

| Måndag                        | Hoppbassäng / 25-metersbassäng |  |          |              |       |          |          | 6              | 7              | 8              | 9              | 10             | 11             | 16-jun      |             |
|-------------------------------|--------------------------------|--|----------|--------------|-------|----------|----------|----------------|----------------|----------------|----------------|----------------|----------------|-------------|-------------|
| 06:00-06:30                   |                                |  |          |              |       |          |          | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters | 06:00-06:30 |             |
| 06:30-07:00                   |                                |  |          |              |       |          |          | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters | 06:30-07:00 |             |
| 07:00-07:30                   |                                |  |          |              |       |          |          | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters | 07:00-07:30 |             |
| 07:30-08:00                   |                                |  |          |              |       |          |          |                |                |                |                |                |                | 07:30-08:00 |             |
| 08:00-08:30                   |                                |  |          |              |       |          |          |                |                |                |                |                |                | 08:00-08:30 |             |
| 08:30-09:00                   |                                |  |          |              |       |          |          |                |                |                |                |                |                | 08:30-09:00 |             |
| 09:00-09:30                   | Neptun                         |  |          | Neptun       |       |          |          | SK Neptun      | SK Neptun      | SK Neptun      | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 09:00-09:30 |             |
| 09:30-10:00                   | Neptun                         |  |          | Neptun       |       |          |          | SK Neptun      | SK Neptun      | SK Neptun      | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 09:30-10:00 |             |
| 10:00-10:30                   | Neptun                         |  |          | Neptun       |       |          |          |                |                |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 10:00-10:30 |             |
| 10:30-11:00                   | Neptun                         |  |          | Neptun       |       |          |          |                |                |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 10:30-11:00 |             |
| 11:00-11:30                   | SPIF                           |  |          | SPIF         |       |          |          |                |                |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 11:00-11:30 |             |
| 11:30-12:00                   | SPIF                           |  |          | SPIF         |       |          |          |                |                |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 11:30-12:00 |             |
| 12:00-12:30                   | SPIF                           |  |          | SPIF         |       |          |          |                |                |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 12:00-12:30 |             |
| 12:30-13:00                   | SPIF                           |  |          | SPIF         |       |          |          |                |                |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 12:30-13:00 |             |
| 13:00-13:30                   | Neptun                         |  |          | Neptun       |       |          |          |                |                |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 13:00-13:30 |             |
| 13:30-14:00                   | Neptun                         |  |          | Neptun       |       |          |          |                |                |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 13:30-14:00 |             |
| 14:00-14:30                   | SPIF                           |  |          | SPIF         |       |          |          |                |                |                |                |                |                | 14:00-14:30 |             |
| 14:30-15:00                   | SPIF                           |  |          | SPIF         |       |          |          |                |                |                |                |                |                | 14:30-15:00 |             |
| 15:00-15:30                   | Neptun                         |  |          | SPIF         |       |          |          |                |                | SPIF           | SPIF           | SPIF           | SPIF           | 15:00-15:30 |             |
| 15:30-16:00                   | Neptun                         |  |          | SPIF         |       |          |          |                |                | SPIF           | SPIF           | SPIF           | SPIF           | 15:30-16:00 |             |
| 16:00-16:30                   | Neptun                         |  |          | SPIF         |       |          |          |                |                | SPIF           | SPIF           | SPIF           | SPIF           | 16:00-16:30 |             |
| 16:30-17:00                   | Neptun                         |  |          | SPIF         |       |          |          |                |                | SPIF           | SPIF           | SPIF           | SPIF           | 16:30-17:00 |             |
| 17:00-17:30                   | Neptun                         |  |          | SPIF         |       |          |          |                |                | SPIF           | SPIF           | SPIF           | SPIF           | 17:00-17:30 |             |
| 17:30-18:00                   | Neptun                         |  |          | SPIF         |       |          |          |                |                | SPIF           | SPIF           | SPIF           | SPIF           | 17:30-18:00 |             |
| 18:00-18:30                   | Neptun                         |  |          | SPIF         |       |          |          |                |                | SPIF           | SPIF           | SPIF           | SPIF           | 18:00-18:30 |             |
| 18:30-19:00                   | Neptun Masters                 |  |          | SPIF Masters |       |          |          |                |                | SPIF           | SPIF           | SPIF           | SPIF           | 18:30-19:00 |             |
| 19:00-19:30                   | Neptun Masters                 |  |          | SPIF Masters |       |          |          |                |                |                | Hellas         | Hellas         | Hellas         | 19:00-19:30 |             |
| 19:30-20:00                   | Rundsim                        |  | Bröstsim | Crawl        | Crawl | Dolphins | Dolphins | SPIF Masters   | SPIF Masters   | SPIF Masters   | SPIF Masters   | Hellas         | Hellas         | Hellas      | 19:30-20:00 |
| 20:00-20:30                   |                                |  |          |              |       | Dolphins | Dolphins | SPIF Masters   | SPIF Masters   | SPIF Masters   | SPIF Masters   | Hellas         | Hellas         | Hellas      | 20:00-20:30 |
| 20:30-21:00                   | Djup 5m                        |  |          |              |       |          |          | SPIF Masters   | SPIF Masters   | SPIF Masters   |                |                |                |             | 20:30-21:00 |
| Med reservation för ändringar |                                |  |          |              |       |          |          |                |                |                |                |                |                |             |             |

| Tisdag      | Hoppbassäng / 25-metersbassäng |             |       |       |              |                |                |                | 6              | 7         | 8         | 9           | 10          | 11          | 17-jun      |
|-------------|--------------------------------|-------------|-------|-------|--------------|----------------|----------------|----------------|----------------|-----------|-----------|-------------|-------------|-------------|-------------|
| 06:00-06:30 |                                |             |       |       |              |                |                |                |                |           |           |             |             |             | 06:00-06:30 |
| 06:30-07:00 |                                |             |       |       |              |                |                |                | SCT            | SCT       | SCT       | SCT         | APNEA       | APNEA       | 06:30-07:00 |
| 07:00-07:30 |                                |             |       |       |              |                |                |                | SCT            | SCT       | SCT       | SCT         | APNEA       | APNEA       | 07:00-07:30 |
| 07:30-08:00 |                                |             |       |       |              |                |                |                |                |           |           |             | APNEA       | APNEA       | 07:30-08:00 |
| 08:00-08:30 |                                |             |       |       |              |                |                |                |                |           |           |             | APNEA       | APNEA       | 08:00-08:30 |
| 08:30-09:00 |                                |             |       |       |              |                |                |                |                |           |           |             |             |             | 08:30-09:00 |
| 09:00-09:30 | Neptun                         |             |       |       | Neptun       |                |                |                | SK Neptun      | SK Neptun | SK Neptun | Neptun KSIM | Neptun KSIM | Neptun KSIM | 09:00-09:30 |
| 09:30-10:00 | Neptun                         |             |       |       | Neptun       |                |                |                | SK Neptun      | SK Neptun | SK Neptun | Neptun KSIM | Neptun KSIM | Neptun KSIM | 09:30-10:00 |
| 10:00-10:30 | Neptun                         |             |       |       | Neptun       |                |                |                |                |           |           | Neptun KSIM | Neptun KSIM | Neptun KSIM | 10:00-10:30 |
| 10:30-11:00 | Neptun                         |             |       |       | Neptun       |                |                |                |                |           |           | Neptun KSIM | Neptun KSIM | Neptun KSIM | 10:30-11:00 |
| 11:00-11:30 | SPIF                           |             |       |       | SPIF         |                |                |                |                |           |           | Neptun KSIM | Neptun KSIM | Neptun KSIM | 11:00-11:30 |
| 11:30-12:00 | SPIF                           |             |       |       | SPIF         |                |                |                |                |           |           | Neptun KSIM | Neptun KSIM | Neptun KSIM | 11:30-12:00 |
| 12:00-12:30 | SPIF                           |             |       |       | SPIF         |                |                |                |                |           |           | Neptun KSIM | Neptun KSIM | Neptun KSIM | 12:00-12:30 |
| 12:30-13:00 | SPIF                           |             |       |       | SPIF         |                |                |                |                |           |           | Neptun KSIM | Neptun KSIM | Neptun KSIM | 12:30-13:00 |
| 13:00-13:30 | Neptun                         |             |       |       | Neptun       |                |                |                |                |           |           | Neptun KSIM | Neptun KSIM | Neptun KSIM | 13:00-13:30 |
| 13:30-14:00 | Neptun                         |             |       |       | Neptun       |                |                |                |                |           |           | Neptun KSIM | Neptun KSIM | Neptun KSIM | 13:30-14:00 |
| 14:00-14:30 | SPIF                           |             |       |       | SPIF         |                |                |                |                |           |           |             |             |             | 14:00-14:30 |
| 14:30-15:00 | SPIF                           |             |       |       | SPIF         |                |                |                |                |           |           |             |             |             | 14:30-15:00 |
| 15:00-15:30 | Neptun                         |             |       |       | SPIF         |                |                |                |                |           | NEC       | NEC         | NEC         | NEC         | 15:00-15:30 |
| 15:30-16:00 | Neptun                         |             |       |       | SPIF         |                |                |                |                |           | NEC       | NEC         | NEC         | NEC         | 15:30-16:00 |
| 16:00-16:30 | Neptun                         |             |       |       | SPIF         |                |                |                |                |           | NEC       | NEC         | NEC         | NEC         | 16:00-16:30 |
| 16:30-17:00 | Neptun                         |             |       |       | SPIF         |                |                |                |                |           | NEC       | NEC         | NEC         | NEC         | 16:30-17:00 |
| 17:00-17:30 | Neptun                         |             |       |       | SPIF         |                |                |                |                |           | SPIF      | SPIF        | SPIF        | SPIF        | 17:00-17:30 |
| 17:30-18:00 | Neptun                         |             |       |       | SPIF         |                |                |                |                |           | SPIF      | SPIF        | SPIF        | SPIF        | 17:30-18:00 |
| 18:00-18:30 | Neptun                         |             |       |       | SPIF         |                |                |                |                |           | SPIF      | SPIF        | SPIF        | SPIF        | 18:00-18:30 |
| 18:30-19:00 | Neptun                         |             |       |       | SPIF Masters |                |                |                |                |           | SPIF      | SPIF        | SPIF        | SPIF        | 18:30-19:00 |
| 19:00-19:30 | Neptun                         |             |       |       | SPIF Masters |                |                |                |                |           | Hellas    | Hellas      | Hellas      | Hellas      | 19:00-19:30 |
| 19:30-20:00 | Rundsim                        | Bröstsimsim | Crawl | Crawl |              |                |                |                |                |           | Hellas    | Hellas      | Hellas      | Hellas      | 19:30-20:00 |
| 20:00-20:30 |                                |             |       |       |              | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters |           | Hellas    | Hellas      | Hellas      | Hellas      | 20:00-20:30 |
| 20:30-21:00 |                                |             |       |       |              | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters |           |           |             |             |             | 20:30-21:00 |

Med reservation för ändringar

| Onsdag      | Hoppbassäng / 25-metersbassäng |           |       |        |  |  |  | 6              | 7              | 8              | 9              | 10             | 11                | 18-jun         |             |
|-------------|--------------------------------|-----------|-------|--------|--|--|--|----------------|----------------|----------------|----------------|----------------|-------------------|----------------|-------------|
| 06:00-06:30 |                                |           |       |        |  |  |  | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters    | Neptun Masters | 06:00-06:30 |
| 06:30-07:00 |                                |           |       |        |  |  |  | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters    | Neptun Masters | 06:30-07:00 |
| 07:00-07:30 |                                |           |       |        |  |  |  | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters    | Neptun Masters | 07:00-07:30 |
| 07:30-08:00 |                                |           |       |        |  |  |  |                |                |                |                |                |                   |                | 07:30-08:00 |
| 08:00-08:30 |                                |           |       |        |  |  |  |                |                |                |                |                |                   |                | 08:00-08:30 |
| 08:30-09:00 |                                |           |       |        |  |  |  |                |                |                |                |                |                   |                | 08:30-09:00 |
| 09:00-09:30 | Neptun                         |           |       | Neptun |  |  |  |                |                |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM       |                | 09:00-09:30 |
| 09:30-10:00 | Neptun                         |           |       | Neptun |  |  |  |                |                |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM       |                | 09:30-10:00 |
| 10:00-10:30 | Neptun                         |           |       | Neptun |  |  |  |                |                |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM       |                | 10:00-10:30 |
| 10:30-11:00 | Neptun                         |           |       | Neptun |  |  |  |                |                |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM       |                | 10:30-11:00 |
| 11:00-11:30 | SPIF                           |           |       | SPIF   |  |  |  |                |                |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM       |                | 11:00-11:30 |
| 11:30-12:00 | SPIF                           |           |       | SPIF   |  |  |  |                |                |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM       |                | 11:30-12:00 |
| 12:00-12:30 | SPIF                           |           |       | SPIF   |  |  |  |                |                |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM       |                | 12:00-12:30 |
| 12:30-13:00 | SPIF                           |           |       | SPIF   |  |  |  |                |                |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM       |                | 12:30-13:00 |
| 13:00-13:30 | Neptun                         |           |       | Neptun |  |  |  |                |                |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM       |                | 13:00-13:30 |
| 13:30-14:00 | Neptun                         |           |       | Neptun |  |  |  |                |                |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM       |                | 13:30-14:00 |
| 14:00-14:30 | SPIF                           |           |       | SPIF   |  |  |  |                |                |                |                |                | SPIF Masters j.s. |                | 14:00-14:30 |
| 14:30-15:00 | SPIF                           |           |       | SPIF   |  |  |  |                |                |                |                |                | SPIF Masters j.s. |                | 14:30-15:00 |
| 15:00-15:30 | Neptun                         |           |       | SPIF   |  |  |  | SK Neptun      | SK Neptun      | SK Neptun      | SK Neptun      | SK Neptun      | SK Neptun         |                | 15:00-15:30 |
| 15:30-16:00 | Neptun                         |           |       | SPIF   |  |  |  | SK Neptun      | SK Neptun      | SK Neptun      | SK Neptun      | SK Neptun      | SK Neptun         |                | 15:30-16:00 |
| 16:00-16:30 | Neptun                         |           |       | SPIF   |  |  |  | SK Neptun      | SK Neptun      | SK Neptun      | SK Neptun      | SK Neptun      | SK Neptun         |                | 16:00-16:30 |
| 16:30-17:00 | Neptun                         |           |       | SPIF   |  |  |  | SK Neptun      | SK Neptun      | SK Neptun      | SK Neptun      | SK Neptun      | SK Neptun         |                | 16:30-17:00 |
| 17:00-17:30 | Neptun                         |           |       | SPIF   |  |  |  | SK Neptun      | SK Neptun      | SK Neptun      | SK Neptun      | SK Neptun      | SK Neptun         |                | 17:00-17:30 |
| 17:30-18:00 | Neptun                         |           |       | SPIF   |  |  |  | SK Neptun      | SK Neptun      | SK Neptun      | SK Neptun      | SK Neptun      | SK Neptun         |                | 17:30-18:00 |
| 18:00-18:30 | Neptun                         |           |       |        |  |  |  | SK Neptun      | SK Neptun      | SK Neptun      | SK Neptun      | SK Neptun      | SK Neptun         |                | 18:00-18:30 |
| 18:30-19:00 | Neptun Masters                 |           |       |        |  |  |  | SK Neptun      | SK Neptun      | SK Neptun      | SK Neptun      | SK Neptun      | SK Neptun         |                | 18:30-19:00 |
| 19:00-19:30 | Neptun Masters                 |           |       |        |  |  |  |                |                |                |                |                |                   |                | 19:00-19:30 |
| 19:30-20:00 | Rundsim                        | Bröstsims | Crawl | Crawl  |  |  |  | Dolphins       | Dolphins       | APNEA          | APNEA          |                |                   |                | 19:30-20:00 |
| 20:00-20:30 |                                |           |       |        |  |  |  | Dolphins       | Dolphins       | APNEA          | APNEA          | SPIF Masters   | SPIF Masters      | 20:00-20:30    |             |
| 20:30-21:00 | Djup 5m                        |           |       |        |  |  |  |                |                | APNEA          | APNEA          | SPIF Masters   | SPIF Masters      | 20:30-21:00    |             |

Med reservation för ändringar

| Torsdag     | Hoppbassäng / 25-metersbassäng |             |       |       |              |  |  |  | 6         | 7            | 8            | 9              | 10             | 11             | 19-jun      |
|-------------|--------------------------------|-------------|-------|-------|--------------|--|--|--|-----------|--------------|--------------|----------------|----------------|----------------|-------------|
| 06:00-06:30 |                                |             |       |       |              |  |  |  |           |              |              |                |                |                | 06:00-06:30 |
| 06:30-07:00 |                                |             |       |       |              |  |  |  |           |              | SCT          | SCT            | SCT            | SCT            | 06:30-07:00 |
| 07:00-07:30 |                                |             |       |       |              |  |  |  |           |              | SCT          | SCT            | SCT            | SCT            | 07:00-07:30 |
| 07:30-08:00 |                                |             |       |       |              |  |  |  |           |              |              |                |                |                | 07:30-08:00 |
| 08:00-08:30 |                                |             |       |       |              |  |  |  |           |              |              |                |                |                | 08:00-08:30 |
| 08:30-09:00 |                                |             |       |       |              |  |  |  |           |              |              |                |                |                | 08:30-09:00 |
| 09:00-09:30 | Neptun                         |             |       |       | Neptun       |  |  |  | SK Neptun | SK Neptun    | SK Neptun    | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 09:00-09:30 |
| 09:30-10:00 | Neptun                         |             |       |       | Neptun       |  |  |  | SK Neptun | SK Neptun    | SK Neptun    | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 09:30-10:00 |
| 10:00-10:30 | Neptun                         |             |       |       | Neptun       |  |  |  |           |              |              | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 10:00-10:30 |
| 10:30-11:00 | Neptun                         |             |       |       | Neptun       |  |  |  |           |              |              | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 10:30-11:00 |
| 11:00-11:30 | SPIF                           |             |       |       | SPIF         |  |  |  |           |              |              | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 11:00-11:30 |
| 11:30-12:00 | SPIF                           |             |       |       | SPIF         |  |  |  |           |              |              | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 11:30-12:00 |
| 12:00-12:30 | SPIF                           |             |       |       | SPIF         |  |  |  |           |              |              | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 12:00-12:30 |
| 12:30-13:00 | SPIF                           |             |       |       | SPIF         |  |  |  |           |              |              | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 12:30-13:00 |
| 13:00-13:30 | Neptun                         |             |       |       | Neptun       |  |  |  |           |              |              | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 13:00-13:30 |
| 13:30-14:00 | Neptun                         |             |       |       | Neptun       |  |  |  |           |              |              | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 13:30-14:00 |
| 14:00-14:30 | SPIF                           |             |       |       | SPIF         |  |  |  |           |              |              |                |                |                | 14:00-14:30 |
| 14:30-15:00 | SPIF                           |             |       |       | SPIF         |  |  |  |           |              |              |                |                |                | 14:30-15:00 |
| 15:00-15:30 | Neptun                         |             |       |       | SPIF         |  |  |  |           |              | NEC          | NEC            | NEC            | NEC            | 15:00-15:30 |
| 15:30-16:00 | Neptun                         |             |       |       | SPIF         |  |  |  |           |              | NEC          | NEC            | NEC            | NEC            | 15:30-16:00 |
| 16:00-16:30 | Neptun                         |             |       |       | SPIF         |  |  |  |           |              | NEC          | NEC            | NEC            | NEC            | 16:00-16:30 |
| 16:30-17:00 | Neptun                         |             |       |       | SPIF         |  |  |  |           |              | NEC          | NEC            | NEC            | NEC            | 16:30-17:00 |
| 17:00-17:30 | Neptun                         |             |       |       | SPIF         |  |  |  | SPIF      | SPIF         | SPIF         | SPIF           | SPIF           | SPIF           | 17:00-17:30 |
| 17:30-18:00 | Neptun                         |             |       |       | SPIF         |  |  |  | SPIF      | SPIF         | SPIF         | SPIF           | SPIF           | SPIF           | 17:30-18:00 |
| 18:00-18:30 | SPIF                           |             |       |       | SPIF         |  |  |  | SPIF      | SPIF         | SPIF         | SPIF           | SPIF           | SPIF           | 18:00-18:30 |
| 18:30-19:00 | SPIF                           |             |       |       | SPIF Masters |  |  |  | SPIF      | SPIF         | SPIF         | SPIF           | SPIF           | SPIF           | 18:30-19:00 |
| 19:00-19:30 | SPIF                           |             |       |       | SPIF Masters |  |  |  |           | SPIF Masters | SPIF Masters | Neptun Masters | Neptun Masters | Neptun Masters | 19:00-19:30 |
| 19:30-20:00 | Rundsim                        | Bröstsimsim | Crawl | Crawl |              |  |  |  |           | SPIF Masters | SPIF Masters | Neptun Masters | Neptun Masters | Neptun Masters | 19:30-20:00 |
| 20:00-20:30 |                                |             |       |       |              |  |  |  |           |              |              |                |                |                | 20:00-20:30 |
| 20:30-21:00 |                                |             |       |       | Djup 5m      |  |  |  |           |              |              |                |                |                | 20:30-21:00 |

Med reservation för ändringar

| Fredag      | Hoppbassäng / 25-metersbassäng | 6 | 7 | 8 | 9 | 10 | 11 | 20-jun      |
|-------------|--------------------------------|---|---|---|---|----|----|-------------|
| 06:00-06:30 | <div>Midsommarafton</div>      |   |   |   |   |    |    | 06:00-06:30 |
| 06:30-07:00 |                                |   |   |   |   |    |    | 06:30-07:00 |
| 07:00-07:30 |                                |   |   |   |   |    |    | 07:00-07:30 |
| 07:30-08:00 |                                |   |   |   |   |    |    | 07:30-08:00 |
| 08:00-08:30 |                                |   |   |   |   |    |    | 08:00-08:30 |
| 08:30-09:00 |                                |   |   |   |   |    |    | 08:30-09:00 |
| 09:00-09:30 |                                |   |   |   |   |    |    | 09:00-09:30 |
| 09:30-10:00 |                                |   |   |   |   |    |    | 09:30-10:00 |
| 10:00-10:30 |                                |   |   |   |   |    |    | 10:00-10:30 |
| 10:30-11:00 |                                |   |   |   |   |    |    | 10:30-11:00 |
| 11:00-11:30 |                                |   |   |   |   |    |    | 11:00-11:30 |
| 11:30-12:00 |                                |   |   |   |   |    |    | 11:30-12:00 |
| 12:00-12:30 |                                |   |   |   |   |    |    | 12:00-12:30 |
| 12:30-13:00 |                                |   |   |   |   |    |    | 12:30-13:00 |
| 13:00-13:30 |                                |   |   |   |   |    |    | 13:00-13:30 |
| 13:30-14:00 |                                |   |   |   |   |    |    | 13:30-14:00 |
| 14:00-14:30 |                                |   |   |   |   |    |    | 14:00-14:30 |
| 14:30-15:00 |                                |   |   |   |   |    |    | 14:30-15:00 |
| 15:00-15:30 |                                |   |   |   |   |    |    | 15:00-15:30 |
| 15:30-16:00 |                                |   |   |   |   |    |    | 15:30-16:00 |
| 16:00-16:30 |                                |   |   |   |   |    |    | 16:00-16:30 |
| 16:30-17:00 |                                |   |   |   |   |    |    | 16:30-17:00 |
| 17:00-17:30 |                                |   |   |   |   |    |    | 17:00-17:30 |
| 17:30-18:00 |                                |   |   |   |   |    |    | 17:30-18:00 |
| 18:00-18:30 |                                |   |   |   |   |    |    | 18:00-18:30 |
| 18:30-19:00 |                                |   |   |   |   |    |    | 18:30-19:00 |
| 19:00-19:30 |                                |   |   |   |   |    |    | 19:00-19:30 |
| 19:30-20:00 |                                |   |   |   |   |    |    | 19:30-20:00 |

Med reservation för ändringar

| Lördag      | Hoppbassäng / 25-metersbassäng | 6 | 7 | 8 | 9 | 10 | 11 | 21-jun      |
|-------------|--------------------------------|---|---|---|---|----|----|-------------|
| 07:45-08:00 | <div>Midsommardagen</div>      |   |   |   |   |    |    | 07:45-08:00 |
| 08:00-08:30 |                                |   |   |   |   |    |    | 08:00-08:30 |
| 08:30-09:00 |                                |   |   |   |   |    |    | 08:30-09:00 |
| 09:00-09:30 |                                |   |   |   |   |    |    | 09:00-09:30 |
| 09:30-10:00 |                                |   |   |   |   |    |    | 09:30-10:00 |
| 10:00-10:30 |                                |   |   |   |   |    |    | 10:00-10:30 |
| 10:30-11:00 |                                |   |   |   |   |    |    | 10:30-11:00 |
| 11:00-11:30 |                                |   |   |   |   |    |    | 11:00-11:30 |
| 11:30-12:00 |                                |   |   |   |   |    |    | 11:30-12:00 |
| 12:00-12:30 |                                |   |   |   |   |    |    | 12:00-12:30 |
| 12:30-13:00 |                                |   |   |   |   |    |    | 12:30-13:00 |
| 13:00-13:30 |                                |   |   |   |   |    |    | 13:00-13:30 |
| 13:30-14:00 |                                |   |   |   |   |    |    | 13:30-14:00 |
| 14:00-14:30 |                                |   |   |   |   |    |    | 14:00-14:30 |
| 14:30-15:00 |                                |   |   |   |   |    |    | 14:30-15:00 |
| 15:00-15:30 |                                |   |   |   |   |    |    | 15:00-15:30 |
| 15:30-16:00 |                                |   |   |   |   |    |    | 15:30-16:00 |
| 16:00-16:30 |                                |   |   |   |   |    |    | 16:00-16:30 |
| 16:30-17:00 |                                |   |   |   |   |    |    | 16:30-17:00 |
| 17:00-17:30 |                                |   |   |   |   |    |    | 17:00-17:30 |
| 17:30-18:00 |                                |   |   |   |   |    |    | 17:30-18:00 |
| 18:00-18:30 |                                |   |   |   |   |    |    | 18:00-18:30 |
| 18:30-19:00 |                                |   |   |   |   |    |    | 18:30-19:00 |

Med reservation för ändringar



| Söndag      | Hoppbassäng / 25-metersbassäng |        | 6 | 7 | 8         | 9         | 10           | 11           | 22-jun      |
|-------------|--------------------------------|--------|---|---|-----------|-----------|--------------|--------------|-------------|
| 07:45-08:00 |                                |        |   |   |           |           |              |              | 07:45-08:00 |
| 08:00-08:30 |                                |        |   |   | SK Neptun | SK Neptun | SK Neptun    | SK Neptun    | 08:00-08:30 |
| 08:30-09:00 |                                |        |   |   | SK Neptun | SK Neptun | SK Neptun    | SK Neptun    | 08:30-09:00 |
| 09:00-09:30 |                                |        |   |   | SK Neptun | SK Neptun | SK Neptun    | SK Neptun    | 09:00-09:30 |
| 09:30-10:00 |                                |        |   |   | SK Neptun | SK Neptun | SK Neptun    | SK Neptun    | 09:30-10:00 |
| 10:00-10:30 | Neptun                         | Neptun |   |   |           |           |              |              | 10:00-10:30 |
| 10:30-11:00 | Neptun                         | Neptun |   |   |           |           |              |              | 10:30-11:00 |
| 11:00-11:30 | Neptun                         | Neptun |   |   |           |           |              |              | 11:00-11:30 |
| 11:30-12:00 | Neptun                         | Neptun |   |   |           |           |              |              | 11:30-12:00 |
| 12:00-12:30 | Neptun                         | Neptun |   |   |           |           |              |              | 12:00-12:30 |
| 12:30-13:00 | Neptun                         | Neptun |   |   |           |           |              |              | 12:30-13:00 |
| 13:00-13:30 | Neptun                         | Neptun |   |   |           |           |              |              | 13:00-13:30 |
| 13:30-14:00 | Neptun                         | Neptun |   |   |           |           |              |              | 13:30-14:00 |
| 14:00-14:30 | Neptun                         | Neptun |   |   |           |           |              |              | 14:00-14:30 |
| 14:30-15:00 | Neptun                         | Neptun |   |   |           |           |              |              | 14:30-15:00 |
| 15:00-15:30 | Neptun                         | Neptun |   |   |           |           |              |              | 15:00-15:30 |
| 15:30-16:00 | Neptun                         | Neptun |   |   |           |           |              |              | 15:30-16:00 |
| 16:00-16:30 | Neptun                         | Neptun |   |   |           |           |              |              | 16:00-16:30 |
| 16:30-17:00 | Neptun                         | Neptun |   |   |           |           |              |              | 16:30-17:00 |
| 17:00-17:30 | Neptun                         | Neptun |   |   |           |           | SPIF Masters | SPIF Masters | 17:00-17:30 |
| 17:30-18:00 | Neptun                         | Neptun |   |   |           |           | SPIF Masters | SPIF Masters | 17:30-18:00 |
| 18:00-18:30 |                                |        |   |   |           |           | SPIF Masters | SPIF Masters | 18:00-18:30 |
| 18:30-19:00 | Neptun Masters                 |        |   |   |           |           | SPIF Masters | SPIF Masters | 18:30-19:00 |
| 19:00-19:30 | Neptun Masters                 |        |   |   |           |           | SPIF Masters | SPIF Masters | 19:00-19:30 |
| 19:30-20:00 |                                |        |   |   |           |           |              |              | 19:30-20:00 |

Med reservation för ändringar

| Måndag                        | Hoppbassäng / 25-metersbassäng |  |          |       |       |              |              | 6              | 7              | 8              | 9              | 10             | 11             | 23-jun         |             |
|-------------------------------|--------------------------------|--|----------|-------|-------|--------------|--------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|-------------|
| 06:00-06:30                   |                                |  |          |       |       |              |              | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters | 06:00-06:30 |
| 06:30-07:00                   |                                |  |          |       |       |              |              | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters | 06:30-07:00 |
| 07:00-07:30                   |                                |  |          |       |       |              |              | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters | 07:00-07:30 |
| 07:30-08:00                   |                                |  |          |       |       |              |              |                |                |                |                |                |                |                | 07:30-08:00 |
| 08:00-08:30                   |                                |  |          |       |       |              |              |                |                |                |                |                |                |                | 08:00-08:30 |
| 08:30-09:00                   |                                |  |          |       |       |              |              |                |                |                |                |                |                |                | 08:30-09:00 |
| 09:00-09:30                   |                                |  |          |       |       |              |              |                | SK Neptun      | SK Neptun      | SK Neptun      | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 09:00-09:30 |
| 09:30-10:00                   |                                |  |          |       |       |              |              |                | SK Neptun      | SK Neptun      | SK Neptun      | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 09:30-10:00 |
| 10:00-10:30                   | Neptun                         |  |          |       |       | Neptun       |              |                |                |                |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 10:00-10:30 |
| 10:30-11:00                   | Neptun                         |  |          |       |       | Neptun       |              |                |                |                |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 10:30-11:00 |
| 11:00-11:30                   | SPIF                           |  |          |       |       | SPIF         |              |                |                |                |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 11:00-11:30 |
| 11:30-12:00                   | SPIF                           |  |          |       |       | SPIF         |              |                |                |                |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 11:30-12:00 |
| 12:00-12:30                   | SPIF                           |  |          |       |       | SPIF         |              |                |                |                |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 12:00-12:30 |
| 12:30-13:00                   | SPIF                           |  |          |       |       | SPIF         |              |                |                |                |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 12:30-13:00 |
| 13:00-13:30                   | Neptun                         |  |          |       |       | Neptun       |              |                |                |                |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 13:00-13:30 |
| 13:30-14:00                   | Neptun                         |  |          |       |       | Neptun       |              |                |                |                |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 13:30-14:00 |
| 14:00-14:30                   | SPIF                           |  |          |       |       | SPIF         |              |                |                |                |                |                |                |                | 14:00-14:30 |
| 14:30-15:00                   | SPIF                           |  |          |       |       | SPIF         |              |                |                |                |                |                |                |                | 14:30-15:00 |
| 15:00-15:30                   | Neptun                         |  |          |       |       | SPIF         |              |                | SPIF           | SPIF           | SPIF           | SPIF           | SPIF           | SPIF           | 15:00-15:30 |
| 15:30-16:00                   | Neptun                         |  |          |       |       | SPIF         |              |                | SPIF           | SPIF           | SPIF           | SPIF           | SPIF           | SPIF           | 15:30-16:00 |
| 16:00-16:30                   | Neptun                         |  |          |       |       | SPIF         |              |                | SPIF           | SPIF           | SPIF           | SPIF           | SPIF           | SPIF           | 16:00-16:30 |
| 16:30-17:00                   | Neptun                         |  |          |       |       | SPIF         |              |                | SPIF           | SPIF           | SPIF           | SPIF           | SPIF           | SPIF           | 16:30-17:00 |
| 17:00-17:30                   | Neptun                         |  |          |       |       | SPIF         |              |                | SPIF           | SPIF           | SPIF           | SPIF           | SPIF           | SPIF           | 17:00-17:30 |
| 17:30-18:00                   | Neptun                         |  |          |       |       | SPIF         |              |                | SPIF           | SPIF           | SPIF           | SPIF           | SPIF           | SPIF           | 17:30-18:00 |
| 18:00-18:30                   | Neptun                         |  |          |       |       | SPIF         |              |                | SPIF           | SPIF           | SPIF           | SPIF           | SPIF           | SPIF           | 18:00-18:30 |
| 18:30-19:00                   | Neptun Masters                 |  |          |       |       | SPIF Masters |              |                | SPIF           | SPIF           | SPIF           | SPIF           | SPIF           | SPIF           | 18:30-19:00 |
| 19:00-19:30                   | Neptun Masters                 |  |          |       |       | SPIF Masters |              |                |                |                |                | Hellas         | Hellas         | Hellas         | 19:00-19:30 |
| 19:30-20:00                   | Rundsim                        |  | Bröstsim | Crawl | Crawl | Dolphins     | Dolphins     | SPIF Masters   | SPIF Masters   | SPIF Masters   | SPIF Masters   | Hellas         | Hellas         | Hellas         | 19:30-20:00 |
| Dolphins                      |                                |  |          |       |       | Dolphins     | SPIF Masters | SPIF Masters   | SPIF Masters   | SPIF Masters   | Hellas         | Hellas         | Hellas         | 20:00-20:30    |             |
| 20:00-20:30                   |                                |  |          |       |       |              |              | SPIF Masters   | SPIF Masters   | SPIF Masters   | SPIF Masters   |                |                |                | 20:00-20:30 |
| 20:30-21:00                   | Djup 5m                        |  |          |       |       |              |              | SPIF Masters   | SPIF Masters   | SPIF Masters   |                |                |                |                | 20:30-21:00 |
| Med reservation för ändringar |                                |  |          |       |       |              |              |                |                |                |                |                |                |                |             |



| Tisdag      | Hoppbassäng / 25-metersbassäng |             |       |       |              |                |                |                | 6              | 7         | 8         | 9           | 10          | 11          | 24-jun      |
|-------------|--------------------------------|-------------|-------|-------|--------------|----------------|----------------|----------------|----------------|-----------|-----------|-------------|-------------|-------------|-------------|
| 06:00-06:30 |                                |             |       |       |              |                |                |                |                |           |           |             |             |             | 06:00-06:30 |
| 06:30-07:00 |                                |             |       |       |              |                |                |                | SCT            | SCT       | SCT       | SCT         | APNEA       | APNEA       | 06:30-07:00 |
| 07:00-07:30 |                                |             |       |       |              |                |                |                | SCT            | SCT       | SCT       | SCT         | APNEA       | APNEA       | 07:00-07:30 |
| 07:30-08:00 |                                |             |       |       |              |                |                |                |                |           |           |             | APNEA       | APNEA       | 07:30-08:00 |
| 08:00-08:30 |                                |             |       |       |              |                |                |                |                |           |           |             | APNEA       | APNEA       | 08:00-08:30 |
| 08:30-09:00 |                                |             |       |       |              |                |                |                |                |           |           |             |             |             | 08:30-09:00 |
| 09:00-09:30 |                                |             |       |       |              |                |                |                | SK Neptun      | SK Neptun | SK Neptun | Neptun KSIM | Neptun KSIM | Neptun KSIM | 09:00-09:30 |
| 09:30-10:00 |                                |             |       |       |              |                |                |                | SK Neptun      | SK Neptun | SK Neptun | Neptun KSIM | Neptun KSIM | Neptun KSIM | 09:30-10:00 |
| 10:00-10:30 | Neptun                         |             |       |       | Neptun       |                |                |                |                |           |           | Neptun KSIM | Neptun KSIM | Neptun KSIM | 10:00-10:30 |
| 10:30-11:00 | Neptun                         |             |       |       | Neptun       |                |                |                |                |           |           | Neptun KSIM | Neptun KSIM | Neptun KSIM | 10:30-11:00 |
| 11:00-11:30 | SPIF                           |             |       |       | SPIF         |                |                |                |                |           |           | Neptun KSIM | Neptun KSIM | Neptun KSIM | 11:00-11:30 |
| 11:30-12:00 | SPIF                           |             |       |       | SPIF         |                |                |                |                |           |           | Neptun KSIM | Neptun KSIM | Neptun KSIM | 11:30-12:00 |
| 12:00-12:30 | SPIF                           |             |       |       | SPIF         |                |                |                |                |           |           | Neptun KSIM | Neptun KSIM | Neptun KSIM | 12:00-12:30 |
| 12:30-13:00 | SPIF                           |             |       |       | SPIF         |                |                |                |                |           |           | Neptun KSIM | Neptun KSIM | Neptun KSIM | 12:30-13:00 |
| 13:00-13:30 | Neptun                         |             |       |       | Neptun       |                |                |                |                |           |           | Neptun KSIM | Neptun KSIM | Neptun KSIM | 13:00-13:30 |
| 13:30-14:00 | Neptun                         |             |       |       | Neptun       |                |                |                |                |           |           | Neptun KSIM | Neptun KSIM | Neptun KSIM | 13:30-14:00 |
| 14:00-14:30 | SPIF                           |             |       |       | SPIF         |                |                |                |                |           |           |             |             |             | 14:00-14:30 |
| 14:30-15:00 | SPIF                           |             |       |       | SPIF         |                |                |                |                |           |           |             |             |             | 14:30-15:00 |
| 15:00-15:30 | Neptun                         |             |       |       | SPIF         |                |                |                |                |           | NEC       | NEC         | NEC         | NEC         | 15:00-15:30 |
| 15:30-16:00 | Neptun                         |             |       |       | SPIF         |                |                |                |                |           | NEC       | NEC         | NEC         | NEC         | 15:30-16:00 |
| 16:00-16:30 | Neptun                         |             |       |       | SPIF         |                |                |                |                |           | NEC       | NEC         | NEC         | NEC         | 16:00-16:30 |
| 16:30-17:00 | Neptun                         |             |       |       | SPIF         |                |                |                |                |           | NEC       | NEC         | NEC         | NEC         | 16:30-17:00 |
| 17:00-17:30 | Neptun                         |             |       |       | SPIF         |                |                |                | SPIF           | SPIF      | SPIF      | SPIF        | SPIF        | SPIF        | 17:00-17:30 |
| 17:30-18:00 | Neptun                         |             |       |       | SPIF         |                |                |                | SPIF           | SPIF      | SPIF      | SPIF        | SPIF        | SPIF        | 17:30-18:00 |
| 18:00-18:30 | Neptun                         |             |       |       | SPIF         |                |                |                | SPIF           | SPIF      | SPIF      | SPIF        | SPIF        | SPIF        | 18:00-18:30 |
| 18:30-19:00 | Neptun                         |             |       |       | SPIF Masters |                |                |                | SPIF           | SPIF      | SPIF      | SPIF        | SPIF        | SPIF        | 18:30-19:00 |
| 19:00-19:30 | Neptun                         |             |       |       | SPIF Masters |                |                |                |                |           | Hellas    | Hellas      | Hellas      | Hellas      | 19:00-19:30 |
| 19:30-20:00 | Rundsim                        | Bröstsimsim | Crawl | Crawl |              |                |                |                |                |           | Hellas    | Hellas      | Hellas      | Hellas      | 19:30-20:00 |
| 20:00-20:30 |                                |             |       |       |              | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters | Hellas    | Hellas    | Hellas      | Hellas      | Hellas      | 20:00-20:30 |
| 20:30-21:00 |                                |             |       |       |              | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters |           |           |             |             |             | 20:30-21:00 |

Med reservation för ändringar

| Onsdag      | Hoppbassäng / 25-metersbassäng |  |           |       |        |         |  |                | 6              | 7              | 8              | 9              | 10             | 11             | 25-jun       |
|-------------|--------------------------------|--|-----------|-------|--------|---------|--|----------------|----------------|----------------|----------------|----------------|----------------|----------------|--------------|
| 06:00-06:30 |                                |  |           |       |        |         |  | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters | 06:00-06:30  |
| 06:30-07:00 |                                |  |           |       |        |         |  | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters | 06:30-07:00  |
| 07:00-07:30 |                                |  |           |       |        |         |  | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters | 07:00-07:30  |
| 07:30-08:00 |                                |  |           |       |        |         |  |                |                |                |                |                |                |                | 07:30-08:00  |
| 08:00-08:30 |                                |  |           |       |        |         |  |                |                |                |                |                |                |                | 08:00-08:30  |
| 08:30-09:00 |                                |  |           |       |        |         |  |                |                |                |                |                |                |                | 08:30-09:00  |
| 09:00-09:30 |                                |  |           |       |        |         |  |                |                |                |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 09:00-09:30  |
| 09:30-10:00 |                                |  |           |       |        |         |  |                |                |                |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 09:30-10:00  |
| 10:00-10:30 | Neptun                         |  |           |       | Neptun |         |  |                |                |                |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 10:00-10:30  |
| 10:30-11:00 | Neptun                         |  |           |       | Neptun |         |  |                |                |                |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 10:30-11:00  |
| 11:00-11:30 | SPIF                           |  |           |       | SPIF   |         |  |                |                |                |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 11:00-11:30  |
| 11:30-12:00 | SPIF                           |  |           |       | SPIF   |         |  |                |                |                |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 11:30-12:00  |
| 12:00-12:30 | SPIF                           |  |           |       | SPIF   |         |  |                |                |                |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 12:00-12:30  |
| 12:30-13:00 | SPIF                           |  |           |       | SPIF   |         |  |                |                |                |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 12:30-13:00  |
| 13:00-13:30 | Neptun                         |  |           |       | Neptun |         |  |                | IDF            | IDF            |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 13:00-13:30  |
| 13:30-14:00 | Neptun                         |  |           |       | Neptun |         |  |                | IDF            | IDF            |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 13:30-14:00  |
| 14:00-14:30 | SPIF                           |  |           |       | SPIF   |         |  |                |                |                |                |                |                |                | 14:00-14:30  |
| 14:30-15:00 | SPIF                           |  |           |       | SPIF   |         |  |                |                |                |                |                |                |                | 14:30-15:00  |
| 15:00-15:30 | Neptun                         |  |           |       | SPIF   |         |  |                |                |                | SK Neptun      | SK Neptun      | SK Neptun      | SK Neptun      | 15:00-15:30  |
| 15:30-16:00 | Neptun                         |  |           |       | SPIF   |         |  |                |                |                | SK Neptun      | SK Neptun      | SK Neptun      | SK Neptun      | 15:30-16:00  |
| 16:00-16:30 | Neptun                         |  |           |       | SPIF   |         |  |                |                |                | SK Neptun      | SK Neptun      | SK Neptun      | SK Neptun      | 16:00-16:30  |
| 16:30-17:00 | Neptun                         |  |           |       | SPIF   |         |  |                |                |                | SK Neptun      | SK Neptun      | SK Neptun      | SK Neptun      | 16:30-17:00  |
| 17:00-17:30 | Neptun                         |  |           |       | SPIF   |         |  |                |                |                | SK Neptun      | SK Neptun      | SK Neptun      | SK Neptun      | 17:00-17:30  |
| 17:30-18:00 | Neptun                         |  |           |       | SPIF   |         |  |                |                |                | SK Neptun      | SK Neptun      | SK Neptun      | SK Neptun      | 17:30-18:00  |
| 18:00-18:30 | Neptun                         |  |           |       |        |         |  |                |                |                | SK Neptun      | SK Neptun      | SK Neptun      | SK Neptun      | 18:00-18:30  |
| 18:30-19:00 | Neptun Masters                 |  |           |       |        |         |  |                |                |                | SK Neptun      | SK Neptun      | SK Neptun      | SK Neptun      | 18:30-19:00  |
| 19:00-19:30 | Neptun Masters                 |  |           |       |        |         |  |                |                |                |                |                |                |                | 19:00-19:30  |
| 19:30-20:00 | Rundsim                        |  | Bröstsims | Crawl | Crawl  |         |  |                |                | APNEA          | APNEA          |                |                |                | 19:30-20:00  |
| 20:00-20:30 |                                |  |           |       |        |         |  |                |                | APNEA          | APNEA          |                | SPIF Masters   | SPIF Masters   | 20:00-20:30  |
| 20:30-21:00 |                                |  |           |       |        | Djup 5m |  |                |                |                |                | APNEA          | APNEA          |                | SPIF Masters |

Med reservation för ändringar

| Torsdag     | Hoppbassäng / 25-metersbassäng |             |       |       |              |          |          |          | 6            | 7            | 8              | 9              | 10             | 11             | 26-jun      |
|-------------|--------------------------------|-------------|-------|-------|--------------|----------|----------|----------|--------------|--------------|----------------|----------------|----------------|----------------|-------------|
| 06:00-06:30 |                                |             |       |       |              |          |          |          |              |              |                |                |                |                | 06:00-06:30 |
| 06:30-07:00 |                                |             |       |       |              |          |          |          |              |              | SCT            | SCT            | SCT            | SCT            | 06:30-07:00 |
| 07:00-07:30 |                                |             |       |       |              |          |          |          |              |              | SCT            | SCT            | SCT            | SCT            | 07:00-07:30 |
| 07:30-08:00 |                                |             |       |       |              |          |          |          |              |              |                |                |                |                | 07:30-08:00 |
| 08:00-08:30 |                                |             |       |       |              |          |          |          |              |              |                |                |                |                | 08:00-08:30 |
| 08:30-09:00 |                                |             |       |       |              |          |          |          |              |              |                |                |                |                | 08:30-09:00 |
| 09:00-09:30 | Neptun Sim                     |             |       |       | Neptun Sim   |          |          |          | SK Neptun    | SK Neptun    | SK Neptun      | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 09:00-09:30 |
| 09:30-10:00 | Neptun Sim                     |             |       |       | Neptun Sim   |          |          |          | SK Neptun    | SK Neptun    | SK Neptun      | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 09:30-10:00 |
| 10:00-10:30 | Neptun                         |             |       |       | Neptun       |          |          |          |              |              |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 10:00-10:30 |
| 10:30-11:00 | Neptun                         |             |       |       | Neptun       |          |          |          |              |              |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 10:30-11:00 |
| 11:00-11:30 | SPIF                           |             |       |       | SPIF         |          |          |          |              |              |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 11:00-11:30 |
| 11:30-12:00 | SPIF                           |             |       |       | SPIF         |          |          |          |              |              |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 11:30-12:00 |
| 12:00-12:30 | SPIF                           |             |       |       | SPIF         |          |          |          |              |              |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 12:00-12:30 |
| 12:30-13:00 | SPIF                           |             |       |       | SPIF         |          |          |          |              |              |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 12:30-13:00 |
| 13:00-13:30 | Neptun                         |             |       |       | Neptun       |          |          |          |              |              |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 13:00-13:30 |
| 13:30-14:00 | Neptun                         |             |       |       | Neptun       |          |          |          |              |              |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 13:30-14:00 |
| 14:00-14:30 | SPIF                           |             |       |       | SPIF         |          |          |          |              |              |                |                |                |                | 14:00-14:30 |
| 14:30-15:00 | SPIF                           |             |       |       | SPIF         |          |          |          |              |              |                |                |                |                | 14:30-15:00 |
| 15:00-15:30 | Neptun                         |             |       |       | SPIF         |          |          |          |              |              |                |                |                |                | 15:00-15:30 |
| 15:30-16:00 | Neptun                         |             |       |       | SPIF         |          |          |          |              |              |                |                |                |                | 15:30-16:00 |
| 16:00-16:30 | Neptun                         |             |       |       | SPIF         |          |          |          |              |              |                |                |                |                | 16:00-16:30 |
| 16:30-17:00 | Neptun                         |             |       |       | SPIF         |          |          |          |              |              |                |                |                |                | 16:30-17:00 |
| 17:00-17:30 | Neptun                         |             |       |       | SPIF         |          |          |          | SPIF         | SPIF         | SPIF           | SPIF           | SPIF           | SPIF           | 17:00-17:30 |
| 17:30-18:00 | Neptun                         |             |       |       | SPIF         |          |          |          | SPIF         | SPIF         | SPIF           | SPIF           | SPIF           | SPIF           | 17:30-18:00 |
| 18:00-18:30 | SPIF                           |             |       |       | SPIF         |          |          |          | SPIF         | SPIF         | SPIF           | SPIF           | SPIF           | SPIF           | 18:00-18:30 |
| 18:30-19:00 | SPIF                           |             |       |       | SPIF Masters |          |          |          | SPIF         | SPIF         | SPIF           | SPIF           | SPIF           | SPIF           | 18:30-19:00 |
| 19:00-19:30 | SPIF                           |             |       |       | SPIF Masters |          |          |          |              | SPIF Masters | SPIF Masters   | Neptun Masters | Neptun Masters | Neptun Masters | 19:00-19:30 |
| 19:30-20:00 | Rundsim                        | Bröstsimsim | Crawl | Crawl |              | Dolphins | Dolphins | Dolphins | SPIF Masters | SPIF Masters | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters | 19:30-20:00 |
| 20:00-20:30 |                                |             |       |       |              | Dolphins | Dolphins | Dolphins |              |              |                |                |                |                | 20:00-20:30 |
| 20:30-21:00 |                                |             |       |       | Djup 5m      |          |          |          |              |              |                |                |                |                | 20:30-21:00 |

Med reservation för ändringar

| Fredag      | Hoppbassäng / 25-metersbassäng |  |  |         |            |       |       |                | 6                   | 7                   | 8              | 9              | 10             | 11             | 27-jun      |
|-------------|--------------------------------|--|--|---------|------------|-------|-------|----------------|---------------------|---------------------|----------------|----------------|----------------|----------------|-------------|
| 06:00-06:30 |                                |  |  |         |            |       |       | Neptun Masters | Neptun Masters      | Neptun Masters      | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters | 06:00-06:30 |
| 06:30-07:00 |                                |  |  |         |            |       |       | Neptun Masters | Neptun Masters      | Neptun Masters      | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters | 06:30-07:00 |
| 07:00-07:30 |                                |  |  | Purr UT | Purr UT    | APNEA | APNEA | Neptun Masters | Neptun Masters      | Neptun Masters      | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters | 07:00-07:30 |
| 07:30-08:00 |                                |  |  |         |            | APNEA | APNEA |                |                     |                     |                |                |                |                | 07:30-08:00 |
| 08:00-08:30 |                                |  |  |         |            | APNEA | APNEA |                |                     |                     |                |                |                |                | 08:00-08:30 |
| 08:30-09:00 |                                |  |  |         |            | APNEA | APNEA |                |                     |                     |                |                |                |                | 08:30-09:00 |
| 09:00-09:30 | Neptun Sim                     |  |  |         | Neptun Sim |       |       |                |                     |                     |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 09:00-09:30 |
| 09:30-10:00 | Neptun Sim                     |  |  |         | Neptun Sim |       |       |                |                     |                     |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 09:30-10:00 |
| 10:00-10:30 | Neptun                         |  |  |         | Neptun     |       |       |                |                     |                     |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 10:00-10:30 |
| 10:30-11:00 | Neptun                         |  |  |         | Neptun     |       |       |                |                     |                     |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 10:30-11:00 |
| 11:00-11:30 | SPIF                           |  |  |         | SPIF       |       |       |                |                     |                     |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 11:00-11:30 |
| 11:30-12:00 | SPIF                           |  |  |         | SPIF       |       |       |                |                     |                     |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 11:30-12:00 |
| 12:00-12:30 | SPIF                           |  |  |         | SPIF       |       |       |                |                     |                     |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 12:00-12:30 |
| 12:30-13:00 | SPIF                           |  |  |         | SPIF       |       |       |                |                     |                     |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 12:30-13:00 |
| 13:00-13:30 | Neptun                         |  |  |         | Neptun     |       |       |                |                     |                     |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 13:00-13:30 |
| 13:30-14:00 | Neptun                         |  |  |         | Neptun     |       |       |                |                     |                     |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 13:30-14:00 |
| 14:00-14:30 | SPIF                           |  |  |         | SPIF       |       |       |                | Avsim<br>Summer Cup | Avsim<br>Summer Cup | Crawl          | Bröstsim       | Rundsim        | 14:00-14:30    |             |
| 14:30-15:00 | SPIF                           |  |  |         | SPIF       |       |       |                |                     |                     |                |                |                | 14:30-15:00    |             |
| 15:00-15:30 | Neptun                         |  |  |         | SPIF       |       |       |                |                     |                     |                |                |                | 15:00-15:30    |             |
| 15:30-16:00 | Neptun                         |  |  |         | SPIF       |       |       |                |                     |                     |                |                |                | 15:30-16:00    |             |
| 16:00-16:30 | Neptun                         |  |  |         | SPIF       |       |       |                |                     |                     |                |                |                | 16:00-16:30    |             |
| 16:30-17:00 | Neptun                         |  |  |         | SPIF       |       |       |                |                     |                     |                |                |                | 16:30-17:00    |             |
| 17:00-17:30 | Neptun                         |  |  |         | SPIF       |       |       |                |                     |                     |                |                |                | 17:00-17:30    |             |
| 17:30-18:00 | Neptun                         |  |  |         | SPIF       |       |       |                |                     |                     |                |                |                | 17:30-18:00    |             |
| 18:00-18:30 | Neptun                         |  |  |         | SPIF       |       |       |                |                     |                     |                |                |                | 18:00-18:30    |             |
| 18:30-19:00 | Neptun                         |  |  |         | SPIF       |       |       |                |                     |                     |                |                |                | 18:30-19:00    |             |
| 19:00-19:30 | Neptun                         |  |  |         | SPIF       |       |       |                |                     |                     |                |                |                | 19:00-19:30    |             |
| 19:30-20:00 | Neptun                         |  |  |         | SPIF       |       |       |                |                     |                     |                |                |                | 19:30-20:00    |             |

Med reservation för ändringar

| Lördag      | Hoppbassäng / 25-metersbassäng |                 | 6                   | 7                   | 8     | 9         | 10      | 11 | 28-jun      |
|-------------|--------------------------------|-----------------|---------------------|---------------------|-------|-----------|---------|----|-------------|
| 07:45-08:00 | SPIF                           | SPIF            | Avsim<br>Summer Cup | Avsim<br>Summer Cup | Crawl | Bröstsims | Rundsim |    | 07:45-08:00 |
| 08:00-08:30 | SPIF                           | SPIF            |                     |                     |       |           |         |    | 08:00-08:30 |
| 08:30-09:00 | SPIF                           | SPIF            |                     |                     |       |           |         |    | 08:30-09:00 |
| 09:00-09:30 | SPIF                           | SPIF            |                     |                     |       |           |         |    | 09:00-09:30 |
| 09:30-10:00 | SPIF                           | SPIF            |                     |                     |       |           |         |    | 09:30-10:00 |
| 10:00-10:30 | SPIF                           | SPIF            |                     |                     |       |           |         |    | 10:00-10:30 |
| 10:30-11:00 | SPIF                           | SPIF            |                     |                     |       |           |         |    | 10:30-11:00 |
| 11:00-11:30 | SPIF                           | SPIF            |                     |                     |       |           |         |    | 11:00-11:30 |
| 11:30-12:00 | SPIF                           | SPIF            |                     |                     |       |           |         |    | 11:30-12:00 |
| 12:00-12:30 | SPIF                           | SPIF            |                     |                     |       |           |         |    | 12:00-12:30 |
| 12:30-13:00 | SPIF                           | SPIF            |                     |                     |       |           |         |    | 12:30-13:00 |
| 13:00-13:30 | SPIF                           | SPIF            |                     |                     |       |           |         |    | 13:00-13:30 |
| 13:30-14:00 | SPIF                           | SPIF            |                     |                     |       |           |         |    | 13:30-14:00 |
| 14:00-14:30 | SPIF                           | SPIF            |                     |                     |       |           |         |    | 14:00-14:30 |
| 14:30-15:00 | SPIF                           | SPIF            |                     |                     |       |           |         |    | 14:30-15:00 |
| 15:00-15:30 | SPIF                           | SPIF            |                     |                     |       |           |         |    | 15:00-15:30 |
| 15:30-16:00 | SPIF                           | SPIF            |                     |                     |       |           |         |    | 15:30-16:00 |
| 16:00-16:30 | Neptun Konstsim                | Neptun Konstsim |                     |                     |       |           |         |    | 16:00-16:30 |
| 16:30-17:00 | Neptun Konstsim                | Neptun Konstsim |                     |                     |       |           |         |    | 16:30-17:00 |
| 17:00-17:30 | Neptun Konstsim                | Neptun Konstsim |                     |                     |       |           |         |    | 17:00-17:30 |
| 17:30-18:00 | Neptun Konstsim                | Neptun Konstsim |                     |                     |       |           |         |    | 17:30-18:00 |
| 18:00-18:30 | Neptun Konstsim                | Neptun Konstsim |                     |                     |       |           |         |    | 18:00-18:30 |
| 18:30-19:00 | Neptun Konstsim                | Neptun Konstsim |                     |                     |       |           |         |    | 18:30-19:00 |

Med reservation för ändringar

| Söndag      | Hoppbassäng / 25-metersbassäng |  |  |  |        |  |  |  | 6                   | 7                   | 8     | 9         | 10           | 11           | 29-jun      |  |  |  |             |
|-------------|--------------------------------|--|--|--|--------|--|--|--|---------------------|---------------------|-------|-----------|--------------|--------------|-------------|--|--|--|-------------|
| 07:45-08:00 |                                |  |  |  |        |  |  |  | Avsim<br>Summer Cup | Avsim<br>Summer Cup | Crawl | Bröstsims | Rundsims     |              | 07:45-08:00 |  |  |  |             |
| 08:00-08:30 |                                |  |  |  |        |  |  |  |                     |                     |       |           |              | 08:00-08:30  |             |  |  |  |             |
| 08:30-09:00 |                                |  |  |  |        |  |  |  |                     |                     |       |           |              | 08:30-09:00  |             |  |  |  |             |
| 09:00-09:30 |                                |  |  |  |        |  |  |  |                     |                     |       |           |              | 09:00-09:30  |             |  |  |  |             |
| 09:30-10:00 |                                |  |  |  |        |  |  |  |                     |                     |       |           |              | 09:30-10:00  |             |  |  |  |             |
| 10:00-10:30 | Neptun                         |  |  |  | Neptun |  |  |  |                     |                     |       |           |              |              |             |  |  |  | 10:00-10:30 |
| 10:30-11:00 | Neptun                         |  |  |  | Neptun |  |  |  |                     |                     |       |           |              |              |             |  |  |  | 10:30-11:00 |
| 11:00-11:30 | Neptun                         |  |  |  | Neptun |  |  |  |                     |                     |       |           |              |              |             |  |  |  | 11:00-11:30 |
| 11:30-12:00 | Neptun                         |  |  |  | Neptun |  |  |  |                     |                     |       |           |              |              |             |  |  |  | 11:30-12:00 |
| 12:00-12:30 | Neptun                         |  |  |  | Neptun |  |  |  |                     |                     |       |           |              |              |             |  |  |  | 12:00-12:30 |
| 12:30-13:00 | Neptun                         |  |  |  | Neptun |  |  |  |                     |                     |       |           |              |              |             |  |  |  | 12:30-13:00 |
| 13:00-13:30 | Neptun                         |  |  |  | Neptun |  |  |  |                     |                     |       |           |              |              |             |  |  |  | 13:00-13:30 |
| 13:30-14:00 | Neptun                         |  |  |  | Neptun |  |  |  |                     |                     |       |           |              |              |             |  |  |  | 13:30-14:00 |
| 14:00-14:30 | Neptun                         |  |  |  | Neptun |  |  |  |                     |                     |       |           |              | 14:00-14:30  |             |  |  |  |             |
| 14:30-15:00 | Neptun                         |  |  |  | Neptun |  |  |  |                     |                     |       |           |              | 14:30-15:00  |             |  |  |  |             |
| 15:00-15:30 | Neptun                         |  |  |  | Neptun |  |  |  |                     |                     |       |           |              | 15:00-15:30  |             |  |  |  |             |
| 15:30-16:00 | Neptun                         |  |  |  | Neptun |  |  |  |                     |                     |       |           |              | 15:30-16:00  |             |  |  |  |             |
| 16:00-16:30 | Neptun                         |  |  |  | Neptun |  |  |  |                     |                     |       |           |              | 16:00-16:30  |             |  |  |  |             |
| 16:30-17:00 | Neptun                         |  |  |  | Neptun |  |  |  |                     |                     |       |           |              | 16:30-17:00  |             |  |  |  |             |
| 17:00-17:30 | Neptun                         |  |  |  | Neptun |  |  |  |                     |                     |       |           | SPIF Masters | SPIF Masters | 17:00-17:30 |  |  |  |             |
| 17:30-18:00 | Neptun                         |  |  |  | Neptun |  |  |  |                     |                     |       |           | SPIF Masters | SPIF Masters | 17:30-18:00 |  |  |  |             |
| 18:00-18:30 | Neptun                         |  |  |  | Neptun |  |  |  |                     |                     |       |           | SPIF Masters | SPIF Masters | 18:00-18:30 |  |  |  |             |
| 18:30-19:00 | Neptun Masters                 |  |  |  |        |  |  |  |                     |                     |       |           | SPIF Masters | SPIF Masters | 18:30-19:00 |  |  |  |             |
| 19:00-19:30 | Neptun Masters                 |  |  |  |        |  |  |  |                     |                     |       |           | SPIF Masters | SPIF Masters | 19:00-19:30 |  |  |  |             |
| 19:30-20:00 |                                |  |  |  |        |  |  |  |                     |                     |       |           |              |              | 19:30-20:00 |  |  |  |             |

Med reservation för ändringar



| Måndag                        | Hoppbassäng / 25-metersbassäng |  |          |       |              |  |  |          | 6         | 7         | 8              | 9              | 10             | 11             | 30-jun      |
|-------------------------------|--------------------------------|--|----------|-------|--------------|--|--|----------|-----------|-----------|----------------|----------------|----------------|----------------|-------------|
| 06:00-06:30                   |                                |  |          |       |              |  |  |          |           |           | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters | 06:00-06:30 |
| 06:30-07:00                   |                                |  |          |       |              |  |  |          |           |           | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters | 06:30-07:00 |
| 07:00-07:30                   |                                |  |          |       |              |  |  |          |           |           | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters | 07:00-07:30 |
| 07:30-08:00                   |                                |  |          |       |              |  |  |          |           |           |                |                | Team Snabbare  | Team Snabbare  | 07:30-08:00 |
| 08:00-08:30                   |                                |  |          |       |              |  |  |          |           |           |                |                | Team Snabbare  | Team Snabbare  | 08:00-08:30 |
| 08:30-09:00                   |                                |  |          |       |              |  |  |          |           |           |                |                |                |                | 08:30-09:00 |
| 09:00-09:30                   |                                |  |          |       |              |  |  |          | SK Neptun | SK Neptun | SK Neptun      | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 09:00-09:30 |
| 09:30-10:00                   |                                |  |          |       |              |  |  |          | SK Neptun | SK Neptun | SK Neptun      | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 09:30-10:00 |
| 10:00-10:30                   | Neptun                         |  |          |       | Neptun       |  |  |          |           |           |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 10:00-10:30 |
| 10:30-11:00                   | Neptun                         |  |          |       | Neptun       |  |  |          |           |           |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 10:30-11:00 |
| 11:00-11:30                   | SPIF                           |  |          |       | SPIF         |  |  |          |           |           |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 11:00-11:30 |
| 11:30-12:00                   | SPIF                           |  |          |       | SPIF         |  |  |          |           |           |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 11:30-12:00 |
| 12:00-12:30                   | SPIF                           |  |          |       | SPIF         |  |  |          |           |           |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 12:00-12:30 |
| 12:30-13:00                   | SPIF                           |  |          |       | SPIF         |  |  |          |           |           |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 12:30-13:00 |
| 13:00-13:30                   | Neptun                         |  |          |       | Neptun       |  |  |          |           |           |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 13:00-13:30 |
| 13:30-14:00                   | Neptun                         |  |          |       | Neptun       |  |  |          |           |           |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 13:30-14:00 |
| 14:00-14:30                   | SPIF                           |  |          |       | SPIF         |  |  |          |           |           |                |                |                |                | 14:00-14:30 |
| 14:30-15:00                   | SPIF                           |  |          |       | SPIF         |  |  |          |           |           |                |                |                |                | 14:30-15:00 |
| 15:00-15:30                   | Neptun                         |  |          |       | SPIF         |  |  |          |           |           | SPIF           | SPIF           | SPIF           | SPIF           | 15:00-15:30 |
| 15:30-16:00                   | Neptun                         |  |          |       | SPIF         |  |  |          |           |           | SPIF           | SPIF           | SPIF           | SPIF           | 15:30-16:00 |
| 16:00-16:30                   | Neptun                         |  |          |       | SPIF         |  |  |          |           |           | SPIF           | SPIF           | SPIF           | SPIF           | 16:00-16:30 |
| 16:30-17:00                   | Neptun                         |  |          |       | SPIF         |  |  |          |           |           | SPIF           | SPIF           | SPIF           | SPIF           | 16:30-17:00 |
| 17:00-17:30                   | Neptun                         |  |          |       | SPIF         |  |  |          |           |           | SPIF           | SPIF           | SPIF           | SPIF           | 17:00-17:30 |
| 17:30-18:00                   | Neptun                         |  |          |       | SPIF         |  |  |          |           |           | SPIF           | SPIF           | SPIF           | SPIF           | 17:30-18:00 |
| 18:00-18:30                   | Neptun                         |  |          |       | SPIF         |  |  |          |           |           | SPIF           | SPIF           | SPIF           | SPIF           | 18:00-18:30 |
| 18:30-19:00                   | Neptun Masters                 |  |          |       | SPIF Masters |  |  |          |           |           | SPIF           | SPIF           | SPIF           | SPIF           | 18:30-19:00 |
| 19:00-19:30                   | Neptun Masters                 |  |          |       | SPIF Masters |  |  |          |           |           |                | Hellas         | Hellas         | Hellas         | 19:00-19:30 |
| 19:30-20:00                   | Rundsim                        |  | Bröstsim | Crawl | Crawl        |  |  | Dolphins | Dolphins  | Dolphins  | Hellas         | Hellas         | Hellas         | 19:30-20:00    |             |
|                               |                                |  |          |       |              |  |  | Dolphins | Dolphins  | Dolphins  | Hellas         | Hellas         | Hellas         | 20:00-20:30    |             |
| 20:30-21:00                   | Djup 5m                        |  |          |       |              |  |  |          |           |           |                |                |                | 20:30-21:00    |             |
| Med reservation för ändringar |                                |  |          |       |              |  |  |          |           |           |                |                |                |                |             |

| Tisdag      | Hoppbassäng / 25-metersbassäng |        |       |       |              |                |                |                | 6              | 7         | 8         | 9           | 10          | 11          | 01-jul      |
|-------------|--------------------------------|--------|-------|-------|--------------|----------------|----------------|----------------|----------------|-----------|-----------|-------------|-------------|-------------|-------------|
| 06:00-06:30 |                                |        |       |       |              |                |                |                |                |           |           |             |             |             | 06:00-06:30 |
| 06:30-07:00 |                                |        |       |       |              |                |                |                | SCT            | SCT       | SCT       | SCT         | APNEA       | APNEA       | 06:30-07:00 |
| 07:00-07:30 |                                |        |       |       |              |                |                |                | SCT            | SCT       | SCT       | SCT         | APNEA       | APNEA       | 07:00-07:30 |
| 07:30-08:00 |                                |        |       |       |              |                |                |                |                |           |           |             | APNEA       | APNEA       | 07:30-08:00 |
| 08:00-08:30 |                                |        |       |       |              |                |                |                |                |           |           |             | APNEA       | APNEA       | 08:00-08:30 |
| 08:30-09:00 |                                |        |       |       |              |                |                |                |                |           |           |             |             |             | 08:30-09:00 |
| 09:00-09:30 |                                |        |       |       |              |                |                |                | SK Neptun      | SK Neptun | SK Neptun | Neptun KSIM | Neptun KSIM | Neptun KSIM | 09:00-09:30 |
| 09:30-10:00 |                                |        |       |       |              |                |                |                | SK Neptun      | SK Neptun | SK Neptun | Neptun KSIM | Neptun KSIM | Neptun KSIM | 09:30-10:00 |
| 10:00-10:30 | Neptun                         |        |       |       | Neptun       |                |                |                |                |           |           | Neptun KSIM | Neptun KSIM | Neptun KSIM | 10:00-10:30 |
| 10:30-11:00 | Neptun                         |        |       |       | Neptun       |                |                |                |                |           |           | Neptun KSIM | Neptun KSIM | Neptun KSIM | 10:30-11:00 |
| 11:00-11:30 | SPIF                           |        |       |       | SPIF         |                |                |                |                |           |           | Neptun KSIM | Neptun KSIM | Neptun KSIM | 11:00-11:30 |
| 11:30-12:00 | SPIF                           |        |       |       | SPIF         |                |                |                |                |           |           | Neptun KSIM | Neptun KSIM | Neptun KSIM | 11:30-12:00 |
| 12:00-12:30 | SPIF                           |        |       |       | SPIF         |                |                |                |                |           |           | Neptun KSIM | Neptun KSIM | Neptun KSIM | 12:00-12:30 |
| 12:30-13:00 | SPIF                           |        |       |       | SPIF         |                |                |                |                |           |           | Neptun KSIM | Neptun KSIM | Neptun KSIM | 12:30-13:00 |
| 13:00-13:30 | Neptun                         |        |       |       | Neptun       |                |                |                |                |           |           | Neptun KSIM | Neptun KSIM | Neptun KSIM | 13:00-13:30 |
| 13:30-14:00 | Neptun                         |        |       |       | Neptun       |                |                |                |                |           |           | Neptun KSIM | Neptun KSIM | Neptun KSIM | 13:30-14:00 |
| 14:00-14:30 | SPIF                           |        |       |       | SPIF         |                |                |                |                |           |           |             |             |             | 14:00-14:30 |
| 14:30-15:00 | SPIF                           |        |       |       | SPIF         |                |                |                |                |           |           |             |             |             | 14:30-15:00 |
| 15:00-15:30 | Neptun                         |        |       |       | SPIF         |                |                |                |                |           | NEC       | NEC         | NEC         | NEC         | 15:00-15:30 |
| 15:30-16:00 | Neptun                         |        |       |       | SPIF         |                |                |                |                |           | NEC       | NEC         | NEC         | NEC         | 15:30-16:00 |
| 16:00-16:30 | Neptun                         |        |       |       | SPIF         |                |                |                |                |           | NEC       | NEC         | NEC         | NEC         | 16:00-16:30 |
| 16:30-17:00 | Neptun                         |        |       |       | SPIF         |                |                |                |                |           | NEC       | NEC         | NEC         | NEC         | 16:30-17:00 |
| 17:00-17:30 | Neptun                         |        |       |       | SPIF         |                |                |                |                |           |           |             |             |             | 17:00-17:30 |
| 17:30-18:00 | Neptun                         |        |       |       | SPIF         |                |                |                |                |           |           |             |             |             | 17:30-18:00 |
| 18:00-18:30 | Neptun                         |        |       |       | SPIF         |                |                |                |                |           |           |             |             |             | 18:00-18:30 |
| 18:30-19:00 | Neptun                         |        |       |       | SPIF Masters |                |                |                |                |           |           |             |             |             | 18:30-19:00 |
| 19:00-19:30 | Neptun                         |        |       |       | SPIF Masters |                |                |                |                |           |           |             |             |             | 19:00-19:30 |
| 19:30-20:00 | Rundsim                        | Brösts | Crawl | Crawl |              |                |                |                |                |           | Hellas    | Hellas      | Hellas      | Hellas      | 19:30-20:00 |
| 20:00-20:30 |                                |        |       |       |              | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters | Hellas    | Hellas    | Hellas      | Hellas      | Hellas      | 20:00-20:30 |
| 20:30-21:00 |                                |        |       |       |              | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters |           |           |             |             |             | 20:30-21:00 |

Med reservation för ändringar



| Onsdag      | Hoppbassäng / 25-metersbassäng |        |       |       |         |  |  |  | 6 | 7 | 8              | 9              | 10             | 11             | 02-jul      |
|-------------|--------------------------------|--------|-------|-------|---------|--|--|--|---|---|----------------|----------------|----------------|----------------|-------------|
| 06:00-06:30 |                                |        |       |       |         |  |  |  |   |   | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters | 06:00-06:30 |
| 06:30-07:00 |                                |        |       |       |         |  |  |  |   |   | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters | 06:30-07:00 |
| 07:00-07:30 |                                |        |       |       |         |  |  |  |   |   | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters | 07:00-07:30 |
| 07:30-08:00 |                                |        |       |       |         |  |  |  |   |   |                |                |                |                | 07:30-08:00 |
| 08:00-08:30 |                                |        |       |       |         |  |  |  |   |   |                |                |                |                | 08:00-08:30 |
| 08:30-09:00 |                                |        |       |       |         |  |  |  |   |   |                |                |                |                | 08:30-09:00 |
| 09:00-09:30 |                                |        |       |       |         |  |  |  |   |   |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 09:00-09:30 |
| 09:30-10:00 |                                |        |       |       |         |  |  |  |   |   |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 09:30-10:00 |
| 10:00-10:30 | Neptun                         |        |       |       | Neptun  |  |  |  |   |   |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 10:00-10:30 |
| 10:30-11:00 | Neptun                         |        |       |       | Neptun  |  |  |  |   |   |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 10:30-11:00 |
| 11:00-11:30 | SPIF                           |        |       |       | SPIF    |  |  |  |   |   |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 11:00-11:30 |
| 11:30-12:00 | SPIF                           |        |       |       | SPIF    |  |  |  |   |   |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 11:30-12:00 |
| 12:00-12:30 | SPIF                           |        |       |       | SPIF    |  |  |  |   |   |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 12:00-12:30 |
| 12:30-13:00 | SPIF                           |        |       |       | SPIF    |  |  |  |   |   |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 12:30-13:00 |
| 13:00-13:30 | Neptun                         |        |       |       | Neptun  |  |  |  |   |   |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 13:00-13:30 |
| 13:30-14:00 | Neptun                         |        |       |       | Neptun  |  |  |  |   |   |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 13:30-14:00 |
| 14:00-14:30 | SPIF                           |        |       |       | SPIF    |  |  |  |   |   |                |                |                |                | 14:00-14:30 |
| 14:30-15:00 | SPIF                           |        |       |       | SPIF    |  |  |  |   |   |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 14:30-15:00 |
| 15:00-15:30 | Neptun                         |        |       |       | SPIF    |  |  |  |   |   |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 15:00-15:30 |
| 15:30-16:00 | Neptun                         |        |       |       | SPIF    |  |  |  |   |   |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 15:30-16:00 |
| 16:00-16:30 | Neptun                         |        |       |       | SPIF    |  |  |  |   |   |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 16:00-16:30 |
| 16:30-17:00 | Neptun                         |        |       |       | SPIF    |  |  |  |   |   |                |                |                |                | 16:30-17:00 |
| 17:00-17:30 | Neptun                         |        |       |       | SPIF    |  |  |  |   |   |                |                |                |                | 17:00-17:30 |
| 17:30-18:00 | Neptun                         |        |       |       | SPIF    |  |  |  |   |   |                |                |                |                | 17:30-18:00 |
| 18:00-18:30 | Neptun                         |        |       |       |         |  |  |  |   |   |                |                |                |                | 18:00-18:30 |
| 18:30-19:00 | Neptun Masters                 |        |       |       |         |  |  |  |   |   |                |                |                |                | 18:30-19:00 |
| 19:00-19:30 | Neptun Masters                 |        |       |       |         |  |  |  |   |   |                |                | APNEA          | APNEA          | 19:00-19:30 |
| 19:30-20:00 | Rundsim                        | Brösts | Crawl | Crawl |         |  |  |  |   |   |                | Dykhuset       | APNEA          | APNEA          | 19:30-20:00 |
| 20:00-20:30 |                                |        |       |       |         |  |  |  |   |   | Dykhuset       | APNEA          | APNEA          | 20:00-20:30    |             |
| 20:30-21:00 |                                |        |       |       | Djup 5m |  |  |  |   |   |                |                |                | Dykhuset       | APNEA       |

Med reservation för ändringar

| Torsdag     | Hoppbassäng / 25-metersbassäng |             |             |       |              |  |          |          | 6         | 7            | 8              | 9              | 10             | 11             | 03-jul      |
|-------------|--------------------------------|-------------|-------------|-------|--------------|--|----------|----------|-----------|--------------|----------------|----------------|----------------|----------------|-------------|
| 06:00-06:30 |                                |             |             |       |              |  |          |          |           |              |                |                |                |                | 06:00-06:30 |
| 06:30-07:00 |                                |             |             |       |              |  |          |          |           |              | SCT            | SCT            | SCT            | SCT            | 06:30-07:00 |
| 07:00-07:30 | 07.15                          | 07.15       | 07.15       |       |              |  |          |          |           |              | SCT            | SCT            | SCT            | SCT            | 07:00-07:30 |
| 07:30-08:00 | Neptun KSIM                    | Neptun KSIM | Neptun KSIM |       |              |  |          |          |           |              |                |                |                |                | 07:30-08:00 |
| 08:00-08:30 | Neptun KSIM                    | Neptun KSIM | Neptun KSIM |       |              |  |          |          |           |              |                |                |                |                | 08:00-08:30 |
| 08:30-09:00 | 08.45                          | 08.45       | 08.45       |       |              |  |          |          |           |              |                |                |                |                | 08:30-09:00 |
| 09:00-09:30 | Neptun Sim                     |             |             |       | Neptun Sim   |  |          |          | SK Neptun | SK Neptun    | SK Neptun      | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 09:00-09:30 |
| 09:30-10:00 | Neptun Sim                     |             |             |       | Neptun Sim   |  |          |          | SK Neptun | SK Neptun    | SK Neptun      | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 09:30-10:00 |
| 10:00-10:30 | Neptun                         |             |             |       | Neptun       |  |          |          |           |              |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 10:00-10:30 |
| 10:30-11:00 | Neptun                         |             |             |       | Neptun       |  |          |          |           |              |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 10:30-11:00 |
| 11:00-11:30 | SPIF                           |             |             |       | SPIF         |  |          |          |           |              |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 11:00-11:30 |
| 11:30-12:00 | SPIF                           |             |             |       | SPIF         |  |          |          |           |              |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 11:30-12:00 |
| 12:00-12:30 | SPIF                           |             |             |       | SPIF         |  |          |          |           |              |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 12:00-12:30 |
| 12:30-13:00 | SPIF                           |             |             |       | SPIF         |  |          |          |           |              |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 12:30-13:00 |
| 13:00-13:30 | Neptun                         |             |             |       | Neptun       |  |          |          |           |              |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 13:00-13:30 |
| 13:30-14:00 | Neptun                         |             |             |       | Neptun       |  |          |          |           |              |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 13:30-14:00 |
| 14:00-14:30 | SPIF                           |             |             |       | SPIF         |  |          |          |           |              |                |                |                |                | 14:00-14:30 |
| 14:30-15:00 | SPIF                           |             |             |       | SPIF         |  |          |          |           |              |                |                |                |                | 14:30-15:00 |
| 15:00-15:30 | Neptun                         |             |             |       | SPIF         |  |          |          |           |              | NEC            | NEC            | NEC            | NEC            | 15:00-15:30 |
| 15:30-16:00 | Neptun                         |             |             |       | SPIF         |  |          |          |           |              | NEC            | NEC            | NEC            | NEC            | 15:30-16:00 |
| 16:00-16:30 | Neptun                         |             |             |       | SPIF         |  |          |          |           |              | NEC            | NEC            | NEC            | NEC            | 16:00-16:30 |
| 16:30-17:00 | Neptun                         |             |             |       | SPIF         |  |          |          |           |              | NEC            | NEC            | NEC            | NEC            | 16:30-17:00 |
| 17:00-17:30 | Neptun                         |             |             |       | SPIF         |  |          |          |           |              |                |                |                |                | 17:00-17:30 |
| 17:30-18:00 | Neptun                         |             |             |       | SPIF         |  |          |          |           |              |                |                |                |                | 17:30-18:00 |
| 18:00-18:30 | SPIF                           |             |             |       | SPIF         |  |          |          |           |              |                |                |                |                | 18:00-18:30 |
| 18:30-19:00 | SPIF                           |             |             |       | SPIF Masters |  |          |          |           |              |                |                |                |                | 18:30-19:00 |
| 19:00-19:30 | SPIF                           |             |             |       | SPIF Masters |  |          |          |           |              | SPIF Masters   | Neptun Masters | Neptun Masters | Neptun Masters | 19:00-19:30 |
| 19:30-20:00 | Rundsim                        | Bröstsimsim | Crawl       | Crawl |              |  | Dolphins | Dolphins | Dolphins  | SPIF Masters | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters | 19:30-20:00 |
| 20:00-20:30 |                                |             |             |       |              |  | Dolphins | Dolphins | Dolphins  |              |                |                |                |                | 20:00-20:30 |
| 20:30-21:00 |                                |             |             |       | Djup 5m      |  |          |          |           |              |                |                |                |                | 20:30-21:00 |

Med reservation för ändringar

| Fredag      | Hoppbassäng / 25-metersbassäng |             |             |  |            |  |         |         | 6     | 7     | 8              | 9              | 10             | 11             | 04-jul      |
|-------------|--------------------------------|-------------|-------------|--|------------|--|---------|---------|-------|-------|----------------|----------------|----------------|----------------|-------------|
| 06:00-06:30 |                                |             |             |  |            |  |         |         |       |       | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters | 06:00-06:30 |
| 06:30-07:00 |                                |             |             |  |            |  |         |         |       |       | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters | 06:30-07:00 |
| 07:00-07:30 | 07.15                          | 07.15       | 07.15       |  |            |  | Purr UT | Purr UT | APNEA | APNEA | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters | 07:00-07:30 |
| 07:30-08:00 | Neptun KSIM                    | Neptun KSIM | Neptun KSIM |  |            |  |         |         | APNEA | APNEA |                |                |                |                | 07:30-08:00 |
| 08:00-08:30 | Neptun KSIM                    | Neptun KSIM | Neptun KSIM |  |            |  |         |         | APNEA | APNEA |                |                |                |                | 08:00-08:30 |
| 08:30-09:00 | 08.45                          | 08.45       | 08.45       |  |            |  |         |         |       |       |                |                |                |                | 08:30-09:00 |
| 09:00-09:30 | Neptun Sim                     |             |             |  | Neptun Sim |  |         |         |       |       |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 09:00-09:30 |
| 09:30-10:00 | Neptun Sim                     |             |             |  | Neptun Sim |  |         |         |       |       |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 09:30-10:00 |
| 10:00-10:30 | Neptun                         |             |             |  | Neptun     |  |         |         |       |       |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 10:00-10:30 |
| 10:30-11:00 | Neptun                         |             |             |  | Neptun     |  |         |         |       |       |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 10:30-11:00 |
| 11:00-11:30 | SPIF                           |             |             |  | SPIF       |  |         |         |       |       |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 11:00-11:30 |
| 11:30-12:00 | SPIF                           |             |             |  | SPIF       |  |         |         |       |       |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 11:30-12:00 |
| 12:00-12:30 | SPIF                           |             |             |  | SPIF       |  |         |         |       |       |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 12:00-12:30 |
| 12:30-13:00 | SPIF                           |             |             |  | SPIF       |  |         |         |       |       |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 12:30-13:00 |
| 13:00-13:30 | Neptun                         |             |             |  | Neptun     |  |         |         |       |       |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 13:00-13:30 |
| 13:30-14:00 | Neptun                         |             |             |  | Neptun     |  |         |         |       |       |                | Neptun KSIM    | Neptun KSIM    | Neptun KSIM    | 13:30-14:00 |
| 14:00-14:30 | SPIF                           |             |             |  | SPIF       |  |         |         |       |       |                |                |                |                | 14:00-14:30 |
| 14:30-15:00 | SPIF                           |             |             |  | SPIF       |  |         |         |       |       |                |                |                |                | 14:30-15:00 |
| 15:00-15:30 | Neptun                         |             |             |  | SPIF       |  |         |         |       |       |                | SK Neptun      | SK Neptun      | SK Neptun      | 15:00-15:30 |
| 15:30-16:00 | Neptun                         |             |             |  | SPIF       |  |         |         |       |       |                | SK Neptun      | SK Neptun      | SK Neptun      | 15:30-16:00 |
| 16:00-16:30 | Neptun                         |             |             |  | SPIF       |  |         |         |       |       |                | SK Neptun      | SK Neptun      | SK Neptun      | 16:00-16:30 |
| 16:30-17:00 | Neptun                         |             |             |  | SPIF       |  |         |         |       |       |                | SK Neptun      | SK Neptun      | SK Neptun      | 16:30-17:00 |
| 17:00-17:30 | Neptun                         |             |             |  | SPIF       |  |         |         |       |       |                |                |                |                | 17:00-17:30 |
| 17:30-18:00 | Neptun                         |             |             |  | SPIF       |  |         |         |       |       |                |                |                |                | 17:30-18:00 |
| 18:00-18:30 | Neptun                         |             |             |  | SPIF       |  |         |         |       |       |                |                |                |                | 18:00-18:30 |
| 18:30-19:00 | Neptun                         |             |             |  | SPIF       |  |         |         |       |       |                |                |                |                | 18:30-19:00 |
| 19:00-19:30 | Neptun                         |             |             |  | SPIF       |  |         |         |       |       | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters | 19:00-19:30 |
| 19:30-20:00 | Neptun                         |             |             |  | SPIF       |  |         |         |       |       | Neptun Masters | Neptun Masters | Neptun Masters | Neptun Masters | 19:30-20:00 |

Med reservation för ändringar

| Lördag      | Hoppbassäng / 25-metersbassäng |                 | 6         | 7         | 8         | 9              | 10             | 11             | 05-jul      |
|-------------|--------------------------------|-----------------|-----------|-----------|-----------|----------------|----------------|----------------|-------------|
| 07:45-08:00 | SPIF                           | SPIF            |           |           |           |                |                |                | 07:45-08:00 |
| 08:00-08:30 | SPIF                           | SPIF            | SK Neptun | SK Neptun | SK Neptun | SPIF           | SPIF           | SPIF           | 08:00-08:30 |
| 08:30-09:00 | SPIF                           | SPIF            | SK Neptun | SK Neptun | SK Neptun | SPIF           | SPIF           | SPIF           | 08:30-09:00 |
| 09:00-09:30 | SPIF                           | SPIF            | SK Neptun | SK Neptun | SK Neptun | SPIF           | SPIF           | SPIF           | 09:00-09:30 |
| 09:30-10:00 | SPIF                           | SPIF            | SK Neptun | SK Neptun | SK Neptun | SPIF           | SPIF           | SPIF           | 09:30-10:00 |
| 10:00-10:30 | SPIF                           | SPIF            |           |           |           |                |                |                | 10:00-10:30 |
| 10:30-11:00 | SPIF                           | SPIF            |           |           |           |                |                |                | 10:30-11:00 |
| 11:00-11:30 | SPIF                           | SPIF            |           |           |           | Sthlm Dolphins | Sthlm Dolphins | Sthlm Dolphins | 11:00-11:30 |
| 11:30-12:00 | SPIF                           | SPIF            |           |           |           | Sthlm Dolphins | Sthlm Dolphins | Sthlm Dolphins | 11:30-12:00 |
| 12:00-12:30 | SPIF                           | SPIF            |           |           |           | Sthlm Dolphins | Sthlm Dolphins | Sthlm Dolphins | 12:00-12:30 |
| 12:30-13:00 | SPIF                           | SPIF            |           |           |           |                |                |                | 12:30-13:00 |
| 13:00-13:30 | SPIF                           | SPIF            |           |           |           |                |                |                | 13:00-13:30 |
| 13:30-14:00 | SPIF                           | SPIF            |           |           |           |                |                |                | 13:30-14:00 |
| 14:00-14:30 | SPIF                           | SPIF            |           |           |           |                |                |                | 14:00-14:30 |
| 14:30-15:00 | SPIF                           | SPIF            |           |           |           |                |                |                | 14:30-15:00 |
| 15:00-15:30 | SPIF                           | SPIF            |           |           |           |                |                |                | 15:00-15:30 |
| 15:30-16:00 | SPIF                           | SPIF            |           |           |           |                |                |                | 15:30-16:00 |
| 16:00-16:30 | Neptun Konstsim                | Neptun Konstsim |           |           |           |                |                |                | 16:00-16:30 |
| 16:30-17:00 | Neptun Konstsim                | Neptun Konstsim |           |           |           |                |                |                | 16:30-17:00 |
| 17:00-17:30 | Neptun Konstsim                | Neptun Konstsim |           |           |           |                |                |                | 17:00-17:30 |
| 17:30-18:00 | Neptun Konstsim                | Neptun Konstsim |           |           |           |                |                |                | 17:30-18:00 |
| 18:00-18:30 | Neptun Konstsim                | Neptun Konstsim |           |           |           |                |                |                | 18:00-18:30 |
| 18:30-19:00 | Neptun Konstsim                | Neptun Konstsim |           |           |           |                |                |                | 18:30-19:00 |

Med reservation för ändringar

| Söndag      | Hoppbassäng / 25-metersbassäng |  |  |  |        |  |  |  | 6 | 7 | 8 | 9           | 10          | 11          | 06-jul      |
|-------------|--------------------------------|--|--|--|--------|--|--|--|---|---|---|-------------|-------------|-------------|-------------|
| 07:45-08:00 |                                |  |  |  |        |  |  |  |   |   |   | Neptun KSIM | Neptun KSIM | Neptun KSIM | 07:45-08:00 |
| 08:00-08:30 |                                |  |  |  |        |  |  |  |   |   |   | Neptun KSIM | Neptun KSIM | Neptun KSIM | 08:00-08:30 |
| 08:30-09:00 |                                |  |  |  |        |  |  |  |   |   |   | 08:45       | 08:45       | 08:45       | 08:30-09:00 |
| 09:00-09:30 |                                |  |  |  |        |  |  |  |   |   |   |             |             |             | 09:00-09:30 |
| 09:30-10:00 |                                |  |  |  |        |  |  |  |   |   |   |             |             |             | 09:30-10:00 |
| 10:00-10:30 | Neptun                         |  |  |  | Neptun |  |  |  |   |   |   |             |             | Dykhuset    | 10:00-10:30 |
| 10:30-11:00 | Neptun                         |  |  |  | Neptun |  |  |  |   |   |   |             |             | Dykhuset    | 10:30-11:00 |
| 11:00-11:30 | Neptun                         |  |  |  | Neptun |  |  |  |   |   |   |             |             | Dykhuset    | 11:00-11:30 |
| 11:30-12:00 | Neptun                         |  |  |  | Neptun |  |  |  |   |   |   |             |             | Dykhuset    | 11:30-12:00 |
| 12:00-12:30 | Neptun                         |  |  |  | Neptun |  |  |  |   |   |   |             |             |             | 12:00-12:30 |
| 12:30-13:00 | Neptun                         |  |  |  | Neptun |  |  |  |   |   |   |             |             |             | 12:30-13:00 |
| 13:00-13:30 | Neptun                         |  |  |  | Neptun |  |  |  |   |   |   |             |             |             | 13:00-13:30 |
| 13:30-14:00 | Neptun                         |  |  |  | Neptun |  |  |  |   |   |   |             |             |             | 13:30-14:00 |
| 14:00-14:30 | Neptun                         |  |  |  | Neptun |  |  |  |   |   |   |             |             |             | 14:00-14:30 |
| 14:30-15:00 | Neptun                         |  |  |  | Neptun |  |  |  |   |   |   |             |             |             | 14:30-15:00 |
| 15:00-15:30 | Neptun                         |  |  |  | Neptun |  |  |  |   |   |   |             |             |             | 15:00-15:30 |
| 15:30-16:00 | Neptun                         |  |  |  | Neptun |  |  |  |   |   |   |             |             |             | 15:30-16:00 |
| 16:00-16:30 | Neptun                         |  |  |  | Neptun |  |  |  |   |   |   |             |             |             | 16:00-16:30 |
| 16:30-17:00 | Neptun                         |  |  |  | Neptun |  |  |  |   |   |   |             |             |             | 16:30-17:00 |
| 17:00-17:30 | Neptun                         |  |  |  | Neptun |  |  |  |   |   |   |             |             |             | 17:00-17:30 |
| 17:30-18:00 | Neptun                         |  |  |  | Neptun |  |  |  |   |   |   |             |             |             | 17:30-18:00 |
| 18:00-18:30 | Neptun                         |  |  |  | Neptun |  |  |  |   |   |   |             |             |             | 18:00-18:30 |
| 18:30-19:00 | Neptun Masters                 |  |  |  |        |  |  |  |   |   |   |             |             |             | 18:30-19:00 |
| 19:00-19:30 | Neptun Masters                 |  |  |  |        |  |  |  |   |   |   |             |             |             | 19:00-19:30 |
| 19:30-20:00 |                                |  |  |  |        |  |  |  |   |   |   |             |             |             | 19:30-20:00 |

Med reservation för ändringar