

Måndag		0	1	2	3	4	5	6	7	8	9	10	11	29-dec					
06:00-06:30	Rundsim	Bröstsimsim		Crawl	Crawl	Snabb-bana	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:00-06:30					
06:30-07:00							Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:30-07:00					
07:00-07:30							Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	07:00-07:30					
07:30-08:00									EVLI	EVLI	Team Snabbare	Team Snabbare	Team Snabbare	07:30-08:00					
08:00-08:30									EVLI	EVLI	Team Snabbare	Team Snabbare	Team Snabbare	08:00-08:30					
08:30-09:00														08:30-09:00					
09:00-09:30														09:00-09:30					
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10:30-11:00	Lek																	10:30-11:00	
11:00-11:30																		11:00-11:30	
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14:00-14:30																		14:00-14:30	
14:30-15:00																		14:30-15:00	
15:00-15:30	Rundsim											SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	15:00-15:30
15:30-16:00												SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	15:30-16:00
16:00-16:30												SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	16:00-16:30
16:30-17:00												SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	16:30-17:00
17:00-17:30																			17:00-17:30
17:30-18:00																			17:30-18:00
18:00-18:30																			18:00-18:30
18:30-19:00																			18:30-19:00
19:00-19:30																Hellas	Hellas	Hellas	19:00-19:30
19:30-20:00																Hellas	Hellas	Hellas	19:30-20:00
20:00-20:30																Hellas	Hellas	Hellas	20:00-20:30
20:30-21:00																Hellas	Hellas	Hellas	20:30-21:00
21:00-21:30																Apnea	Apnea	Apnea	21:00-21:30
21:30-22:00																Apnea	Apnea	Apnea	21:30-22:00

Tisdag		0	1	2	3	4	5	6	7	8	9	10	11	30-dec			
06:00-06:30	Rundsim					Snabb-bana								06:00-06:30			
06:30-07:00								SCT	SCT	SCT	SCT	APNEA	APNEA	06:30-07:00			
07:00-07:30								SCT	SCT	SCT	SCT	APNEA	APNEA	07:00-07:30			
07:30-08:00										Team Jarla	Team Jarla	APNEA	APNEA	07:30-08:00			
08:00-08:30										Team Jarla	Team Jarla	APNEA	APNEA	08:00-08:30			
08:30-09:00											Team Snabbare	Team Snabbare	Team Snabbare		08:30-09:00		
09:00-09:30											Team Snabbare	Team Snabbare	Team Snabbare		09:00-09:30		
09:30-10:00											Team Snabbare	Team Snabbare	Team Snabbare		09:30-10:00		
10:00-10:30							Lek	Bröstsim		Crawl	Crawl	Snabb-bana				Team Snabbare	Team Snabbare
10:30-11:00				Team Snabbare	Team Snabbare	Team Snabbare								10:30-11:00			
11:00-11:30				Team Snabbare	Team Snabbare	Team Snabbare								11:00-11:30			
11:30-12:00				Team Snabbare	Team Snabbare	Team Snabbare								11:30-12:00			
12:00-12:30														12:00-12:30			
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13:30-14:00														13:30-14:00			
14:00-14:30														14:00-14:30			
14:30-15:00	Rundsim					Snabb-bana								14:30-15:00			
15:00-15:30														15:00-15:30			
15:30-16:00														15:30-16:00			
16:00-16:30														16:00-16:30			
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18:30-19:00														18:30-19:00			
19:00-19:30													Hellas	Hellas	Hellas	Hellas	19:00-19:30
19:30-20:00													Hellas	Hellas	Hellas	Hellas	19:30-20:00
20:00-20:30								Hellas	Hellas	Hellas		20:00-20:30					
20:30-21:00								Hellas	Hellas	Hellas		20:30-21:00					
21:00-21:30													21:00-21:30				
21:30-22:00														21:30-22:00			

Onsdag		0	1	2	3	4	5	6	7	8	9	10	11	31-dec
06:00-06:30	Rundsim	Bröstsim		Crawl	Crawl	Snabb-bana	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:00-06:30
06:30-07:00							Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:30-07:00
07:00-07:30							Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	07:00-07:30
07:30-08:00							Team Jarla	Team Jarla	EVLI	EVLI	Team Snabbare	Team Snabbare	Team Snabbare	07:30-08:00
08:00-08:30							Team Jarla	Team Jarla	EVLI	EVLI	Team Snabbare	Team Snabbare	Team Snabbare	08:00-08:30
08:30-09:00									Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	08:30-09:00
09:00-09:30									Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	09:00-09:30
09:30-10:00									Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	09:30-10:00
10:00-10:30							Lek			Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters
10:30-11:00									Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	10:30-11:00
11:00-11:30									Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	11:00-11:30
11:30-12:00									Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	11:30-12:00
12:00-12:30									Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	12:00-12:30
12:30-13:00														12:30-13:00
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14:30-15:00														14:30-15:00
15:00-15:30	Rundsim													15:00-15:30
15:30-16:00														15:30-16:00
16:00-16:30														16:00-16:30
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21:00-21:30														21:00-21:30
21:30-22:00														21:30-22:00

Torsdag	0	1	2	3	4	5	6	7	8	9	10	11	01-jan
06:00-06:30	Nyårsdagen												06:00-06:30
06:30-07:00													06:30-07:00
07:00-07:30													07:00-07:30
07:30-08:00													07:30-08:00
08:00-08:30													08:00-08:30
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17:30-18:00													17:30-18:00
18:00-18:30	18:00-18:30												
18:30-19:00	18:30-19:00												
19:00-19:30	19:00-19:30												
19:30-20:00	19:30-20:00												
20:00-20:30	20:00-20:30												
20:30-21:00	20:30-21:00												
21:00-21:30	21:00-21:30												
21:30-22:00	21:30-22:00												

[illegible]

Söndag		0	1	2	3	4	5	6	7	8	9	10	11	04-jan				
07:45-08:00														07:45-08:00				
08:00-08:30	Rundsim	Bröstsim		Crawl	Crawl	Snabb-bana								08:00-08:30				
08:30-09:00														08:30-09:00				
09:00-09:30														09:00-09:30				
09:30-10:00														09:30-10:00				
10:00-10:30									SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	10:00-10:30				
10:30-11:00									SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	10:30-11:00				
11:00-11:30									SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	11:00-11:30				
11:30-12:00									SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	11:30-12:00				
12:00-12:30	Lek											Nep. Konstsim	Nep. Konstsim	Nep. Konstsim	12:00-12:30			
12:30-13:00											Nep. Konstsim	Nep. Konstsim	Nep. Konstsim	12:30-13:00				
13:00-13:30											Nep. Konstsim	Nep. Konstsim	Nep. Konstsim	13:00-13:30				
13:30-14:00											Nep. Konstsim	Nep. Konstsim	Nep. Konstsim	13:30-14:00				
14:00-14:30											Nep. Konstsim	Nep. Konstsim	Nep. Konstsim	14:00-14:30				
14:30-15:00											Nep. Konstsim	Nep. Konstsim	Nep. Konstsim	14:30-15:00				
15:00-15:30														15:00-15:30				
15:30-16:00														15:30-16:00				
16:00-16:30											Hellas Masters	Hellas Masters			16:00-16:30			
16:30-17:00											Hellas Masters	Hellas Masters			16:30-17:00			
17:00-17:30															17:00-17:30			
17:30-18:00															17:30-18:00			
18:00-18:30															18:00-18:30			
18:30-19:00															18:30-19:00			
19:00-19:30	Rundsim																	19:00-19:30
19:30-20:00																		19:30-20:00
20:00-20:30																		20:00-20:30

Måndag		0	1	2	3	4	5	6	7	8	9	10	11	05-jan					
06:00-06:30	Rundsim	Bröstsim		Crawl	Crawl	Snabb-bana	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:00-06:30					
06:30-07:00							Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:30-07:00					
07:00-07:30							Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	07:00-07:30					
07:30-08:00									EVLI	EVLI	Team Snabbare	Team Snabbare	Team Snabbare	07:30-08:00					
08:00-08:30									EVLI	EVLI	Team Snabbare	Team Snabbare	Team Snabbare	08:00-08:30					
08:30-09:00														08:30-09:00					
09:00-09:30												Nep. Konstsim	Nep. Konstsim	Nep. Konstsim	09:00-09:30				
09:30-10:00												Nep. Konstsim	Nep. Konstsim	Nep. Konstsim	09:30-10:00				
10:00-10:30	Lek											Nep. Konstsim	Nep. Konstsim	Nep. Konstsim	10:00-10:30				
10:30-11:00												Nep. Konstsim	Nep. Konstsim	Nep. Konstsim	10:30-11:00				
11:00-11:30												Nep. Konstsim	Nep. Konstsim	Nep. Konstsim	11:00-11:30				
11:30-12:00												Nep. Konstsim	Nep. Konstsim	Nep. Konstsim	11:30-12:00				
12:00-12:30												Nep. Konstsim	Nep. Konstsim	Nep. Konstsim	12:00-12:30				
12:30-13:00												Nep. Konstsim	Nep. Konstsim	Nep. Konstsim	12:30-13:00				
13:00-13:30												Nep. Konstsim	Nep. Konstsim	Nep. Konstsim	13:00-13:30				
13:30-14:00												Nep. Konstsim	Nep. Konstsim	Nep. Konstsim	13:30-14:00				
14:00-14:30	Rundsim											SPIF	SPIF	SPIF	SPIF	Nep. Konstsim	Nep. Konstsim	Nep. Konstsim	14:00-14:30
14:30-15:00												SPIF	SPIF	SPIF	SPIF	Nep. Konstsim	Nep. Konstsim	Nep. Konstsim	14:30-15:00
15:00-15:30												SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	15:00-15:30
15:30-16:00												SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	15:30-16:00
16:00-16:30												SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	16:00-16:30
16:30-17:00												SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	16:30-17:00
17:00-17:30																			17:00-17:30
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18:00-18:30																			18:00-18:30
18:30-19:00																			18:30-19:00
19:00-19:30																Hellas	Hellas	Hellas	19:00-19:30
19:30-20:00																Hellas	Hellas	Hellas	19:30-20:00
20:00-20:30																Hellas	Hellas	Hellas	20:00-20:30
20:30-21:00																Hellas	Hellas	Hellas	20:30-21:00
21:00-21:30																Apnea	Apnea	Apnea	21:00-21:30
21:30-22:00																Apnea	Apnea	Apnea	21:30-22:00

Med reservation för ändringar

Tisdag		0	1	2	3	4	5	6	7	8	9	10	11	06-jan						
06:00-06:30	Rundsim	Bröstsim		Crawl	Crawl	Snabb-bana								06:00-06:30						
06:30-07:00								SCT	SCT	SCT	SCT	APNEA	APNEA	06:30-07:00						
07:00-07:30								SCT	SCT	SCT	SCT	APNEA	APNEA	07:00-07:30						
07:30-08:00										Team Jarla	Team Jarla	APNEA	APNEA	07:30-08:00						
08:00-08:30										Team Jarla	Team Jarla	APNEA	APNEA	08:00-08:30						
08:30-09:00														08:30-09:00						
09:00-09:30														09:00-09:30						
09:30-10:00														09:30-10:00						
10:00-10:30	Lek																		10:00-10:30	
10:30-11:00																			10:30-11:00	
11:00-11:30																			11:00-11:30	
11:30-12:00																			11:30-12:00	
12:00-12:30														Nep. Konstsim	Nep. Konstsim	Nep. Konstsim			12:00-12:30	
12:30-13:00														Nep. Konstsim	Nep. Konstsim	Nep. Konstsim			12:30-13:00	
13:00-13:30														Nep. Konstsim	Nep. Konstsim	Nep. Konstsim			13:00-13:30	
13:30-14:00														Nep. Konstsim	Nep. Konstsim	Nep. Konstsim			13:30-14:00	
14:00-14:30													Nep. Konstsim	Nep. Konstsim	Nep. Konstsim			14:00-14:30		
14:30-15:00																			14:30-15:00	
15:00-15:30	Rundsim											NEC	NEC	NEC	NEC				15:00-15:30	
15:30-16:00												NEC	NEC	NEC	NEC				15:30-16:00	
16:00-16:30												NEC	NEC	NEC	NEC				16:00-16:30	
16:30-17:00												NEC	NEC	NEC	NEC				16:30-17:00	
17:00-17:30																			17:00-17:30	
17:30-18:00																			17:30-18:00	
18:00-18:30																			18:00-18:30	
18:30-19:00																			18:30-19:00	
19:00-19:30													Alvsjö AIK	Alvsjö AIK	Alvsjö AIK	Hellas	Hellas	Hellas	Hellas	19:00-19:30
19:30-20:00													Alvsjö AIK	Alvsjö AIK	Alvsjö AIK	Hellas	Hellas	Hellas	Hellas	19:30-20:00
20:00-20:30													Alvsjö AIK	Alvsjö AIK	Alvsjö AIK	Hellas	Hellas	Hellas	IDF Simskola	20:00-20:30
20:30-21:00													Alvsjö AIK	Alvsjö AIK	Alvsjö AIK	Hellas	Hellas	Hellas	IDF Simskola	20:30-21:00
21:00-21:30																			21:00-21:30	
21:30-22:00																			21:30-22:00	

Med reservation för ändringar

Onsdag		0	1	2	3	4	5	6	7	8	9	10	11	07-jan					
06:00-06:30	Rundsim	Bröstsimsim		Crawl	Crawl	Snabb-bana	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:00-06:30					
06:30-07:00							Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:30-07:00					
07:00-07:30							Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	07:00-07:30					
07:30-08:00								Team Jarla	Team Jarla	EVLI	EVLI	Team Snabbare	Team Snabbare	07:30-08:00					
08:00-08:30								Team Jarla	Team Jarla	EVLI	EVLI	Team Snabbare	Team Snabbare	08:00-08:30					
08:30-09:00														08:30-09:00					
09:00-09:30														09:00-09:30					
09:30-10:00														09:30-10:00					
10:00-10:30	Lek																	10:00-10:30	
10:30-11:00																	10:30-11:00		
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14:00-14:30	Rundsim																		14:00-14:30
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20:00-20:30																			20:00-20:30
20:30-21:00																			20:30-21:00
21:00-21:30														APNEA	APNEA	APNEA	APNEA	21:00-21:30	
21:30-22:00										APNEA	APNEA	APNEA	APNEA	21:30-22:00					

Med reservation för ändringar

Torsdag		0	1	2	3	4	5	6	7	8	9	10	11	08-jan
06:00-06:30	Rundsim													06:00-06:30
06:30-07:00										SCT	SCT	SCT	SCT	06:30-07:00
07:00-07:30										SCT	SCT	SCT	SCT	07:00-07:30
07:30-08:00												EVLI	EVLI	07:30-08:00
08:00-08:30												EVLI	EVLI	08:00-08:30
08:30-09:00														08:30-09:00
09:00-09:30														09:00-09:30
09:30-10:00														09:30-10:00
10:00-10:30														10:00-10:30
10:30-11:00	Lek	Bröstsim		Crawl	Crawl	Snabb-bana								10:30-11:00
11:00-11:30														11:00-11:30
11:30-12:00														11:30-12:00
12:00-12:30														12:00-12:30
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14:00-14:30														14:00-14:30
14:30-15:00														14:30-15:00
15:00-15:30	Rundsim	Bröstsim		Crawl	Crawl	Snabb-bana	NEC	NEC	NEC	NEC	SPIF	SPIF	SPIF	15:00-15:30
15:30-16:00							NEC	NEC	NEC	NEC	SPIF	SPIF	SPIF	15:30-16:00
16:00-16:30							NEC	NEC	NEC	NEC	SPIF	SPIF	SPIF	16:00-16:30
16:30-17:00							NEC	NEC	NEC	NEC	SPIF	SPIF	SPIF	16:30-17:00
17:00-17:30							SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	17:00-17:30
17:30-18:00							SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	17:30-18:00
18:00-18:30							SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	18:00-18:30
18:30-19:00							SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	18:30-19:00
19:00-19:30							SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	19:00-19:30
19:30-20:00							SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	19:30-20:00
20:00-20:30							SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	20:00-20:30
20:30-21:00							SPIF	SPIF	SPIF	SPIF				20:30-21:00
21:00-21:30							Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters				21:00-21:30
21:30-22:00							Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters				21:30-22:00

Med reservation för ändringar

Fredag		0	1	2	3	4	5	6	7	8	9	10	11	09-jan				
06:00-06:30	Rundsim	Bröstsims		Crawl	Crawl	Snabb-bana	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:00-06:30				
06:30-07:00							Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:30-07:00				
07:00-07:30							Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	APNEA	APNEA	07:00-07:30				
07:30-08:00									KTH	KTH	KTH	APNEA	APNEA	07:30-08:00				
08:00-08:30									KTH	KTH	KTH	APNEA	APNEA	08:00-08:30				
08:30-09:00														08:30-09:00				
09:00-09:30														09:00-09:30				
09:30-10:00														09:30-10:00				
10:00-10:30							Lek								10:00-10:30			
10:30-11:00														10:30-11:00				
11:00-11:30														11:00-11:30				
11:30-12:00														11:30-12:00				
12:00-12:30														12:00-12:30				
12:30-13:00														12:30-13:00				
13:00-13:30														13:00-13:30				
13:30-14:00														13:30-14:00				
14:00-14:30														14:00-14:30				
14:30-15:00	Rundsim																	14:30-15:00
15:00-15:30							SPIF	SPIF	SPIF						15:00-15:30			
15:30-16:00							SPIF	SPIF	SPIF						15:30-16:00			
16:00-16:30							SPIF	SPIF	SPIF						16:00-16:30			
16:30-17:00		SPIF	SPIF	SPIF						16:30-17:00								
17:00-17:30		SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:00-17:30									
17:30-18:00		SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:30-18:00									
18:00-18:30		SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:00-18:30									
18:30-19:00		SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:30-19:00									
19:00-19:30		SPIF	SPIF	SPIF					19:00-19:30									
19:30-20:00		SPIF	SPIF	SPIF					19:30-20:00									
20:00-20:30	SPIF	SPIF	SPIF					20:00-20:30										
20:30-21:00							SPIF	SPIF	SPIF				20:30-21:00					

Med reservation för ändringar

Lördag		0	1	2	3	4	5	6	7	8	9	10	11	10-jan
07:45-08:00														07:45-08:00
08:00-08:30	Rundsim					Snabb-bana			Team Snabbare	Team Snabbare	Team Snabbare			08:00-08:30
08:30-09:00									Team Snabbare	Team Snabbare	Team Snabbare			08:30-09:00
09:00-09:30									Team Snabbare	Team Snabbare	Team Snabbare	IDF Simskola	IDF Simskola	09:00-09:30
09:30-10:00												IDF Simskola	IDF Simskola	09:30-10:00
10:00-10:30												IDF Simskola	IDF Simskola	10:00-10:30
10:30-11:00												IDF Simskola	IDF Simskola	10:30-11:00
11:00-11:30									Sthlm Dolphins	Sthlm Dolphins	Sthlm Dolphins	IDF Simskola	IDF Simskola	11:00-11:30
11:30-12:00									Sthlm Dolphins	Sthlm Dolphins	Sthlm Dolphins	IDF Simskola	IDF Simskola	11:30-12:00
12:00-12:30							Lek	Bröstsim	Crawl	Crawl	Snabb-bana	Sthlm Dolphins	Sthlm Dolphins	Sthlm Dolphins
12:30-13:00													12:30-13:00	
13:00-13:30													13:00-13:30	
13:30-14:00													13:30-14:00	
14:00-14:30													14:00-14:30	
14:30-15:00													14:30-15:00	
15:00-15:30													15:00-15:30	
15:30-16:00													15:30-16:00	
16:00-16:30													16:00-16:30	
16:30-17:00													16:30-17:00	
17:00-17:30													17:00-17:30	
17:30-18:00													17:30-18:00	
18:00-18:30								18:00-18:30						
18:30-19:00													18:30-19:00	

Med reservation för ändringar

Söndag		0	1	2	3	4	5	6	7	8	9	10	11	11-jan
07:45-08:00														07:45-08:00
08:00-08:30	Rundsim					Snabb-bana	SPIF Masters	SPIF Masters	SPIF Masters	SPIF	SPIF	SPIF	SPIF	08:00-08:30
08:30-09:00							SPIF Masters	SPIF Masters	SPIF Masters	SPIF	SPIF	SPIF	SPIF	08:30-09:00
09:00-09:30							SPIF Masters	SPIF Masters	SPIF Masters	SPIF	SPIF	SPIF	SPIF	09:00-09:30
09:30-10:00							SPIF Masters	SPIF Masters	SPIF Masters	SPIF	SPIF	SPIF	SPIF	09:30-10:00
10:00-10:30							SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun			10:00-10:30
10:30-11:00							SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun			10:30-11:00
11:00-11:30							SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	IDF Simskola	IDF Simskola	11:00-11:30
11:30-12:00							SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	IDF Simskola	IDF Simskola	11:30-12:00
12:00-12:30												IDF Simskola	IDF Simskola	12:00-12:30
12:30-13:00	Lek	Bröstsimsim		Crawl	Crawl	Snabb-bana								12:30-13:00
13:00-13:30														13:00-13:30
13:30-14:00												IDF Simskola	IDF Simskola	13:30-14:00
14:00-14:30												IDF Simskola	IDF Simskola	14:00-14:30
14:30-15:00												IDF Simskola	IDF Simskola	14:30-15:00
15:00-15:30							SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	15:00-15:30
15:30-16:00							SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	15:30-16:00
16:00-16:30							Hellas Masters	Hellas Masters	SPIF	SPIF	SPIF	SPIF	SPIF	16:00-16:30
16:30-17:00							Hellas Masters	Hellas Masters	SPIF	SPIF	SPIF	SPIF	SPIF	16:30-17:00
17:00-17:30							SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	17:00-17:30
17:30-18:00							SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	17:30-18:00
18:00-18:30							SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	18:00-18:30
18:30-19:00							SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	18:30-19:00
19:00-19:30	Rundsim					Snabb-bana	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	19:00-19:30
19:30-20:00							SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	19:30-20:00
20:00-20:30														20:00-20:30

Med reservation för ändringar

Måndag		0	1	2	3	4	5	6	7	8	9	10	11	12-jan
06:00-06:30	Rundsim	Bröstsim				Snabb-bana	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:00-06:30
06:30-07:00							Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:30-07:00
07:00-07:30							Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	07:00-07:30
07:30-08:00							Neptun Masters	Neptun Masters	EVLI	EVLI	Team Snabbare	Team Snabbare	Team Snabbare	07:30-08:00
08:00-08:30							Neptun Masters	Neptun Masters	EVLI	EVLI	Team Snabbare	Team Snabbare	Team Snabbare	08:00-08:30
08:30-09:00							Skola	Skola	Skola	Skola	Skola	IDF Skolsim	IDF Skolsim	08:30-09:00
09:00-09:30	IDF Skolsim			IDF Skolsim	09:00-09:30									
09:30-10:00	IDF Skolsim			IDF Skolsim	09:30-10:00									
10:00-10:30	IDF Skolsim			IDF Skolsim	10:00-10:30									
10:30-11:00	IDF Skolsim			IDF Skolsim	10:30-11:00									
11:00-11:30	SPIF Masters			SPIF Masters	11:00-11:30									
11:30-12:00	SPIF Masters			SPIF Masters	11:30-12:00									
12:00-12:30	SPIF Masters			SPIF Masters	12:00-12:30									
12:30-13:00	IDF Skolsim			IDF Skolsim	12:30-13:00									
13:00-13:30	IDF Skolsim			IDF Skolsim	13:00-13:30									
13:30-14:00	IDF Skolsim			IDF Skolsim	13:30-14:00									
14:00-14:30	IDF Skolsim			IDF Skolsim	14:00-14:30									
14:30-15:00	IDF Skolsim			IDF Skolsim	14:30-15:00									
15:00-15:30	Rundsim			SPIF	SPIF		SPIF	SPIF	SK Neptun	IDF Skolsim	IDF Skolsim	15:00-15:30		
15:30-16:00				SPIF	SPIF		SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	15:30-16:00		
16:00-16:30				SPIF	SPIF		SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	16:00-16:30		
16:30-17:00				SPIF	SPIF		SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	16:30-17:00		
17:00-17:30				SPIF	SPIF		SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	17:00-17:30		
17:30-18:00				SPIF	SPIF		SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	17:30-18:00		
18:00-18:30				SPIF	SPIF		SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	18:00-18:30		
18:30-19:00				SPIF	SPIF		SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	18:30-19:00		
19:00-19:30				SPIF	SPIF		SPIF	SPIF	Hellas	Hellas	Hellas	19:00-19:30		
19:30-20:00				SPIF	SPIF		SPIF	SPIF	Hellas	Hellas	Hellas	19:30-20:00		
20:00-20:30				SPIF	SPIF		SPIF	SPIF	Hellas	Hellas	Hellas	20:00-20:30		
20:30-21:00				SPIF Masters	SPIF Masters		SPIF Masters	SPIF Masters	Hellas	Hellas	Hellas	20:30-21:00		
21:00-21:30				SPIF Masters	SPIF Masters		SPIF Masters	SPIF Masters	Apnea	Apnea	Apnea	21:00-21:30		
21:30-22:00										SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	Apnea

Med reservation för ändringar

Tisdag		0	1	2	3	4	5	6	7	8	9	10	11	13-jan								
06:00-06:30	Rundsim	Bröstsim				Snabb-bana								06:00-06:30								
06:30-07:00							SPIF Masters	SCT	SCT	SCT	SCT	APNEA	APNEA	06:30-07:00								
07:00-07:30							SPIF Masters	SCT	SCT	SCT	SCT	APNEA	APNEA	07:00-07:30								
07:30-08:00							SPIF Masters	SPIF Masters		Team Jarla	Team Jarla	APNEA	APNEA	07:30-08:00								
08:00-08:30							SPIF Masters	SPIF Masters		Team Jarla	Team Jarla	APNEA	APNEA	08:00-08:30								
08:30-09:00	Lek						Crawl	Crawl		Skola	Skola	Skola	Skola	Skola	IDF Skolsim	IDF Skolsim	08:30-09:00					
09:00-09:30															IDF Skolsim	IDF Skolsim	09:00-09:30					
09:30-10:00															IDF Skolsim	IDF Skolsim	09:30-10:00					
10:00-10:30															IDF Skolsim	IDF Skolsim	10:00-10:30					
10:30-11:00															IDF Skolsim	IDF Skolsim	10:30-11:00					
11:00-11:30															SPIF Masters	SPIF Masters	11:00-11:30					
11:30-12:00															SPIF Masters	SPIF Masters	11:30-12:00					
12:00-12:30															SPIF Masters	SPIF Masters	12:00-12:30					
12:30-13:00															SPIF Masters	SPIF Masters	12:30-13:00					
13:00-13:30															IDF Skolsim	IDF Skolsim	13:00-13:30					
13:30-14:00															IDF Skolsim	IDF Skolsim	13:30-14:00					
14:00-14:30															IDF Skolsim	IDF Skolsim	14:00-14:30					
14:30-15:00															IDF Skolsim	IDF Skolsim	14:30-15:00					
15:00-15:30	Rundsim									Crawl	Crawl				NEC	NEC	SK Neptun	SK Neptun	SK Neptun	15:00-15:30		
15:30-16:00															NEC	NEC	SK Neptun	SK Neptun	SK Neptun	15:30-16:00		
16:00-16:30															NEC	NEC	SK Neptun	SK Neptun	SK Neptun	16:00-16:30		
16:30-17:00															NEC	NEC	SK Neptun	SK Neptun	SK Neptun	16:30-17:00		
17:00-17:30													Spårvägen	Spårvägen	Spårvägen	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:00-17:30		
17:30-18:00													Spårvägen	Spårvägen	Spårvägen	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:30-18:00		
18:00-18:30													Spårvägen	Spårvägen	Spårvägen	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:00-18:30		
18:30-19:00													Spårvägen	Spårvägen	Spårvägen	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:30-19:00		
19:00-19:30													Alvsjö AIK	Alvsjö AIK	Alvsjö AIK	Hellas	Hellas	Hellas	Hellas	19:00-19:30		
19:30-20:00													Alvsjö AIK	Alvsjö AIK	Alvsjö AIK	Hellas	Hellas	Hellas	Hellas	19:30-20:00		
20:00-20:30													Alvsjö AIK	Alvsjö AIK	Alvsjö AIK	Hellas	Hellas	Hellas	IDF Simskola	20:00-20:30		
20:30-21:00													Alvsjö AIK	Alvsjö AIK	Alvsjö AIK	Hellas	Hellas	Hellas	IDF Simskola	20:30-21:00		
21:00-21:30																		Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters
21:30-22:00											Neptun Masters		Neptun Masters			Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	21:30-22:00	

Med reservation för ändringar

Onsdag		0	1	2	3	4	5	6	7	8	9	10	11	14-jan								
06:00-06:30	Rundsim	Bröstsim				Snabb-bana	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:00-06:30								
06:30-07:00							Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:30-07:00								
07:00-07:30							Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	07:00-07:30								
07:30-08:00								Team Jarla	Team Jarla	EVLI	EVLI	Team Snabbare	Team Snabbare	07:30-08:00								
08:00-08:30								Team Jarla	Team Jarla	EVLI	EVLI	Team Snabbare	Team Snabbare	08:00-08:30								
08:30-09:00							Skola					Skola					Skola	IDF Skolsim	IDF Skolsim	08:30-09:00		
09:00-09:30	IDF Skolsim			IDF Skolsim	09:00-09:30																	
09:30-10:00	IDF Skolsim			IDF Skolsim	09:30-10:00																	
10:00-10:30	IDF Skolsim			IDF Skolsim	10:00-10:30																	
10:30-11:00	IDF Skolsim			IDF Skolsim	10:30-11:00																	
11:00-11:30																						11:00-11:30
11:30-12:00	Neptun Masters			Neptun Masters	11:30-12:00																	
12:00-12:30	Neptun Masters			Neptun Masters	12:00-12:30																	
12:30-13:00																						12:30-13:00
13:00-13:30																						13:00-13:30
13:30-14:00																						13:30-14:00
14:00-14:30																						14:00-14:30
14:30-15:00																						14:30-15:00
15:00-15:30	Rundsim									SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:00-15:30					
15:30-16:00										SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:30-16:00					
16:00-16:30										SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:00-16:30					
16:30-17:00										SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:30-17:00					
17:00-17:30										SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:00-17:30					
17:30-18:00										SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:30-18:00					
18:00-18:30										SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:00-18:30					
18:30-19:00										SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:30-19:00					
19:00-19:30										SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	19:00-19:30					
19:30-20:00										SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	19:30-20:00					
20:00-20:30										SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	20:00-20:30					
20:30-21:00										SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	20:30-21:00					
21:00-21:30										SPIF Masters	SPIF Masters	SPIF Masters	APNEA	APNEA	APNEA	APNEA	21:00-21:30					
21:30-22:00	SPIF Masters			SPIF Masters	SPIF Masters		APNEA	APNEA	APNEA	APNEA	21:30-22:00											

Med reservation för ändringar

Torsdag		0	1	2	3	4	5	6	7	8	9	10	11	15-jan				
06:00-06:30	Rundsim	Bröstsim				Snabb-bana	Neptun Masters	Neptun Masters	Neptun Masters					06:00-06:30				
06:30-07:00							Neptun Masters	Neptun Masters	Neptun Masters	SCT	SCT	SCT	SCT	06:30-07:00				
07:00-07:30							Neptun Masters	Neptun Masters	Neptun Masters	SCT	SCT	SCT	SCT	07:00-07:30				
07:30-08:00										Neptun Masters	Neptun Masters	EVLI	EVLI	07:30-08:00				
08:00-08:30										Neptun Masters	Neptun Masters	EVLI	EVLI	08:00-08:30				
08:30-09:00							Lek	skola	skola	skola	skola	skola	IDF Skolsim	IDF Skolsim	08:30-09:00			
09:00-09:30	IDF Skolsim			IDF Skolsim	09:00-09:30													
09:30-10:00	IDF Skolsim			IDF Skolsim	09:30-10:00													
10:00-10:30	IDF Skolsim			IDF Skolsim	10:00-10:30													
10:30-11:00	IDF Skolsim			IDF Skolsim	10:30-11:00													
11:00-11:30	SPIF Masters			SPIF Masters	11:00-11:30													
11:30-12:00	SPIF Masters			SPIF Masters	11:30-12:00													
12:00-12:30	SPIF Masters			SPIF Masters	12:00-12:30													
12:30-13:00	SPIF Masters			SPIF Masters	12:30-13:00													
13:00-13:30	IDF Skolsim			IDF Skolsim	13:00-13:30													
13:30-14:00	IDF Skolsim			IDF Skolsim	13:30-14:00													
14:00-14:30	IDF Skolsim			IDF Skolsim	14:00-14:30													
14:30-15:00	IDF Skolsim			IDF Skolsim	14:30-15:00													
15:00-15:30	Rundsim						NEC	NEC	SPIF	SPIF	SPIF	15:00-15:30						
15:30-16:00							NEC	NEC	SPIF	SPIF	SPIF	15:30-16:00						
16:00-16:30							NEC	NEC	SPIF	SPIF	SPIF	16:00-16:30						
16:30-17:00							NEC	NEC	SPIF	SPIF	SPIF	16:30-17:00						
17:00-17:30				SPIF	SPIF		SPIF	SPIF	SPIF	SPIF	SPIF	17:00-17:30						
17:30-18:00				SPIF	SPIF		SPIF	SPIF	SPIF	SPIF	SPIF	17:30-18:00						
18:00-18:30				SPIF	SPIF		SPIF	SPIF	SPIF	SPIF	SPIF	18:00-18:30						
18:30-19:00				SPIF	SPIF		SPIF	SPIF	SPIF	SPIF	SPIF	18:30-19:00						
19:00-19:30				SPIF	SPIF		SPIF	SPIF	SPIF	SPIF	SPIF	19:00-19:30						
19:30-20:00				SPIF	SPIF		SPIF	SPIF	SPIF	SPIF	SPIF	19:30-20:00						
20:00-20:30				SPIF	SPIF		SPIF	SPIF	SPIF	SPIF	SPIF	20:00-20:30						
20:30-21:00				SPIF	SPIF		SPIF	SPIF	SPIF	SPIF Masters	SPIF Masters	SPIF Masters	20:30-21:00					
21:00-21:30										Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	SPIF Masters	SPIF Masters	SPIF Masters	21:00-21:30	
21:30-22:00										Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	SPIF Masters	SPIF Masters	SPIF Masters	21:30-22:00	

Med reservation för ändringar

Fredag		0	1	2	3	4	5	6	7	8	9	10	11	16-jan
06:00-06:30	Rundsim	Bröstsim				Snabb-bana	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:00-06:30
06:30-07:00							Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:30-07:00
07:00-07:30							Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	APNEA	APNEA	07:00-07:30
07:30-08:00							SPIF Masters	SPIF Masters	KTH	KTH	KTH	APNEA	APNEA	07:30-08:00
08:00-08:30							SPIF Masters	SPIF Masters	KTH	KTH	KTH	APNEA	APNEA	08:00-08:30
08:30-09:00							Skola	Skola	Skola	Skola	Skola	IDF Skolsim	IDF Skolsim	08:30-09:00
09:00-09:30	IDF Skolsim			IDF Skolsim	09:00-09:30									
09:30-10:00	IDF Skolsim			IDF Skolsim	09:30-10:00									
10:00-10:30	IDF Skolsim			IDF Skolsim	10:00-10:30									
10:30-11:00	IDF Skolsim			IDF Skolsim	10:30-11:00									
11:00-11:30					11:00-11:30									
11:30-12:00	Neptun Masters			Neptun Masters	11:30-12:00									
12:00-12:30	Neptun Masters			Neptun Masters	12:00-12:30									
12:30-13:00					12:30-13:00									
13:00-13:30					13:00-13:30									
13:30-14:00					13:30-14:00									
14:00-14:30					14:00-14:30									
14:30-15:00					14:30-15:00									
15:00-15:30	Rundsim			SPIF	SPIF		SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:00-15:30		
15:30-16:00				SPIF	SPIF		SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:30-16:00		
16:00-16:30				SPIF	SPIF		SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:00-16:30		
16:30-17:00				SPIF	SPIF		SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:30-17:00		
17:00-17:30				SK Neptun	SK Neptun		SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:00-17:30		
17:30-18:00				SK Neptun	SK Neptun		SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:30-18:00		
18:00-18:30				SK Neptun	SK Neptun		SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:00-18:30		
18:30-19:00				SK Neptun	SK Neptun		SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:30-19:00		
19:00-19:30				SPIF	SPIF		SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	19:00-19:30		
19:30-20:00				SPIF	SPIF		SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	19:30-20:00		
20:00-20:30				SPIF	SPIF		SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	20:00-20:30		
20:30-21:00					SPIF		SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	20:30-21:00	

Med reservation för ändringar

Lördag		0	1	2	3	4	5	6	7	8	9	10	11	17-jan					
07:45-08:00														07:45-08:00					
08:00-08:30	Rundsim								Team Snabbare	Team Snabbare	Team Snabbare			08:00-08:30					
08:30-09:00									Team Snabbare	Team Snabbare	Team Snabbare			08:30-09:00					
09:00-09:30									Team Snabbare	Team Snabbare	Team Snabbare	IDF Simskola	IDF Simskola	09:00-09:30					
09:30-10:00												IDF Simskola	IDF Simskola	09:30-10:00					
10:00-10:30												IDF Simskola	IDF Simskola	10:00-10:30					
10:30-11:00												IDF Simskola	IDF Simskola	10:30-11:00					
11:00-11:30									Sthlm Dolphins	Sthlm Dolphins	Sthlm Dolphins	IDF Simskola	IDF Simskola	11:00-11:30					
11:30-12:00									Sthlm Dolphins	Sthlm Dolphins	Sthlm Dolphins	IDF Simskola	IDF Simskola	11:30-12:00					
12:00-12:30							Lek	Bröstsims	Crawl	Crawl	Snabb-bana			Sthlm Dolphins	Sthlm Dolphins	Sthlm Dolphins			12:00-12:30
12:30-13:00																			
13:00-13:30															13:00-13:30				
13:30-14:00															13:30-14:00				
14:00-14:30															Dykhuset	14:00-14:30			
14:30-15:00															Dykhuset	14:30-15:00			
15:00-15:30															Dykhuset	15:00-15:30			
15:30-16:00															Dykhuset	15:30-16:00			
16:00-16:30															Dykhuset	16:00-16:30			
16:30-17:00															Dykhuset	16:30-17:00			
17:00-17:30													17:00-17:30						
17:30-18:00													17:30-18:00						
18:00-18:30													18:00-18:30						
18:30-19:00														18:30-19:00					

Med reservation för ändringar

Söndag		0	1	2	3	4	5	6	7	8	9	10	11	18-jan					
07:45-08:00														07:45-08:00					
08:00-08:30	Rundsim	Bröstsim	Crawl	Crawl	Snabb-bana	SPIF Masters	SPIF Masters	SPIF Masters	SPIF	SPIF	SPIF	SPIF	SPIF	08:00-08:30					
08:30-09:00						SPIF Masters	SPIF Masters	SPIF Masters	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	08:30-09:00				
09:00-09:30						SPIF Masters	SPIF Masters	SPIF Masters	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	09:00-09:30				
09:30-10:00						SPIF Masters	SPIF Masters	SPIF Masters	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	09:30-10:00				
10:00-10:30						SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun					10:00-10:30				
10:30-11:00						SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun					10:30-11:00				
11:00-11:30						SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	IDF Simskola	IDF Simskola	IDF Simskola	IDF Simskola	11:00-11:30				
11:30-12:00						SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	IDF Simskola	IDF Simskola	IDF Simskola	IDF Simskola	11:30-12:00				
12:00-12:30	Lek													IDF Simskola	IDF Simskola	IDF Simskola	12:00-12:30		
12:30-13:00																	12:30-13:00		
13:00-13:30																	13:00-13:30		
13:30-14:00														IDF Simskola	IDF Simskola	IDF Simskola	13:30-14:00		
14:00-14:30														IDF Simskola	IDF Simskola	IDF Simskola	14:00-14:30		
14:30-15:00														IDF Simskola	IDF Simskola	IDF Simskola	14:30-15:00		
15:00-15:30						SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	15:00-15:30	
15:30-16:00						SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	15:30-16:00	
16:00-16:30						Hellas Masters	Hellas Masters	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	16:00-16:30	
16:30-17:00						Hellas Masters	Hellas Masters	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	16:30-17:00	
17:00-17:30						SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	17:00-17:30	
17:30-18:00						SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	17:30-18:00	
18:00-18:30						SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	18:00-18:30	
18:30-19:00						SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	18:30-19:00	
19:00-19:30						Rundsim													19:00-19:30
19:30-20:00							SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	19:30-20:00	
20:00-20:30														20:00-20:30					

Med reservation för ändringar