

Tisdag	0		1		2		3		4		5		6		7		8		9		13-maj		
05:45-06:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC		Crawl Bröstsims Rundsims										05:45-06:00
06:00-06:30	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC												06:00-06:30
06:30-07:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC												06:30-07:00
07:00-07:30	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC												07:00-07:30
07:30-08:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC												07:30-08:00
08:00-08:30	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		NEC		NEC		NEC												08:00-08:30
08:30-09:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		NEC		NEC		NEC												08:30-09:00
09:00-09:30	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		NEC		NEC		NEC												09:00-09:30
09:30-10:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		NEC		NEC		NEC												09:30-10:00
10:00-10:30																							10:00-10:30
10:30-11:00																							10:30-11:00
11:00-11:30																							11:00-11:30
11:30-12:00	Länsförsäkringar																						11:30-12:00
12:00-12:30	Länsförsäkringar																						12:00-12:30
12:30-13:00													12:30-13:00										
13:00-13:30													13:00-13:30										
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14:00-14:30													14:00-14:30										
14:30-15:00													14:30-15:00										
15:00-15:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	15:00-15:30		
15:30-16:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	15:30-16:00	
16:00-16:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	16:00-16:30	
16:30-17:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	16:30-17:00	
17:00-17:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	17:00-17:30	
17:30-18:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	17:30-18:00	
18:00-18:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	18:00-18:30	
18:30-19:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	18:30-19:00	
19:00-19:30	SKK VP																				19:00-19:30		
19:30-20:00																					19:30-20:00		
20:00-20:30																					20:00-20:30		
20:30-21:00																					20:30-21:00		
21:00-21:30	SCT		SCT		SCT		SCT		SCT				Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins		21:00-21:30		
21:30-22:00	SCT		SCT		SCT		SCT		SCT				Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins		21:30-22:00		

Med reservation för ändringar

Onsdag	0		1		2		3		4		5		6		7		8		9		14-maj		
05:45-06:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC												05:45-06:00
06:00-06:30	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC												06:00-06:30
06:30-07:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC												06:30-07:00
07:00-07:30	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC												07:00-07:30
07:30-08:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC												07:30-08:00
08:00-08:30	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		NEC		NEC		NEC												08:00-08:30
08:30-09:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		NEC		NEC		NEC												08:30-09:00
09:00-09:30	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		NEC		NEC		NEC												09:00-09:30
09:30-10:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		NEC		NEC		NEC												09:30-10:00
10:00-10:30											Snabb-bana		Crawl		Bröstsöm		Rundsim				10:00-10:30		
10:30-11:00																					10:30-11:00		
11:00-11:30																					11:00-11:30		
11:30-12:00																					11:30-12:00		
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14:00-14:30																					14:00-14:30		
14:30-15:00																					14:30-15:00		
15:00-15:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	15:00-15:30		
15:30-16:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	15:30-16:00		
16:00-16:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	16:00-16:30		
16:30-17:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	16:30-17:00		
17:00-17:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	17:00-17:30		
17:30-18:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	17:30-18:00		
18:00-18:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	18:00-18:30		
18:30-19:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	18:30-19:00		
19:00-19:30	Neptun VP																				19:00-19:30		
19:30-20:00																					19:30-20:00		
20:00-20:30																					20:00-20:30		
20:30-21:00																					20:30-21:00		
21:00-21:30																					21:00-21:30		
21:30-22:00																					21:30-22:00		

Med reservation för ändringar

Torsdag	0		1		2		3		4		5		6		7		8		9		15-maj		
05:45-06:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC		Crawl Bröstsims Rundsims										05:45-06:00
06:00-06:30	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC												06:00-06:30
06:30-07:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC												06:30-07:00
07:00-07:30	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC												07:00-07:30
07:30-08:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC												07:30-08:00
08:00-08:30	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		NEC		NEC		NEC												08:00-08:30
08:30-09:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		NEC		NEC		NEC												08:30-09:00
09:00-09:30	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		NEC		NEC		NEC												09:00-09:30
09:30-10:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		NEC		NEC		NEC												09:30-10:00
10:00-10:30																							10:00-10:30
10:30-11:00																							10:30-11:00
11:00-11:30																							11:00-11:30
11:30-12:00	Länsförsäkringar																						11:30-12:00
12:00-12:30	Länsförsäkringar																						12:00-12:30
12:30-13:00													12:30-13:00										
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13:30-14:00													13:30-14:00										
14:00-14:30													14:00-14:30										
14:30-15:00													14:30-15:00										
15:00-15:30	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	15:00-15:30		
15:30-16:00	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	15:30-16:00	
16:00-16:30	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	16:00-16:30	
16:30-17:00	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	16:30-17:00	
17:00-17:30	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	17:00-17:30	
17:30-18:00	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	17:30-18:00	
18:00-18:30	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF VP	SPIF VP	x	18:00-18:30		
18:30-19:00	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF VP	SPIF VP	x	18:30-19:00		
19:00-19:30	SPIF VP																				19:00-19:30		
19:30-20:00																					19:30-20:00		
20:00-20:30																					20:00-20:30		
20:30-21:00																					20:30-21:00		
21:00-21:30	SCT		SCT		SCT		SCT		SCT		Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins						21:00-21:30		
21:30-22:00	SCT		SCT		SCT		SCT		SCT		Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins						21:30-22:00		

Med reservation för ändringar

Fredag	0		1		2		3		4		5		6		7		8		9		16-maj		
05:45-06:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC		Crawl Bröstsims Rundsims										05:45-06:00
06:00-06:30	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC												06:00-06:30
06:30-07:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC												06:30-07:00
07:00-07:30	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC												07:00-07:30
07:30-08:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC												07:30-08:00
08:00-08:30	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		NEC		NEC		NEC												08:00-08:30
08:30-09:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		NEC		NEC		NEC												08:30-09:00
09:00-09:30	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		NEC		NEC		NEC												09:00-09:30
09:30-10:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		NEC		NEC		NEC												09:30-10:00
10:00-10:30											Snabb-bana												10:00-10:30
10:30-11:00																							10:30-11:00
11:00-11:30																							11:00-11:30
11:30-12:00	Swimcoach U.H.																						11:30-12:00
12:00-12:30	Swimcoach U.H.																						12:00-12:30
12:30-13:00													12:30-13:00										
13:00-13:30													13:00-13:30										
13:30-14:00													13:30-14:00										
14:00-14:30													14:00-14:30										
14:30-15:00															14:30-15:00								
15:00-15:30	NEC		NEC		NEC		Spårvägen		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		15:00-15:30		
15:30-16:00	NEC		NEC		NEC		Spårvägen		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		15:30-16:00		
16:00-16:30	NEC		NEC		NEC		Spårvägen		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		16:00-16:30		
16:30-17:00	NEC		NEC		NEC		Spårvägen		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		16:30-17:00		
17:00-17:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	17:00-17:30		
17:30-18:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	17:30-18:00		
18:00-18:30	USM Slutspel																				18:00-18:30		
18:30-19:00																					18:30-19:00		
19:00-19:30																					19:00-19:30		
19:30-20:00																					19:30-20:00		
20:00-20:30																					20:00-20:30		
20:30-21:00																					20:30-21:00		

Med reservation för ändringar

Lördag	0	1	2	3	4	5	6	7	8	9	17-maj
07:45-08:00	NEC	NEC	NEC	NEC	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	07:45-08:00
08:00-08:30	NEC	NEC	NEC	NEC	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	08:00-08:30
08:30-09:00	NEC	NEC	NEC	NEC	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	08:30-09:00
09:00-09:30	NEC	NEC	NEC	NEC	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	09:00-09:30
09:30-10:00	USM Slutspel										09:30-10:00
10:00-10:30											10:00-10:30
10:30-11:00											10:30-11:00
11:00-11:30											11:00-11:30
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17:30-18:00											17:30-18:00
18:00-18:30											18:00-18:30
18:30-19:00											18:30-19:00

Med reservation för ändringar

Söndag	0	1	2	3	4	5	6	7	8	9	18-maj
07:45-08:00	USM Slutspel										07:45-08:00
08:00-08:30											08:00-08:30
08:30-09:00											08:30-09:00
09:00-09:30											09:00-09:30
09:30-10:00											09:30-10:00
10:00-10:30											10:00-10:30
10:30-11:00											10:30-11:00
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14:30-15:00											14:30-15:00
15:00-15:30											15:00-15:30
15:30-16:00											15:30-16:00
16:00-16:30											16:00-16:30
16:30-17:00											16:30-17:00
17:00-17:30						Snabb-bana	Crawl	Bröstsimsim	Rundsimsim		17:00-17:30
17:30-18:00											17:30-18:00
18:00-18:30	SCT	SCT	SCT	SCT	SCT	SCT	SCT	Neptun VP	Neptun VP		18:00-18:30
18:30-19:00	SCT	SCT	SCT	SCT	SCT	SCT	SCT	Neptun VP	Neptun VP		18:30-19:00
19:00-19:30	SCT	SCT	SCT	SCT	SCT	SCT	SCT	Neptun VP	Neptun VP		19:00-19:30
19:30-20:00	APNEA	APNEA	APNEA	APNEA	Neptun Masters	Neptun Masters	Neptun Masters				19:30-20:00
20:00-20:30	APNEA	APNEA	APNEA	APNEA	Neptun Masters	Neptun Masters	Neptun Masters				20:00-20:30
20:30-21:00											20:30-21:00

Med reservation för ändringar