

Måndag		0	1	2	3	4	5	6	7	8	9	10	11	02-feb
06:00-06:30	Rundsim	Bröstsim				Snabb-bana	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:00-06:30
06:30-07:00							Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:30-07:00
07:00-07:30							Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	07:00-07:30
07:30-08:00							Neptun Masters	Neptun Masters	EVLI	EVLI	Team Snabbare	Team Snabbare	Team Snabbare	07:30-08:00
08:00-08:30							Neptun Masters	Neptun Masters	EVLI	EVLI	Team Snabbare	Team Snabbare	Team Snabbare	08:00-08:30
08:30-09:00							Skola	Skola	Skola	Skola	Skola	IDF Skolsim	IDF Skolsim	08:30-09:00
09:00-09:30	IDF Skolsim			IDF Skolsim	09:00-09:30									
09:30-10:00	IDF Skolsim			IDF Skolsim	09:30-10:00									
10:00-10:30	IDF Skolsim			IDF Skolsim	10:00-10:30									
10:30-11:00	IDF Skolsim			IDF Skolsim	10:30-11:00									
11:00-11:30	SPIF Masters			SPIF Masters	11:00-11:30									
11:30-12:00	SPIF Masters			SPIF Masters	11:30-12:00									
12:00-12:30	SPIF Masters			SPIF Masters	12:00-12:30									
12:30-13:00	IDF Skolsim			IDF Skolsim	12:30-13:00									
13:00-13:30	IDF Skolsim			IDF Skolsim	13:00-13:30									
13:30-14:00	IDF Skolsim			IDF Skolsim	13:30-14:00									
14:00-14:30	IDF Skolsim			IDF Skolsim	14:00-14:30									
14:30-15:00	IDF Skolsim			IDF Skolsim	14:30-15:00									
15:00-15:30	Rundsim			SPIF	SPIF		SPIF	SPIF	SK Neptun	IDF Skolsim	IDF Skolsim	15:00-15:30		
15:30-16:00				SPIF	SPIF		SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	15:30-16:00		
16:00-16:30				SPIF	SPIF		SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	16:00-16:30		
16:30-17:00				SPIF	SPIF		SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	16:30-17:00		
17:00-17:30				SPIF	SPIF		SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	17:00-17:30		
17:30-18:00				SPIF	SPIF		SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	17:30-18:00		
18:00-18:30				SPIF	SPIF		SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	18:00-18:30		
18:30-19:00				SPIF	SPIF		SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	18:30-19:00		
19:00-19:30				SPIF	SPIF		SPIF	SPIF	Hellas	Hellas	Hellas	19:00-19:30		
19:30-20:00				SPIF	SPIF		SPIF	SPIF	Hellas	Hellas	Hellas	19:30-20:00		
20:00-20:30				SPIF	SPIF		SPIF	SPIF	Hellas	Hellas	Hellas	20:00-20:30		
20:30-21:00				SPIF Masters	SPIF Masters		SPIF Masters	SPIF Masters	Hellas	Hellas	Hellas	20:30-21:00		
21:00-21:30				SPIF Masters	SPIF Masters		SPIF Masters	SPIF Masters	Apnea	Apnea	Apnea	21:00-21:30		
21:30-22:00										SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	Apnea

[illegible]

Onsdag		0	1	2	3	4	5	6	7	8	9	10	11	04-feb			
06:00-06:30	Rundsim	Bröstsimsim				Snabb-bana	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:00-06:30			
06:30-07:00							Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:30-07:00			
07:00-07:30							Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	07:00-07:30			
07:30-08:00								Team Jarla	Team Jarla	EVLI	EVLI	Team Snabbare	Team Snabbare	07:30-08:00			
08:00-08:30								Team Jarla	Team Jarla	EVLI	EVLI	Team Snabbare	Team Snabbare	08:00-08:30			
08:30-09:00							Skola	Skola	Skola	Skola	Skola	IDF Skolsim	IDF Skolsim	08:30-09:00			
09:00-09:30	IDF Skolsim			IDF Skolsim	09:00-09:30												
09:30-10:00	IDF Skolsim			IDF Skolsim	09:30-10:00												
10:00-10:30	IDF Skolsim			IDF Skolsim	10:00-10:30												
10:30-11:00	IDF Skolsim			IDF Skolsim	10:30-11:00												
11:00-11:30					11:00-11:30												
11:30-12:00	Neptun Masters			Neptun Masters	11:30-12:00												
12:00-12:30	Neptun Masters			Neptun Masters	12:00-12:30												
12:30-13:00					12:30-13:00												
13:00-13:30				SimCoachen A.R.	13:00-13:30												
13:30-14:00				SimCoachen A.R.	13:30-14:00												
14:00-14:30					14:00-14:30												
14:30-15:00					14:30-15:00												
15:00-15:30	Rundsim									SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:00-15:30
15:30-16:00										SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:30-16:00
16:00-16:30										SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:00-16:30
16:30-17:00										SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:30-17:00
17:00-17:30										SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:00-17:30
17:30-18:00										SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:30-18:00
18:00-18:30										SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:00-18:30
18:30-19:00										SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:30-19:00
19:00-19:30										SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	19:00-19:30
19:30-20:00										SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	19:30-20:00
20:00-20:30										SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	20:00-20:30
20:30-21:00										SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	20:30-21:00
21:00-21:30										SPIF Masters	SPIF Masters	SPIF Masters	APNEA	APNEA	APNEA	APNEA	21:00-21:30
21:30-22:00																	21:30-22:00
							SPIF Masters	SPIF Masters	SPIF Masters	APNEA	APNEA	APNEA	APNEA	21:30-22:00			

Torsdag		0	1	2	3	4	5	6	7	8	9	10	11	05-feb																														
06:00-06:30	Rundsim	Bröstsimsim				Snabb-bana	Neptun Masters	Neptun Masters	Neptun Masters					06:00-06:30																														
06:30-07:00							Neptun Masters	Neptun Masters	Neptun Masters	SCT	SCT	SCT	SCT	06:30-07:00																														
07:00-07:30							Neptun Masters	Neptun Masters	Neptun Masters	SCT	SCT	SCT	SCT	07:00-07:30																														
07:30-08:00								Länsförsäkringar	Länsförsäkringar	Neptun Masters	Neptun Masters	EVLI	EVLI	07:30-08:00																														
08:00-08:30								Länsförsäkringar	Länsförsäkringar	Neptun Masters	Neptun Masters	EVLI	EVLI	08:00-08:30																														
08:30-09:00							Lek	IDF Skolsim	IDF Skolsim	08:30-09:00																																		
09:00-09:30	IDF Skolsim			IDF Skolsim	09:00-09:30																																							
09:30-10:00											IDF Skolsim	IDF Skolsim	09:30-10:00																															
10:00-10:30														IDF Skolsim	IDF Skolsim	10:00-10:30																												
10:30-11:00																	IDF Skolsim	IDF Skolsim	10:30-11:00																									
11:00-11:30																				SPIF Masters	SPIF Masters	11:00-11:30																						
11:30-12:00																							SPIF Masters	SPIF Masters	11:30-12:00																			
12:00-12:30																										SPIF Masters	SPIF Masters	12:00-12:30																
12:30-13:00																													SPIF Masters	SPIF Masters	12:30-13:00													
13:00-13:30																																IDF Skolsim	IDF Skolsim	13:00-13:30										
13:30-14:00																																			IDF Skolsim	IDF Skolsim	13:30-14:00							
14:00-14:30																																						IDF Skolsim	IDF Skolsim	14:00-14:30				
14:30-15:00																																									IDF Skolsim	IDF Skolsim	14:30-15:00	
15:00-15:30							NEC	NEC	NEC	NEC																																		SPIF
15:30-16:00	NEC			NEC	NEC		NEC	SPIF	SPIF	SPIF																																		15:30-16:00
16:00-16:30	NEC			NEC	NEC		NEC	SPIF	SPIF	SPIF	16:00-16:30																																	
16:30-17:00	NEC			NEC	NEC		NEC	SPIF	SPIF	SPIF	16:30-17:00																																	
17:00-17:30	SPIF			SPIF	SPIF		SPIF	SPIF	SPIF	SPIF	17:00-17:30																																	
17:30-18:00	SPIF			SPIF	SPIF		SPIF	SPIF	SPIF	SPIF	17:30-18:00																																	
18:00-18:30	SPIF			SPIF	SPIF		SPIF	SPIF	SPIF	SPIF	18:00-18:30																																	
18:30-19:00	SPIF			SPIF	SPIF		SPIF	SPIF	SPIF	SPIF	18:30-19:00																																	
19:00-19:30	SPIF			SPIF	SPIF		SPIF	SPIF	SPIF	SPIF	19:00-19:30																																	
19:30-20:00	SPIF			SPIF	SPIF		SPIF	SPIF	SPIF	SPIF	19:30-20:00																																	
20:00-20:30	SPIF			SPIF	SPIF		SPIF	SPIF	SPIF	SPIF	20:00-20:30																																	
20:30-21:00	SPIF			SPIF	SPIF		SPIF	SPIF Masters	SPIF Masters	SPIF Masters	20:30-21:00																																	
21:00-21:30	Neptun Masters			Neptun Masters	Neptun Masters		Neptun Masters	SPIF Masters	SPIF Masters	SPIF Masters	21:00-21:30																																	
21:30-22:00	Neptun Masters			Neptun Masters	Neptun Masters		Neptun Masters	SPIF Masters	SPIF Masters	SPIF Masters	21:30-22:00																																	

Fredag		0	1	2	3	4	5	6	7	8	9	10	11	06-feb
06:00-06:30	Rundsim	Bröstsimsim		Crawl	Crawl	Snabb-bana	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:00-06:30
06:30-07:00							Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:30-07:00
07:00-07:30							Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	APNEA	APNEA	07:00-07:30
07:30-08:00							SPIF Masters	SPIF Masters	KTH	KTH	KTH	APNEA	APNEA	07:30-08:00
08:00-08:30							SPIF Masters	SPIF Masters	KTH	KTH	KTH	APNEA	APNEA	08:00-08:30
08:30-09:00							Skola	Skola	Skola	Skola	Skola	IDF Skolsim	IDF Skolsim	08:30-09:00
09:00-09:30	IDF Skolsim											IDF Skolsim	09:00-09:30	
09:30-10:00	IDF Skolsim											IDF Skolsim	09:30-10:00	
10:00-10:30	IDF Skolsim											IDF Skolsim	10:00-10:30	
10:30-11:00	IDF Skolsim											IDF Skolsim	10:30-11:00	
11:00-11:30													11:00-11:30	
11:30-12:00	Neptun Masters											Neptun Masters	11:30-12:00	
12:00-12:30	Neptun Masters											Neptun Masters	12:00-12:30	
12:30-13:00													12:30-13:00	
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14:00-14:30													14:00-14:30	
14:30-15:00													14:30-15:00	
15:00-15:30	Rundsim						SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:00-15:30
15:30-16:00							SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:30-16:00
16:00-16:30		SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:00-16:30					
16:30-17:00		SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:30-17:00					
17:00-17:30		SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:00-17:30					
17:30-18:00		SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:30-18:00					
18:00-18:30		SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:00-18:30					
18:30-19:00		SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:30-19:00					
19:00-19:30		SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	19:00-19:30					
19:30-20:00		SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	19:30-20:00					
20:00-20:30		SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	20:00-20:30					
20:30-21:00								SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun

Lördag		0	1	2	3	4	5	6	7	8	9	10	11	07-feb					
07:45-08:00														07:45-08:00					
08:00-08:30	Rundsim					Snabb-bana								08:00-08:30					
08:30-09:00														08:30-09:00					
09:00-09:30														IDF Samskola	IDF Samskola	09:00-09:30			
09:30-10:00														IDF Samskola	IDF Samskola	09:30-10:00			
10:00-10:30														IDF Samskola	IDF Samskola	10:00-10:30			
10:30-11:00														IDF Samskola	IDF Samskola	10:30-11:00			
11:00-11:30													Sthlm Dolphins	Sthlm Dolphins	Sthlm Dolphins	IDF Samskola	IDF Samskola	11:00-11:30	
11:30-12:00													Sthlm Dolphins	Sthlm Dolphins	Sthlm Dolphins	IDF Samskola	IDF Samskola	11:30-12:00	
12:00-12:30							Lek	Bröstsim	Crawl	Crawl	Snabb-bana			Sthlm Dolphins	Sthlm Dolphins	Sthlm Dolphins			12:00-12:30
12:30-13:00																			
13:00-13:30															13:00-13:30				
13:30-14:00															13:30-14:00				
14:00-14:30																14:00-14:30			
14:30-15:00													Sthlm simförb.	Sthlm simförb.	Sthlm simförb.	14:30-15:00			
15:00-15:30													Sthlm simförb.	Sthlm simförb.	Sthlm simförb.	15:00-15:30			
15:30-16:00													Sthlm simförb.	Sthlm simförb.	Sthlm simförb.	15:30-16:00			
16:00-16:30																16:00-16:30			
16:30-17:00																16:30-17:00			
17:00-17:30																17:00-17:30			
17:30-18:00																17:30-18:00			
18:00-18:30																18:00-18:30			
18:30-19:00																		18:30-19:00	

Söndag		0	1	2	3	4	5	6	7	8	9	10	11	08-feb
07:45-08:00														07:45-08:00
08:00-08:30	Rundsim					Snabb-bana	SPIF Masters	SPIF Masters	SPIF Masters	SPIF	SPIF	SPIF	SPIF	08:00-08:30
08:30-09:00							SPIF Masters	SPIF Masters	SPIF Masters	SPIF	SPIF	SPIF	SPIF	08:30-09:00
09:00-09:30							SPIF Masters	SPIF Masters	SPIF Masters	SPIF	SPIF	SPIF	SPIF	09:00-09:30
09:30-10:00							SPIF Masters	SPIF Masters	SPIF Masters	SPIF	SPIF	SPIF	SPIF	09:30-10:00
10:00-10:30							SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF Masters J.S.	Mona Simskola	10:00-10:30
10:30-11:00							SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF Masters J.S.	Mona Simskola	10:30-11:00
11:00-11:30							SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	IDF Simskola	IDF Simskola	11:00-11:30
11:30-12:00							SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	IDF Simskola	IDF Simskola	11:30-12:00
12:00-12:30												IDF Simskola	IDF Simskola	12:00-12:30
12:30-13:00													SPIF Masters J.S.	12:30-13:00
13:00-13:30	Bröstsims					Snabb-bana	Sthlm simförb.	Sthlm simförb.	Sthlm simförb.				SPIF Masters J.S.	13:00-13:30
13:30-14:00							Sthlm simförb.	Sthlm simförb.	Sthlm simförb.			IDF Simskola	IDF Simskola	13:30-14:00
14:00-14:30							Sthlm simförb.	Sthlm simförb.	Sthlm simförb.	Mona Simskola	Mona Simskola	IDF Simskola	IDF Simskola	14:00-14:30
14:30-15:00										Mona Simskola	Mona Simskola	IDF Simskola	IDF Simskola	14:30-15:00
15:00-15:30							SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Mona Simskola	15:00-15:30
15:30-16:00							SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Mona Simskola	15:30-16:00
16:00-16:30							Hellas Masters	Hellas Masters	SPIF	SPIF	SPIF	SPIF	Mona Simskola	16:00-16:30
16:30-17:00							Hellas Masters	Hellas Masters	SPIF	SPIF	SPIF	SPIF	Mona Simskola	16:30-17:00
17:00-17:30							SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	17:00-17:30
17:30-18:00							SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	17:30-18:00
18:00-18:30	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	18:00-18:30						
18:30-19:00	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	18:30-19:00						
19:00-19:30	Rundsim					Snabb-bana	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	19:00-19:30
19:30-20:00							SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	19:30-20:00
20:00-20:30														20:00-20:30

Måndag		0	1	2	3	4	5	6	7	8	9	10	11	09-feb		
06:00-06:30	Rundsim	Bröstsimsim				Snabb-bana	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:00-06:30		
06:30-07:00							Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:30-07:00		
07:00-07:30							Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	07:00-07:30		
07:30-08:00							Neptun Masters	Neptun Masters	EVLI	EVLI	Team Snabbare	Team Snabbare	Team Snabbare	07:30-08:00		
08:00-08:30							Neptun Masters	Neptun Masters	EVLI	EVLI	Team Snabbare	Team Snabbare	Team Snabbare	08:00-08:30		
08:30-09:00							Skola	Skola	Skola	Skola	Skola	IDF Skolsim	IDF Skolsim	08:30-09:00		
09:00-09:30	IDF Skolsim			IDF Skolsim	09:00-09:30											
09:30-10:00	IDF Skolsim			IDF Skolsim	09:30-10:00											
10:00-10:30	IDF Skolsim			IDF Skolsim	10:00-10:30											
10:30-11:00	IDF Skolsim			IDF Skolsim	10:30-11:00											
11:00-11:30	SPIF Masters			SPIF Masters	11:00-11:30											
11:30-12:00	SPIF Masters			SPIF Masters	11:30-12:00											
12:00-12:30	SPIF Masters			SPIF Masters	12:00-12:30											
12:30-13:00	IDF Skolsim			IDF Skolsim	12:30-13:00											
13:00-13:30	IDF Skolsim			IDF Skolsim	13:00-13:30											
13:30-14:00	IDF Skolsim			IDF Skolsim	13:30-14:00											
14:00-14:30	IDF Skolsim			IDF Skolsim	14:00-14:30											
14:30-15:00	IDF Skolsim			IDF Skolsim	14:30-15:00											
15:00-15:30	Rundsim				Crawl		Crawl	Snabb-bana	SPIF	SPIF	SPIF	SPIF	SK Neptun	IDF Skolsim	IDF Skolsim	15:00-15:30
15:30-16:00									SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	15:30-16:00
16:00-16:30									SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	16:00-16:30
16:30-17:00									SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	16:30-17:00
17:00-17:30									SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	17:00-17:30
17:30-18:00									SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	17:30-18:00
18:00-18:30									SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	18:00-18:30
18:30-19:00									SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	18:30-19:00
19:00-19:30									SPIF	SPIF	SPIF	SPIF	Hellas	Hellas	Hellas	19:00-19:30
19:30-20:00									SPIF	SPIF	SPIF	SPIF	Hellas	Hellas	Hellas	19:30-20:00
20:00-20:30									SPIF	SPIF	SPIF	SPIF	Hellas	Hellas	Hellas	20:00-20:30
20:30-21:00									SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	Hellas	Hellas	Hellas	20:30-21:00
21:00-21:30									SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	Apnea	Apnea	Apnea	21:00-21:30
21:30-22:00															SPIF Masters	SPIF Masters

[illegible]

Onsdag		0	1	2	3	4	5	6	7	8	9	10	11	11-feb			
06:00-06:30	Rundsim	Bröstsimsim				Snabb-bana	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:00-06:30			
06:30-07:00							Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:30-07:00			
07:00-07:30							Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	07:00-07:30			
07:30-08:00							Tove & Co	Team Jarla	Team Jarla	EVLI	EVLI	Team Snabbare	Team Snabbare	07:30-08:00			
08:00-08:30							Tove & Co	Team Jarla	Team Jarla	EVLI	EVLI	Team Snabbare	Team Snabbare	08:00-08:30			
08:30-09:00							Skola					Skola	Skola	Skola	Skola	Skola	IDF Skolsim
09:00-09:30	IDF Skolsim			IDF Skolsim	09:00-09:30												
09:30-10:00	IDF Skolsim			IDF Skolsim	09:30-10:00												
10:00-10:30	IDF Skolsim			IDF Skolsim	10:00-10:30												
10:30-11:00	IDF Skolsim			IDF Skolsim	10:30-11:00												
11:00-11:30					11:00-11:30												
11:30-12:00	Neptun Masters			Neptun Masters	11:30-12:00												
12:00-12:30	Neptun Masters			Neptun Masters	12:00-12:30												
12:30-13:00					12:30-13:00												
13:00-13:30				SimCoachen A.R.	13:00-13:30												
13:30-14:00				SimCoachen A.R.	13:30-14:00												
14:00-14:30					14:00-14:30												
14:30-15:00					14:30-15:00												
15:00-15:30	Rundsim									SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:00-15:30
15:30-16:00										SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:30-16:00
16:00-16:30										SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:00-16:30
16:30-17:00										SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:30-17:00
17:00-17:30										SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:00-17:30
17:30-18:00										SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:30-18:00
18:00-18:30										SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:00-18:30
18:30-19:00										SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:30-19:00
19:00-19:30										SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	19:00-19:30
19:30-20:00										SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	19:30-20:00
20:00-20:30										SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	20:00-20:30
20:30-21:00										SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	20:30-21:00
21:00-21:30										SPIF Masters	SPIF Masters	SPIF Masters	APNEA	APNEA	APNEA	APNEA	21:00-21:30
21:30-22:00							SPIF Masters	SPIF Masters	SPIF Masters	APNEA	APNEA	APNEA	21:30-22:00				

Torsdag		0	1	2	3	4	5	6	7	8	9	10	11	12-feb	
06:00-06:30	Rundsim	Bröstsimsim				Snabb-bana	Neptun Masters	Neptun Masters	Neptun Masters					06:00-06:30	
06:30-07:00							Neptun Masters	Neptun Masters	Neptun Masters	SCT	SCT	SCT	SCT	06:30-07:00	
07:00-07:30							Neptun Masters	Neptun Masters	Neptun Masters	SCT	SCT	SCT	SCT	07:00-07:30	
07:30-08:00								Länsförsäkringar	Länsförsäkringar	Neptun Masters	Neptun Masters	EVLI	EVLI	07:30-08:00	
08:00-08:30								Länsförsäkringar	Länsförsäkringar	Neptun Masters	Neptun Masters	EVLI	EVLI	08:00-08:30	
08:30-09:00							Lek	skola	skola	skola	skola	skola	skola	skola	IDF Skolsim
09:00-09:30	IDF Skolsim			IDF Skolsim	09:00-09:30										
09:30-10:00	IDF Skolsim			IDF Skolsim	09:30-10:00										
10:00-10:30	IDF Skolsim			IDF Skolsim	10:00-10:30										
10:30-11:00	IDF Skolsim			IDF Skolsim	10:30-11:00										
11:00-11:30	SPIF Masters			SPIF Masters	11:00-11:30										
11:30-12:00	SPIF Masters			SPIF Masters	11:30-12:00										
12:00-12:30	SPIF Masters			SPIF Masters	12:00-12:30										
12:30-13:00	SPIF Masters			SPIF Masters	12:30-13:00										
13:00-13:30	IDF Skolsim			IDF Skolsim	13:00-13:30										
13:30-14:00	IDF Skolsim			IDF Skolsim	13:30-14:00										
14:00-14:30	IDF Skolsim			IDF Skolsim	14:00-14:30										
14:30-15:00	IDF Skolsim			IDF Skolsim	14:30-15:00										
15:00-15:30	Rundsim			NEC	NEC		NEC	NEC	NEC	SPIF	SPIF	SPIF	15:00-15:30		
15:30-16:00				NEC	NEC		NEC	NEC	NEC	SPIF	SPIF	SPIF	15:30-16:00		
16:00-16:30				NEC	NEC		NEC	NEC	NEC	SPIF	SPIF	SPIF	16:00-16:30		
16:30-17:00				NEC	NEC		NEC	NEC	NEC	SPIF	SPIF	SPIF	16:30-17:00		
17:00-17:30				SPIF	SPIF		SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	17:00-17:30		
17:30-18:00				SPIF	SPIF		SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	17:30-18:00		
18:00-18:30				SPIF	SPIF		SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	18:00-18:30		
18:30-19:00				SPIF	SPIF		SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	18:30-19:00		
19:00-19:30				SPIF	SPIF		SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	19:00-19:30		
19:30-20:00				SPIF	SPIF		SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	19:30-20:00		
20:00-20:30				SPIF	SPIF		SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	20:00-20:30		
20:30-21:00				SPIF	SPIF		SPIF	SPIF	SPIF	SPIF	SPIF Masters	SPIF Masters	SPIF Masters	20:30-21:00	
21:00-21:30				Neptun Masters	Neptun Masters		Neptun Masters	Neptun Masters	Neptun Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	21:00-21:30	
21:30-22:00										Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	SPIF Masters	SPIF Masters

Fredag		0	1	2	3	4	5	6	7	8	9	10	11	13-feb
06:00-06:30	Rundsim	Bröstsims		Crawl	Crawl	Snabb-bana	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:00-06:30
06:30-07:00							Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:30-07:00
07:00-07:30							Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	APNEA	APNEA	07:00-07:30
07:30-08:00							SPIF Masters	SPIF Masters	KTH	KTH	KTH	APNEA	APNEA	07:30-08:00
08:00-08:30							SPIF Masters	SPIF Masters	KTH	KTH	KTH	APNEA	APNEA	08:00-08:30
08:30-09:00							Skola	Skola	Skola	Skola	Skola	IDF Skolsim	IDF Skolsim	08:30-09:00
09:00-09:30	IDF Skolsim											IDF Skolsim	09:00-09:30	
09:30-10:00	IDF Skolsim											IDF Skolsim	09:30-10:00	
10:00-10:30	IDF Skolsim											IDF Skolsim	10:00-10:30	
10:30-11:00	IDF Skolsim											IDF Skolsim	10:30-11:00	
11:00-11:30													11:00-11:30	
11:30-12:00	Neptun Masters											Neptun Masters	11:30-12:00	
12:00-12:30	Neptun Masters											Neptun Masters	12:00-12:30	
12:30-13:00													12:30-13:00	
13:00-13:30													13:00-13:30	
13:30-14:00													13:30-14:00	
14:00-14:30													14:00-14:30	
14:30-15:00								14:30-15:00						
15:00-15:30	Rundsim	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:00-15:30					
15:30-16:00		SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:30-16:00					
16:00-16:30		SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:00-16:30					
16:30-17:00		SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:30-17:00					
17:00-17:30		SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:00-17:30					
17:30-18:00		SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:30-18:00					
18:00-18:30		SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:00-18:30					
18:30-19:00		SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:30-19:00					
19:00-19:30		SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	19:00-19:30					
19:30-20:00		SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	19:30-20:00					
20:00-20:30		SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	20:00-20:30					
20:30-21:00								SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun

Måndag		0	1	2	3	4	5	6	7	8	9	10	11	16-feb		
06:00-06:30	Rundsim	Bröstsim				Snabb-bana	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:00-06:30		
06:30-07:00							Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:30-07:00		
07:00-07:30							Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	07:00-07:30		
07:30-08:00							Neptun Masters	Neptun Masters	EVLI	EVLI	Team Snabbare	Team Snabbare	Team Snabbare	07:30-08:00		
08:00-08:30							Neptun Masters	Neptun Masters	EVLI	EVLI	Team Snabbare	Team Snabbare	Team Snabbare	08:00-08:30		
08:30-09:00							Skola	Skola	Skola	Skola	Skola	IDF Skolsim	IDF Skolsim	08:30-09:00		
09:00-09:30	IDF Skolsim			IDF Skolsim	09:00-09:30											
09:30-10:00	IDF Skolsim			IDF Skolsim	09:30-10:00											
10:00-10:30	IDF Skolsim			IDF Skolsim	10:00-10:30											
10:30-11:00	IDF Skolsim			IDF Skolsim	10:30-11:00											
11:00-11:30	SPIF Masters			SPIF Masters	11:00-11:30											
11:30-12:00	SPIF Masters			SPIF Masters	11:30-12:00											
12:00-12:30	SPIF Masters			SPIF Masters	12:00-12:30											
12:30-13:00	IDF Skolsim			IDF Skolsim	12:30-13:00											
13:00-13:30	IDF Skolsim			IDF Skolsim	13:00-13:30											
13:30-14:00	IDF Skolsim			IDF Skolsim	13:30-14:00											
14:00-14:30	IDF Skolsim			IDF Skolsim	14:00-14:30											
14:30-15:00	IDF Skolsim			IDF Skolsim	14:30-15:00											
15:00-15:30	Rundsim				Crawl		Crawl	Snabb-bana	SPIF	SPIF	SPIF	SPIF	SK Neptun	IDF Skolsim	IDF Skolsim	15:00-15:30
15:30-16:00									SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	15:30-16:00
16:00-16:30									SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	16:00-16:30
16:30-17:00									SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	16:30-17:00
17:00-17:30									SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	17:00-17:30
17:30-18:00									SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	17:30-18:00
18:00-18:30									SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	18:00-18:30
18:30-19:00									SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	18:30-19:00
19:00-19:30									SPIF	SPIF	SPIF	SPIF	Hellas	Hellas	Hellas	19:00-19:30
19:30-20:00									SPIF	SPIF	SPIF	SPIF	Hellas	Hellas	Hellas	19:30-20:00
20:00-20:30									SPIF	SPIF	SPIF	SPIF	Hellas	Hellas	Hellas	20:00-20:30
20:30-21:00									SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	Hellas	Hellas	Hellas	20:30-21:00
21:00-21:30									SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	Apnea	Apnea	Apnea	21:00-21:30
21:30-22:00															SPIF Masters	SPIF Masters

[illegible]

Onsdag		0	1	2	3	4	5	6	7	8	9	10	11	18-feb				
06:00-06:30	Rundsim	Bröstsimsim		Crawl	Crawl	Snabb-bana	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:00-06:30				
06:30-07:00							Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:30-07:00				
07:00-07:30							Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	07:00-07:30				
07:30-08:00							Tove & Co	Team Jarla	Team Jarla	EVLI	EVLI	Team Snabbare	Team Snabbare	07:30-08:00				
08:00-08:30							Tove & Co	Team Jarla	Team Jarla	EVLI	EVLI	Team Snabbare	Team Snabbare	08:00-08:30				
08:30-09:00							Skola	Skola	Skola	Skola	Skola	IDF Skolsim	IDF Skolsim	08:30-09:00				
09:00-09:30	IDF Skolsim											IDF Skolsim	09:00-09:30					
09:30-10:00	IDF Skolsim											IDF Skolsim	09:30-10:00					
10:00-10:30	IDF Skolsim											IDF Skolsim	10:00-10:30					
10:30-11:00	IDF Skolsim											IDF Skolsim	10:30-11:00					
11:00-11:30													11:00-11:30					
11:30-12:00	Neptun Masters											Neptun Masters	11:30-12:00					
12:00-12:30	Neptun Masters											Neptun Masters	12:00-12:30					
12:30-13:00													12:30-13:00					
13:00-13:30												SimCoachen A.R.	13:00-13:30					
13:30-14:00												SimCoachen A.R.	13:30-14:00					
14:00-14:30													14:00-14:30					
14:30-15:00													14:30-15:00					
15:00-15:30	Rundsim						SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:00-15:30
15:30-16:00							SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:30-16:00
16:00-16:30							SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:00-16:30
16:30-17:00							SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:30-17:00
17:00-17:30							SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:00-17:30
17:30-18:00							SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:30-18:00
18:00-18:30							SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:00-18:30
18:30-19:00							SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:30-19:00
19:00-19:30							SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	19:00-19:30
19:30-20:00							SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	19:30-20:00
20:00-20:30							SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	20:00-20:30
20:30-21:00							SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	20:30-21:00
21:00-21:30								SPIF Masters	SPIF Masters	SPIF Masters	APNEA	APNEA	APNEA	APNEA	APNEA	APNEA	APNEA	21:00-21:30
21:30-22:00									SPIF Masters	SPIF Masters	SPIF Masters	APNEA	APNEA	APNEA	APNEA	APNEA	APNEA	21:30-22:00

Torsdag		0	1	2	3	4	5	6	7	8	9	10	11	19-feb								
06:00-06:30	Rundsim	Bröstsimsim				Snabb-bana	Neptun Masters	Neptun Masters	Neptun Masters					06:00-06:30								
06:30-07:00							Neptun Masters	Neptun Masters	Neptun Masters	SCT	SCT	SCT	SCT	06:30-07:00								
07:00-07:30							Neptun Masters	Neptun Masters	Neptun Masters	SCT	SCT	SCT	SCT	07:00-07:30								
07:30-08:00								Länsförsäkringar	Länsförsäkringar	Neptun Masters	Neptun Masters	EVLI	EVLI	07:30-08:00								
08:00-08:30								Länsförsäkringar	Länsförsäkringar	Neptun Masters	Neptun Masters	EVLI	EVLI	08:00-08:30								
08:30-09:00							Lek					skola	skola	skola	skola	skola	IDF Skolsim	IDF Skolsim	08:30-09:00			
09:00-09:30	IDF Skolsim			IDF Skolsim	09:00-09:30																	
09:30-10:00	IDF Skolsim			IDF Skolsim	09:30-10:00																	
10:00-10:30	IDF Skolsim			IDF Skolsim	10:00-10:30																	
10:30-11:00	IDF Skolsim			IDF Skolsim	10:30-11:00																	
11:00-11:30	SPIF Masters			SPIF Masters	11:00-11:30																	
11:30-12:00	SPIF Masters			SPIF Masters	11:30-12:00																	
12:00-12:30	SPIF Masters			SPIF Masters	12:00-12:30																	
12:30-13:00	SPIF Masters			SPIF Masters	12:30-13:00																	
13:00-13:30	IDF Skolsim			IDF Skolsim	13:00-13:30																	
13:30-14:00	IDF Skolsim			IDF Skolsim	13:30-14:00																	
14:00-14:30	IDF Skolsim			IDF Skolsim	14:00-14:30																	
14:30-15:00	IDF Skolsim			IDF Skolsim	14:30-15:00																	
15:00-15:30	Rundsim													SPIF	SPIF	SPIF	15:00-15:30					
15:30-16:00														SPIF	SPIF	SPIF	15:30-16:00					
16:00-16:30														SPIF	SPIF	SPIF	16:00-16:30					
16:30-17:00														SPIF	SPIF	SPIF	16:30-17:00					
17:00-17:30														SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	17:00-17:30	
17:30-18:00														SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	17:30-18:00	
18:00-18:30														SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	18:00-18:30	
18:30-19:00														SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	18:30-19:00	
19:00-19:30														SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	19:00-19:30	
19:30-20:00														SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	19:30-20:00	
20:00-20:30														SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	20:00-20:30	
20:30-21:00														SPIF	SPIF	SPIF	SPIF	SPIF	SPIF Masters	SPIF Masters	SPIF Masters	20:30-21:00
21:00-21:30														Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	SPIF Masters	SPIF Masters	SPIF Masters	21:00-21:30	
21:30-22:00																				Neptun Masters	Neptun Masters	Neptun Masters

Fredag		0	1	2	3	4	5	6	7	8	9	10	11	20-feb
06:00-06:30	Rundsim	Bröstsims		Crawl	Crawl	Snabb-bana	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:00-06:30
06:30-07:00							Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:30-07:00
07:00-07:30							Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	APNEA	APNEA	07:00-07:30
07:30-08:00							SPIF Masters	SPIF Masters	KTH	KTH	KTH	APNEA	APNEA	07:30-08:00
08:00-08:30							SPIF Masters	SPIF Masters	KTH	KTH	KTH	APNEA	APNEA	08:00-08:30
08:30-09:00							Skola	Skola	Skola	Skola	Skola	IDF Skolsim	IDF Skolsim	08:30-09:00
09:00-09:30	IDF Skolsim											IDF Skolsim	09:00-09:30	
09:30-10:00	IDF Skolsim											IDF Skolsim	09:30-10:00	
10:00-10:30	IDF Skolsim											IDF Skolsim	10:00-10:30	
10:30-11:00	IDF Skolsim											IDF Skolsim	10:30-11:00	
11:00-11:30													11:00-11:30	
11:30-12:00	Neptun Masters											Neptun Masters	11:30-12:00	
12:00-12:30	Neptun Masters											Neptun Masters	12:00-12:30	
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14:30-15:00								14:30-15:00						
15:00-15:30	Rundsim	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:00-15:30					
15:30-16:00		SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:30-16:00					
16:00-16:30		SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:00-16:30					
16:30-17:00		SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:30-17:00					
17:00-17:30		SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:00-17:30					
17:30-18:00		SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:30-18:00					
18:00-18:30		SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:00-18:30					
18:30-19:00		SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:30-19:00					
19:00-19:30		SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	19:00-19:30					
19:30-20:00		SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	19:30-20:00					
20:00-20:30		SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	20:00-20:30					
20:30-21:00								SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun

[illegible]