

Måndag	0				1				2				3				4				5				6				7				8				9				10-nov
05:45-06:00	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC																				05:45-06:00
06:00-06:30	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC																				06:00-06:30
06:30-07:00	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC																				06:30-07:00
07:00-07:30	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC																				07:00-07:30
07:30-08:00	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC																				07:30-08:00
08:00-08:30	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEC				NEC				NEC																				08:00-08:30
08:30-09:00	IDF Skolsim	↑	NEP/SPIF	IDF Skolsim	↑	NEP/SPIF	NEP/SPIF				NEC				NEC				NEC																				08:30-09:00		
09:00-09:30	IDF Skolsim		NEP/SPIF	IDF Skolsim	↑	NEP/SPIF	NEP/SPIF				NEC				NEC				NEC																				09:00-09:30		
09:30-10:00	IDF Skolsim		NEP/SPIF	IDF Skolsim		NEP/SPIF	NEP/SPIF				NEC				NEC				NEC																				09:30-10:00		
10:00-10:30	IDF Skolsim			IDF Skolsim		Skola	Skola				Skola				Skola				Snabb-bana				Crawl				Bröstsim				Rundsim				10:00-10:30						
10:30-11:00	IDF Skolsim			IDF Skolsim		Skola																													10:30-11:00						
11:00-11:30					Skola																														11:00-11:30						
11:30-12:00																																			11:30-12:00						
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12:30-13:00																																			12:30-13:00						
13:00-13:30	IDF Skolsim	↑		IDF Skolsim	↑	Skola																													13:00-13:30						
13:30-14:00	IDF Skolsim			IDF Skolsim		Skola																													13:30-14:00						
14:00-14:30	IDF Skolsim			IDF Skolsim		Skola																													14:00-14:30						
14:30-15:00	IDF Skolsim			IDF Skolsim		Skola																													14:30-15:00						
15:00-15:30	Rundsim	Bröstsim	Bröstsim	Crawl	Snabb-bana		SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	NEC	NEC	NEC	NEC	NEC	x	15:00-15:30																
15:30-16:00							SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	NEC	NEC	NEC	NEC	NEC	x	15:30-16:00															
16:00-16:30							SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	NEC	NEC	NEC	NEC	NEC	x	16:00-16:30															
16:30-17:00							SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	NEC	NEC	NEC	NEC	NEC	x	16:30-17:00															
17:00-17:30							SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	17:00-17:30															
17:30-18:00							SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	17:30-18:00															
18:00-18:30							SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	18:00-18:30															
18:30-19:00							SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	18:30-19:00															
19:00-19:30							SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	19:00-19:30															
19:30-20:00	POLO simning 19:30-20:00 (ej boll)																				x	19:30-20:00																			
20:00-20:30	HELLAS VATTENPOLO																								20:00-20:30																
20:30-21:00																									20:30-21:00																
21:00-21:30																									21:00-21:30																
21:30-22:00																									21:30-22:00																

Med reservation för ändringar

Tisdag	0				1				2				3				4				5				6				7				8				9				11-nov
05:45-06:00	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC																				05:45-06:00
06:00-06:30	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC																				06:00-06:30
06:30-07:00	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC																				06:30-07:00
07:00-07:30	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC																				07:00-07:30
07:30-08:00	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC																				07:30-08:00
08:00-08:30	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEC				NEC				NEC																				08:00-08:30
08:30-09:00	IDF Skolsim	↑	NEP/SPIF	IDF Skolsim	↑	NEP/SPIF	NEP/SPIF				NEC				NEC				NEC																				08:30-09:00		
09:00-09:30	IDF Skolsim		NEP/SPIF	IDF Skolsim	↑	NEP/SPIF	NEP/SPIF				NEC				NEC				NEC																				09:00-09:30		
09:30-10:00	IDF Skolsim		NEP/SPIF	IDF Skolsim		NEP/SPIF	NEP/SPIF				NEC				NEC				NEC																				09:30-10:00		
10:00-10:30	IDF Skolsim			IDF Skolsim		Skola	Skola				Skola				Skola				Snabb-bana				Crawl				Bröstsims				Rundsim				10:00-10:30						
10:30-11:00	IDF Skolsim			IDF Skolsim		Skola																													10:30-11:00						
11:00-11:30				Skola																															11:00-11:30						
11:30-12:00	Länsförsäkringar																																		11:30-12:00						
12:00-12:30	Länsförsäkringar																																		12:00-12:30						
12:30-13:00																																			12:30-13:00						
13:00-13:30	IDF Skolsim	↑		IDF Skolsim	↑	Skola																													13:00-13:30						
13:30-14:00	IDF Skolsim			IDF Skolsim		Skola																													13:30-14:00						
14:00-14:30	IDF Skolsim			IDF Skolsim		Skola																													14:00-14:30						
14:30-15:00	IDF Skolsim			IDF Skolsim		Skola																													14:30-15:00						
15:00-15:30	Rundsim	Bröstsims	Bröstsims	Crawl	Snabb-bana	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	x	15:00-15:30																	
15:30-16:00						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	x	15:30-16:00																			
16:00-16:30						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	x	16:00-16:30																			
16:30-17:00						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	x	16:30-17:00																			
17:00-17:30						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	x	17:00-17:30																			
17:30-18:00						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	x	17:30-18:00																			
18:00-18:30						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	x	18:00-18:30																			
18:30-19:00						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	x	18:30-19:00																			
19:00-19:30						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	x	19:00-19:30																			
19:30-20:00	POLO simning 19:30-20:00 (ej boll)																				x	19:30-20:00																			
20:00-20:30	SKK POLO																				20:00-20:30																				
20:30-21:00																					20:30-21:00																				
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Med reservation för ändringar

Onsdag	0				1				2				3				4				5				6				7				8				9				12-nov												
05:45-06:00	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC																				05:45-06:00												
06:00-06:30	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC																				06:00-06:30												
06:30-07:00	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC																				06:30-07:00												
07:00-07:30	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC																				07:00-07:30												
07:30-08:00	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC																				07:30-08:00												
08:00-08:30	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEC				NEC				NEC																				08:00-08:30												
08:30-09:00	IDF Skolsim	↑	NEP/SPIF		IDF Skolsim	↑	NEP/SPIF		NEP/SPIF				NEC				NEC				NEC																				08:30-09:00												
09:00-09:30	IDF Skolsim		NEP/SPIF		IDF Skolsim	↑	NEP/SPIF		NEP/SPIF				NEC				NEC				NEC																				09:00-09:30												
09:30-10:00	IDF Skolsim		NEP/SPIF		IDF Skolsim		NEP/SPIF		NEP/SPIF				NEC				NEC				NEC																				09:30-10:00												
10:00-10:30	IDF Skolsim				IDF Skolsim		Skola		Skola				Skola				Skola				Snabb-bana				Crawl				Bröstsım				Rundsim				10:00-10:30																
10:30-11:00	IDF Skolsim		↓		IDF Skolsim		Skola																														↓		10:30-11:00														
11:00-11:30	Skola				Skola																																																11:00-11:30
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14:30-15:00																																																					14:30-15:00
15:00-15:30	Rundsim	Bröstsım	Bröstsım	Crawl	Snabb-bana	Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	x	15:00-15:30																														
15:30-16:00						Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	x	15:30-16:00																														
16:00-16:30						Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	x	16:00-16:30																														
16:30-17:00						Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	x	16:30-17:00																														
17:00-17:30						Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	x	17:00-17:30																														
17:30-18:00						Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	x	17:30-18:00																														
18:00-18:30						Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	x	18:00-18:30																														
18:30-19:00						Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	x	18:30-19:00																														
19:00-19:30						Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	x	19:00-19:30																														
19:30-20:00	POLO simning 19:30-20:00 (ej boll)																			x	19:30-20:00																																
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20:30-21:00	NEPTUN VATTENPOLO																				20:30-21:00																																
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Med reservation för ändringar

Torsdag	0				1				2				3				4				5				6				7				8				9				13-nov
05:45-06:00	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC																				05:45-06:00
06:00-06:30	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC																				06:00-06:30
06:30-07:00	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC																				06:30-07:00
07:00-07:30	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC																				07:00-07:30
07:30-08:00	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC																				07:30-08:00
08:00-08:30	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEC				NEC				NEC																				08:00-08:30
08:30-09:00	IDF Skolsim	↑	NEP/SPIF	IDF Skolsim	↑	NEP/SPIF	NEP/SPIF				NEC				NEC				NEC																				08:30-09:00		
09:00-09:30	IDF Skolsim		NEP/SPIF	IDF Skolsim	↑	NEP/SPIF	NEP/SPIF				NEC				NEC				NEC																				09:00-09:30		
09:30-10:00	IDF Skolsim		NEP/SPIF	IDF Skolsim		NEP/SPIF	NEP/SPIF				NEC				NEC				NEC																				09:30-10:00		
10:00-10:30	IDF Skolsim			IDF Skolsim		Skola	Skola				Skola				Skola				Snabb-bana				Crawl				Bröstsim				Rundsim				10:00-10:30						
10:30-11:00	IDF Skolsim			IDF Skolsim		Skola																													10:30-11:00						
11:00-11:30				Skola																															11:00-11:30						
11:30-12:00	Länsförsäkringar																																		11:30-12:00						
12:00-12:30	Länsförsäkringar																																		12:00-12:30						
12:30-13:00																																			12:30-13:00						
13:00-13:30	IDF Skolsim	↑		IDF Skolsim	↑	Skola																													13:00-13:30						
13:30-14:00	IDF Skolsim			IDF Skolsim		Skola																													13:30-14:00						
14:00-14:30	IDF Skolsim			IDF Skolsim		Skola																													14:00-14:30						
14:30-15:00	IDF Skolsim			IDF Skolsim		Skola																													14:30-15:00						
15:00-15:30	Rundsim	Bröstsim	Bröstsim	Crawl	Snabb-bana	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	15:00-15:30														
15:30-16:00						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	15:30-16:00											
16:00-16:30						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	16:00-16:30											
16:30-17:00						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	16:30-17:00											
17:00-17:30						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	17:00-17:30											
17:30-18:00						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	17:30-18:00											
18:00-18:30						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	18:00-18:30											
18:30-19:00						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	18:30-19:00											
19:00-19:30						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Polisen VP	Polisen VP	x	19:00-19:30											
19:30-20:00	POLO simning 19:30-20:00 (ej boll)																				x	19:30-20:00																			
20:00-20:30	SPIF VATTENPOLO																													20:00-20:30											
20:30-21:00																														20:30-21:00											
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Med reservation för ändringar

Fredag	0			1			2			3			4		5		6		7		8		9		14-nov																																																						
05:45-06:00	NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF		NEP/SPIF/NEC		Crawl						Bröstsim		Rundsim		05:45-06:00																																																				
06:00-06:30	NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF		NEP/SPIF/NEC												06:00-06:30																																																				
06:30-07:00	NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF/NEC		06:30-07:00																																																																
07:00-07:30	NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF/NEC		07:00-07:30																																																																
07:30-08:00	NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF/NEC		07:30-08:00																																																																
08:00-08:30	NEP/SPIF			NEP/SPIF			NEP/SPIF			NEC			NEC		NEC												08:00-08:30																																																				
08:30-09:00	IDF Skolsim	▲	NEP/SPIF	IDF Skolsim	▲	NEP/SPIF	NEP/SPIF			NEC			NEC		NEC												08:30-09:00																																																				
09:00-09:30	IDF Skolsim		NEP/SPIF	IDF Skolsim		NEP/SPIF	NEP/SPIF			NEC			NEC		NEC												09:00-09:30																																																				
09:30-10:00	IDF Skolsim		NEP/SPIF	IDF Skolsim		NEP/SPIF	NEP/SPIF			NEC			NEC		NEC												09:30-10:00																																																				
10:00-10:30	IDF Skolsim			IDF Skolsim		Skola	Skola			Skola			Skola		Snabb-bana												10:00-10:30																																																				
10:30-11:00	IDF Skolsim			IDF Skolsim		Skola											Skola		Skola		Skola		Snabb-bana		10:30-11:00																																																						
11:00-11:30				Skola																					Skola		Skola		Snabb-bana		11:00-11:30																																																
11:30-12:00	U. Hausmann																														Skola		Skola		Skola		Snabb-bana		11:30-12:00																																								
12:00-12:30	U. Hausmann																																						Skola		Skola		Skola		Snabb-bana		12:00-12:30																																
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14:00-14:30																																																																							Skola		Skola		Skola		Snabb-bana		14:00-14:30
14:30-15:00																																																																															Skola
15:00-15:30	Rundsim	Bröstsim	Bröstsim	Crawl	Snabb-bana	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	NEC	NEC									NEC	NEC	NEC	x	15:00-15:30																																																		
15:30-16:00						SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	NEC	NEC	NEC	NEC	NEC	x	15:30-16:00																																																									
16:00-16:30						SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	NEC	NEC	NEC	NEC	NEC	x	16:00-16:30																																																									
16:30-17:00						SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	NEC	NEC	NEC	NEC	NEC	x	16:30-17:00																																																									
17:00-17:30	Movember Cup vattenpolo																							17:00-17:30																																																							
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Med reservation för ändringar

Lördag	0	1	2	3	4	5	6	7	8	9	15-nov
07:45-08:00	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	07:45-08:00
08:00-08:30	NEC	NEC	NEC	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	08:00-08:30
08:30-09:00	NEC	NEC	NEC	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	08:30-09:00
09:00-09:30	NEC	NEC	NEC	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	09:00-09:30
09:30-10:00	NEC	NEC	NEC	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	09:30-10:00
10:00-10:30	Movember Cup vattenpolo (09:45-19:00)										10:00-10:30
10:30-11:00											10:30-11:00
11:00-11:30											11:00-11:30
11:30-12:00											11:30-12:00
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17:30-18:00											17:30-18:00
18:00-18:30											18:00-18:30
18:30-19:00											18:30-19:00

Med reservation för ändringar

Söndag	0	1	2	3	4	5	6	7	8	9	16-nov
07:45-08:00	Team TT	Team TT	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	SPIF	SPIF			07:45-08:00
08:00-08:30	Team TT	Team TT	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	SPIF	SPIF			08:00-08:30
08:30-09:00	Team TT	Team TT	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	SPIF	SPIF			08:30-09:00
09:00-09:30							SPIF	SPIF			09:00-09:30
09:30-10:00	Movember Cup vattenpolo (09:45-17:00)										09:30-10:00
10:00-10:30											10:00-10:30
10:30-11:00											10:30-11:00
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15:30-16:00											15:30-16:00
16:00-16:30											16:00-16:30
16:30-17:00											16:30-17:00
17:00-17:30	SPIF	SPIF	SPIF			Snabb-bana	Crawl	Bröstsims	Rundsims		17:00-17:30
17:30-18:00	SPIF	SPIF	SPIF								17:30-18:00
18:00-18:30	SCT	SCT	SCT	SCT	SCT	Neptun VP					18:00-18:30
18:30-19:00	SCT	SCT	SCT	SCT	SCT	Neptun VP					18:30-19:00
19:00-19:30	SCT	SCT	SCT	SCT	SCT	Neptun VP					19:00-19:30
19:30-20:00	APNEA	APNEA	APNEA	APNEA	Neptun Masters	Neptun Masters					19:30-20:00
20:00-20:30	APNEA	APNEA	APNEA	APNEA	Neptun Masters	Neptun Masters					20:00-20:30
20:30-21:00											20:30-21:00

Med reservation för ändringar

Måndag	0				1				2				3				4				5				6				7				8				9				17-nov								
05:45-06:00	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC				Crawl								Bröstsims								Rundsim								05:45-06:00
06:00-06:30	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC				06:00-06:30																												
06:30-07:00	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC				06:30-07:00																												
07:00-07:30	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC				07:00-07:30																												
07:30-08:00	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC				07:30-08:00																												
08:00-08:30	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEC				NEC				08:00-08:30																												
08:30-09:00	IDF Skolsim	↑	NEP/SPIF	IDF Skolsim	↑	NEP/SPIF	NEP/SPIF				NEC				NEC				08:30-09:00																														
09:00-09:30	IDF Skolsim		NEP/SPIF	IDF Skolsim		NEP/SPIF	NEP/SPIF				NEC				NEC				09:00-09:30																														
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10:00-10:30	IDF Skolsim			IDF Skolsim		Skola	Skola				Skola				Skola				Snabb-bana				10:00-10:30																										
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13:00-13:30	IDF Skolsim	↑		IDF Skolsim	↑	Skola																	13:00-13:30																										
13:30-14:00	IDF Skolsim			IDF Skolsim		Skola																	13:30-14:00																										
14:00-14:30	IDF Skolsim			IDF Skolsim		Skola	14:00-14:30																																										
14:30-15:00	IDF Skolsim			IDF Skolsim		Skola	14:30-15:00																																										
15:00-15:30	Rundsim	Bröstsims	Bröstsims	Crawl	Snabb-bana		SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	NEC	NEC	NEC	NEC	NEC	x	15:00-15:30																											
15:30-16:00							SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	NEC	NEC	NEC	NEC	NEC	x	15:30-16:00																											
16:00-16:30							SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	NEC	NEC	NEC	NEC	NEC	x	16:00-16:30																											
16:30-17:00							SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	NEC	NEC	NEC	NEC	NEC	x	16:30-17:00																											
17:00-17:30							SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	17:00-17:30																										
17:30-18:00							SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	17:30-18:00																										
18:00-18:30							SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	18:00-18:30																										
18:30-19:00							SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	18:30-19:00																										
19:00-19:30							SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	19:00-19:30																									
19:30-20:00						POLO simning 19:30-20:00 (ej boll)																		x	19:30-20:00																								
20:00-20:30	HELLAS VATTENPOLO																		20:00-20:30																														
20:30-21:00																			20:30-21:00																														
21:00-21:30																			21:00-21:30																														
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Med reservation för ändringar

Tisdag	0				1				2				3				4				5				6				7				8				9				18-nov																				
05:45-06:00	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC				Crawl																Bröstsims				Rundsim				05:45-06:00												
06:00-06:30	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC																												06:00-06:30												
06:30-07:00	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC																												06:30-07:00												
07:00-07:30	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC																												07:00-07:30												
07:30-08:00	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC																												07:30-08:00												
08:00-08:30	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEC				NEC				NEC																												08:00-08:30												
08:30-09:00	IDF Skolsim	↑	NEP/SPIF		IDF Skolsim	↑	NEP/SPIF		NEP/SPIF		NEC		NEC		NEC		NEC		NEC		Snabb-bana																												08:30-09:00												
09:00-09:30	IDF Skolsim		NEP/SPIF		IDF Skolsim		NEP/SPIF		NEP/SPIF		NEC		NEC		NEC		NEC		NEC																														09:00-09:30												
09:30-10:00	IDF Skolsim		NEP/SPIF		IDF Skolsim		NEP/SPIF		NEP/SPIF		NEC		NEC		NEC		NEC		NEC																		09:30-10:00																								
10:00-10:30	IDF Skolsim				IDF Skolsim																																10:00-10:30																								
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13:00-13:30	IDF Skolsim	↑			IDF Skolsim	↑			Skola												13:00-13:30																																								
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14:30-15:00	IDF Skolsim			↓	IDF Skolsim				Skola												14:30-15:00																																								
15:00-15:30	Rundsim	Bröstsims	Bröstsims	Crawl	Snabb-bana		Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	x	15:00-15:30																																						
15:30-16:00							Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	x	15:30-16:00																																						
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19:00-19:30							Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	x	19:00-19:30																																					
19:30-20:00	POLO simning 19:30-20:00 (ej boll)																				x	19:30-20:00																																							
20:00-20:30	SKK POLO																				20:00-20:30																																								
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Med reservation för ändringar

Onsdag	0				1				2				3				4				5				6				7				8				9				19-nov								
05:45-06:00	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC				Crawl								Bröstsims								Rundsim								05:45-06:00
06:00-06:30	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC																												06:00-06:30
06:30-07:00	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC				06:30-07:00																												
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08:00-08:30	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEC				NEC				08:00-08:30																												
08:30-09:00	IDF Skolsim	↑	NEP/SPIF		IDF Skolsim	↑	NEP/SPIF		NEP/SPIF		NEC		NEC		NEC		NEC		Crawl																														Bröstsims
09:00-09:30	IDF Skolsim		NEP/SPIF		IDF Skolsim		NEP/SPIF		NEP/SPIF		NEC		NEC		NEC		NEC										09:00-09:30																						
09:30-10:00	IDF Skolsim		NEP/SPIF		IDF Skolsim		NEP/SPIF		NEP/SPIF		NEC		NEC		NEC		NEC										09:30-10:00																						
10:00-10:30	IDF Skolsim				IDF Skolsim		Skola																				10:00-10:30																						
10:30-11:00	IDF Skolsim			↓	IDF Skolsim		Skola																				10:30-11:00																						
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15:00-15:30	Rundsim	Bröstsims	Bröstsims	Crawl	Snabb-bana	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	x	15:00-15:30																												
15:30-16:00						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	x	15:30-16:00																												
16:00-16:30						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	x	16:00-16:30																												
16:30-17:00						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	x	16:30-17:00																												
17:00-17:30						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	x	17:00-17:30																												
17:30-18:00						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	x	17:30-18:00																												
18:00-18:30						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	x	18:00-18:30																												
18:30-19:00						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	x	18:30-19:00																												
19:00-19:30						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	x	19:00-19:30																												
19:30-20:00	POLO simning 19:30-20:00 (ej boll)																			x	19:30-20:00																												
20:00-20:30																					20:00-20:30																												
20:30-21:00	NEPTUN VATTENPOLO																				20:30-21:00																												
21:00-21:30																					21:00-21:30																												
21:30-22:00																					21:30-22:00																												

Med reservation för ändringar

Torsdag	0						1						2						3						4						5						6						7						8						9						20-nov																														
05:45-06:00	NEP/SPIF						NEP/SPIF						NEP/SPIF						NEP/SPIF						NEP/SPIF						NEP/SPIF/NEC						Crawl																		Bröstsim																		Rundsim																		05:45-06:00
06:00-06:30	NEP/SPIF						NEP/SPIF						NEP/SPIF						NEP/SPIF						NEP/SPIF						NEP/SPIF/NEC																																																												06:00-06:30
06:30-07:00	NEP/SPIF						NEP/SPIF						NEP/SPIF						NEP/SPIF						NEP/SPIF/NEC						06:30-07:00																																																												
07:00-07:30	NEP/SPIF						NEP/SPIF						NEP/SPIF						NEP/SPIF						NEP/SPIF/NEC						07:00-07:30																																																												
07:30-08:00	NEP/SPIF						NEP/SPIF						NEP/SPIF						NEP/SPIF						NEP/SPIF/NEC						07:30-08:00																																																												
08:00-08:30	NEP/SPIF						NEP/SPIF						NEP/SPIF						NEC						NEC						NEC																																																												08:00-08:30
08:30-09:00	IDF Skolsim	↑	NEP/SPIF				IDF Skolsim	↑	NEP/SPIF				NEP/SPIF						NEC						NEC						NEC																																																												08:30-09:00
09:00-09:30	IDF Skolsim		NEP/SPIF				IDF Skolsim		NEP/SPIF				NEP/SPIF						NEC						NEC						NEC																																																												09:00-09:30
09:30-10:00	IDF Skolsim		NEP/SPIF				IDF Skolsim		NEP/SPIF				NEP/SPIF						NEC						NEC						NEC						09:30-10:00																																																						
10:00-10:30	IDF Skolsim						IDF Skolsim		Skola				Skola						Skola						Skola						Snabb-bana						10:00-10:30																																																						
10:30-11:00	IDF Skolsim						IDF Skolsim		Skola																												10:30-11:00																																																						
11:00-11:30	Länsförsäkringar						Skola																														11:00-11:30																																																						
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14:30-15:00	IDF Skolsim						IDF Skolsim		Skola																												14:30-15:00																																																						
15:00-15:30	Rundsim	Bröstsim	Bröstsim	Crawl	Snabb-bana	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	15:00-15:30																																																													
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17:00-17:30						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	17:00-17:30																																																								
17:30-18:00						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	17:30-18:00																																																								
18:00-18:30						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	18:00-18:30																																																								
18:30-19:00						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	18:30-19:00																																																								
19:00-19:30							Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Polisen VP	Polisen VP	x	19:00-19:30																																																												
19:30-20:00	POLO simning 19:30-20:00 (ej boll)																											x	19:30-20:00																																																														
20:00-20:30	SPIF VATTENPOLO																											20:00-20:30																																																															
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Med reservation för ändringar

Fredag	0			1			2			3			4		5		6		7		8			9		21-nov	
05:45-06:00	NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF		NEP/SPIF/NEC		CrawlBröstsimsimRundsim										05:45-06:00
06:00-06:30	NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF		NEP/SPIF/NEC												06:00-06:30
06:30-07:00	NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF		NEP/SPIF/NEC												06:30-07:00
07:00-07:30	NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF		NEP/SPIF/NEC												07:00-07:30
07:30-08:00	NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF		NEP/SPIF/NEC												07:30-08:00
08:00-08:30	NEP/SPIF			NEP/SPIF			NEP/SPIF			NEC			NEC		NEC												08:00-08:30
08:30-09:00	IDF Skolsim	NEP/SPIF	IDF Skolsim	NEP/SPIF	NEP/SPIF			NEC			NEC		NEC		08:30-09:00												
09:00-09:30	IDF Skolsim	NEP/SPIF	IDF Skolsim	NEP/SPIF	NEP/SPIF			NEC			NEC		NEC		09:00-09:30												
09:30-10:00	IDF Skolsim	NEP/SPIF	IDF Skolsim	NEP/SPIF	NEP/SPIF			NEC			NEC		NEC		09:30-10:00												
10:00-10:30	IDF Skolsim		IDF Skolsim	Skola	Skola			Skola			Skola		Snabb-bana		10:00-10:30												
10:30-11:00	IDF Skolsim		IDF Skolsim	Skola											10:30-11:00												
11:00-11:30				Skola												11:00-11:30											
11:30-12:00	U. Hausmann															11:30-12:00											
12:00-12:30	U. Hausmann															12:00-12:30											
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14:30-15:00																14:30-15:00											
15:00-15:30	Rundsim	Bröstsimsim	Bröstsimsim	Crawl	Snabb-bana	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	NEC	NEC	NEC	NEC	NEC	x	15:00-15:30						
15:30-16:00						SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	NEC	NEC	NEC	NEC	NEC	x	15:30-16:00					
16:00-16:30						SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	NEC	NEC	NEC	NEC	NEC	x	16:00-16:30					
16:30-17:00						SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	NEC	NEC	NEC	NEC	NEC	x	16:30-17:00					
17:00-17:30						SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	17:00-17:30					
17:30-18:00						SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	17:30-18:00					
18:00-18:30						SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	18:00-18:30					
18:30-19:00						SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	18:30-19:00					
19:00-19:30	USM grundserie vattenpolo																							19:00-19:30			
19:30-20:00																								19:30-20:00			
20:00-20:30																								20:00-20:30			
20:30-21:00																								20:30-21:00			

Med reservation för ändringar

Lördag	0	1	2	3	4	5	6	7	8	9	22-nov
07:45-08:00	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	Crawl	Bröstsims	Rundsim		07:45-08:00
08:00-08:30	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF				08:00-08:30	
08:30-09:00	NEC	NEC	NEC	NEP/SPIF	NEP/SPIF	NEP/SPIF				08:30-09:00	
09:00-09:30	NEC	NEC	NEC	Avsim	Avsim	Snabb-bana				09:00-09:30	
09:30-10:00	NEC	NEC	NEC							09:30-10:00	
10:00-10:30	NEC	NEC	NEC							10:00-10:30	
10:30-11:00			Avsim							10:30-11:00	
11:00-11:30	Sthlm Dolphins	Sthlm Dolphins								11:00-11:30	
11:30-12:00	Sthlm Dolphins	Sthlm Dolphins								11:30-12:00	
12:00-12:30	Sthlm Dolphins	Sthlm Dolphins								12:00-12:30	
12:30-13:00										12:30-13:00	
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17:30-18:00										17:30-18:00	
18:00-18:30				18:00-18:30							
18:30-19:00					18:30-19:00						

Med reservation för ändringar

Söndag	0	1	2	3	4	5	6	7	8	9	23-nov
07:45-08:00	Team TT	Team TT	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Crawl	Bröstsims			07:45-08:00
08:00-08:30	Team TT	Team TT	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters					08:00-08:30
08:30-09:00	Team TT	Team TT	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters					08:30-09:00
09:00-09:30			Avsim	Avsim	Avsim	Snabb-bana					09:00-09:30
09:30-10:00											09:30-10:00
10:00-10:30											10:00-10:30
10:30-11:00											10:30-11:00
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14:00-14:30											14:00-14:30
14:30-15:00											14:30-15:00
15:00-15:30	SPIF	SPIF									15:00-15:30
15:30-16:00	SPIF	SPIF									15:30-16:00
16:00-16:30	SPIF	SPIF									16:00-16:30
16:30-17:00	SPIF	SPIF									16:30-17:00
17:00-17:30	SPIF	SPIF									17:00-17:30
17:30-18:00	SPIF	SPIF									17:30-18:00
18:00-18:30	SCT	SCT	SCT	SCT	SCT	Neptun VP					18:00-18:30
18:30-19:00	SCT	SCT	SCT	SCT	SCT	Neptun VP					18:30-19:00
19:00-19:30	SCT	SCT	SCT	SCT	SCT	Neptun VP					19:00-19:30
19:30-20:00	APNEA	APNEA	APNEA	APNEA	Neptun Masters	Neptun Masters					19:30-20:00
20:00-20:30	APNEA	APNEA	APNEA	APNEA	Neptun Masters	Neptun Masters					20:00-20:30
20:30-21:00											20:30-21:00

Med reservation för ändringar

Tisdag	0		1		2		3		4		5		6		7		8		9		25-nov	
05:45-06:00	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF/NEC											05:45-06:00
06:00-06:30	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF/NEC											06:00-06:30
06:30-07:00	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF/NEC											06:30-07:00
07:00-07:30	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF/NEC											07:00-07:30
07:30-08:00	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF/NEC											07:30-08:00
08:00-08:30	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEC		NEC		NEC											08:00-08:30
08:30-09:00	IDF Skolsim	NEP/SPIF	IDF Skolsim	NEP/SPIF	NEP/SPIF		NEC		NEC		NEC											08:30-09:00
09:00-09:30	IDF Skolsim	NEP/SPIF	IDF Skolsim	NEP/SPIF	NEP/SPIF		NEC		NEC		NEC		09:00-09:30									
09:30-10:00	IDF Skolsim	NEP/SPIF	IDF Skolsim	NEP/SPIF	NEP/SPIF		NEC		NEC		NEC		09:30-10:00									
10:00-10:30	IDF Skolsim		IDF Skolsim		Skola	Skola	Skola	Skola	Snabb-bana	Crawl	Bröstsim	Rundsim	10:00-10:30									
10:30-11:00	IDF Skolsim		IDF Skolsim	Skola									10:30-11:00									
11:00-11:30			Skola	11:00-11:30																		
11:30-12:00	Länsförsäkringar			11:30-12:00																		
12:00-12:30	Länsförsäkringar			12:00-12:30																		
12:30-13:00			12:30-13:00																			
13:00-13:30	IDF Skolsim		IDF Skolsim	Skola									13:00-13:30									
13:30-14:00	IDF Skolsim		IDF Skolsim	Skola									13:30-14:00									
14:00-14:30	IDF Skolsim		IDF Skolsim	Skola									14:00-14:30									
14:30-15:00	IDF Skolsim		IDF Skolsim	Skola									14:30-15:00									
15:00-15:30	Rundsim	Bröstsim	Bröstsim	Crawl	Snabb-bana	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	x	15:00-15:30		
15:30-16:00						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	x	15:30-16:00
16:00-16:30						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	x	16:00-16:30
16:30-17:00						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	x	16:30-17:00
17:00-17:30						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	x	17:00-17:30
17:30-18:00						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	x	17:30-18:00
18:00-18:30						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	x	18:00-18:30
18:30-19:00						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	x	18:30-19:00
19:00-19:30						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	x	19:00-19:30
19:30-20:00	POLO simning 19:30-20:00 (ej boll)																		x	19:30-20:00		
20:00-20:30	SKK POLO																			20:00-20:30		
20:30-21:00																				20:30-21:00		
21:00-21:30																				21:00-21:30		
21:30-22:00																				21:30-22:00		
Med reservation för ändringar																						

Onsdag	0			1			2			3			4			5			6		7		8		9		26-nov
05:45-06:00	NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF/NEC			CrawlBröstsimsRundsim								05:45-06:00
06:00-06:30	NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF/NEC											06:00-06:30
06:30-07:00	NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF/NEC											06:30-07:00
07:00-07:30	NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF/NEC											07:00-07:30
07:30-08:00	NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF/NEC											07:30-08:00
08:00-08:30	NEP/SPIF			NEP/SPIF			NEP/SPIF			NEC			NEC			NEC											08:00-08:30
08:30-09:00	IDF Skolsim	↑	NEP/SPIF	IDF Skolsim	↑	NEP/SPIF	NEP/SPIF			NEC			NEC			NEC											08:30-09:00
09:00-09:30	IDF Skolsim		NEP/SPIF	IDF Skolsim		NEP/SPIF	NEP/SPIF			NEC			NEC			NEC											09:00-09:30
09:30-10:00	IDF Skolsim		NEP/SPIF	IDF Skolsim		NEP/SPIF	NEP/SPIF			NEC			NEC			NEC			09:30-10:00								
10:00-10:30	IDF Skolsim			IDF Skolsim		Skola	Skola			Skola			Skola			Snabb-bana			10:00-10:30								
10:30-11:00	IDF Skolsim			IDF Skolsim		Skola													10:30-11:00								
11:00-11:30				Skola															11:00-11:30								
11:30-12:00																			11:30-12:00								
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14:00-14:30																			14:00-14:30								
14:30-15:00																			14:30-15:00								
15:00-15:30	Rundsim	Bröstsims	Bröstsims	Crawl	Snabb-bana	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	x	15:00-15:30							
15:30-16:00						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	x	15:30-16:00							
16:00-16:30						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	x	16:00-16:30							
16:30-17:00						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	x	16:30-17:00							
17:00-17:30						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	x	17:00-17:30							
17:30-18:00						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	x	17:30-18:00							
18:00-18:30						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	x	18:00-18:30							
18:30-19:00						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	x	18:30-19:00							
19:00-19:30						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	x	19:00-19:30								
19:30-20:00	POLO simning 19:30-20:00 (ej boll)																				19:30-20:00						
20:00-20:30	NEPTUN VATTENPOLO																				20:00-20:30						
20:30-21:00																					20:30-21:00						
21:00-21:30																					21:00-21:30						
21:30-22:00																					21:30-22:00						

Med reservation för ändringar

Torsdag	0				1				2				3				4				5				6		7				8				9				27-nov		
05:45-06:00	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC				CrawlBröstsimsRundsim																05:45-06:00
06:00-06:30	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC																				06:00-06:30
06:30-07:00	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC																				06:30-07:00
07:00-07:30	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC																				07:00-07:30
07:30-08:00	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC																				07:30-08:00
08:00-08:30	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEC				NEC				NEC																				08:00-08:30
08:30-09:00	IDF Skolsim	↑	NEP/SPIF		IDF Skolsim	↑	NEP/SPIF		NEP/SPIF		NEP/SPIF	NEC				NEC				NEC				08:30-09:00																	
09:00-09:30	IDF Skolsim		NEP/SPIF		IDF Skolsim		NEP/SPIF		NEP/SPIF		NEP/SPIF	NEC				NEC				NEC				09:00-09:30																	
09:30-10:00	IDF Skolsim		NEP/SPIF		IDF Skolsim		NEP/SPIF		NEP/SPIF		NEP/SPIF	NEC				NEC				NEC				09:30-10:00																	
10:00-10:30	IDF Skolsim				IDF Skolsim		Skola					Skola				Skola				Skola				Snabb-bana																	10:00-10:30
10:30-11:00	IDF Skolsim				IDF Skolsim		Skola																					10:30-11:00													
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13:00-13:30	IDF Skolsim	↑			IDF Skolsim	↑	Skola																					13:00-13:30													
13:30-14:00	IDF Skolsim				IDF Skolsim		Skola																					13:30-14:00													
14:00-14:30	IDF Skolsim				IDF Skolsim		Skola																					14:00-14:30													
14:30-15:00	IDF Skolsim				IDF Skolsim		Skola																					14:30-15:00													
15:00-15:30	Rundsim	Bröstsims	Bröstsims	Crawl	Snabb-bana		Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	15:00-15:30																			
15:30-16:00							Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	15:30-16:00																	
16:00-16:30							Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	16:00-16:30																
16:30-17:00							Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	16:30-17:00																
17:00-17:30							Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	17:00-17:30																
17:30-18:00							Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	17:30-18:00																
18:00-18:30							Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	18:00-18:30																
18:30-19:00							Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	18:30-19:00																
19:00-19:30							Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	19:00-19:30																
19:30-20:00											POLO simning 19:30-20:00 (ej boll)																x	19:30-20:00													
20:00-20:30	SPIF VATTENPOLO																					20:00-20:30																			
20:30-21:00																						20:30-21:00																			
21:00-21:30																						21:00-21:30																			
21:30-22:00																						21:30-22:00																			

Med reservation för ändringar

Fredag	0				1				2				3				4				5				6		7		8		9		28-nov																						
05:45-06:00	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC				Crawl										Bröstsim										Rundsim										05:45-06:00
06:00-06:30	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC																																		06:00-06:30
06:30-07:00	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC				06:30-07:00																																		
07:00-07:30	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC				07:00-07:30																																		
07:30-08:00	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC				07:30-08:00																																		
08:00-08:30	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEC				NEC				NEC																																		08:00-08:30
08:30-09:00	IDF Skolsim	▲	NEP/SPIF		IDF Skolsim	▲	NEP/SPIF		NEP/SPIF				NEC				NEC				NEC																																		08:30-09:00
09:00-09:30	IDF Skolsim		NEP/SPIF		IDF Skolsim		NEP/SPIF		NEP/SPIF				NEC				NEC				NEC																																		09:00-09:30
09:30-10:00	IDF Skolsim		NEP/SPIF		IDF Skolsim		NEP/SPIF		NEP/SPIF				NEC				NEC				NEC																																		09:30-10:00
10:00-10:30	IDF Skolsim				IDF Skolsim		Skola		Skola				Skola				Skola				Snabb-bana																																		10:00-10:30
10:30-11:00	IDF Skolsim				IDF Skolsim		Skola																		Skola				Skola				10:30-11:00																						
11:00-11:30					Skola																				Skola										11:00-11:30																				
11:30-12:00	U. Hausmann																																		Skola										11:30-12:00										
12:00-12:30	U. Hausmann																																		Skola										12:00-12:30										
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14:30-15:00																																			Skola										14:30-15:00										
15:00-15:30	Rundsim	Bröstsim	Bröstsim	Crawl	Snabb-bana	SPIF		SPIF		SPIF		Neptun		Neptun		Neptun		Neptun		Neptun		Neptun		NEC		NEC		NEC		NEC		NEC		x	15:00-15:30																				
15:30-16:00						SPIF		SPIF		SPIF		Neptun		Neptun		Neptun		Neptun		Neptun		Neptun		Neptun		NEC		NEC		NEC		NEC		NEC		x	15:30-16:00																		
16:00-16:30						SPIF		SPIF		SPIF		Neptun		Neptun		Neptun		Neptun		Neptun		Neptun		Neptun		NEC		NEC		NEC		NEC		NEC		x	16:00-16:30																		
16:30-17:00						SPIF		SPIF		SPIF		Neptun		Neptun		Neptun		Neptun		Neptun		Neptun		Neptun		NEC		NEC		NEC		NEC		NEC		x	16:30-17:00																		
17:00-17:30						SPIF		SPIF		SPIF		SPIF		Neptun		Neptun		Neptun		Neptun		Neptun		Neptun		Neptun		Neptun		Neptun		Neptun		Neptun		x	17:00-17:30																		
17:30-18:00						SPIF		SPIF		SPIF		SPIF		Neptun		Neptun		Neptun		Neptun		Neptun		Neptun		Neptun		Neptun		Neptun		Neptun		Neptun		x	17:30-18:00																		
18:00-18:30						SPIF		SPIF		SPIF		SPIF		Neptun		Neptun		Neptun		Neptun		Neptun		Neptun		Neptun		Neptun		Neptun		Neptun		Neptun		x	18:00-18:30																		
18:30-19:00																					SPIF		SPIF		SPIF		SPIF		Neptun		Neptun		Neptun		Neptun		Neptun		Neptun		Neptun		Neptun		Neptun		x	18:30-19:00							
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20:30-21:00																											20:30-21:00																												

Med reservation för ändringar

Lördag	0	1	2	3	4	5	6	7	8	9	29-nov
07:45-08:00	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	Crawl	Bröstsims	Rundsims		07:45-08:00
08:00-08:30	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF				08:00-08:30	
08:30-09:00	NEC	NEC	NEC	NEP/SPIF	NEP/SPIF	NEP/SPIF				08:30-09:00	
09:00-09:30	NEC	NEC	NEC	NEP/SPIF	NEP/SPIF	NEP/SPIF				09:00-09:30	
09:30-10:00	NEC	NEC	NEC	NEP/SPIF	NEP/SPIF	NEP/SPIF				09:30-10:00	
10:00-10:30	NEC	NEC	NEC							10:00-10:30	
10:30-11:00										10:30-11:00	
11:00-11:30										11:00-11:30	
11:30-12:00										11:30-12:00	
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17:30-18:00										17:30-18:00	
18:00-18:30							18:00-18:30				
18:30-19:00											18:30-19:00

Med reservation för ändringar

Söndag	0	1	2	3	4	5	6	7	8	9	30-nov	
07:45-08:00	Team TT	Team TT	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Crawl	Bröstsim			07:45-08:00	
08:00-08:30	Team TT	Team TT	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters					08:00-08:30	
08:30-09:00	Team TT	Team TT	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters					Snabb-bana	08:30-09:00
09:00-09:30												09:00-09:30
09:30-10:00												09:30-10:00
10:00-10:30												10:00-10:30
10:30-11:00												10:30-11:00
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16:30-17:00												16:30-17:00
17:00-17:30												17:00-17:30
17:30-18:00											17:30-18:00	
18:00-18:30	SCT	SCT	SCT	SCT	SCT	Neptun VP					18:00-18:30	
18:30-19:00	SCT	SCT	SCT	SCT	SCT	Neptun VP					18:30-19:00	
19:00-19:30	SCT	SCT	SCT	SCT	SCT	Neptun VP					19:00-19:30	
19:30-20:00	APNEA	APNEA	APNEA	APNEA	Neptun Masters	Neptun Masters					19:30-20:00	
20:00-20:30	APNEA	APNEA	APNEA	APNEA	Neptun Masters	Neptun Masters					20:00-20:30	
20:30-21:00											20:30-21:00	

Med reservation för ändringar