

Måndag		O	1	2	3	4	5	6	7	8	9			O3-jun				
06:00-06:30	Rundsim	Bröstsimsim	Crawl	Crawl	Snabb-bana	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:00-06:30				
06:30-07:00						Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:30-07:00	
07:00-07:30						Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	07:00-07:30
07:30-08:00						Team Snabbare	Team Snabbare											07:30-08:00
08:00-08:30						Team Snabbare	Team Snabbare											08:00-08:30
08:30-09:00																	IDF Skolsim	08:30-09:00
09:00-09:30																IDF Skolsim	09:00-09:30	
09:30-10:00																IDF Skolsim	09:30-10:00	
10:00-10:30	Lekbanor																IDF Skolsim	10:00-10:30
10:30-11:00																	IDF Skolsim	10:30-11:00
11:00-11:30																		11:00-11:30
11:30-12:00																		11:30-12:00
12:00-12:30																	IDF Skolsim	12:00-12:30
12:30-13:00																	IDF Skolsim	12:30-13:00
13:00-13:30																	IDF Skolsim	13:00-13:30
13:30-14:00																	IDF Skolsim	13:30-14:00
14:00-14:30																	14:00-14:30	
14:30-15:00																	14:30-15:00	
15:00-15:30	Rundsim										SPIF	SPIF	SPIF	SPIF			Polisen Globen	15:00-15:30
15:30-16:00											SPIF	SPIF	SPIF	SPIF			Polisen Globen	15:30-16:00
16:00-16:30							SPIF	SPIF	SPIF	SPIF			Polisen Globen	16:00-16:30				
16:30-17:00							SPIF	SPIF	SPIF	SPIF			Polisen Globen	16:30-17:00				
17:00-17:30							SPIF	SPIF	SPIF	SPIF			Polisen Globen	17:00-17:30				
17:30-18:00							SPIF	SPIF	SPIF	SPIF			Polisen Globen	17:30-18:00				
18:00-18:30							SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	18:00-18:30				
18:30-19:00							SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	18:30-19:00				
19:00-19:30							SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	Hellas	Hellas	Hellas	19:00-19:30				
19:30-20:00							SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	Hellas	Hellas	Hellas	19:30-20:00				
20:00-20:30						SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	Hellas	Hellas	Hellas	20:00-20:30					
						SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters				20:30-21:00					

Med reservation för ändringar

Tisdag			O	1	2	3	4	5	6	7	8	9			O4-jun
06:00-06:30	Rundsim	Bröstsims	Crawl	Crawl	Snabb-bana										06:00-06:30
06:30-07:00						SCT	SCT	SCT	SCT		APNEA	APNEA	06:30-07:00		
07:00-07:30						SCT	SCT	SCT	SCT		APNEA	APNEA	07:00-07:30		
07:30-08:00											APNEA	APNEA	07:30-08:00		
08:00-08:30											APNEA	APNEA	08:00-08:30		
08:30-09:00											IDF Skolsim	08:30-09:00			
09:00-09:30											IDF Skolsim	09:00-09:30			
09:30-10:00											IDF Skolsim	09:30-10:00			
10:00-10:30	Lekbanor											IDF Skolsim	10:00-10:30		
10:30-11:00												IDF Skolsim	10:30-11:00		
11:00-11:30													11:00-11:30		
11:30-12:00													11:30-12:00		
12:00-12:30												IDF Skolsim	12:00-12:30		
12:30-13:00												IDF Skolsim	12:30-13:00		
13:00-13:30												IDF Skolsim	13:00-13:30		
13:30-14:00								IDF Skolsim	13:30-14:00						
14:00-14:30									14:00-14:30						
14:30-15:00									14:30-15:00						
15:00-15:30	Rundsim						NEC	NEC	NEC	NEC				15:00-15:30	
15:30-16:00							NEC	NEC	NEC	NEC				15:30-16:00	
16:00-16:30							NEC	NEC	NEC	NEC				16:00-16:30	
16:30-17:00							NEC	NEC	NEC	NEC				16:30-17:00	
17:00-17:30							SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:00-17:30	
17:30-18:00							SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:30-18:00	
18:00-18:30							SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:00-18:30	
18:30-19:00							SPIF	SPIF	SPIF	Hellas	Hellas	Hellas	Hellas	18:30-19:00	
19:00-19:30							Älvsjö AIK	Älvsjö AIK		Hellas	Hellas	Hellas	Hellas	19:00-19:30	
19:30-20:00							Älvsjö AIK	Älvsjö AIK		Hellas	Hellas	Hellas	Hellas	19:30-20:00	
20:00-20:30						Älvsjö AIK	Älvsjö AIK	Neptun Masters	Neptun Masters	Neptun Masters	Sthlm Dolphins	Sthlm Dolphins	20:00-20:30		
						Älvsjö AIK	Älvsjö AIK	Neptun Masters	Neptun Masters	Neptun Masters	Sthlm Dolphins	Sthlm Dolphins	20:30-21:00		

Med reservation för ändringar

Onsdag			O	1	2	3	4	5	6	7	8	9			O5-jun									
06:00-06:30	Rundsim	Bröstsimsim	Crawl	Crawl	Snabb-bana	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:00-06:30									
06:30-07:00						Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:30-07:00							
07:00-07:30						Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	07:00-07:30						
07:30-08:00						Team Snabbare	Team Snabbare											07:30-08:00						
08:00-08:30						Team Snabbare	Team Snabbare												08:00-08:30					
08:30-09:00	Lekbanor					Bröstsimsim	Crawl	Crawl	Snabb-bana	Skola	Skola	Skola	Skola	Skola	Skola	Skola		IDF Skolsim	08:30-09:00					
09:00-09:30																		IDF Skolsim	09:00-09:30					
09:30-10:00																		IDF Skolsim	09:30-10:00					
10:00-10:30																		IDF Skolsim	10:00-10:30					
10:30-11:00																		IDF Skolsim	10:30-11:00					
11:00-11:30																			11:00-11:30					
11:30-12:00																			11:30-12:00					
12:00-12:30																		IDF Skolsim	12:00-12:30					
12:30-13:00																		IDF Skolsim	12:30-13:00					
13:00-13:30																		IDF Skolsim	13:00-13:30					
13:30-14:00										IDF Skolsim	13:30-14:00													
14:00-14:30											14:00-14:30													
14:30-15:00											14:30-15:00													
15:00-15:30	Rundsim									Bröstsimsim	Crawl	Crawl	Snabb-bana										15:00-15:30	
15:30-16:00																								
16:00-16:30																								16:00-16:30
16:30-17:00																								16:30-17:00
17:00-17:30			SK Neptun	SK Neptun	SK Neptun									SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun			17:00-17:30
17:30-18:00			SK Neptun	SK Neptun	SK Neptun									SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun			17:30-18:00
18:00-18:30			SK Neptun	SK Neptun	SK Neptun									SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun			18:00-18:30
18:30-19:00			SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun					SK Neptun	SK Neptun	SK Neptun	SK Neptun			18:30-19:00				
19:00-19:30			SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun					SK Neptun	SK Neptun	SK Neptun	SK Neptun	APNEA	APNEA	19:00-19:30				
19:30-20:00			SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun					SK Neptun	SK Neptun	SK Neptun	SK Neptun	APNEA	APNEA	19:30-20:00				
20:00-20:30		Team TT	Team TT	Team TT	Team TT	Team TT	Team TT	Sthlm Dolphins	Sthlm Dolphins					Sthlm Dolphins	Sthlm Dolphins	Sthlm Dolphins	APNEA	APNEA	20:00-20:30					
		Team TT	Team TT	Team TT	Team TT	Team TT	Team TT	Sthlm Dolphins	Sthlm Dolphins					Sthlm Dolphins	Sthlm Dolphins	Sthlm Dolphins	APNEA	APNEA	20:30-21:00					

Med reservation för ändringar

Torsdag		O	1	2	3	4	5	6	7	8	9		O6-jun
06:00-06:30	Rundsim	Bröstsimsim	Crawl	Crawl	Snabb-bana								06:00-06:30
06:30-07:00								SCT	SCT	SCT	SCT	06:30-07:00	
07:00-07:30								SCT	SCT	SCT	SCT	07:00-07:30	
07:30-08:00												07:30-08:00	
08:00-08:30												08:00-08:30	
08:30-09:00												08:30-09:00	
09:00-09:30												09:00-09:30	
09:30-10:00												09:30-10:00	
10:00-10:30						Lekbanor	Bröstsimsim	Crawl	Crawl	Snabb-bana			
10:30-11:00												10:30-11:00	
11:00-11:30												11:00-11:30	
11:30-12:00												11:30-12:00	
12:00-12:30												12:00-12:30	
12:30-13:00												12:30-13:00	
13:00-13:30												13:00-13:30	
13:30-14:00												13:30-14:00	
14:00-14:30												14:00-14:30	
14:30-15:00							14:30-15:00						
15:00-15:30	Rundsim	Bröstsimsim	Crawl	Crawl	Snabb-bana	NEC	NEC	NEC	NEC	SK Neptun	SK Neptun	SK Neptun	15:00-15:30
15:30-16:00						NEC	NEC	NEC	NEC	SK Neptun	SK Neptun	SK Neptun	15:30-16:00
16:00-16:30						NEC	NEC	NEC	NEC	SK Neptun	SK Neptun	SK Neptun	16:00-16:30
16:30-17:00						NEC	NEC	NEC	NEC	SK Neptun	SK Neptun	SK Neptun	16:30-17:00
17:00-17:30						SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	17:00-17:30
17:30-18:00						SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	17:30-18:00
18:00-18:30						SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	18:00-18:30
18:30-19:00						SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	18:30-19:00
19:00-19:30						SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters				19:00-19:30
19:30-20:00						SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters				19:30-20:00
20:00-20:30						SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters				20:00-20:30
						SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters				20:30-21:00

Med reservation för ändringar

Fredag			O	1	2	3	4	5	6	7	8	9			O7-jun									
06:00-06:30	Rundsim							Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:00-06:30								
06:30-07:00								Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:30-07:00				
07:00-07:30								Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	07:00-07:30			
07:30-08:00																						07:30-08:00		
08:00-08:30																							08:00-08:30	
08:30-09:00																							08:30-09:00	
09:00-09:30																							09:00-09:30	
09:30-10:00																							09:30-10:00	
10:00-10:30								Lekbanor	Bröstsim	Crawl	Crawl	Snabb-bana			Skola	Skola	Skola	Skola	Skola					10:00-10:30
10:30-11:00	10:30-11:00																							
11:00-11:30	11:00-11:30																							
11:30-12:00	11:30-12:00																							
12:00-12:30	12:00-12:30																							
12:30-13:00	12:30-13:00																							
13:00-13:30	13:00-13:30																							
13:30-14:00	13:30-14:00																							
14:00-14:30	14:00-14:30																							
14:30-15:00	14:30-15:00																							
15:00-15:30	Rundsim							SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	15:00-15:30							
15:30-16:00								SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	15:30-16:00		
16:00-16:30								SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	16:00-16:30	
16:30-17:00								SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	16:30-17:00	
17:00-17:30								SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:00-17:30
17:30-18:00								SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:30-18:00
18:00-18:30								SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:00-18:30
18:30-19:00								SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:30-19:00
19:00-19:30																		Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	19:00-19:30	
											Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	19:30-20:00								

Med reservation för ändringar

Lördag		O	1	2	3	4	5	6	7	8	9		O8-jun					
													07:45-08:00					
08:00-08:30	Rundsim	Bröstsimsim	Crawl	Crawl	Snabb-bana	SK Neptun	SK Neptun	SK Neptun					08:00-08:30					
08:30-09:00						SK Neptun	SK Neptun	SK Neptun	NEC	NEC	NEC	NEC	08:30-09:00					
09:00-09:30						SK Neptun	SK Neptun	SK Neptun	NEC	NEC	NEC	NEC	09:00-09:30					
09:30-10:00						SK Neptun	SK Neptun	SK Neptun	NEC	NEC	NEC	NEC	09:30-10:00					
10:00-10:30	SPIF					SPIF	SPIF	NEC	NEC	NEC	NEC	10:00-10:30						
10:30-11:00	SPIF					SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	10:30-11:00						
11:00-11:30	SPIF					SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	11:00-11:30						
11:30-12:00	SPIF					SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	11:30-12:00						
12:00-12:30	Lekbanor																12:00-12:30	
12:30-13:00																	12:30-13:00	
13:00-13:30																	13:00-13:30	
13:30-14:00																	13:30-14:00	
14:00-14:30																	14:00-14:30	
14:30-15:00																Sthlm Simförb.	Sthlm Simförb.	14:30-15:00
15:00-15:30	Rundsim															Sthlm Simförb.	Sthlm Simförb.	15:00-15:30
15:30-16:00																Sthlm Simförb.	Sthlm Simförb.	15:30-16:00
16:00-16:30														16:00-16:30				
16:30-17:00														16:30-17:00				
17:00-17:30														17:00-17:30				
17:30-18:00														17:30-18:00				
18:00-18:30													18:00-18:30					
													18:30-19:00					

Med reservation för ändringar

Söndag		O	1	2	3	4	5	6	7	8	9			O9-jun				
							Team TT	Team TT	Team TT					07:45-08:00				
08:00-08:30	Rundsim	Bröstsimsim	Crawl	Crawl	Snabb-bana	Team TT	Team TT	Team TT						08:00-08:30				
08:30-09:00						Team TT	Team TT	Team TT									08:30-09:00	
09:00-09:30															Sthlm Simförb.	Sthlm Simförb.	09:00-09:30	
09:30-10:00																	09:30-10:00	
10:00-10:30	Lekbanor															Sthlm Simförb.	Sthlm Simförb.	10:00-10:30
10:30-11:00																		10:30-11:00
11:00-11:30																		11:00-11:30
11:30-12:00																		11:30-12:00
12:00-12:30																	Dykhuset	12:00-12:30
12:30-13:00																	Dykhuset	12:30-13:00
13:00-13:30													Dykhuset	13:00-13:30				
13:30-14:00												Dykhuset	13:30-14:00					
14:00-14:30								SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	14:00-14:30				
14:30-15:00								SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	14:30-15:00				
15:00-15:30		Rundsim							SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:00-15:30			
15:30-16:00									SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:30-16:00			
16:00-16:30														16:00-16:30				
16:30-17:00											Sthlm Dolphins	Sthlm Dolphins	Sthlm Dolphins	16:30-17:00				
17:00-17:30										Sthlm Dolphins	Sthlm Dolphins	Sthlm Dolphins	17:00-17:30					
17:30-18:00										Sthlm Dolphins	Sthlm Dolphins	Sthlm Dolphins	17:30-18:00					
18:00-18:30													18:00-18:30					
18:30-19:00													18:30-19:00					
19:00-19:30													19:00-19:30					
19:30-20:00													19:30-20:00					

Med reservation för ändringar

Måndag		O	1	2	3	4	5	6	7	8	9		10-jun					
06:00-06:30	Rundsim	Bröstsimsim	Crawl	Crawl	Snabb-bana	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:00-06:30					
06:30-07:00						Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:30-07:00				
07:00-07:30						Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	07:00-07:30				
07:30-08:00						Team Snabbare	Team Snabbare								07:30-08:00			
08:00-08:30						Team Snabbare	Team Snabbare								08:00-08:30			
08:30-09:00															08:30-09:00			
09:00-09:30						SK Neptun	SK Neptun	SK Neptun	SK Neptun						09:00-09:30			
09:30-10:00						SK Neptun	SK Neptun	SK Neptun	SK Neptun						09:30-10:00			
10:00-10:30						SK Neptun	SK Neptun	SK Neptun	SK Neptun						10:00-10:30			
10:30-11:00	SK Neptun					SK Neptun	SK Neptun	SK Neptun						10:30-11:00				
11:00-11:30														11:00-11:30				
11:30-12:00														11:30-12:00				
12:00-12:30	Lekbanor															12:00-12:30		
12:30-13:00																12:30-13:00		
13:00-13:30																13:00-13:30		
13:30-14:00																13:30-14:00		
14:00-14:30													SK Neptun	SK Neptun	SK Neptun	14:00-14:30		
14:30-15:00												SK Neptun	SK Neptun	SK Neptun	14:30-15:00			
15:00-15:30	Rundsim										SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	15:00-15:30
15:30-16:00											SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	15:30-16:00
16:00-16:30								SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	16:00-16:30			
16:30-17:00								SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	16:30-17:00			
17:00-17:30								SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	17:00-17:30			
17:30-18:00								SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	17:30-18:00			
18:00-18:30								SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	18:00-18:30			
18:30-19:00								SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	18:30-19:00			
19:00-19:30								SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	Hellas	Hellas	Hellas	19:00-19:30			
19:30-20:00								SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	Hellas	Hellas	Hellas	19:30-20:00			
20:00-20:30							SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	Hellas	Hellas	Hellas	20:00-20:30				
							SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters				20:30-21:00				

Med reservation för ändringar

Tisdag		O	1	2	3	4	5	6	7	8	9			11-jun				
06:00-06:30	Rundsim	Bröstsimsim	Crawl	Crawl	Snabb-bana									06:00-06:30				
06:30-07:00						SCT	SCT	SCT	SCT		APNEA	APNEA	06:30-07:00					
07:00-07:30						SCT	SCT	SCT	SCT		APNEA	APNEA	07:00-07:30					
07:30-08:00											APNEA	APNEA	07:30-08:00					
08:00-08:30											APNEA	APNEA	08:00-08:30					
08:30-09:00													08:30-09:00					
09:00-09:30						SK Neptun	SK Neptun	SK Neptun	SK Neptun				09:00-09:30					
09:30-10:00						SK Neptun	SK Neptun	SK Neptun	SK Neptun				09:30-10:00					
10:00-10:30						SK Neptun	SK Neptun	SK Neptun	SK Neptun				10:00-10:30					
10:30-11:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun				10:30-11:00										
11:00-11:30								11:00-11:30										
11:30-12:00	Lekbanor	Bröstsimsim	Crawl	Crawl	Snabb-bana									11:30-12:00				
12:00-12:30																12:00-12:30		
12:30-13:00																	12:30-13:00	
13:00-13:30																		13:00-13:30
13:30-14:00																		13:30-14:00
14:00-14:30														SK Neptun	SK Neptun	SK Neptun		14:00-14:30
14:30-15:00									SK Neptun	SK Neptun	SK Neptun		14:30-15:00					
15:00-15:30	Rundsim	Bröstsimsim	Crawl	Crawl	Snabb-bana	NEC	NEC	NEC	NEC	SK Neptun	SK Neptun	SK Neptun		15:00-15:30				
15:30-16:00						NEC	NEC	NEC	NEC	SK Neptun	SK Neptun	SK Neptun		15:30-16:00				
16:00-16:30						NEC	NEC	NEC	NEC	SK Neptun	SK Neptun	SK Neptun		16:00-16:30				
16:30-17:00						NEC	NEC	NEC	NEC	SK Neptun	SK Neptun	SK Neptun		16:30-17:00				
17:00-17:30						SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun		17:00-17:30				
17:30-18:00						SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun		17:30-18:00				
18:00-18:30						SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun		18:00-18:30				
18:30-19:00						SPIF	SPIF	SPIF	Hellas	Hellas	Hellas	Hellas		18:30-19:00				
19:00-19:30									Hellas	Hellas	Hellas	Hellas		19:00-19:30				
19:30-20:00									Hellas	Hellas	Hellas	Hellas		19:30-20:00				
20:00-20:30	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Sthlm Dolphins	Sthlm Dolphins	Sthlm Dolphins		20:00-20:30									
	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Sthlm Dolphins	Sthlm Dolphins	Sthlm Dolphins		20:30-21:00									

Med reservation för ändringar

Onsdag		O	1	2	3	4	5	6	7	8	9		12-jun						
06:00-06:30	Rundsim	Bröstsims		Crawl	Crawl	Snabb-bana	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:00-06:30					
06:30-07:00							Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:30-07:00				
07:00-07:30							Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	07:00-07:30				
07:30-08:00															07:30-08:00				
08:00-08:30															08:00-08:30				
08:30-09:00															08:30-09:00				
09:00-09:30							SK Neptun	SK Neptun	SK Neptun	SK Neptun	Neptun Ksim	Neptun Ksim	Neptun Ksim	Neptun Ksim	09:00-09:30				
09:30-10:00							SK Neptun	SK Neptun	SK Neptun	SK Neptun	Neptun Ksim	Neptun Ksim	Neptun Ksim	Neptun Ksim	09:30-10:00				
10:00-10:30							SK Neptun	SK Neptun	SK Neptun	SK Neptun	Neptun Ksim	Neptun Ksim	Neptun Ksim	Neptun Ksim	10:00-10:30				
10:30-11:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	Neptun Ksim	Neptun Ksim	Neptun Ksim	Neptun Ksim	10:30-11:00										
11:00-11:30									11:00-11:30										
11:30-12:00	Lekbanor			Crawl	Crawl	Snabb-bana								11:30-12:00					
12:00-12:30																	12:00-12:30		
12:30-13:00																		12:30-13:00	
13:00-13:30													Neptun Ksim	Neptun Ksim	Neptun Ksim				13:00-13:30
13:30-14:00													Neptun Ksim	Neptun Ksim	Neptun Ksim				13:30-14:00
14:00-14:30													Neptun Ksim	Neptun Ksim	Neptun Ksim	SK Neptun	SK Neptun	SK Neptun	14:00-14:30
14:30-15:00													Neptun Ksim	Neptun Ksim	Neptun Ksim	SK Neptun	SK Neptun	SK Neptun	14:30-15:00
15:00-15:30																SK Neptun	SK Neptun	SK Neptun	15:00-15:30
15:30-16:00																SK Neptun	SK Neptun	SK Neptun	15:30-16:00
16:00-16:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:00-16:30						
16:30-17:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:30-17:00						
17:00-17:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun				17:00-17:30						
17:30-18:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun				17:30-18:00						
18:00-18:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun				18:00-18:30						
18:30-19:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun				18:30-19:00						
19:00-19:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	APNEA	APNEA	APNEA	19:00-19:30						
19:30-20:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	APNEA	APNEA	APNEA	19:30-20:00						
20:00-20:30							Team TT	Team TT	Team TT	Sthlm Dolphins	Sthlm Dolphins	APNEA	APNEA	20:00-20:30					
							Team TT	Team TT	Team TT	Sthlm Dolphins	Sthlm Dolphins	APNEA	APNEA	20:30-21:00					

Med reservation för ändringar

Torsdag		O	1	2	3	4	5	6	7	8	9			13-jun					
06:00-06:30	Rundsim	Bröstsims	Crawl	Crawl	Snabb-bana									06:00-06:30					
06:30-07:00								SCT	SCT	SCT	SCT	06:30-07:00							
07:00-07:30								SCT	SCT	SCT	SCT	07:00-07:30							
07:30-08:00											Atlas Copco	Atlas Copco	07:30-08:00						
08:00-08:30											Atlas Copco	Atlas Copco	08:00-08:30						
08:30-09:00													08:30-09:00						
09:00-09:30	Lekbanor									SK Neptun	SK Neptun	SK Neptun	SK Neptun	Neptun Ksim	Neptun Ksim	Neptun Ksim	09:00-09:30		
09:30-10:00										SK Neptun	SK Neptun	SK Neptun	SK Neptun	Neptun Ksim	Neptun Ksim	Neptun Ksim	09:30-10:00		
10:00-10:30										SK Neptun	SK Neptun	SK Neptun	SK Neptun	Neptun Ksim	Neptun Ksim	Neptun Ksim	10:00-10:30		
10:30-11:00										SK Neptun	SK Neptun	SK Neptun	SK Neptun	Neptun Ksim	Neptun Ksim	Neptun Ksim	10:30-11:00		
11:00-11:30																	11:00-11:30		
11:30-12:00																	11:30-12:00		
12:00-12:30																	12:00-12:30		
12:30-13:00																	12:30-13:00		
13:00-13:30												Neptun Ksim	Neptun Ksim	Neptun Ksim				13:00-13:30	
13:30-14:00												Neptun Ksim	Neptun Ksim	Neptun Ksim				13:30-14:00	
14:00-14:30												Neptun Ksim	Neptun Ksim	Neptun Ksim	SK Neptun	SK Neptun	SK Neptun	14:00-14:30	
14:30-15:00												Neptun Ksim	Neptun Ksim	Neptun Ksim	SK Neptun	SK Neptun	SK Neptun	14:30-15:00	
15:00-15:30						Rundsim						NEC	NEC	NEC	NEC	SK Neptun	SK Neptun	SK Neptun	15:00-15:30
15:30-16:00												NEC	NEC	NEC	NEC	SK Neptun	SK Neptun	SK Neptun	15:30-16:00
16:00-16:30							NEC	NEC	NEC	NEC	SK Neptun	SK Neptun	SK Neptun	16:00-16:30					
16:30-17:00							NEC	NEC	NEC	NEC	SK Neptun	SK Neptun	SK Neptun	16:30-17:00					
17:00-17:30							SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	17:00-17:30					
17:30-18:00							SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	17:30-18:00					
18:00-18:30							SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	18:00-18:30					
18:30-19:00							SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	18:30-19:00					
19:00-19:30							SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	Neptun Masters	Neptun Masters	Neptun Masters	19:00-19:30					
19:30-20:00							SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	Neptun Masters	Neptun Masters	Neptun Masters	19:30-20:00					
20:00-20:30						SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	Neptun Masters	Neptun Masters	Neptun Masters	20:00-20:30						
						SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	Neptun Masters	Neptun Masters	Neptun Masters	20:30-21:00						

Med reservation för ändringar

Fredag		O	1	2	3	4	5	6	7	8	9			14-jun					
06:00-06:30	Rundsim	Bröstsims	Crawl	Crawl	Snabb-bana	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:00-06:30					
06:30-07:00						Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:30-07:00		
07:00-07:30						Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	07:00-07:30	
07:30-08:00																		07:30-08:00	
08:00-08:30																		08:00-08:30	
08:30-09:00																		08:30-09:00	
09:00-09:30											SK Neptun	SK Neptun	SK Neptun	SK Neptun	Neptun Ksim	Neptun Ksim	Neptun Ksim	Neptun Ksim	09:00-09:30
09:30-10:00											SK Neptun	SK Neptun	SK Neptun	SK Neptun	Neptun Ksim	Neptun Ksim	Neptun Ksim	Neptun Ksim	09:30-10:00
10:00-10:30						Lekbanor					SK Neptun	SK Neptun	SK Neptun	SK Neptun	Neptun Ksim	Neptun Ksim	Neptun Ksim	Neptun Ksim	10:00-10:30
10:30-11:00										SK Neptun	SK Neptun	SK Neptun	SK Neptun	Neptun Ksim	Neptun Ksim	Neptun Ksim	Neptun Ksim	10:30-11:00	
11:00-11:30																		11:00-11:30	
11:30-12:00																		11:30-12:00	
12:00-12:30																		12:00-12:30	
12:30-13:00																		12:30-13:00	
13:00-13:30												Neptun Ksim	Neptun Ksim	Neptun Ksim					13:00-13:30
13:30-14:00												Neptun Ksim	Neptun Ksim	Neptun Ksim					13:30-14:00
14:00-14:30												Neptun Ksim	Neptun Ksim	Neptun Ksim	SK Neptun	SK Neptun	SK Neptun	SK Neptun	14:00-14:30
14:30-15:00											Neptun Ksim	Neptun Ksim	Neptun Ksim	SK Neptun	SK Neptun	SK Neptun	SK Neptun	14:30-15:00	
15:00-15:30	Rundsim					SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:00-15:30					
15:30-16:00						SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:30-16:00					
16:00-16:30						SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:00-16:30					
16:30-17:00						SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:30-17:00					
17:00-17:30						SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:00-17:30				
17:30-18:00						SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:30-18:00				
18:00-18:30						SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:00-18:30				
18:30-19:00						SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:30-19:00				
19:00-19:30										Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	19:00-19:30				
									Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	19:30-20:00					

Med reservation för ändringar

Lördag		O	1	2	3	4	5	6	7	8	9			15-jun
														07:45-08:00
08:00-08:30	Rundsim	Bröstsimsim	Crawl	Crawl	Snabb-bana	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun			08:00-08:30	
08:30-09:00						SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun			08:30-09:00	
09:00-09:30						SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun			09:00-09:30	
09:30-10:00						SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun			09:30-10:00	
10:00-10:30												10:00-10:30		
10:30-11:00												10:30-11:00		
11:00-11:30												11:00-11:30		
11:30-12:00												11:30-12:00		
12:00-12:30	Lekbanor											12:00-12:30		
12:30-13:00											12:30-13:00			
13:00-13:30											13:00-13:30			
13:30-14:00											13:30-14:00			
14:00-14:30											14:00-14:30			
14:30-15:00											14:30-15:00			
15:00-15:30	Rundsim											15:00-15:30		
15:30-16:00											15:30-16:00			
16:00-16:30							16:00-16:30							
16:30-17:00							16:30-17:00							
17:00-17:30							17:00-17:30							
17:30-18:00							17:30-18:00							
18:00-18:30							18:00-18:30							
								18:30-19:00						

Med reservation för ändringar

Söndag		O	1	2	3	4	5	6	7	8	9		16-jun				
													07:45-08:00				
08:00-08:30	Rundsim	Bröstsimsim	Crawl	Crawl	Snabb-bana								08:00-08:30				
08:30-09:00															08:30-09:00		
09:00-09:30																09:00-09:30	
09:30-10:00																09:30-10:00	
10:00-10:30	Neppandagen / Öppet hus (SK Neptun)											10:00-10:30					
10:30-11:00												10:30-11:00					
11:00-11:30												11:00-11:30					
11:30-12:00												11:30-12:00					
12:00-12:30												12:00-12:30					
12:30-13:00												12:30-13:00					
13:00-13:30												13:00-13:30					
13:30-14:00												13:30-14:00					
14:00-14:30												14:00-14:30					
14:30-15:00												14:30-15:00					
15:00-15:30												15:00-15:30					
15:30-16:00												15:30-16:00					
16:00-16:30												16:00-16:30					
16:30-17:00												16:30-17:00					
17:00-17:30	Rundsim	Bröstsimsim	Crawl	Crawl	Snabb-bana					Sthlm Dolphins	Sthlm Dolphins	Sthlm Dolphins	17:00-17:30				
17:30-18:00										Sthlm Dolphins	Sthlm Dolphins	Sthlm Dolphins	17:30-18:00				
18:00-18:30													Sthlm Dolphins	Sthlm Dolphins	Sthlm Dolphins	18:00-18:30	
18:30-19:00																	18:30-19:00
19:00-19:30																	19:00-19:30
19:30-20:00													19:30-20:00				

Med reservation för ändringar

Måndag		O	1	2	3	4	5	6	7	8	9			17-jun				
06:00-06:30	Rundsim	Bröstsimsim	Crawl	Crawl	Snabb-bana	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:00-06:30				
06:30-07:00						Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:30-07:00	
07:00-07:30						Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	07:00-07:30
07:30-08:00						Team Snabbare	Team Snabbare											07:30-08:00
08:00-08:30						Team Snabbare	Team Snabbare											08:00-08:30
08:30-09:00																		08:30-09:00
09:00-09:30						SK Neptun	SK Neptun	SK Neptun	SK Neptun	Neptun Ksim	Neptun Ksim	Neptun Ksim	Neptun Ksim	Neptun Ksim	Neptun Ksim	Neptun Ksim	Neptun Ksim	09:00-09:30
09:30-10:00						SK Neptun	SK Neptun	SK Neptun	SK Neptun	Neptun Ksim	Neptun Ksim	Neptun Ksim	Neptun Ksim	Neptun Ksim	Neptun Ksim	Neptun Ksim	Neptun Ksim	09:30-10:00
10:00-10:30						SK Neptun	SK Neptun	SK Neptun	SK Neptun	Neptun Ksim	Neptun Ksim	Neptun Ksim	Neptun Ksim	Neptun Ksim	Neptun Ksim	Neptun Ksim	Neptun Ksim	10:00-10:30
10:30-11:00	SK Neptun					SK Neptun	SK Neptun	SK Neptun	Neptun Ksim	Neptun Ksim	Neptun Ksim	Neptun Ksim	Neptun Ksim	Neptun Ksim	Neptun Ksim	Neptun Ksim	10:30-11:00	
11:00-11:30																	11:00-11:30	
11:30-12:00																	11:30-12:00	
12:00-12:30	Lekbanor																	12:00-12:30
12:30-13:00																		12:30-13:00
13:00-13:30							Neptun Ksim	Neptun Ksim	Neptun Ksim									13:00-13:30
13:30-14:00							Neptun Ksim	Neptun Ksim	Neptun Ksim									13:30-14:00
14:00-14:30							Neptun Ksim	Neptun Ksim	Neptun Ksim	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	14:00-14:30
14:30-15:00							Neptun Ksim	Neptun Ksim	Neptun Ksim	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	14:30-15:00
15:00-15:30	Rundsim									SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:00-15:30
15:30-16:00										SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:30-16:00
16:00-16:30										SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:00-16:30
16:30-17:00										SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:30-17:00
17:00-17:30										SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:00-17:30
17:30-18:00										SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:30-18:00
18:00-18:30						SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:00-18:30				
18:30-19:00						SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:30-19:00				
19:00-19:30						SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	Hellas	Hellas	Hellas	Hellas	19:00-19:30				
19:30-20:00						SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	Hellas	Hellas	Hellas	Hellas	19:30-20:00				
20:00-20:30					SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters	Hellas	Hellas	Hellas	Hellas	20:00-20:30					
					SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters					20:30-21:00					

Med reservation för ändringar

Tisdag		O	1	2	3	4	5	6	7	8	9			18-jun				
06:00-06:30	Rundsim	Bröstsims	Crawl	Crawl	Snabb-bana									06:00-06:30				
06:30-07:00						SCT	SCT	SCT	SCT		APNEA	APNEA	06:30-07:00					
07:00-07:30						SCT	SCT	SCT	SCT		APNEA	APNEA	07:00-07:30					
07:30-08:00											APNEA	APNEA	07:30-08:00					
08:00-08:30											APNEA	APNEA	08:00-08:30					
08:30-09:00													08:30-09:00					
09:00-09:30	Lekbanor									SK Neptun	SK Neptun	SK Neptun	SK Neptun	Neptun Ksim	Neptun Ksim	Neptun Ksim	09:00-09:30	
09:30-10:00						SK Neptun	SK Neptun	SK Neptun	SK Neptun	Neptun Ksim	Neptun Ksim	Neptun Ksim	09:30-10:00					
10:00-10:30						SK Neptun	SK Neptun	SK Neptun	SK Neptun	Neptun Ksim	Neptun Ksim	Neptun Ksim	10:00-10:30					
10:30-11:00						SK Neptun	SK Neptun	SK Neptun	SK Neptun	Neptun Ksim	Neptun Ksim	Neptun Ksim	10:30-11:00					
11:00-11:30													11:00-11:30					
11:30-12:00													11:30-12:00					
12:00-12:30													12:00-12:30					
12:30-13:00													12:30-13:00					
13:00-13:30											Neptun Ksim	Neptun Ksim	Neptun Ksim	13:00-13:30				
13:30-14:00											Neptun Ksim	Neptun Ksim	Neptun Ksim	13:30-14:00				
14:00-14:30											Neptun Ksim	Neptun Ksim	Neptun Ksim	SK Neptun	SK Neptun	SK Neptun	14:00-14:30	
14:30-15:00											Neptun Ksim	Neptun Ksim	Neptun Ksim	SK Neptun	SK Neptun	SK Neptun	14:30-15:00	
15:00-15:30						Rundsim					NEC	NEC	NEC	NEC	SK Neptun	SK Neptun	SK Neptun	15:00-15:30
15:30-16:00							NEC	NEC	NEC	NEC	SK Neptun	SK Neptun	SK Neptun	15:30-16:00				
16:00-16:30	NEC	NEC	NEC	NEC	SK Neptun		SK Neptun	SK Neptun	16:00-16:30									
16:30-17:00	NEC	NEC	NEC	NEC	SK Neptun		SK Neptun	SK Neptun	16:30-17:00									
17:00-17:30	SPIF	SPIF	SPIF	SK Neptun	SK Neptun		SK Neptun	SK Neptun	17:00-17:30									
17:30-18:00	SPIF	SPIF	SPIF	SK Neptun	SK Neptun		SK Neptun	SK Neptun	17:30-18:00									
18:00-18:30	SPIF	SPIF	SPIF	SK Neptun	SK Neptun		SK Neptun	SK Neptun	18:00-18:30									
18:30-19:00	SPIF	SPIF	SPIF	Hellas	Hellas		Hellas	Hellas	18:30-19:00									
19:00-19:30					Hellas		Hellas	Hellas	Hellas	19:00-19:30								
19:30-20:00							Hellas	Hellas	Hellas	Hellas	19:30-20:00							
20:00-20:30								Sthlm Dolphins	Sthlm Dolphins	Sthlm Dolphins	20:00-20:30							
									Sthlm Dolphins	Sthlm Dolphins	Sthlm Dolphins	20:30-21:00						

Med reservation för ändringar

Onsdag		O	1	2	3	4	5	6	7	8	9			19-jun									
06:00-06:30	Rundsim	Bröstsims	Crawl	Crawl	Snabb-bana	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:00-06:30									
06:30-07:00						Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	06:30-07:00						
07:00-07:30						Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	07:00-07:30					
07:30-08:00																		07:30-08:00					
08:00-08:30																			08:00-08:30				
08:30-09:00																			08:30-09:00				
09:00-09:30	Lekbanor					Bröstsims	Crawl	Crawl	Snabb-bana	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	Neptun Ksim	Neptun Ksim	Neptun Ksim	09:00-09:30					
09:30-10:00										SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	Neptun Ksim	Neptun Ksim	Neptun Ksim	Neptun Ksim	Neptun Ksim	Neptun Ksim	09:30-10:00		
10:00-10:30										SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	Neptun Ksim	Neptun Ksim	Neptun Ksim	Neptun Ksim	Neptun Ksim	Neptun Ksim	Neptun Ksim	10:00-10:30	
10:30-11:00										SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	Neptun Ksim	Neptun Ksim	Neptun Ksim	Neptun Ksim	Neptun Ksim	Neptun Ksim	Neptun Ksim	10:30-11:00	
11:00-11:30																						11:00-11:30	
11:30-12:00																							11:30-12:00
12:00-12:30																							12:00-12:30
12:30-13:00																							12:30-13:00
13:00-13:30																Neptun Ksim	Neptun Ksim	Neptun Ksim					13:00-13:30
13:30-14:00																Neptun Ksim	Neptun Ksim	Neptun Ksim					13:30-14:00
14:00-14:30																Neptun Ksim	Neptun Ksim	Neptun Ksim	SK Neptun	SK Neptun	SK Neptun		14:00-14:30
14:30-15:00																Neptun Ksim	Neptun Ksim	Neptun Ksim	SK Neptun	SK Neptun	SK Neptun		14:30-15:00
15:00-15:30										Rundsim	Bröstsims	Crawl	Crawl	Snabb-bana					SK Neptun	SK Neptun	SK Neptun		15:00-15:30
15:30-16:00																							SK Neptun
16:00-16:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun										SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun		16:00-16:30
16:30-17:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun										SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun		16:30-17:00
17:00-17:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun										SK Neptun	SK Neptun	SK Neptun	SK Neptun					17:00-17:30
17:30-18:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun										SK Neptun	SK Neptun	SK Neptun	SK Neptun					17:30-18:00
18:00-18:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun										SK Neptun	SK Neptun	SK Neptun	SK Neptun					18:00-18:30
18:30-19:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun										SK Neptun	SK Neptun	SK Neptun	SK Neptun					18:30-19:00
19:00-19:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun						APNEA	APNEA	APNEA		19:00-19:30				
19:30-20:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun						APNEA	APNEA	APNEA		19:30-20:00				
20:00-20:30							Sthlm Dolphins	Sthlm Dolphins	Sthlm Dolphins	APNEA					APNEA	APNEA		20:00-20:30					
							Sthlm Dolphins	Sthlm Dolphins	Sthlm Dolphins	APNEA					APNEA	APNEA		20:30-21:00					

Med reservation för ändringar

Torsdag		O	1	2	3	4	5	6	7	8	9			20-jun				
06:00-06:30	Rundsim	Bröstsims	Crawl	Crawl	Snabb-bana									06:00-06:30				
06:30-07:00									SCT	SCT	SCT	SCT			06:30-07:00			
07:00-07:30									SCT	SCT	SCT	SCT			07:00-07:30			
07:30-08:00														Atlas Copco	Atlas Copco	07:30-08:00		
08:00-08:30														Atlas Copco	Atlas Copco	08:00-08:30		
08:30-09:00																08:30-09:00		
09:00-09:30											SK Neptun	SK Neptun	SK Neptun	SK Neptun	Neptun Ksim	Neptun Ksim	Neptun Ksim	09:00-09:30
09:30-10:00											SK Neptun	SK Neptun	SK Neptun	SK Neptun	Neptun Ksim	Neptun Ksim	Neptun Ksim	09:30-10:00
10:00-10:30						Lekbanor	Bröstsims	Crawl	Crawl	Snabb-bana	SK Neptun	SK Neptun	SK Neptun	SK Neptun	Neptun Ksim	Neptun Ksim	Neptun Ksim	10:00-10:30
10:30-11:00											SK Neptun	SK Neptun	SK Neptun	SK Neptun	Neptun Ksim	Neptun Ksim	Neptun Ksim	10:30-11:00
11:00-11:30																11:00-11:30		
11:30-12:00																	11:30-12:00	
12:00-12:30																	12:00-12:30	
12:30-13:00																	12:30-13:00	
13:00-13:30												Neptun Ksim	Neptun Ksim	Neptun Ksim				13:00-13:30
13:30-14:00												Neptun Ksim	Neptun Ksim	Neptun Ksim				13:30-14:00
14:00-14:30												Neptun Ksim	Neptun Ksim	Neptun Ksim	SK Neptun	SK Neptun	SK Neptun	14:00-14:30
14:30-15:00												Neptun Ksim	Neptun Ksim	Neptun Ksim	SK Neptun	SK Neptun	SK Neptun	14:30-15:00
15:00-15:30	Rundsim	Bröstsims	Crawl	Crawl	Snabb-bana	NEC	NEC	NEC	NEC	SK Neptun	SK Neptun	SK Neptun	15:00-15:30					
15:30-16:00						NEC	NEC	NEC	NEC	SK Neptun	SK Neptun	SK Neptun	15:30-16:00					
16:00-16:30						NEC	NEC	NEC	NEC	SK Neptun	SK Neptun	SK Neptun	16:00-16:30					
16:30-17:00						NEC	NEC	NEC	NEC	SK Neptun	SK Neptun	SK Neptun	16:30-17:00					
17:00-17:30						SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	17:00-17:30					
17:30-18:00						SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	17:30-18:00					
18:00-18:30						SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	18:00-18:30					
18:30-19:00						SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	18:30-19:00					
19:00-19:30						SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters				19:00-19:30					
19:30-20:00						SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters				19:30-20:00					
20:00-20:30	SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters				20:00-20:30										
						SPIF Masters	SPIF Masters	SPIF Masters	SPIF Masters				20:30-21:00					

Med reservation för ändringar

Fredag			O	1	2	3	4	5	6	7	8	9			21-jun
06:00-06:30															06:00-06:30
06:30-07:00															06:30-07:00
07:00-07:30															07:00-07:30
07:30-08:00															07:30-08:00
08:00-08:30															08:00-08:30
08:30-09:00															08:30-09:00
09:00-09:30															09:00-09:30
09:30-10:00															09:30-10:00
10:00-10:30															10:00-10:30
10:30-11:00															10:30-11:00
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18:00-18:30															18:00-18:30
18:30-19:00															18:30-19:00
19:00-19:30															19:00-19:30
															19:30-20:00

Midsommarafton
Stängt

Med reservation för ändringar

Lördag			0	1	2	3	4	5	6	7	8	9			22-jun
															07:45-08:00
08:00-08:30															08:00-08:30
08:30-09:00															08:30-09:00
09:00-09:30															09:00-09:30
09:30-10:00															09:30-10:00
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17:30-18:00															17:30-18:00
18:00-18:30															18:00-18:30
															18:30-19:00

Midsommardagen
Stängt

Med reservation för ändringar

Söndag			O	1	2	3	4	5	6	7	8	9			23-jun				
																07:45-08:00			
08:00-08:30	Rundsim	Bröstsimsim	Crawl	Crawl	Snabb-bana										08:00-08:30				
08:30-09:00																		08:30-09:00	
09:00-09:30																			09:00-09:30
09:30-10:00																			09:30-10:00
10:00-10:30	Lekbanor																		10:00-10:30
10:30-11:00																			10:30-11:00
11:00-11:30																			11:00-11:30
11:30-12:00																			11:30-12:00
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13:00-13:30																			13:00-13:30
13:30-14:00																			13:30-14:00
14:00-14:30	Rundsim																		14:00-14:30
14:30-15:00																			14:30-15:00
15:00-15:30																			15:00-15:30
15:30-16:00																			15:30-16:00
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18:00-18:30														18:00-18:30					
18:30-19:00														18:30-19:00					
19:00-19:30														19:00-19:30					
19:30-20:00														19:30-20:00					

Med reservation för ändringar