

Måndag	Hoppbassäng / 25-metersbassäng							6	7	8	9	10	11	08-sep
06:00-06:30					Neptun Master (simbana)			Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:00-06:30
06:30-07:00	Neptun Hopp				Neptun Master (simbana)			Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:30-07:00
07:00-07:30	Neptun Hopp				Neptun Master (simbana)			Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	07:00-07:30
07:30-08:00								Neptun Masters	Neptun Masters	EVLI	EVLI	Team Snabbare	Team Snabbare	07:30-08:00
08:00-08:30					SPIF Skola			Neptun Masters	Neptun Masters	EVLI	EVLI	Team Snabbare	Team Snabbare	08:00-08:30
08:30-09:00					SPIF Skola									08:30-09:00
09:00-09:30														09:00-09:30
09:30-10:00														09:30-10:00
10:00-10:30														10:00-10:30
10:30-11:00														10:30-11:00
11:00-11:30												SPIF Masters	SPIF Masters	11:00-11:30
11:30-12:00												SPIF Masters	SPIF Masters	11:30-12:00
12:00-12:30												SPIF Masters	SPIF Masters	12:00-12:30
12:30-13:00														12:30-13:00
13:00-13:30														13:00-13:30
13:30-14:00														13:30-14:00
14:00-14:30														14:00-14:30
14:30-15:00														14:30-15:00
15:00-15:30	Neptun Hopp				Polisen hopp			SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	15:00-15:30
15:30-16:00	Neptun Hopp				Polisen hopp			SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	15:30-16:00
16:00-16:30	Neptun Hopp				Polisen hopp			SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	16:00-16:30
16:30-17:00	Neptun Hopp				Polisen hopp			SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	16:30-17:00
17:00-17:30	Neptun Hopp				Polisen hopp			SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	17:00-17:30
17:30-18:00	Neptun Hopp				Polisen hopp			SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	17:30-18:00
18:00-18:30	Neptun Hopp				Polisen hopp			SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	18:00-18:30
18:30-19:00	Neptun Hopp				Polisen hopp			SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	18:30-19:00
19:00-19:30	Neptun Hopp				Polisen hopp			SPIF	SPIF	SPIF	SPIF	Hellas	Hellas	19:00-19:30
19:30-20:00	Neptun Masters				Polisen hopp			SPIF	SPIF	SPIF	SPIF	Hellas	Hellas	19:30-20:00
20:00-20:30	Rundsim	Bröstsims	Crawl	Crawl				SPIF	SPIF	SPIF	SPIF	Hellas	Hellas	20:00-20:30
20:30-21:00								SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	Hellas	Hellas	20:30-21:00
21:00-21:30								SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	Apnea	Apnea	21:00-21:30
21:30-22:00	5m djup							SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	Apnea	Apnea	21:30-22:00

Tisdag	Hoppbassäng / 25-metersbassäng						6	7	8	9	10	11	09-sep	
06:00-06:30	Neptun Konstsim Masters												06:00-06:30	
06:30-07:00	Neptun Konstsim Masters				SPIF Masters sim		SPIF Masters	SCT	SCT	SCT	APNEA	APNEA	06:30-07:00	
07:00-07:30	Neptun Konstsim Masters				SPIF Masters sim		SPIF Masters	SCT	SCT	SCT	APNEA	APNEA	07:00-07:30	
07:30-08:00							SPIF Masters	SPIF Masters	Team Jarla	Team Jarla	APNEA	APNEA	07:30-08:00	
08:00-08:30							SPIF Masters	SPIF Masters	Team Jarla	Team Jarla	APNEA	APNEA	08:00-08:30	
08:30-09:00													08:30-09:00	
09:00-09:30	SPIF Skola				SPIF Skola								09:00-09:30	
09:30-10:00	SPIF Skola				SPIF Skola								09:30-10:00	
10:00-10:30	SPIF Skola				SPIF Skola								10:00-10:30	
10:30-11:00	SPIF Skola				SPIF Skola								10:30-11:00	
11:00-11:30											SPIF Masters	SPIF Masters	11:00-11:30	
11:30-12:00	SPIF Skola				SPIF Skola						SPIF Masters	SPIF Masters	11:30-12:00	
12:00-12:30	SPIF Skola				SPIF Skola						SPIF Masters	SPIF Masters	12:00-12:30	
12:30-13:00	SPIF Skola				SPIF Skola						SPIF Masters	SPIF Masters	12:30-13:00	
13:00-13:30	SPIF Skola				SPIF Skola								13:00-13:30	
13:30-14:00													13:30-14:00	
14:00-14:30													14:00-14:30	
14:30-15:00													14:30-15:00	
15:00-15:30	Neptun Hopp				Polisen hopp		NEC	NEC	NEC	NEC	SK Neptun	SK Neptun	15:00-15:30	
15:30-16:00	Neptun Hopp				Polisen hopp		NEC	NEC	NEC	NEC	SK Neptun	SK Neptun	15:30-16:00	
16:00-16:30	Neptun Hopp				Polisen hopp		NEC	NEC	NEC	NEC	SK Neptun	SK Neptun	16:00-16:30	
16:30-17:00	Neptun Hopp				Polisen hopp		NEC	NEC	NEC	NEC	SK Neptun	SK Neptun	16:30-17:00	
17:00-17:30	Neptun Hopp				Polisen hopp		SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:00-17:30	
17:30-18:00	Neptun Hopp				Polisen hopp		SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:30-18:00	
18:00-18:30	Neptun Hopp				Polisen hopp		SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:00-18:30	
18:30-19:00	Neptun Hopp				Polisen hopp		SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:30-19:00	
19:00-19:30	Neptun Hopp				Polisen hopp		Alvsjö AIK	Alvsjö AIK	Alvsjö AIK	Hellas	Hellas	Hellas	19:00-19:30	
19:30-20:00	Neptun Masters				Polisen hopp		Alvsjö AIK	Alvsjö AIK	Alvsjö AIK	Hellas	Hellas	Hellas	19:30-20:00	
20:00-20:30	Rundsim	Bröstsim	Crawl	Crawl	SCT	SCT	SCT	Alvsjö AIK	Alvsjö AIK	Alvsjö AIK	Hellas	Hellas	Hellas	20:00-20:30
20:30-21:00					SCT	SCT	SCT	Alvsjö AIK	Alvsjö AIK	Alvsjö AIK	Hellas	Hellas	Hellas	20:30-21:00
21:00-21:30					Dolphins	Dolphins	Dolphins	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	21:00-21:30
21:30-22:00					5m djup			Dolphins	Dolphins	Dolphins	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters

Onsdag	Hoppbassäng / 25-metersbassäng							6	7	8	9	10	11	10-sep
06:00-06:30								Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:00-06:30
06:30-07:00					Neptun Hopp			Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:30-07:00
07:00-07:30	07:15				Neptun Hopp			Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	07:00-07:30
07:30-08:00	SPIF M.				Neptun Hopp			Team Jarla	Team Jarla	EVLI	EVLI	Team Snabbare	Team Snabbare	07:30-08:00
08:00-08:30								Team Jarla	Team Jarla	EVLI	EVLI	Team Snabbare	Team Snabbare	08:00-08:30
08:30-09:00	IDF, Städ/underhåll													08:30-09:00
09:00-09:30														09:00-09:30
09:30-10:00														09:30-10:00
10:00-10:30														10:00-10:30
10:30-11:00														10:30-11:00
11:00-11:30														11:00-11:30
11:30-12:00												Neptun Masters	Neptun Masters	11:30-12:00
12:00-12:30												Neptun Masters	Neptun Masters	12:00-12:30
12:30-13:00														12:30-13:00
13:00-13:30														13:00-13:30
13:30-14:00														13:30-14:00
14:00-14:30														14:00-14:30
14:30-15:00														14:30-15:00
15:00-15:30	Neptun Hopp				Polisen hopp			SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:00-15:30
15:30-16:00	Neptun Hopp				Polisen hopp			SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:30-16:00
16:00-16:30	Neptun Hopp				Polisen hopp			SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:00-16:30
16:30-17:00	Neptun Hopp				Polisen hopp			SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:30-17:00
17:00-17:30	Neptun Hopp				Polisen hopp			SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:00-17:30
17:30-18:00	Neptun Hopp				Polisen hopp			SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:30-18:00
18:00-18:30	Neptun Hopp				Neptun Hopp			SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:00-18:30
18:30-19:00	Neptun Hopp				Neptun Hopp			SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:30-19:00
19:00-19:30	Neptun Hopp				Neptun Hopp			SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	19:00-19:30
19:30-20:00	Neptun Masters				Neptun Hopp			SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	19:30-20:00
20:00-20:30	Rundsim	Bröstsim	Crawl	Crawl	SCT	SCT	SCT	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	20:00-20:30
20:30-21:00					SCT	SCT	SCT	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	20:30-21:00
21:00-21:30					SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	APNEA	APNEA	APNEA	APNEA	21:00-21:30
21:30-22:00					5m djup				SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	APNEA

Torsdag	Hoppbassäng / 25-metersbassäng		6	7	8	9	10	11	11-sep
06:00-06:30			Neptun Masters	Neptun Masters	Neptun Masters				06:00-06:30
06:30-07:00		Neptun Hopp	Neptun Masters	Neptun Masters	Neptun Masters	SCT	SCT	SCT	06:30-07:00
07:00-07:30	07:15	Neptun Hopp	Neptun Masters	Neptun Masters	Neptun Masters	SCT	SCT	SCT	07:00-07:30
07:30-08:00	SPIF M.	Neptun Hopp					EVLI	EVLI	07:30-08:00
08:00-08:30							EVLI	EVLI	08:00-08:30
08:30-09:00									08:30-09:00
09:00-09:30									09:00-09:30
09:30-10:00									09:30-10:00
10:00-10:30									10:00-10:30
10:30-11:00									10:30-11:00
11:00-11:30							SPIF Masters	SPIF Masters	11:00-11:30
11:30-12:00							SPIF Masters	SPIF Masters	11:30-12:00
12:00-12:30							SPIF Masters	SPIF Masters	12:00-12:30
12:30-13:00							SPIF Masters	SPIF Masters	12:30-13:00
13:00-13:30									13:00-13:30
13:30-14:00									13:30-14:00
14:00-14:30									14:00-14:30
14:30-15:00									14:30-15:00
15:00-15:30	Neptun Hopp	Polisen hopp	SPIF	SPIF	NEC	NEC	NEC	NEC	15:00-15:30
15:30-16:00	Neptun Hopp	Polisen hopp	SPIF	SPIF	NEC	NEC	NEC	NEC	15:30-16:00
16:00-16:30	Neptun Hopp	Polisen hopp	SPIF	SPIF	NEC	NEC	NEC	NEC	16:00-16:30
16:30-17:00	Neptun Hopp	Polisen hopp	SPIF	SPIF	NEC	NEC	NEC	NEC	16:30-17:00
17:00-17:30	Neptun Hopp	Polisen hopp	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	17:00-17:30
17:30-18:00	Neptun Hopp	Polisen hopp	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	17:30-18:00
18:00-18:30	Neptun Hopp	Polisen hopp	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	18:00-18:30
18:30-19:00	Neptun Hopp	Polisen hopp	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	18:30-19:00
19:00-19:30	Neptun Hopp	Polisen hopp	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	19:00-19:30
19:30-20:00	Neptun Hopp	Polisen hopp	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	19:30-20:00
20:00-20:30	Neptun Hopp Masters	Neptun Hopp Masters	SPIF	Crawl	Crawl	Bröstsims	Rundsims		20:00-20:30
20:30-21:00	Neptun Hopp Masters	Neptun Hopp Masters	SPIF Masters						20:30-21:00
21:00-21:30	Neptun Hopp Masters	Neptun Hopp	SPIF Masters						21:00-21:30
21:30-22:00	21:45	Neptun Hopp	SPIF Masters	5m djup					21:30-22:00

Lördag	Hoppbassäng / 25-metersbassäng		6	7	8	9	10	11	13-sep
07:45-08:00	Dive of hope (SPIF)		Crawl	Bröstsims	Rundsims			LEK	07:45-08:00
08:00-08:30									08:00-08:30
08:30-09:00									08:30-09:00
09:00-09:30									09:00-09:30
09:30-10:00									09:30-10:00
10:00-10:30									10:00-10:30
10:30-11:00									10:30-11:00
11:00-11:30									11:00-11:30
11:30-12:00									11:30-12:00
12:00-12:30									12:00-12:30
12:30-13:00									12:30-13:00
13:00-13:30									13:00-13:30
13:30-14:00									13:30-14:00
14:00-14:30									14:00-14:30
14:30-15:00									14:30-15:00
15:00-15:30	15:00-15:30								
15:30-16:00	15:30-16:00								
16:00-16:30	Neptun Konstsim	Neptun Konstsim							16:00-16:30
16:30-17:00	Neptun Konstsim	Neptun Konstsim							16:30-17:00
17:00-17:30	Neptun Konstsim	Neptun Konstsim							17:00-17:30
17:30-18:00	Neptun Konstsim	Neptun Konstsim							17:30-18:00
18:00-18:30	Neptun Konstsim	Neptun Konstsim							18:00-18:30
18:30-19:00	Neptun Konstsim	Neptun Konstsim							18:30-19:00

[illegible]

Måndag	Hoppbassäng / 25-metersbassäng							6	7	8	9	10	11	15-sep
06:00-06:30					Neptun Master (simbana)			Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:00-06:30
06:30-07:00	Neptun Hopp				Neptun Master (simbana)			Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:30-07:00
07:00-07:30	Neptun Hopp				Neptun Master (simbana)			Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	07:00-07:30
07:30-08:00								Neptun Masters	Neptun Masters	EVLI	EVLI	Team Snabbare	Team Snabbare	07:30-08:00
08:00-08:30								Neptun Masters	Neptun Masters	EVLI	EVLI	Team Snabbare	Team Snabbare	08:00-08:30
08:30-09:00														08:30-09:00
09:00-09:30														09:00-09:30
09:30-10:00														09:30-10:00
10:00-10:30														10:00-10:30
10:30-11:00														10:30-11:00
11:00-11:30												SPIF Masters	SPIF Masters	11:00-11:30
11:30-12:00												SPIF Masters	SPIF Masters	11:30-12:00
12:00-12:30												SPIF Masters	SPIF Masters	12:00-12:30
12:30-13:00														12:30-13:00
13:00-13:30														13:00-13:30
13:30-14:00														13:30-14:00
14:00-14:30														14:00-14:30
14:30-15:00														14:30-15:00
15:00-15:30	Neptun Hopp				Polisen hopp			SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	15:00-15:30
15:30-16:00	Neptun Hopp				Polisen hopp			SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	15:30-16:00
16:00-16:30	Neptun Hopp				Polisen hopp			SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	16:00-16:30
16:30-17:00	Neptun Hopp				Polisen hopp			SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	16:30-17:00
17:00-17:30	Neptun Hopp				Polisen hopp			SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	17:00-17:30
17:30-18:00	Neptun Hopp				Polisen hopp			SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	17:30-18:00
18:00-18:30	Neptun Hopp				Polisen hopp			SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	18:00-18:30
18:30-19:00	Neptun Hopp				Polisen hopp			SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	18:30-19:00
19:00-19:30	Neptun Hopp				Polisen hopp			SPIF	SPIF	SPIF	SPIF	Hellas	Hellas	19:00-19:30
19:30-20:00	Neptun Masters				Polisen hopp			SPIF	SPIF	SPIF	SPIF	Hellas	Hellas	19:30-20:00
20:00-20:30	Rundsim	Bröstsim	Crawl	Crawl				SPIF	SPIF	SPIF	SPIF	Hellas	Hellas	20:00-20:30
20:30-21:00								SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	Hellas	Hellas	20:30-21:00
21:00-21:30								SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	Apnea	Apnea	21:00-21:30
21:30-22:00					5m djup							SPIF Masters	SPIF Masters	SPIF Masters

[illegible]

Onsdag	Hoppbassäng / 25-metersbassäng							6	7	8	9	10	11	17-sep
06:00-06:30								Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:00-06:30
06:30-07:00					Neptun Hopp			Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:30-07:00
07:00-07:30	07:15				Neptun Hopp			Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	07:00-07:30
07:30-08:00	SPIF M.				Neptun Hopp			Team Jarla	Team Jarla	EVLI	EVLI	Team Snabbare	Team Snabbare	07:30-08:00
08:00-08:30								Team Jarla	Team Jarla	EVLI	EVLI	Team Snabbare	Team Snabbare	08:00-08:30
08:30-09:00	IDF, Städ/underhåll													08:30-09:00
09:00-09:30														09:00-09:30
09:30-10:00														09:30-10:00
10:00-10:30														10:00-10:30
10:30-11:00														10:30-11:00
11:00-11:30														11:00-11:30
11:30-12:00												Neptun Masters	Neptun Masters	11:30-12:00
12:00-12:30												Neptun Masters	Neptun Masters	12:00-12:30
12:30-13:00														12:30-13:00
13:00-13:30														13:00-13:30
13:30-14:00														13:30-14:00
14:00-14:30														14:00-14:30
14:30-15:00														14:30-15:00
15:00-15:30	Neptun Hopp				Polisen hopp			SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:00-15:30
15:30-16:00	Neptun Hopp				Polisen hopp			SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:30-16:00
16:00-16:30	Neptun Hopp				Polisen hopp			SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:00-16:30
16:30-17:00	Neptun Hopp				Polisen hopp			SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:30-17:00
17:00-17:30	Neptun Hopp				Polisen hopp			SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:00-17:30
17:30-18:00	Neptun Hopp				Polisen hopp			SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:30-18:00
18:00-18:30	Neptun Hopp				Neptun Hopp			SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:00-18:30
18:30-19:00	Neptun Hopp				Neptun Hopp			SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:30-19:00
19:00-19:30	Neptun Hopp				Neptun Hopp			SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	19:00-19:30
19:30-20:00	Neptun Masters				Neptun Hopp			SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	19:30-20:00
20:00-20:30	Rundsim	Bröstsim	Crawl	Crawl	SCT	SCT	SCT	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	20:00-20:30
20:30-21:00					SCT	SCT	SCT	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	20:30-21:00
21:00-21:30					SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	APNEA	APNEA	APNEA	APNEA	21:00-21:30
21:30-22:00					5m djup				SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	APNEA

Torsdag	Hoppbassäng / 25-metersbassäng		6	7	8	9	10	11	18-sep
06:00-06:30			Neptun Masters	Neptun Masters	Neptun Masters				06:00-06:30
06:30-07:00		Neptun Hopp	Neptun Masters	Neptun Masters	Neptun Masters	SCT	SCT	SCT	06:30-07:00
07:00-07:30	07:15	Neptun Hopp	Neptun Masters	Neptun Masters	Neptun Masters	SCT	SCT	SCT	07:00-07:30
07:30-08:00	SPIF M.	Neptun Hopp					EVLI	EVLI	07:30-08:00
08:00-08:30							EVLI	EVLI	08:00-08:30
08:30-09:00									08:30-09:00
09:00-09:30									09:00-09:30
09:30-10:00									09:30-10:00
10:00-10:30									10:00-10:30
10:30-11:00									10:30-11:00
11:00-11:30							SPIF Masters	SPIF Masters	11:00-11:30
11:30-12:00							SPIF Masters	SPIF Masters	11:30-12:00
12:00-12:30							SPIF Masters	SPIF Masters	12:00-12:30
12:30-13:00							SPIF Masters	SPIF Masters	12:30-13:00
13:00-13:30									13:00-13:30
13:30-14:00									13:30-14:00
14:00-14:30									14:00-14:30
14:30-15:00									14:30-15:00
15:00-15:30	Neptun Hopp	Polisen hopp	SPIF	SPIF	NEC	NEC	NEC	NEC	15:00-15:30
15:30-16:00	Neptun Hopp	Polisen hopp	SPIF	SPIF	NEC	NEC	NEC	NEC	15:30-16:00
16:00-16:30	Neptun Hopp	Polisen hopp	SPIF	SPIF	NEC	NEC	NEC	NEC	16:00-16:30
16:30-17:00	Neptun Hopp	Polisen hopp	SPIF	SPIF	NEC	NEC	NEC	NEC	16:30-17:00
17:00-17:30	Neptun Hopp	Polisen hopp	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	17:00-17:30
17:30-18:00	Neptun Hopp	Polisen hopp	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	17:30-18:00
18:00-18:30	Neptun Hopp	Polisen hopp	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	18:00-18:30
18:30-19:00	Neptun Hopp	Polisen hopp	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	18:30-19:00
19:00-19:30	Neptun Hopp	Polisen hopp	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	19:00-19:30
19:30-20:00	Neptun Hopp	Polisen hopp	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	19:30-20:00
20:00-20:30	Neptun Hopp Masters	Neptun Hopp Masters	SPIF	Crawl	Crawl	Bröstsims	Rundsims		20:00-20:30
20:30-21:00	Neptun Hopp Masters	Neptun Hopp Masters	SPIF Masters						20:30-21:00
21:00-21:30	Neptun Hopp Masters	Neptun Hopp	SPIF Masters						21:00-21:30
21:30-22:00	21:45	Neptun Hopp	SPIF Masters	5m djup					21:30-22:00

Fredag	Hoppbassäng / 25-metersbassäng							6	7	8	9	10	11	19-sep
06:00-06:30	Neptun Konstsim							Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:00-06:30
06:30-07:00	Neptun Konstsim							Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:30-07:00
07:00-07:30	Neptun Hopp Masters			Purr ut (2 banor)				Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	APNEA	APNEA	07:00-07:30
07:30-08:00	Neptun Hopp Masters			Neptun masters (1 bana)				Neptun Masters	KTH	KTH	KTH	APNEA	APNEA	07:30-08:00
08:00-08:30				Neptun masters (1 bana)				Neptun Masters	KTH	KTH	KTH	APNEA	APNEA	08:00-08:30
08:30-09:00														08:30-09:00
09:00-09:30														09:00-09:30
09:30-10:00														09:30-10:00
10:00-10:30														10:00-10:30
10:30-11:00														10:30-11:00
11:00-11:30														11:00-11:30
11:30-12:00												Neptun Masters	Neptun Masters	11:30-12:00
12:00-12:30												Neptun Masters	Neptun Masters	12:00-12:30
12:30-13:00														12:30-13:00
13:00-13:30														13:00-13:30
13:30-14:00														13:30-14:00
14:00-14:30														14:00-14:30
14:30-15:00														14:30-15:00
15:00-15:30	Neptun Hopp			Polisen hopp				SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	15:00-15:30
15:30-16:00	Neptun Hopp			Polisen hopp				SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	15:30-16:00
16:00-16:30	Neptun Hopp			Polisen hopp				SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	16:00-16:30
16:30-17:00	Neptun Hopp			Polisen hopp				SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	16:30-17:00
17:00-17:30	Neptun Hopp			Polisen hopp				SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:00-17:30
17:30-18:00	Neptun Hopp			Polisen hopp				SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:30-18:00
18:00-18:30	Neptun Hopp			Polisen hopp				SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:00-18:30
18:30-19:00	Neptun Hopp			Polisen hopp				SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:30-19:00
19:00-19:30	Rundsim	Bröstsim	Crawl	Crawl				SPIF	SPIF	SPIF	Neptun Masters	Neptun Masters	Neptun Masters	19:00-19:30
19:30-20:00								SPIF	SPIF	SPIF	Neptun Masters	Neptun Masters	Neptun Masters	19:30-20:00
20:00-20:30								SPIF	SPIF	SPIF	Neptun Masters	Neptun Masters	Neptun Masters	20:00-20:30
20:30-21:00					5m djup									20:30-21:00

Lördag	Hoppbassäng / 25-metersbassäng		6	7	8	9	10	11	20-sep
07:45-08:00	Polisen hopp	Polisen hopp							07:45-08:00
08:00-08:30	Polisen hopp	Polisen hopp	SPIF	SPIF	SPIF	Team Snabbare	Team Snabbare	Team Snabbare	08:00-08:30
08:30-09:00	Polisen hopp	Polisen hopp	SPIF	SPIF	SPIF	Team Snabbare	Team Snabbare	Team Snabbare	08:30-09:00
09:00-09:30	Polisen hopp	Polisen hopp	SPIF	SPIF	SPIF	Team Snabbare	Team Snabbare	Team Snabbare	09:00-09:30
09:30-10:00	Polisen hopp	Polisen hopp	SPIF	SPIF	SPIF				09:30-10:00
10:00-10:30	Polisen hopp	Polisen hopp							10:00-10:30
10:30-11:00	Polisen hopp	Polisen hopp							10:30-11:00
11:00-11:30	Polisen hopp	Polisen hopp				Sthlm Dolphins	Sthlm Dolphins	Sthlm Dolphins	11:00-11:30
11:30-12:00	Polisen hopp	Polisen hopp				Sthlm Dolphins	Sthlm Dolphins	Sthlm Dolphins	11:30-12:00
12:00-12:30	Polisen hopp	Polisen hopp				Sthlm Dolphins	Sthlm Dolphins	Sthlm Dolphins	12:00-12:30
12:30-13:00	Polisen hopp	Polisen hopp							12:30-13:00
13:00-13:30	Polisen hopp	Polisen hopp							13:00-13:30
13:30-14:00	Polisen hopp	Polisen hopp							13:30-14:00
14:00-14:30	Polisen hopp	Polisen hopp							14:00-14:30
14:30-15:00	Polisen hopp	Polisen hopp							14:30-15:00
15:00-15:30	Polisen hopp	Polisen hopp							15:00-15:30
15:30-16:00	Polisen hopp	Polisen hopp							15:30-16:00
16:00-16:30	Neptun Konstsim	Neptun Konstsim							16:00-16:30
16:30-17:00	Neptun Konstsim	Neptun Konstsim							16:30-17:00
17:00-17:30	Neptun Konstsim	Neptun Konstsim							17:00-17:30
17:30-18:00	Neptun Konstsim	Neptun Konstsim							17:30-18:00
18:00-18:30	Neptun Konstsim	Neptun Konstsim							18:00-18:30
18:30-19:00	Neptun Konstsim	Neptun Konstsim							18:30-19:00

[illegible]

Måndag	Hoppbassäng / 25-metersbassäng							6	7	8	9	10	11	22-sep
06:00-06:30					Neptun Master (simbana)			Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:00-06:30
06:30-07:00	Neptun Hopp				Neptun Master (simbana)			Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:30-07:00
07:00-07:30	Neptun Hopp				Neptun Master (simbana)			Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	07:00-07:30
07:30-08:00								Neptun Masters	Neptun Masters	EVLI	EVLI	Team Snabbare	Team Snabbare	07:30-08:00
08:00-08:30					SPIF Skola			Neptun Masters	Neptun Masters	EVLI	EVLI	Team Snabbare	Team Snabbare	08:00-08:30
08:30-09:00					SPIF Skola									08:30-09:00
09:00-09:30														09:00-09:30
09:30-10:00														09:30-10:00
10:00-10:30														10:00-10:30
10:30-11:00														10:30-11:00
11:00-11:30												SPIF Masters	SPIF Masters	11:00-11:30
11:30-12:00												SPIF Masters	SPIF Masters	11:30-12:00
12:00-12:30												SPIF Masters	SPIF Masters	12:00-12:30
12:30-13:00														12:30-13:00
13:00-13:30														13:00-13:30
13:30-14:00														13:30-14:00
14:00-14:30														14:00-14:30
14:30-15:00														14:30-15:00
15:00-15:30	Neptun Hopp				Polisen hopp			SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	15:00-15:30
15:30-16:00	Neptun Hopp				Polisen hopp			SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	15:30-16:00
16:00-16:30	Neptun Hopp				Polisen hopp			SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	16:00-16:30
16:30-17:00	Neptun Hopp				Polisen hopp			SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	16:30-17:00
17:00-17:30	Neptun Hopp				Polisen hopp			SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	17:00-17:30
17:30-18:00	Neptun Hopp				Polisen hopp			SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	17:30-18:00
18:00-18:30	Neptun Hopp				Polisen hopp			SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	18:00-18:30
18:30-19:00	Neptun Hopp				Polisen hopp			SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	18:30-19:00
19:00-19:30	Neptun Hopp				Polisen hopp			SPIF	SPIF	SPIF	SPIF	Hellas	Hellas	19:00-19:30
19:30-20:00	Neptun Masters				Polisen hopp			SPIF	SPIF	SPIF	SPIF	Hellas	Hellas	19:30-20:00
20:00-20:30	Rundsim	Bröstsim	Crawl	Crawl				SPIF	SPIF	SPIF	SPIF	Hellas	Hellas	20:00-20:30
20:30-21:00								SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	Hellas	Hellas	20:30-21:00
21:00-21:30								SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	Apnea	Apnea	21:00-21:30
21:30-22:00					5m djup							SPIF Masters	SPIF Masters	SPIF Masters

[illegible]

Onsdag	Hoppbassäng / 25-metersbassäng							6	7	8	9	10	11	24-sep
06:00-06:30								Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:00-06:30
06:30-07:00					Neptun Hopp			Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:30-07:00
07:00-07:30	07:15				Neptun Hopp			Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	07:00-07:30
07:30-08:00	SPIF M.				Neptun Hopp			Team Jarla	Team Jarla	EVLI	EVLI	Team Snabbare	Team Snabbare	07:30-08:00
08:00-08:30								Team Jarla	Team Jarla	EVLI	EVLI	Team Snabbare	Team Snabbare	08:00-08:30
08:30-09:00	IDF, Städ/underhåll													08:30-09:00
09:00-09:30														09:00-09:30
09:30-10:00														09:30-10:00
10:00-10:30														10:00-10:30
10:30-11:00														10:30-11:00
11:00-11:30														11:00-11:30
11:30-12:00												Neptun Masters	Neptun Masters	11:30-12:00
12:00-12:30												Neptun Masters	Neptun Masters	12:00-12:30
12:30-13:00														12:30-13:00
13:00-13:30														13:00-13:30
13:30-14:00														13:30-14:00
14:00-14:30														14:00-14:30
14:30-15:00														14:30-15:00
15:00-15:30	Neptun Hopp				Polisen hopp			SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:00-15:30
15:30-16:00	Neptun Hopp				Polisen hopp			SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:30-16:00
16:00-16:30	Neptun Hopp				Polisen hopp			SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:00-16:30
16:30-17:00	Neptun Hopp				Polisen hopp			SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:30-17:00
17:00-17:30	Neptun Hopp				Polisen hopp			SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:00-17:30
17:30-18:00	Neptun Hopp				Polisen hopp			SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:30-18:00
18:00-18:30	Neptun Hopp				Neptun Hopp			SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:00-18:30
18:30-19:00	Neptun Hopp				Neptun Hopp			SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:30-19:00
19:00-19:30	Neptun Hopp				Neptun Hopp			SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	19:00-19:30
19:30-20:00	Neptun Masters				Neptun Hopp			SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	19:30-20:00
20:00-20:30	Rundsim	Bröstsim	Crawl	Crawl	SCT	SCT	SCT	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	20:00-20:30
20:30-21:00					SCT	SCT	SCT	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	20:30-21:00
21:00-21:30					SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	APNEA	APNEA	APNEA	APNEA	21:00-21:30
21:30-22:00					5m djup				SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	APNEA

Torsdag	Hoppbassäng / 25-metersbassäng		6	7	8	9	10	11	25-sep
06:00-06:30			Neptun Masters	Neptun Masters	Neptun Masters				06:00-06:30
06:30-07:00		Neptun Hopp	Neptun Masters	Neptun Masters	Neptun Masters	SCT	SCT	SCT	06:30-07:00
07:00-07:30	07:15	Neptun Hopp	Neptun Masters	Neptun Masters	Neptun Masters	SCT	SCT	SCT	07:00-07:30
07:30-08:00	SPIF M.	Neptun Hopp					EVLI	EVLI	07:30-08:00
08:00-08:30							EVLI	EVLI	08:00-08:30
08:30-09:00									08:30-09:00
09:00-09:30									09:00-09:30
09:30-10:00									09:30-10:00
10:00-10:30									10:00-10:30
10:30-11:00									10:30-11:00
11:00-11:30							SPIF Masters	SPIF Masters	11:00-11:30
11:30-12:00							SPIF Masters	SPIF Masters	11:30-12:00
12:00-12:30							SPIF Masters	SPIF Masters	12:00-12:30
12:30-13:00							SPIF Masters	SPIF Masters	12:30-13:00
13:00-13:30									13:00-13:30
13:30-14:00									13:30-14:00
14:00-14:30									14:00-14:30
14:30-15:00									14:30-15:00
15:00-15:30	Neptun Hopp	Polisen hopp	SPIF	SPIF	NEC	NEC	NEC	NEC	15:00-15:30
15:30-16:00	Neptun Hopp	Polisen hopp	SPIF	SPIF	NEC	NEC	NEC	NEC	15:30-16:00
16:00-16:30	Neptun Hopp	Polisen hopp	SPIF	SPIF	NEC	NEC	NEC	NEC	16:00-16:30
16:30-17:00	Neptun Hopp	Polisen hopp	SPIF	SPIF	NEC	NEC	NEC	NEC	16:30-17:00
17:00-17:30	Neptun Hopp	Polisen hopp	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	17:00-17:30
17:30-18:00	Neptun Hopp	Polisen hopp	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	17:30-18:00
18:00-18:30	Neptun Hopp	Polisen hopp	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	18:00-18:30
18:30-19:00	Neptun Hopp	Polisen hopp	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	18:30-19:00
19:00-19:30	Neptun Hopp	Polisen hopp	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	19:00-19:30
19:30-20:00	Neptun Hopp	Polisen hopp	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	19:30-20:00
20:00-20:30	Neptun Hopp Masters	Neptun Hopp Masters	SPIF	Crawl	Crawl	Bröstsims	Rundsims		20:00-20:30
20:30-21:00	Neptun Hopp Masters	Neptun Hopp Masters	SPIF Masters						20:30-21:00
21:00-21:30	Neptun Hopp Masters	Neptun Hopp	SPIF Masters						21:00-21:30
21:30-22:00	21:45	Neptun Hopp	SPIF Masters	5m djup					21:30-22:00

Fredag	Hoppbassäng / 25-metersbassäng							6	7	8	9	10	11	26-sep
06:00-06:30	Neptun Konstsim							Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:00-06:30
06:30-07:00	Neptun Konstsim							Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:30-07:00
07:00-07:30	Neptun Hopp Masters			Purr ut (2 banor)				Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	APNEA	APNEA	07:00-07:30
07:30-08:00	Neptun Hopp Masters			Neptun masters (1 bana)				Neptun Masters	KTH	KTH	KTH	APNEA	APNEA	07:30-08:00
08:00-08:30				Neptun masters (1 bana)				Neptun Masters	KTH	KTH	KTH	APNEA	APNEA	08:00-08:30
08:30-09:00														08:30-09:00
09:00-09:30														09:00-09:30
09:30-10:00														09:30-10:00
10:00-10:30														10:00-10:30
10:30-11:00														10:30-11:00
11:00-11:30														11:00-11:30
11:30-12:00												Neptun Masters	Neptun Masters	11:30-12:00
12:00-12:30	SPIF M.											Neptun Masters	Neptun Masters	12:00-12:30
12:30-13:00	SPIF M.													12:30-13:00
13:00-13:30														13:00-13:30
13:30-14:00														13:30-14:00
14:00-14:30														14:00-14:30
14:30-15:00														14:30-15:00
15:00-15:30	Neptun Hopp			Polisen hopp				SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	15:00-15:30
15:30-16:00	Neptun Hopp			Polisen hopp				SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	15:30-16:00
16:00-16:30	Neptun Hopp			Polisen hopp				SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	16:00-16:30
16:30-17:00	Neptun Hopp			Polisen hopp				SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	16:30-17:00
17:00-17:30	Neptun Hopp			Polisen hopp				SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:00-17:30
17:30-18:00	Neptun Hopp			Polisen hopp				SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:30-18:00
18:00-18:30	Neptun Hopp			Polisen hopp				SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:00-18:30
18:30-19:00	Neptun Hopp			Polisen hopp				SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:30-19:00
19:00-19:30	Rundsim	Bröstsim	Crawl	Crawl				SPIF	SPIF	SPIF	Neptun Masters	Neptun Masters	Neptun Masters	19:00-19:30
19:30-20:00								SPIF	SPIF	SPIF	Neptun Masters	Neptun Masters	Neptun Masters	19:30-20:00
20:00-20:30								SPIF	SPIF	SPIF	Neptun Masters	Neptun Masters	Neptun Masters	20:00-20:30
20:30-21:00					5m djup									20:30-21:00

Lördag	Hoppbassäng / 25-metersbassäng		6	7	8	9	10	11	27-sep
07:45-08:00	Polisen hopp	Polisen hopp							07:45-08:00
08:00-08:30	Polisen hopp	Polisen hopp	SPIF	SPIF	SPIF	Team Snabbare	Team Snabbare	Team Snabbare	08:00-08:30
08:30-09:00	Polisen hopp	Polisen hopp	SPIF	SPIF	SPIF	Team Snabbare	Team Snabbare	Team Snabbare	08:30-09:00
09:00-09:30	Polisen hopp	Polisen hopp	SPIF	SPIF	SPIF	Team Snabbare	Team Snabbare	Team Snabbare	09:00-09:30
09:30-10:00	Polisen hopp	Polisen hopp	SPIF	SPIF	SPIF				09:30-10:00
10:00-10:30	Polisen hopp	Polisen hopp							10:00-10:30
10:30-11:00	Polisen hopp	Polisen hopp							10:30-11:00
11:00-11:30	Polisen hopp	Polisen hopp				Sthlm Dolphins	Sthlm Dolphins	Sthlm Dolphins	11:00-11:30
11:30-12:00	Polisen hopp	Polisen hopp				Sthlm Dolphins	Sthlm Dolphins	Sthlm Dolphins	11:30-12:00
12:00-12:30	Polisen hopp	Polisen hopp				Sthlm Dolphins	Sthlm Dolphins	Sthlm Dolphins	12:00-12:30
12:30-13:00	Polisen hopp	Polisen hopp							12:30-13:00
13:00-13:30	Polisen hopp	Polisen hopp							13:00-13:30
13:30-14:00	Polisen hopp	Polisen hopp							13:30-14:00
14:00-14:30	Polisen hopp	Polisen hopp						Dykhuset	14:00-14:30
14:30-15:00	Polisen hopp	Polisen hopp						Dykhuset	14:30-15:00
15:00-15:30	Polisen hopp	Polisen hopp						Dykhuset	15:00-15:30
15:30-16:00	Polisen hopp	Polisen hopp						Dykhuset	15:30-16:00
16:00-16:30	Neptun Konstsim	Neptun Konstsim						Dykhuset	16:00-16:30
16:30-17:00	Neptun Konstsim	Neptun Konstsim						Dykhuset	16:30-17:00
17:00-17:30	Neptun Konstsim	Neptun Konstsim							17:00-17:30
17:30-18:00	Neptun Konstsim	Neptun Konstsim							17:30-18:00
18:00-18:30	Neptun Konstsim	Neptun Konstsim							18:00-18:30
18:30-19:00	Neptun Konstsim	Neptun Konstsim							18:30-19:00

[illegible]