-08:00	
08:00-08:30	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	NEC	NEC	NEC	NEC	NEC	NEC	NEC									08:00-08:30	
08:30-09:00	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	NEC	NEC	NEC	NEC	NEC	NEC	NEC									08:30-09:00	
09:00-09:30	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	NEC	NEC	NEC	NEC	NEC	NEC	NEC									09:00-09:30	
09:30-10:00	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	NEC	NEC	NEC	NEC	NEC	NEC	NEC	09:30-10:00									
10:00-10:30												Snabbbana								10:00-10:30	
10:30-11:00																				10:30-11:00	
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	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>	<i>6</i>	<i>7</i>	<i>8</i>	<i>9</i>	<i>10</i>	<i>11</i>	<i>12</i>	<i>13</i>	<i>14</i>	<i>15</i>	<i>16</i>	<i>17</i>	<i>18</i>	<i>19</i>		
15:00-15:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:00-15:30
15:30-16:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:30-16:00
16:00-16:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:00-16:30
16:30-17:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:30-17:00
17:00-17:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:00-17:30
17:30-18:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:30-18:00
18:00-18:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:00-18:30
18:30-19:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:30-19:00
19:00-19:30																				19:00-19:30	
19:30-20:00	SK Neptun vattenpolo 19.00-21.00																			19:30-20:00	
20:00-20:30																				20:00-20:30	
20:30-21:00																				20:30-21:00	
21:00-21:30	Brunnsviken kanotklubb 21.00-22.00																			21:00-21:30	
21:30-22:00																				21:30-22:00	
Med Reservation för ändringar																					

46	Torsdag																			18-nov	
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06:00-06:30	Neptun/SPIF	Neptun/SPIF		Neptun/SPIF		Neptun/SPIF		Neptun/SPIF		Neptun/SPIF		NEC		Crawl	Bröstsim	Rundsims			06:00-06:30		
06:30-07:00	Neptun/SPIF	Neptun/SPIF		Neptun/SPIF		Neptun/SPIF		Neptun/SPIF		Neptun/SPIF		NEC									06:30-07:00
07:00-07:30	Neptun/SPIF	Neptun/SPIF		Neptun/SPIF		Neptun/SPIF		Neptun/SPIF		Neptun/SPIF		NEC									07:00-07:30
07:30-08:00	Neptun/SPIF	Neptun/SPIF		Neptun/SPIF		Neptun/SPIF		Neptun/SPIF		Neptun/SPIF		NEC									07:30-08:00
08:00-08:30	Neptun/SPIF	Neptun/SPIF		Neptun/SPIF		NEC		NEC		NEC		NEC									08:00-08:30
08:30-09:00	Neptun/SPIF	Neptun/SPIF		Neptun/SPIF		NEC		NEC		NEC		NEC									08:30-09:00
09:00-09:30	Neptun/SPIF	Neptun/SPIF		Neptun/SPIF		NEC		NEC		NEC		NEC									09:00-09:30
09:30-10:00	Neptun/SPIF	Neptun/SPIF		Neptun/SPIF		NEC		NEC		NEC		NEC									09:30-10:00
10:00-10:30												Snabbbana						10:00-10:30			
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15:00-15:30	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:00-15:30	
15:30-16:00	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:30-16:00	
16:00-16:30	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:00-16:30	
16:30-17:00	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:30-17:00	
17:00-17:30	SKK	SKK	SKK	SKK	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:00-17:30	
17:30-18:00	SKK	SKK	SKK	SKK	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:30-18:00	
18:00-18:30	SKK	SKK	SKK	SKK	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:00-18:30	
18:30-19:00	SKK	SKK	SKK	SKK	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:30-19:00	
19:00-19:30																				19:00-19:30	
19:30-20:00	SPIF vattenpolo 19.00-21.00																			19:30-20:00	
20:00-20:30																				20:00-20:30	
20:30-21:00																				20:30-21:00	
21:00-21:30	STH City	STH City	STH City	STH City	STH City	STH City	STH City	STH City	STH City	STH City	STH Dolphins	STH Dolphins	STH Dolphins	STH Dolphins	STH Dolphins	STH Dolphins	SPIF Triathlon	SPIF Triathlon	21:00-21:30		
21:30-22:00	STH City	STH City	STH City	STH City	STH City	STH City	STH City	STH City	STH City	STH City	STH Dolphins	STH Dolphins	STH Dolphins	STH Dolphins	STH Dolphins	STH Dolphins	SPIF Triathlon	SPIF Triathlon	21:30-22:00		
Med Reservation för ändringar																					

46	Fredag																			19-nov	
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06:00-06:30	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	NEC										06:00-06:30	
06:30-07:00	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	NEC										06:30-07:00	
07:00-07:30	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	NEC										07:00-07:30	
07:30-08:00	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	NEC										07:30-08:00	
08:00-08:30	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	NEC	NEC	NEC	NEC	NEC	NEC										08:00-08:30	
08:30-09:00	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	NEC	NEC	NEC	NEC	NEC	NEC										08:30-09:00	
09:00-09:30	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	NEC	NEC	NEC	NEC	NEC	NEC										09:00-09:30	
09:30-10:00	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	Neptun/SPIF	NEC	NEC	NEC	NEC	NEC	NEC										09:30-10:00	
10:00-10:30																				10:00-10:30	
10:30-11:00																				10:30-11:00	
11:00-11:30																				11:00-11:30	
11:30-12:00	SPIF Triathlon	SPIF Triathlon																		11:30-12:00	
12:00-12:30	SPIF Triathlon	SPIF Triathlon																		12:00-12:30	
12:30-13:00																				12:30-13:00	
13:00-13:30																				13:00-13:30	
13:30-14:00																				13:30-14:00	
14:00-14:30																				14:00-14:30	
14:30-15:00																				14:30-15:00	
15:00-15:30	NEC	NEC	NEC	Spårvägen	Spårvägen	Spårvägen	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:00-15:30	
15:30-16:00	NEC	NEC	NEC	Spårvägen	Spårvägen	Spårvägen	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:30-16:00
16:00-16:30	NEC	NEC	NEC	Spårvägen	Spårvägen	Spårvägen	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:00-16:30
16:30-17:00	NEC	NEC	NEC	Spårvägen	Spårvägen	Spårvägen	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:30-17:00
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19		
17:00-17:30	SKK	SKK	SKK	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:00-17:30
17:30-18:00	SKK	SKK	SKK	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:30-18:00
18:00-18:30																					18:00-18:30
18:30-19:00																					18:30-19:00
19:00-19:30																					19:00-19:30
19:30-20:00																					19:30-20:00
20:00-20:30																					20:00-20:30
20:30-21:00																					20:30-21:00
Med Reservation för ändringar																					

46	Lördag									20-nov	
	0	1	2	3	4	5	6	7	8		9
07:45-08:00											07:45-08:00
08:00-08:30											08:00-08:30
08:30-09:00											08:30-09:00
09:00-09:30											09:00-09:30
09:30-10:00											09:30-10:00
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17:30-18:00											17:30-18:00
18:00-18:30											18:00-18:30
18:30-19:00											18:30-19:00
	Med Reservation för ändringar										

Elitserien/Allsvenskan/USMB 07.45-19.00

46	Söndag										21-nov
	0	1	2	3	4	5	6	7	8	9	
07:45-08:00											07:45-08:00
08:00-08:30											08:00-08:30
08:30-09:00											08:30-09:00
09:00-09:30											09:00-09:30
09:30-10:00											09:30-10:00
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10:30-11:00											10:30-11:00
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15:00-15:30											15:00-15:30
15:30-16:00											15:30-16:00
16:00-16:30											16:00-16:30
16:30-17:00											16:30-17:00
17:00-17:30											17:00-17:30
17:30-18:00											17:30-18:00
18:00-18:30	STH City	STH City	STH City	STH City	STH City	STH City	STH City	SK Neptun VP	SK Neptun VP	Ävsjö AIK	18:00-18:30
18:30-19:00	STH City	STH City	STH City	STH City	STH City	STH City	STH City	SK Neptun VP	SK Neptun VP	Ävsjö AIK	18:30-19:00
19:00-19:30	STH City	STH City	STH City	STH City	STH City	STH City	STH City	SK Neptun VP	SK Neptun VP	Ävsjö AIK	19:00-19:30
19:30-20:00	Apnea	Apnea	Apnea	Apnea	Neptun Masters	Neptun Masters	Neptun Masters	Ävsjö AIK	Ävsjö AIK	Ävsjö AIK	19:30-20:00
20:00-20:30	Apnea	Apnea	Apnea	Apnea	Neptun Masters	Neptun Masters	Neptun Masters	Ävsjö AIK	Ävsjö AIK	Ävsjö AIK	20:00-20:30
Elitserien/Allsvenskan/USMB 08.00-18.00											
Med Reservation för ändringar											

47	Måndag																			22-nov	
	O	1		2		3		4		5		6		7		8		9			
06:00-06:30	Neptun/SPIF	Neptun/SPIF		Neptun/SPIF		Neptun/SPIF		Neptun/SPIF		NEC		Crawl		Bröstsims		Rundsims				06:00-06:30	
06:30-07:00	Neptun/SPIF	Neptun/SPIF		Neptun/SPIF		Neptun/SPIF		Neptun/SPIF		NEC										06:30-07:00	
07:00-07:30	Neptun/SPIF	Neptun/SPIF		Neptun/SPIF		Neptun/SPIF		Neptun/SPIF		NEC										07:00-07:30	
07:30-08:00	Neptun/SPIF	Neptun/SPIF		Neptun/SPIF		Neptun/SPIF		Neptun/SPIF		NEC										07:30-08:00	
08:00-08:30	Neptun/SPIF	Neptun/SPIF		Neptun/SPIF		NEC		NEC		NEC										08:00-08:30	
08:30-09:00	Neptun/SPIF	Neptun/SPIF		Neptun/SPIF		NEC		NEC		NEC										08:30-09:00	
09:00-09:30	Neptun/SPIF	Neptun/SPIF		Neptun/SPIF		NEC		NEC		NEC										09:00-09:30	
09:30-10:00	Neptun/SPIF	Neptun/SPIF		Neptun/SPIF		NEC		NEC		NEC										09:30-10:00	
10:00-10:30										Snabbana								10:00-10:30			
10:30-11:00																		10:30-11:00			
11:00-11:30																		11:00-11:30			
11:30-12:00																		11:30-12:00			
12:00-12:30																		12:00-12:30			
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13:30-14:00																		13:30-14:00			
14:00-14:30										14:00-14:30											
14:30-15:00										14:30-15:00											
15:00-15:30	NEC	NEC		NEC		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		15:00-15:30	
15:30-16:00	NEC	NEC		NEC		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		15:30-16:00	
16:00-16:30	NEC	NEC		NEC		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		16:00-16:30	
16:30-17:00	NEC	NEC		NEC		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		16:30-17:00	
		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	
17:00-17:30	Spärvägen	Spärvägen	Spärvägen	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:00-17:30
17:30-18:00	Spärvägen	Spärvägen	Spärvägen	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:30-18:00
18:00-18:30	Spärvägen	Spärvägen	Spärvägen	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:00-18:30
18:30-19:00	Spärvägen	Spärvägen	Spärvägen	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:30-19:00
19:00-19:30																				19:00-19:30	
19:30-20:00																				19:30-20:00	
20:00-20:30	Hellas vattenpolo 19.00-21.00																			20:00-20:30	
20:30-21:00																				20:30-21:00	
21:00-21:30																				21:00-21:30	
21:30-22:00	Hellas Vattenpolo Herr 21.00-22.00																			21:30-22:00	
Med Reservation för ändringar																					

47	Tisdag																			23-nov		
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19			
06:00-06:30	SM	SM	SM	SM	SM	SM															06:00-06:30	
06:30-07:00	SM	SM	SM	SM	SM	SM																06:30-07:00
07:00-07:30	SM	SM	SM	SM	SM	SM																07:00-07:30
07:30-08:00	SM	SM	SM	SM	SM	SM																07:30-08:00
08:00-08:30	SM	SM	SM	SM	SM	SM																08:00-08:30
08:30-09:00	SM	SM	SM	SM	SM	SM																08:30-09:00
09:00-09:30	SM	SM	SM	SM	SM	SM																09:00-09:30
09:30-10:00	SM	SM	SM	SM	SM	SM																09:30-10:00
10:00-10:30	SM	SM	SM	SM	SM	SM																10:00-10:30
10:30-11:00	SM	SM	SM	SM	SM	SM																10:30-11:00
11:00-11:30	SM	SM	SM	SM	SM	SM																11:00-11:30
11:30-12:00	SM	SM	SM	SM	SM	SM																11:30-12:00
12:00-12:30	SM	SM	SM	SM	SM	SM																12:00-12:30
12:30-13:00	SM	SM	SM	SM	SM	SM																12:30-13:00
13:00-13:30	SM	SM	SM	SM	SM	SM																13:00-13:30
13:30-14:00	SM	SM	SM	SM	SM	SM																13:30-14:00
14:00-14:30	SM	SM	SM	SM	SM	SM					Snabbana 25m			Crawl 25m	Crawl 25m		Bröstsım 25m		Rundsım 25m		Simskola/ Skolsım	14:00-14:30
14:30-15:00	SM	SM	SM	SM	SM	SM																14:30-15:00
15:00-15:30	SM	SM	SM	SM	SM	SM																15:00-15:30
15:30-16:00	SM	SM	SM	SM	SM	SM																15:30-16:00
16:00-16:30	SM	SM	SM	SM	SM	SM																16:00-16:30
16:30-17:00	SM	SM	SM	SM	SM	SM																16:30-17:00
17:00-17:30	SM	SM	SM	SM	SM	SM																17:00-17:30
17:30-18:00	SM	SM	SM	SM	SM	SM																17:30-18:00
18:00-18:30	SM	SM	SM	SM	SM	SM																18:00-18:30
18:30-19:00	SM	SM	SM	SM	SM	SM																18:30-19:00
19:00-19:30	SM	SM	SM	SM	SM	SM																19:00-19:30
19:30-20:00	SM	SM	SM	SM	SM	SM																19:30-20:00
20:00-20:30	SM	SM	SM	SM	SM	SM																20:00-20:30
20:30-21:00	SM	SM	SM	SM	SM	SM																20:30-21:00
21:00-21:30	SM	SM	SM	SM	SM	SM																21:00-21:30
21:30-22:00	SM	SM	SM	SM	SM	SM																21:30-22:00
Med Reservation för ändringar																						

Onsdag																					
47	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	24-nov	
06:00-06:30	SM	SM	SM	SM	SM	SM														06:00-06:30	
06:30-07:00	SM	SM	SM	SM	SM	SM															06:30-07:00
07:00-07:30	SM	SM	SM	SM	SM	SM															07:00-07:30
07:30-08:00	SM	SM	SM	SM	SM	SM															07:30-08:00
08:00-08:30	SM	SM	SM	SM	SM	SM															08:00-08:30
08:30-09:00	SM	SM	SM	SM	SM	SM															08:30-09:00
09:00-09:30	SM	SM	SM	SM	SM	SM															09:00-09:30
09:30-10:00	SM	SM	SM	SM	SM	SM															09:30-10:00
10:00-10:30	SM	SM	SM	SM	SM	SM															10:00-10:30
10:30-11:00	SM	SM	SM	SM	SM	SM															10:30-11:00
11:00-11:30	SM	SM	SM	SM	SM	SM															11:00-11:30
11:30-12:00	SM	SM	SM	SM	SM	SM															11:30-12:00
12:00-12:30	SM	SM	SM	SM	SM	SM															12:00-12:30
12:30-13:00	SM	SM	SM	SM	SM	SM															12:30-13:00
13:00-13:30	SM	SM	SM	SM	SM	SM															13:00-13:30
13:30-14:00	SM	SM	SM	SM	SM	SM					Snabbbana 25m		Crawl 25m	Crawl 25m	Bröstsım 25m		Rundsım 25m		Simskola/ Skolsım		13:30-14:00
14:00-14:30	SM	SM	SM	SM	SM	SM															14:00-14:30
14:30-15:00	SM	SM	SM	SM	SM	SM															14:30-15:00
15:00-15:30	SM	SM	SM	SM	SM	SM															15:00-15:30
15:30-16:00	SM	SM	SM	SM	SM	SM															15:30-16:00
16:00-16:30	SM	SM	SM	SM	SM	SM															16:00-16:30
16:30-17:00	SM	SM	SM	SM	SM	SM															16:30-17:00
17:00-17:30	SM	SM	SM	SM	SM	SM															17:00-17:30
17:30-18:00	SM	SM	SM	SM	SM	SM															17:30-18:00
18:00-18:30	SM	SM	SM	SM	SM	SM															18:00-18:30
18:30-19:00	SM	SM	SM	SM	SM	SM															18:30-19:00
19:00-19:30	SM	SM	SM	SM	SM	SM															19:00-19:30
19:30-20:00	SM	SM	SM	SM	SM	SM															19:30-20:00
20:00-20:30	SM	SM	SM	SM	SM	SM															20:00-20:30
20:30-21:00	SM	SM	SM	SM	SM	SM															20:30-21:00
21:00-21:30	SM	SM	SM	SM	SM	SM															21:00-21:30
21:30-22:00																					21:30-22:00
Med Reservation för ändringar																					

47	Torsdag																			25-nov		
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19			
06:00-06:30	SM	SM	SM	SM	SM	SM															06:00-06:30	
06:30-07:00	SM	SM	SM	SM	SM	SM																06:30-07:00
07:00-07:30	SM	SM	SM	SM	SM	SM																07:00-07:30
07:30-08:00	SM	SM	SM	SM	SM	SM																07:30-08:00
08:00-08:30	SM	SM	SM	SM	SM	SM																08:00-08:30
08:30-09:00	SM	SM	SM	SM	SM	SM																08:30-09:00
09:00-09:30	SM	SM	SM	SM	SM	SM																09:00-09:30
09:30-10:00	SM	SM	SM	SM	SM	SM																09:30-10:00
10:00-10:30	SM	SM	SM	SM	SM	SM																10:00-10:30
10:30-11:00	SM	SM	SM	SM	SM	SM																10:30-11:00
11:00-11:30	SM	SM	SM	SM	SM	SM																11:00-11:30
11:30-12:00	SM	SM	SM	SM	SM	SM																11:30-12:00
12:00-12:30	SM	SM	SM	SM	SM	SM																12:00-12:30
12:30-13:00	SM	SM	SM	SM	SM	SM																12:30-13:00
13:00-13:30	SM	SM	SM	SM	SM	SM																13:00-13:30
13:30-14:00	SM	SM	SM	SM	SM	SM					Snabbbana 25m		Crawl 25m	Crawl 25m	Bröstsims 25m		Rundsims 25m		Simskola/ Skolsim		13:30-14:00	
14:00-14:30	SM	SM	SM	SM	SM	SM																14:00-14:30
14:30-15:00	SM	SM	SM	SM	SM	SM																14:30-15:00
15:00-15:30	SM	SM	SM	SM	SM	SM																15:00-15:30
15:30-16:00	SM	SM	SM	SM	SM	SM																15:30-16:00
16:00-16:30	SM	SM	SM	SM	SM	SM																16:00-16:30
16:30-17:00	SM	SM	SM	SM	SM	SM																16:30-17:00
17:00-17:30	SM	SM	SM	SM	SM	SM																17:00-17:30
17:30-18:00	SM	SM	SM	SM	SM	SM																17:30-18:00
18:00-18:30	SM	SM	SM	SM	SM	SM																18:00-18:30
18:30-19:00	SM	SM	SM	SM	SM	SM																18:30-19:00
19:00-19:30	SM	SM	SM	SM	SM	SM																19:00-19:30
19:30-20:00	SM	SM	SM	SM	SM	SM																19:30-20:00
20:00-20:30	SM	SM	SM	SM	SM	SM																20:00-20:30
20:30-21:00	SM	SM	SM	SM	SM	SM																20:30-21:00
21:00-21:30	SM	SM	SM	SM	SM	SM																21:00-21:30
21:30-22:00	SM	SM	SM	SM	SM	SM																21:30-22:00

Med Reservation för ändringar

Fredag																					
47	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	26-nov	
06:00-06:30	SM	SM	SM	SM	SM	SM														06:00-06:30	
06:30-07:00	SM	SM	SM	SM	SM	SM															06:30-07:00
07:00-07:30	SM	SM	SM	SM	SM	SM															07:00-07:30
07:30-08:00	SM	SM	SM	SM	SM	SM															07:30-08:00
08:00-08:30	SM	SM	SM	SM	SM	SM															08:00-08:30
08:30-09:00	SM	SM	SM	SM	SM	SM															08:30-09:00
09:00-09:30	SM	SM	SM	SM	SM	SM															09:00-09:30
09:30-10:00	SM	SM	SM	SM	SM	SM															09:30-10:00
10:00-10:30	SM	SM	SM	SM	SM	SM															10:00-10:30
10:30-11:00	SM	SM	SM	SM	SM	SM															10:30-11:00
11:00-11:30	SM	SM	SM	SM	SM	SM															11:00-11:30
11:30-12:00	SM	SM	SM	SM	SM	SM															11:30-12:00
12:00-12:30	SM	SM	SM	SM	SM	SM															12:00-12:30
12:30-13:00	SM	SM	SM	SM	SM	SM															12:30-13:00
13:00-13:30	SM	SM	SM	SM	SM	SM					Snabbana 25m		Crawl 25m	Crawl 25m	Brtöstsim 25m		Rundsim 25m		Simskola/ Skolsim		13:00-13:30
13:30-14:00	SM	SM	SM	SM	SM	SM															13:30-14:00
14:00-14:30	SM	SM	SM	SM	SM	SM															14:00-14:30
14:30-15:00	SM	SM	SM	SM	SM	SM															14:30-15:00
15:00-15:30	SM	SM	SM	SM	SM	SM															15:00-15:30
15:30-16:00	SM	SM	SM	SM	SM	SM															15:30-16:00
16:00-16:30	SM	SM	SM	SM	SM	SM															16:00-16:30
16:30-17:00	SM	SM	SM	SM	SM	SM															16:30-17:00
17:00-17:30	SM	SM	SM	SM	SM	SM															17:00-17:30
17:30-18:00	SM	SM	SM	SM	SM	SM															17:30-18:00
18:00-18:30	SM	SM	SM	SM	SM	SM															18:00-18:30
18:30-19:00	SM	SM	SM	SM	SM	SM															18:30-19:00
19:00-19:30	SM	SM	SM	SM	SM	SM															19:00-19:30
19:30-20:00	SM	SM	SM	SM	SM	SM															19:30-20:00
20:00-20:30	SM	SM	SM	SM	SM	SM															20:00-20:30
20:30-21:00	SM	SM	SM	SM	SM	SM															20:30-21:00
Med Reservation för ändringar																					

47	Lördag																			27-nov		
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19			
07:45-08:00	SM	SM	SM	SM	SM	SM															07:45-08:00	
08:00-08:30	SM	SM	SM	SM	SM	SM																08:00-08:30
08:30-09:00	SM	SM	SM	SM	SM	SM																08:30-09:00
09:00-09:30	SM	SM	SM	SM	SM	SM																09:00-09:30
09:30-10:00	SM	SM	SM	SM	SM	SM																09:30-10:00
10:00-10:30	SM	SM	SM	SM	SM	SM																10:00-10:30
10:30-11:00	SM	SM	SM	SM	SM	SM																10:30-11:00
11:00-11:30	SM	SM	SM	SM	SM	SM																11:00-11:30
11:30-12:00	SM	SM	SM	SM	SM	SM																11:30-12:00
12:00-12:30	SM	SM	SM	SM	SM	SM																12:00-12:30
12:30-13:00	SM	SM	SM	SM	SM	SM																12:30-13:00
13:00-13:30	SM	SM	SM	SM	SM	SM					Snabbbana 25m		Crawl 25m	Crawl 25m	Bröstsims 25m		Rundsims 25m		Simskola/ Skolsims		13:00-13:30	
13:30-14:00	SM	SM	SM	SM	SM	SM																13:30-14:00
14:00-14:30	SM	SM	SM	SM	SM	SM																14:00-14:30
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18:30-19:00	SM	SM	SM	SM	SM	SM																18:30-19:00
Med Reservation för ändringar																						

47	Söndag																			28-nov		
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19			
07:45-08:00	SM	SM	SM	SM	SM	SM															07:45-08:00	
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13:30-14:00	SM	SM	SM	SM	SM	SM																13:30-14:00
14:00-14:30	SM	SM	SM	SM	SM	SM					Snabbana 25m		Crawl 25m	Crawl 25m	Bröstsım 25m		Rundsım 25m		Simskola/ Skolsım		13:30-14:00	
14:30-15:00	SM	SM	SM	SM	SM	SM																14:00-14:30
15:00-15:30	SM	SM	SM	SM	SM	SM																14:30-15:00
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Med Reservation för ändringar