

Måndag			0	1	2	3	4	5	6	7	8	9	10	11	19-maj
06:00-06:30	Rundsim						Snabb-bana	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:00-06:30
06:30-07:00								Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:30-07:00
07:00-07:30								Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	07:00-07:30
07:30-08:00								Team Snabbare	Team Snabbare				Evli	Evli	07:30-08:00
08:00-08:30								Team Snabbare	Team Snabbare				Evli	Evli	08:00-08:30
08:30-09:00								Lekbanor		Bröstsim	Crawl	Crawl	Snabb-bana	Skola	Skola
09:00-09:30	IDF Simskola	IDF Simskola	09:00-09:30												
09:30-10:00	IDF Simskola	IDF Simskola	09:30-10:00												
10:00-10:30	IDF Simskola	IDF Simskola	10:00-10:30												
10:30-11:00	SPIF Masters	SPIF Masters	10:30-11:00												
11:00-11:30	SPIF Masters	SPIF Masters	11:00-11:30												
11:30-12:00	SPIF Masters	SPIF Masters	11:30-12:00												
12:00-12:30	IDF Simskola	IDF Simskola	12:00-12:30												
12:30-13:00	IDF Simskola	IDF Simskola	12:30-13:00												
13:00-13:30	IDF Simskola	IDF Simskola	13:00-13:30												
13:30-14:00	IDF Simskola	IDF Simskola	13:30-14:00												
14:00-14:30			14:00-14:30												
14:30-15:00	Intensiv Sim	Intensiv Sim	14:30-15:00												
15:00-15:30	Rundsim						Snabb-bana	SPIF	SPIF	SPIF	SPIF		Intensiv Sim	Intensiv Sim	15:00-15:30
15:30-16:00								SPIF	SPIF	SPIF	SPIF			SK Neptun	15:30-16:00
16:00-16:30								SPIF	SPIF	SPIF	SPIF			SK Neptun	16:00-16:30
16:30-17:00								SPIF	SPIF	SPIF	SPIF			SK Neptun	16:30-17:00
17:00-17:30								SPIF	SPIF	SPIF	SPIF	SK Neptun	Intensiv Sim	Intensiv Sim	17:00-17:30
17:30-18:00								SPIF	SPIF	SPIF	SPIF	SK Neptun	Intensiv Sim	Intensiv Sim	17:30-18:00
18:00-18:30								SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	18:00-18:30
18:30-19:00								SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	18:30-19:00
19:00-19:30								SPIF	SPIF	SPIF	SPIF	Hellas	Hellas	Hellas	19:00-19:30
19:30-20:00								SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	Hellas	Hellas	Hellas	19:30-20:00
20:00-20:30								SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	Hellas	Hellas	Hellas	20:00-20:30
								SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters				20:30-21:00

Med reservation för ändringar

Onsdag			0	1	2	3	4	5	6	7	8	9	10	11	21-maj
06:00-06:30	Rundsim						Snabb-bana	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:00-06:30
06:30-07:00								Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:30-07:00
07:00-07:30								Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	07:00-07:30
07:30-08:00								Team Snabbare	Team Snabbare				IDF	IDF	07:30-08:00
08:00-08:30								Team Snabbare	Team Snabbare				IDF	IDF	08:00-08:30
08:30-09:00								Lekbanor		Bröstsim	Crawl	Crawl	Snabb-bana	Skola	Skola
09:00-09:30	IDF Simskola	IDF Simskola	09:00-09:30												
09:30-10:00	IDF Simskola	IDF Simskola	09:30-10:00												
10:00-10:30	IDF Simskola	IDF Simskola	10:00-10:30												
10:30-11:00			10:30-11:00												
11:00-11:30			11:00-11:30												
11:30-12:00			11:30-12:00												
12:00-12:30	IDF Simskola	IDF Simskola	12:00-12:30												
12:30-13:00	IDF Simskola	IDF Simskola	12:30-13:00												
13:00-13:30	IDF Simskola	IDF Simskola	13:00-13:30												
13:30-14:00	IDF Simskola	IDF Simskola	13:30-14:00												
14:00-14:30			14:00-14:30												
14:30-15:00	Intensiv Sim	Intensiv Sim	14:30-15:00												
15:00-15:30	Rundsim					Snabb-bana						Intensiv Sim	Intensiv Sim	15:00-15:30	
15:30-16:00											SK Neptun	SK Neptun	SK Neptun	15:30-16:00	
16:00-16:30											SK Neptun	SK Neptun	SK Neptun	16:00-16:30	
16:30-17:00											SK Neptun	SK Neptun	SK Neptun	16:30-17:00	
17:00-17:30							SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:00-17:30	
17:30-18:00							SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:30-18:00	
18:00-18:30							SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:00-18:30	
18:30-19:00							SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:30-19:00	
19:00-19:30							SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	19:00-19:30	
19:30-20:00							SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	19:30-20:00	
20:00-20:30															
								SPIF Masters	SPIF Masters	SPIF Masters	Sthlm Dolphins	Sthlm Dolphins	APNEA	APNEA	20:00-20:30
								SPIF Masters	SPIF Masters	SPIF Masters	Sthlm Dolphins	Sthlm Dolphins	APNEA	APNEA	20:30-21:00

Med reservation för ändringar

Torsdag			0	1	2	3	4	5	6	7	8	9	10	11	22-maj				
06:00-06:30	Rundsim														06:00-06:30				
06:30-07:00								SCT	SCT	SCT	SCT				06:30-07:00				
07:00-07:30								SCT	SCT	SCT	SCT				07:00-07:30				
07:30-08:00													Evli	Evli	07:30-08:00				
08:00-08:30													Evli	Evli	08:00-08:30				
08:30-09:00								Lekbanor		Bröstsim	Crawl	Crawl	Snabb-bana	Skola	Skola	Skola	Skola	Skola	IDF Simskola
09:00-09:30	IDF Simskola	IDF Simskola	09:00-09:30																
09:30-10:00	IDF Simskola	IDF Simskola	09:30-10:00																
10:00-10:30	IDF Simskola	IDF Simskola	10:00-10:30																
10:30-11:00			10:30-11:00																
11:00-11:30			11:00-11:30																
11:30-12:00			11:30-12:00																
12:00-12:30	IDF Simskola	IDF Simskola	12:00-12:30																
12:30-13:00	IDF Simskola	IDF Simskola	12:30-13:00																
13:00-13:30	IDF Simskola	IDF Simskola	13:00-13:30																
13:30-14:00	IDF Simskola	IDF Simskola	13:30-14:00																
14:00-14:30			14:00-14:30																
14:30-15:00	Intensiv Sim	Intensiv Sim	14:30-15:00																
15:00-15:30	Intensiv Sim	Intensiv Sim	15:00-15:30																
15:30-16:00	Rundsim													15:30-16:00					
16:00-16:30														16:00-16:30					
16:30-17:00														16:30-17:00					
17:00-17:30												SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	17:00-17:30	
17:30-18:00												SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	17:30-18:00	
18:00-18:30												SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	18:00-18:30	
18:30-19:00												SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	18:30-19:00	
19:00-19:30												SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	Neptun Masters	Neptun Masters	Neptun Masters	19:00-19:30
19:30-20:00												SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	Neptun Masters	Neptun Masters	Neptun Masters	19:30-20:00
20:00-20:30												SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	Neptun Masters	Neptun Masters	Neptun Masters	20:00-20:30
								SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	Neptun Masters	Neptun Masters	Neptun Masters	20:30-21:00				

Med reservation för ändringar

Fredag			0	1	2	3	4	5	6	7	8	9	10	11	23-maj
06:00-06:30	Rundsim						Snabb-bana	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:00-06:30
06:30-07:00								Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:30-07:00
07:00-07:30								Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	APNEA	APNEA	07:00-07:30
07:30-08:00								SPIF Masters	SPIF Masters				APNEA	APNEA	07:30-08:00
08:00-08:30								SPIF Masters	SPIF Masters				APNEA	APNEA	08:00-08:30
08:30-09:00	Lekbanor	Bröstsim	Crawl	Crawl				Skola	Skola	Skola	Skola	Skola	IDF Simskola	IDF Simskola	08:30-09:00
09:00-09:30													IDF Simskola	IDF Simskola	09:00-09:30
09:30-10:00													IDF Simskola	IDF Simskola	09:30-10:00
10:00-10:30													IDF Simskola	IDF Simskola	10:00-10:30
10:30-11:00															10:30-11:00
11:00-11:30													U. Hausmann	U. Hausmann	11:00-11:30
11:30-12:00													U. Hausmann	U. Hausmann	11:30-12:00
12:00-12:30													IDF Simskola	IDF Simskola	12:00-12:30
12:30-13:00													IDF Simskola	IDF Simskola	12:30-13:00
13:00-13:30													IDF Simskola	IDF Simskola	13:00-13:30
13:30-14:00	Rundsim							SPIF	SPIF	SPIF	SPIF				14:00-14:30
14:00-14:30															14:00-14:30
14:30-15:00													Intensiv Sim	Intensiv Sim	14:30-15:00
15:00-15:30													Intensiv Sim	Intensiv Sim	15:00-15:30
15:30-16:00													SK Neptun	SK Neptun	15:30-16:00
16:00-16:30													SK Neptun	SK Neptun	16:00-16:30
16:30-17:00													SK Neptun	SK Neptun	16:30-17:00
17:00-17:30													SK Neptun	SK Neptun	17:00-17:30
17:30-18:00													SK Neptun	SK Neptun	17:30-18:00
18:00-18:30													SK Neptun	SK Neptun	18:00-18:30
18:30-19:00													SK Neptun	SK Neptun	18:30-19:00
19:00-19:30										SPIF Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	19:00-19:30
										SPIF Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	19:30-20:00

Med reservation för ändringar

Lördag			0	1	2	3	4	5	6	7	8	9	10	11	24-maj			
											Neptuniaden	Neptuniaden	Neptuniaden	Neptuniaden	07:45-08:00			
08:00-08:30	Rundsim	Bröstsimsim	Crawl	Crawl	Snabb-bana				08:00-08:30									
08:30-09:00									08:30-09:00									
09:00-09:30									09:00-09:30									
09:30-10:00									09:30-10:00									
10:00-10:30						Lekbanor				10:00-10:30								
10:30-11:00									10:30-11:00									
11:00-11:30	Sthlm Dolpins						Sthlm Dolpins	Sthlm Dolpins	11:00-11:30									
11:30-12:00	Sthlm Dolpins						Sthlm Dolpins	Sthlm Dolpins	11:30-12:00									
12:00-12:30	Sthlm Dolpins						Sthlm Dolpins	Sthlm Dolpins	12:00-12:30									
12:30-13:00									12:30-13:00									
13:00-13:30									13:00-13:30									
13:30-14:00									13:30-14:00									
14:00-14:30									14:00-14:30									
14:30-15:00								14:30-15:00										
15:00-15:30	Rundsim								15:00-15:30									
15:30-16:00									15:30-16:00									
16:00-16:30									16:00-16:30									
16:30-17:00									16:30-17:00									
17:00-17:30									17:00-17:30									
17:30-18:00									17:30-18:00									
18:00-18:30									18:00-18:30									
																		18:30-19:00

Med reservation för ändringar

Söndag			0	1	2	3	4	5	6	7	8	9	10	11	25-maj
								Team TT	Neptun Masters	Neptun Masters					07:45-08:00
08:00-08:30								Team TT	Neptun Masters	Neptun Masters					08:00-08:30
08:30-09:00								Team TT	Neptun Masters	Neptun Masters					08:30-09:00
09:00-09:30															09:00-09:30
09:30-10:00															09:30-10:00
10:00-10:30															10:00-10:30
10:30-11:00															10:30-11:00
11:00-11:30															11:00-11:30
11:30-12:00															11:30-12:00
12:00-12:30															12:00-12:30
12:30-13:00															12:30-13:00
13:00-13:30								IDF	IDF	IDF					13:00-13:30
13:30-14:00								IDF	IDF	IDF					13:30-14:00
14:00-14:30								SK Neptun	SK Neptun	SK Neptun					14:00-14:30
14:30-15:00								SK Neptun	SK Neptun	SK Neptun					14:30-15:00
15:00-15:30								SK Neptun	SK Neptun	SK Neptun					15:00-15:30
15:30-16:00								SK Neptun	SK Neptun	SK Neptun					15:30-16:00
16:00-16:30															16:00-16:30
16:30-17:00															16:30-17:00
17:00-17:30								SPIF Masters	SPIF Masters	SPIF Masters					17:00-17:30
17:30-18:00								SPIF Masters	SPIF Masters	SPIF Masters					17:30-18:00
18:00-18:30								SPIF Masters	SPIF Masters	SPIF Masters					18:00-18:30
18:30-19:00								SPIF Masters	SPIF Masters	SPIF Masters					18:30-19:00
19:00-19:30								SPIF Masters	SPIF Masters	SPIF Masters					19:00-19:30
19:30-20:00															19:30-20:00

Med reservation för ändringar

Måndag			0	1	2	3	4	5	6	7	8	9	10	11	26-maj	
06:00-06:30	Rundsim	Bröstsim	Crawl	Crawl	Snabb-bana	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:00-06:30	
06:30-07:00						Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:30-07:00
07:00-07:30						Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	07:00-07:30
07:30-08:00						Team Snabbare	Team Snabbare				Evli	Evli		07:30-08:00		
08:00-08:30						Team Snabbare	Team Snabbare				Evli	Evli		08:00-08:30		
08:30-09:00						Skola	Skola	Skola	Skola	Skola	IDF Simskola	IDF Simskola			08:30-09:00	
09:00-09:30	IDF Simskola										IDF Simskola			09:00-09:30		
09:30-10:00	IDF Simskola										IDF Simskola			09:30-10:00		
10:00-10:30	IDF Simskola										IDF Simskola			10:00-10:30		
10:30-11:00	SPIF Masters										SPIF Masters			10:30-11:00		
11:00-11:30	SPIF Masters										SPIF Masters			11:00-11:30		
11:30-12:00	SPIF Masters										SPIF Masters			11:30-12:00		
12:00-12:30	IDF Simskola										IDF Simskola			12:00-12:30		
12:30-13:00	IDF Simskola										IDF Simskola			12:30-13:00		
13:00-13:30	IDF Simskola										IDF Simskola			13:00-13:30		
13:30-14:00	IDF Simskola										IDF Simskola			13:30-14:00		
14:00-14:30														14:00-14:30		
14:30-15:00	Intensiv Sim										Intensiv Sim			14:30-15:00		
15:00-15:30	Intensiv Sim					Intensiv Sim			15:00-15:30							
15:30-16:00	Rundsim					SPIF	SPIF	SPIF	SPIF				15:30-16:00			
16:00-16:30		SPIF	SPIF	SPIF	SPIF				16:00-16:30							
16:30-17:00		SPIF	SPIF	SPIF	SPIF				16:30-17:00							
17:00-17:30		SPIF	SPIF	SPIF	SPIF				17:00-17:30							
17:30-18:00		SPIF	SPIF	SPIF	SPIF				17:30-18:00							
18:00-18:30		SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	18:00-18:30							
18:30-19:00		SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	18:30-19:00							
19:00-19:30		SPIF	SPIF	SPIF	SPIF	Hellas	Hellas	Hellas	19:00-19:30							
19:30-20:00		SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	Hellas	Hellas	Hellas	19:30-20:00							
20:00-20:30		SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	Hellas	Hellas	Hellas	20:00-20:30							
								SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters			20:30-21:00		

Med reservation för ändringar

Tisdag			0	1	2	3	4	5	6	7	8	9	10	11	27-maj
06:00-06:30	Rundsim														06:00-06:30
06:30-07:00									SCT	SCT	SCT	SCT	APNEA	APNEA	06:30-07:00
07:00-07:30									SCT	SCT	SCT	SCT	APNEA	APNEA	07:00-07:30
07:30-08:00													APNEA	APNEA	07:30-08:00
08:00-08:30													APNEA	APNEA	08:00-08:30
08:30-09:00	Lekbanor	Bröstsim	Crawl	Crawl	Snabb-bana			Skola	Skola	Skola	Skola	Skola	Neptun/SPIF	Neptun/SPIF	08:30-09:00
09:00-09:30													Neptun/SPIF	Neptun/SPIF	09:00-09:30
09:30-10:00													Neptun/SPIF	Neptun/SPIF	09:30-10:00
10:00-10:30															10:00-10:30
10:30-11:00															10:30-11:00
11:00-11:30															11:00-11:30
11:30-12:00															11:30-12:00
12:00-12:30															12:00-12:30
12:30-13:00															12:30-13:00
13:00-13:30															13:00-13:30
13:30-14:00	Rundsim							NEC	NEC	NEC	NEC				13:30-14:00
14:00-14:30								NEC	NEC	NEC	NEC				14:00-14:30
14:30-15:00								NEC	NEC	NEC	NEC				14:30-15:00
15:00-15:30								NEC	NEC	NEC	NEC				15:00-15:30
15:30-16:00								NEC	NEC	NEC	NEC				15:30-16:00
16:00-16:30								NEC	NEC	NEC	NEC				16:00-16:30
16:30-17:00								SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:30-17:00
17:00-17:30								SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:00-17:30
17:30-18:00								SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:30-18:00
18:00-18:30								SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:00-18:30
18:30-19:00								SPIF	SPIF	SPIF	Hellas	Hellas	Hellas	Hellas	18:30-19:00
19:00-19:30								Älvsjö AIK	Älvsjö AIK	Älvsjö AIK	Hellas	Hellas	Hellas	Hellas	19:00-19:30
19:30-20:00								Älvsjö AIK	Älvsjö AIK	Älvsjö AIK	Hellas	Hellas	Hellas	Hellas	19:30-20:00
20:00-20:30								Älvsjö AIK	Älvsjö AIK	Älvsjö AIK	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	20:00-20:30
								Älvsjö AIK	Älvsjö AIK	Älvsjö AIK	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	20:30-21:00

Med reservation för ändringar

Onsdag			0	1	2	3	4	5	6	7	8	9	10	11	28-maj
06:00-06:30	Rundsim						Snabb-bana	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:00-06:30
06:30-07:00								Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:30-07:00
07:00-07:30								Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	07:00-07:30
07:30-08:00								Team Snabbare	Team Snabbare						07:30-08:00
08:00-08:30								Team Snabbare	Team Snabbare						08:00-08:30
08:30-09:00								Lekbanor		Bröstsim	Crawl	Crawl	Snabb-bana	Skola	Skola
09:00-09:30	Neptun/SPIF	Neptun/SPIF	09:00-09:30												
09:30-10:00	Neptun/SPIF	Neptun/SPIF	09:30-10:00												
10:00-10:30			10:00-10:30												
10:30-11:00			10:30-11:00												
11:00-11:30			11:00-11:30												
11:30-12:00			11:30-12:00												
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13:30-14:00			13:30-14:00												
14:00-14:30			14:00-14:30												
14:30-15:00			14:30-15:00												
15:00-15:30	Rundsim					Snabb-bana								15:00-15:30	
15:30-16:00														15:30-16:00	
16:00-16:30														16:00-16:30	
16:30-17:00														16:30-17:00	
17:00-17:30							SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:00-17:30	
17:30-18:00							SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:30-18:00	
18:00-18:30							SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:00-18:30	
18:30-19:00							SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:30-19:00	
19:00-19:30							SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	19:00-19:30	
19:30-20:00							SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	19:30-20:00	
20:00-20:30							SPIF Masters	SPIF Masters	SPIF Masters	Sthlm Dolphins	Sthlm Dolphins	APNEA	APNEA	20:00-20:30	
								SPIF Masters	SPIF Masters	SPIF Masters	Sthlm Dolphins	Sthlm Dolphins	APNEA	APNEA	20:30-21:00

Med reservation för ändringar

Torsdag			0	1	2	3	4	5	6	7	8	9	10	11	29-maj
06:00-06:30	Konstsim (SK Neptun)														06:00-06:30
06:30-07:00															06:30-07:00
07:00-07:30															07:00-07:30
07:30-08:00															07:30-08:00
08:00-08:30															08:00-08:30
08:30-09:00															08:30-09:00
09:00-09:30															09:00-09:30
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19:00-19:30															19:00-19:30
19:30-20:00															19:30-20:00
20:00-20:30															20:00-20:30
															20:30-21:00

Med reservation för ändringar

Fredag			0	1	2	3	4	5	6	7	8	9	10	11	30-maj
06:00-06:30	Rundsim						Snabb-bana	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:00-06:30
06:30-07:00								Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:30-07:00
07:00-07:30								Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	APNEA	APNEA	07:00-07:30
07:30-08:00													APNEA	APNEA	07:30-08:00
08:00-08:30													APNEA	APNEA	08:00-08:30
08:30-09:00	Lekbanor	Bröstsim	Crawl	Crawl				Skola	Skola	Skola	Skola	Skola			08:30-09:00
09:00-09:30															09:00-09:30
09:30-10:00															09:30-10:00
10:00-10:30															10:00-10:30
10:30-11:00															10:30-11:00
11:00-11:30															11:00-11:30
11:30-12:00															11:30-12:00
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12:30-13:00															12:30-13:00
13:00-13:30															13:00-13:30
13:30-14:00	Rundsim							SPIF	SPIF	SPIF	SPIF				13:30-14:00
14:00-14:30															14:00-14:30
14:30-15:00															14:30-15:00
15:00-15:30															15:00-15:30
15:30-16:00															15:30-16:00
16:00-16:30															16:00-16:30
16:30-17:00															16:30-17:00
17:00-17:30								SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:00-17:30
17:30-18:00								SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:30-18:00
18:00-18:30								SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:00-18:30
18:30-19:00								SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:30-19:00
19:00-19:30											Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	19:00-19:30
											Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	19:30-20:00

Med reservation för ändringar

Lördag			0	1	2	3	4	5	6	7	8	9	10	11	31-maj	
								SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	07:45-08:00	
08:00-08:30	Rundsim							SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	08:00-08:30	
08:30-09:00								SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	08:30-09:00	
09:00-09:30								SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	09:00-09:30	
09:30-10:00								SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	09:30-10:00	
10:00-10:30								Lekbanor								
10:30-11:00																10:30-11:00
11:00-11:30						Sthlm Dolphins	Sthlm Dolphins								Sthlm Dolphins	11:00-11:30
11:30-12:00						Sthlm Dolphins	Sthlm Dolphins								Sthlm Dolphins	11:30-12:00
12:00-12:30						Sthlm Dolphins	Sthlm Dolphins								Sthlm Dolphins	12:00-12:30
12:30-13:00																12:30-13:00
13:00-13:30																13:00-13:30
13:30-14:00																13:30-14:00
14:00-14:30																14:00-14:30
14:30-15:00																14:30-15:00
15:00-15:30	Rundsim														15:00-15:30	
15:30-16:00															15:30-16:00	
16:00-16:30															16:00-16:30	
16:30-17:00															16:30-17:00	
17:00-17:30															17:00-17:30	
17:30-18:00															17:30-18:00	
18:00-18:30														18:00-18:30		
														18:30-19:00		

Med reservation för ändringar

Söndag			0	1	2	3	4	5	6	7	8	9	10	11	01-jun		
								Team TT	Team TT	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters		07:45-08:00		
08:00-08:30	Rundsim	Bröstsimsim	Crawl	Crawl	Snabb-bana	Team TT	Team TT	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters			08:00-08:30			
08:30-09:00						Team TT	Team TT	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters		08:30-09:00				
09:00-09:30													09:00-09:30				
09:30-10:00													09:30-10:00				
10:00-10:30													10:00-10:30				
10:30-11:00	Lekbanor																10:30-11:00
11:00-11:30																	11:00-11:30
11:30-12:00																	11:30-12:00
12:00-12:30																	12:00-12:30
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14:00-14:30																	14:00-14:30
14:30-15:00																	14:30-15:00
15:00-15:30	Rundsim																15:00-15:30
15:30-16:00																	15:30-16:00
16:00-16:30																	16:00-16:30
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19:00-19:30																	19:00-19:30
19:30-20:00																	19:30-20:00

Med reservation för ändringar