

Måndag			0	1	2	3	4	5	6	7	8	9	10	11	19-maj
06:00-06:30	Rundsim						Snabb-bana	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:00-06:30
06:30-07:00								Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:30-07:00
07:00-07:30								Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	07:00-07:30
07:30-08:00								Team Snabbare	Team Snabbare				Evli	Evli	07:30-08:00
08:00-08:30								Team Snabbare	Team Snabbare				Evli	Evli	08:00-08:30
08:30-09:00								Lekbanor		Bröstsim	Crawl	Crawl	Skola	Skola	Skola
09:00-09:30	IDF Simskola	IDF Simskola	09:00-09:30												
09:30-10:00	IDF Simskola	IDF Simskola	09:30-10:00												
10:00-10:30	IDF Simskola	IDF Simskola	10:00-10:30												
10:30-11:00	SPIF Masters	SPIF Masters	10:30-11:00												
11:00-11:30	SPIF Masters	SPIF Masters	11:00-11:30												
11:30-12:00	SPIF Masters	SPIF Masters	11:30-12:00												
12:00-12:30	IDF Simskola	IDF Simskola	12:00-12:30												
12:30-13:00	IDF Simskola	IDF Simskola	12:30-13:00												
13:00-13:30	IDF Simskola	IDF Simskola	13:00-13:30												
13:30-14:00	IDF Simskola	IDF Simskola	13:30-14:00												
14:00-14:30			14:00-14:30												
14:30-15:00	Intensiv Sim	Intensiv Sim	14:30-15:00												
15:00-15:30	Intensiv Sim	Intensiv Sim	15:00-15:30												
15:30-16:00		SK Neptun	15:30-16:00												
16:00-16:30		SK Neptun	16:00-16:30												
16:30-17:00		SK Neptun	16:30-17:00												
17:00-17:30	Rundsim									SK Neptun	Intensiv Sim	Intensiv Sim	17:00-17:30		
17:30-18:00											Intensiv Sim	Intensiv Sim	17:30-18:00		
18:00-18:30											SK Neptun	SK Neptun	SK Neptun	18:00-18:30	
18:30-19:00											SK Neptun	SK Neptun	SK Neptun	18:30-19:00	
19:00-19:30											Hellas	Hellas	Hellas	19:00-19:30	
19:30-20:00											Hellas	Hellas	Hellas	19:30-20:00	
20:00-20:30								SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters			20:00-20:30	
								SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters				20:30-21:00

Med reservation för ändringar

Onsdag			0	1	2	3	4	5	6	7	8	9	10	11	21-maj		
06:00-06:30	Rundsim						Snabb-bana	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:00-06:30		
06:30-07:00								Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:30-07:00		
07:00-07:30								Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	07:00-07:30		
07:30-08:00								Team Snabbare	Team Snabbare				IDF	IDF	07:30-08:00		
08:00-08:30								Team Snabbare	Team Snabbare				IDF	IDF	08:00-08:30		
08:30-09:00								Lekbanor		Bröstsim	Crawl	Crawl	Skola	Skola	Skola	Skola	Skola
09:00-09:30	IDF Simskola	IDF Simskola	09:00-09:30														
09:30-10:00	IDF Simskola	IDF Simskola	09:30-10:00														
10:00-10:30	IDF Simskola	IDF Simskola	10:00-10:30														
10:30-11:00			10:30-11:00														
11:00-11:30			11:00-11:30														
11:30-12:00			11:30-12:00														
12:00-12:30	IDF Simskola	IDF Simskola	12:00-12:30														
12:30-13:00	IDF Simskola	IDF Simskola	12:30-13:00														
13:00-13:30	IDF Simskola	IDF Simskola	13:00-13:30														
13:30-14:00	IDF Simskola	IDF Simskola	13:30-14:00														
14:00-14:30			14:00-14:30														
14:30-15:00	Intensiv Sim	Intensiv Sim	14:30-15:00														
15:00-15:30	Rundsim										Intensiv Sim	Intensiv Sim	15:00-15:30				
15:30-16:00														SK Neptun	SK Neptun	SK Neptun	15:30-16:00
16:00-16:30														SK Neptun	SK Neptun	SK Neptun	16:00-16:30
16:30-17:00														SK Neptun	SK Neptun	SK Neptun	16:30-17:00
17:00-17:30											SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:00-17:30
17:30-18:00											SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:30-18:00
18:00-18:30											SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:00-18:30
18:30-19:00											SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:30-19:00
19:00-19:30											SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	19:00-19:30
19:30-20:00											SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	19:30-20:00
20:00-20:30											SPIF Masters	SPIF Masters	SPIF Masters	Sthlm Dolphins	Sthlm Dolphins	APNEA	APNEA
								SPIF Masters	SPIF Masters	SPIF Masters	Sthlm Dolphins	Sthlm Dolphins	APNEA	APNEA	20:30-21:00		

Med reservation för ändringar

Torsdag			0	1	2	3	4	5	6	7	8	9	10	11	22-maj
06:00-06:30	Rundsim														06:00-06:30
06:30-07:00								SCT	SCT	SCT	SCT				06:30-07:00
07:00-07:30								SCT	SCT	SCT	SCT				07:00-07:30
07:30-08:00													Evli	Evli	07:30-08:00
08:00-08:30													Evli	Evli	08:00-08:30
08:30-09:00								Lekbanor		Bröstsim	Crawl	Crawl	Snabb-bana	Skola	Skola
09:00-09:30	IDF Simskola	IDF Simskola	09:00-09:30												
09:30-10:00	IDF Simskola	IDF Simskola	09:30-10:00												
10:00-10:30	IDF Simskola	IDF Simskola	10:00-10:30												
10:30-11:00			10:30-11:00												
11:00-11:30			11:00-11:30												
11:30-12:00			11:30-12:00												
12:00-12:30	IDF Simskola	IDF Simskola	12:00-12:30												
12:30-13:00	IDF Simskola	IDF Simskola	12:30-13:00												
13:00-13:30	IDF Simskola	IDF Simskola	13:00-13:30												
13:30-14:00	IDF Simskola	IDF Simskola	13:30-14:00												
14:00-14:30			14:00-14:30												
14:30-15:00	Intensiv Sim	Intensiv Sim	14:30-15:00												
15:00-15:30	Intensiv Sim	Intensiv Sim	15:00-15:30												
15:30-16:00			15:30-16:00												
16:00-16:30			16:00-16:30												
16:30-17:00			16:30-17:00												
17:00-17:30	Rundsim							SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	17:00-17:30
17:30-18:00								SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	17:30-18:00
18:00-18:30								SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	18:00-18:30
18:30-19:00								SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	18:30-19:00
19:00-19:30								SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	Neptun Masters	Neptun Masters	Neptun Masters	19:00-19:30
19:30-20:00								SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	Neptun Masters	Neptun Masters	Neptun Masters	19:30-20:00
20:00-20:30								SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	Neptun Masters	Neptun Masters	Neptun Masters	20:00-20:30
								SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	Neptun Masters	Neptun Masters	Neptun Masters	20:30-21:00

Med reservation för ändringar

Fredag			0	1	2	3	4	5	6	7	8	9	10	11	23-maj
06:00-06:30	Rundsim						Snabb-bana	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:00-06:30
06:30-07:00								Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:30-07:00
07:00-07:30								Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	APNEA	APNEA	07:00-07:30
07:30-08:00								SPIF Masters	SPIF Masters				APNEA	APNEA	07:30-08:00
08:00-08:30								SPIF Masters	SPIF Masters				APNEA	APNEA	08:00-08:30
08:30-09:00								Skola	Skola	Skola	Skola	Skola	IDF Simskola	IDF Simskola	08:30-09:00
09:00-09:30	IDF Simskola	IDF Simskola	09:00-09:30												
09:30-10:00	IDF Simskola	IDF Simskola	09:30-10:00												
10:00-10:30	IDF Simskola	IDF Simskola	10:00-10:30												
10:30-11:00			10:30-11:00												
11:00-11:30	U. Hausmann	U. Hausmann	11:00-11:30												
11:30-12:00	U. Hausmann	U. Hausmann	11:30-12:00												
12:00-12:30	IDF Simskola	IDF Simskola	12:00-12:30												
12:30-13:00	IDF Simskola	IDF Simskola	12:30-13:00												
13:00-13:30	IDF Simskola	IDF Simskola	13:00-13:30												
13:30-14:00	IDF Simskola	IDF Simskola	13:30-14:00												
14:00-14:30			14:00-14:30												
14:30-15:00	Intensiv Sim	Intensiv Sim	14:30-15:00												
15:00-15:30	Intensiv Sim	Intensiv Sim	15:00-15:30												
15:30-16:00	SK Neptun	SK Neptun	15:30-16:00												
16:00-16:30	SK Neptun	SK Neptun	16:00-16:30												
16:30-17:00	SK Neptun	SK Neptun	16:30-17:00												
17:00-17:30	SK Neptun	SK Neptun	17:00-17:30												
17:30-18:00	SK Neptun	SK Neptun	17:30-18:00												
18:00-18:30	SK Neptun	SK Neptun	18:00-18:30												
18:30-19:00	SK Neptun	SK Neptun	18:30-19:00												
19:00-19:30			SPIF Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	19:00-19:30							
			SPIF Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	19:30-20:00							

Med reservation för ändringar

Lördag			0	1	2	3	4	5	6	7	8	9	10	11	24-maj				
											Neptuniaden	Neptuniaden	Neptuniaden	Neptuniaden	07:45-08:00				
08:00-08:30	Rundsim	Bröstsimsim	Crawl	Crawl	Snabb-bana				08:00-08:30										
08:30-09:00									08:30-09:00										
09:00-09:30									09:00-09:30										
09:30-10:00									09:30-10:00										
10:00-10:30						Lekbanor				10:00-10:30									
10:30-11:00									10:30-11:00										
11:00-11:30	Sthlm Dolpins						Sthlm Dolpins	Sthlm Dolpins	11:00-11:30										
11:30-12:00	Sthlm Dolpins						Sthlm Dolpins	Sthlm Dolpins	11:30-12:00										
12:00-12:30	Sthlm Dolpins						Sthlm Dolpins	Sthlm Dolpins	12:00-12:30										
12:30-13:00									12:30-13:00										
13:00-13:30									13:00-13:30										
13:30-14:00									13:30-14:00										
14:00-14:30									14:00-14:30										
14:30-15:00								14:30-15:00											
15:00-15:30	Rundsim								15:00-15:30										
15:30-16:00									15:30-16:00										
16:00-16:30									16:00-16:30										
16:30-17:00									16:30-17:00										
17:00-17:30									17:00-17:30										
17:30-18:00									17:30-18:00										
18:00-18:30									18:00-18:30										
															18:30-19:00				

Med reservation för ändringar

Söndag			0	1	2	3	4	5	6	7	8	9	10	11	25-maj
								Team TT	Neptun Masters	Neptun Masters					07:45-08:00
08:00-08:30								Team TT	Neptun Masters	Neptun Masters					08:00-08:30
08:30-09:00								Team TT	Neptun Masters	Neptun Masters					08:30-09:00
09:00-09:30															09:00-09:30
09:30-10:00															09:30-10:00
10:00-10:30															10:00-10:30
10:30-11:00															10:30-11:00
11:00-11:30															11:00-11:30
11:30-12:00															11:30-12:00
12:00-12:30															12:00-12:30
12:30-13:00															12:30-13:00
13:00-13:30								IDF	IDF	IDF					13:00-13:30
13:30-14:00								IDF	IDF	IDF					13:30-14:00
14:00-14:30								SK Neptun	SK Neptun	SK Neptun					14:00-14:30
14:30-15:00								SK Neptun	SK Neptun	SK Neptun					14:30-15:00
15:00-15:30								SK Neptun	SK Neptun	SK Neptun					15:00-15:30
15:30-16:00								SK Neptun	SK Neptun	SK Neptun					15:30-16:00
16:00-16:30															16:00-16:30
16:30-17:00															16:30-17:00
17:00-17:30								SPIF Masters	SPIF Masters	SPIF Masters					17:00-17:30
17:30-18:00								SPIF Masters	SPIF Masters	SPIF Masters					17:30-18:00
18:00-18:30								SPIF Masters	SPIF Masters	SPIF Masters					18:00-18:30
18:30-19:00								SPIF Masters	SPIF Masters	SPIF Masters					18:30-19:00
19:00-19:30								SPIF Masters	SPIF Masters	SPIF Masters					19:00-19:30
19:30-20:00															19:30-20:00

Med reservation för ändringar