

Måndag	0	1	2	3	4	5	6	7	8	9	14-apr
05:45-06:00	Swim Open Stockholm										05:45-06:00
06:00-06:30											06:00-06:30
06:30-07:00											06:30-07:00
07:00-07:30											07:00-07:30
07:30-08:00											07:30-08:00
08:00-08:30											08:00-08:30
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15:30-16:00											15:30-16:00
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19:30-20:00											19:30-20:00
20:00-20:30											20:00-20:30
20:30-21:00											20:30-21:00
21:00-21:30											21:00-21:30
21:30-22:00											21:30-22:00

Med reservation för ändringar

Tisdag	0	1	2	3	4	5	6	7	8	9	15-apr
05:45-06:00	Swim Open Stockholm										05:45-06:00
06:00-06:30											06:00-06:30
06:30-07:00											06:30-07:00
07:00-07:30											07:00-07:30
07:30-08:00											07:30-08:00
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18:30-19:00											18:30-19:00
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19:30-20:00											19:30-20:00
20:00-20:30											20:00-20:30
20:30-21:00											20:30-21:00
21:00-21:30											21:00-21:30
21:30-22:00											21:30-22:00

Med reservation för ändringar

Onsdag	0	1	2	3	4	5	6	7	8	9	16-apr											
05:45-06:00	Swim Open Stockholm (Avrigg)																				05:45-06:00	
06:00-06:30																					06:00-06:30	
06:30-07:00																					06:30-07:00	
07:00-07:30																					07:00-07:30	
07:30-08:00																					07:30-08:00	
08:00-08:30																					08:00-08:30	
08:30-09:00																					08:30-09:00	
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13:30-14:00																					13:30-14:00	
14:00-14:30																					14:00-14:30	
14:30-15:00																					14:30-15:00	
15:00-15:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	15:00-15:30		
15:30-16:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	15:30-16:00	
16:00-16:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	16:00-16:30	
16:30-17:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	16:30-17:00	
17:00-17:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	17:00-17:30	
17:30-18:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	17:30-18:00	
18:00-18:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	18:00-18:30	
18:30-19:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	18:30-19:00	
19:00-19:30	Neptun VP																				19:00-19:30	
19:30-20:00																					19:30-20:00	
20:00-20:30																					20:00-20:30	
20:30-21:00																					20:30-21:00	
21:00-21:30																					21:00-21:30	
21:30-22:00																						21:30-22:00

Med reservation för ändringar

Fredag	0	1	2	3	4	5	6	7	8	9	18-apr
05:45-06:00	Stängt										05:45-06:00
06:00-06:30											06:00-06:30
06:30-07:00											06:30-07:00
07:00-07:30											07:00-07:30
07:30-08:00											07:30-08:00
08:00-08:30											08:00-08:30
08:30-09:00											08:30-09:00
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19:00-19:30											19:00-19:30
19:30-20:00											19:30-20:00
20:00-20:30											20:00-20:30
20:30-21:00											20:30-21:00

Med reservation för ändringar

Lördag	0	1	2	3	4	5	6	7	8	9	19-apr
07:45-08:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	07:45-08:00
08:00-08:30	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	08:00-08:30
08:30-09:00				SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	08:30-09:00
09:00-09:30				SK Neptun	SK Neptun	Snabb-bana	Crawl	Bröstsims	Rundsim		09:00-09:30
09:30-10:00				SK Neptun	SK Neptun						09:30-10:00
10:00-10:30				SK Neptun	SK Neptun						10:00-10:30
10:30-11:00		APNEA	APNEA								10:30-11:00
11:00-11:30		APNEA	APNEA								11:00-11:30
11:30-12:00		APNEA	APNEA								11:30-12:00
12:00-12:30		APNEA	APNEA								12:00-12:30
12:30-13:00											12:30-13:00
13:00-13:30											13:00-13:30
13:30-14:00											13:30-14:00
14:00-14:30											14:00-14:30
14:30-15:00											14:30-15:00
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16:30-17:00											16:30-17:00
17:00-17:30											17:00-17:30
17:30-18:00											17:30-18:00
18:00-18:30											18:00-18:30
18:30-19:00											18:30-19:00

Med reservation för ändringar

Söndag	0	1	2	3	4	5	6	7	8	9	20-apr
07:45-08:00	Team TT	Team TT			Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters		07:45-08:00
08:00-08:30	Team TT	Team TT	APNEA	APNEA	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters		08:00-08:30
08:30-09:00	Team TT	Team TT	APNEA	APNEA	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters		08:30-09:00
09:00-09:30			APNEA	APNEA		Snabb-bana	Crawl	Bröstsims	Rundsim		09:00-09:30
09:30-10:00			APNEA	APNEA							09:30-10:00
10:00-10:30		SK Neptun	SK Neptun	SK Neptun	SK Neptun						10:00-10:30
10:30-11:00		SK Neptun	SK Neptun	SK Neptun	SK Neptun						10:30-11:00
11:00-11:30		SK Neptun	SK Neptun	SK Neptun	SK Neptun						11:00-11:30
11:30-12:00		SK Neptun	SK Neptun	SK Neptun	SK Neptun						11:30-12:00
12:00-12:30											12:00-12:30
12:30-13:00											12:30-13:00
13:00-13:30											13:00-13:30
13:30-14:00											13:30-14:00
14:00-14:30											14:00-14:30
14:30-15:00											14:30-15:00
15:00-15:30											15:00-15:30
15:30-16:00											15:30-16:00
16:00-16:30											16:00-16:30
16:30-17:00											16:30-17:00
17:00-17:30											17:00-17:30
17:30-18:00											17:30-18:00
18:00-18:30	SCT	SCT	SCT	SCT	SCT	SCT	SCT	Neptun VP	Neptun VP		18:00-18:30
18:30-19:00	SCT	SCT	SCT	SCT	SCT	SCT	SCT	Neptun VP	Neptun VP		18:30-19:00
19:00-19:30	SCT	SCT	SCT	SCT	SCT	SCT	SCT	Neptun VP	Neptun VP		19:00-19:30
19:30-20:00	APNEA	APNEA	APNEA	APNEA	Neptun Masters	Neptun Masters	Neptun Masters				19:30-20:00
20:00-20:30	APNEA	APNEA	APNEA	APNEA	Neptun Masters	Neptun Masters	Neptun Masters				20:00-20:30
20:30-21:00											20:30-21:00

Med reservation för ändringar

Måndag	0		1		2		3		4		5		6		7		8		9		21-apr						
05:45-06:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC		Crawl										Bröstsims		Rundsims		05:45-06:00
06:00-06:30	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC																06:00-06:30
06:30-07:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC																06:30-07:00
07:00-07:30	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC																07:00-07:30
07:30-08:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC																07:30-08:00
08:00-08:30	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF																						08:00-08:30
08:30-09:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF																						08:30-09:00
09:00-09:30	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF																						09:00-09:30
09:30-10:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF																						09:30-10:00
10:00-10:30	SPIF		SPIF		SPIF						Snabb-bana																Crawl
10:30-11:00	SPIF		SPIF		SPIF		APNEA		APNEA				10:30-11:00														
11:00-11:30	SPIF		SPIF		SPIF		APNEA		APNEA				11:00-11:30														
11:30-12:00	SPIF		SPIF		SPIF		APNEA		APNEA				11:30-12:00														
12:00-12:30							APNEA		APNEA				12:00-12:30														
12:30-13:00													12:30-13:00														
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14:00-14:30													14:00-14:30														
14:30-15:00													14:30-15:00														
15:00-15:30							SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		15:00-15:30						
15:30-16:00							SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		15:30-16:00						
16:00-16:30							SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		16:00-16:30						
16:30-17:00							SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		16:30-17:00						
17:00-17:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	17:00-17:30						
17:30-18:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	17:30-18:00						
18:00-18:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	18:00-18:30						
18:30-19:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	18:30-19:00						
19:00-19:30	Hellas VP																				19:00-19:30						
19:30-20:00																					19:30-20:00						
20:00-20:30																					20:00-20:30						
20:30-21:00																					20:30-21:00						
21:00-21:30																					21:00-21:30						
21:30-22:00																					21:30-22:00						

Med reservation för ändringar

Tisdag	0		1		2		3		4		5		6		7		8		9		22-apr		
05:45-06:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC		Crawl Bröstsims Rundsims										05:45-06:00
06:00-06:30	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC												06:00-06:30
06:30-07:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC												06:30-07:00
07:00-07:30	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC												07:00-07:30
07:30-08:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC												07:30-08:00
08:00-08:30	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		NEC		NEC		NEC												08:00-08:30
08:30-09:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		NEC		NEC		NEC												08:30-09:00
09:00-09:30	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		NEC		NEC		NEC												09:00-09:30
09:30-10:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		NEC		NEC		NEC												09:30-10:00
10:00-10:30											Snabb-bana												10:00-10:30
10:30-11:00																							10:30-11:00
11:00-11:30																							11:00-11:30
11:30-12:00	Länsförsäkringar																						11:30-12:00
12:00-12:30	Länsförsäkringar																						12:00-12:30
12:30-13:00																							12:30-13:00
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14:00-14:30																							14:00-14:30
14:30-15:00													14:30-15:00										
15:00-15:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	15:00-15:30		
15:30-16:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	15:30-16:00	
16:00-16:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	16:00-16:30	
16:30-17:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	16:30-17:00	
17:00-17:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	17:00-17:30	
17:30-18:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	17:30-18:00	
18:00-18:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	18:00-18:30	
18:30-19:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	18:30-19:00	
19:00-19:30	SKK VP																				19:00-19:30		
19:30-20:00																					19:30-20:00		
20:00-20:30																					20:00-20:30		
20:30-21:00																					20:30-21:00		
21:00-21:30	SCT		SCT		SCT		SCT		SCT				Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins		21:00-21:30		
21:30-22:00	SCT		SCT		SCT		SCT		SCT				Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins		21:30-22:00		

Med reservation för ändringar

Onsdag	0		1		2		3		4		5		6		7		8		9		23-apr		
05:45-06:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC		Crawl Bröstsims Rundsims										05:45-06:00
06:00-06:30	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC												06:00-06:30
06:30-07:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC												06:30-07:00
07:00-07:30	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC												07:00-07:30
07:30-08:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC												07:30-08:00
08:00-08:30	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		NEC		NEC		NEC												08:00-08:30
08:30-09:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		NEC		NEC		NEC												08:30-09:00
09:00-09:30	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		NEC		NEC		NEC												09:00-09:30
09:30-10:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		NEC		NEC		NEC												09:30-10:00
10:00-10:30											Snabb-bana												10:00-10:30
10:30-11:00																							10:30-11:00
11:00-11:30																							11:00-11:30
11:30-12:00																							11:30-12:00
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14:00-14:30																							14:00-14:30
14:30-15:00																							14:30-15:00
15:00-15:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	15:00-15:30		
15:30-16:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	15:30-16:00		
16:00-16:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	16:00-16:30		
16:30-17:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	16:30-17:00		
17:00-17:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	17:00-17:30		
17:30-18:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	17:30-18:00		
18:00-18:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	18:00-18:30		
18:30-19:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	18:30-19:00		
19:00-19:30	Neptun VP																				19:00-19:30		
19:30-20:00																					19:30-20:00		
20:00-20:30																					20:00-20:30		
20:30-21:00																					20:30-21:00		
21:00-21:30																					21:00-21:30		
21:30-22:00																					21:30-22:00		

Med reservation för ändringar

Torsdag	0		1		2		3		4		5		6		7		8		9		24-apr		
05:45-06:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC		Crawl Bröstsims Rundsims										05:45-06:00
06:00-06:30	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC												06:00-06:30
06:30-07:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC												06:30-07:00
07:00-07:30	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC												07:00-07:30
07:30-08:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC												07:30-08:00
08:00-08:30	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		NEC		NEC		NEC												08:00-08:30
08:30-09:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		NEC		NEC		NEC												08:30-09:00
09:00-09:30	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		NEC		NEC		NEC												09:00-09:30
09:30-10:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		NEC		NEC		NEC												09:30-10:00
10:00-10:30																							10:00-10:30
10:30-11:00																							10:30-11:00
11:00-11:30																							11:00-11:30
11:30-12:00	Länsförsäkringar																						11:30-12:00
12:00-12:30	Länsförsäkringar																						12:00-12:30
12:30-13:00													12:30-13:00										
13:00-13:30													13:00-13:30										
13:30-14:00													13:30-14:00										
14:00-14:30													14:00-14:30										
14:30-15:00													14:30-15:00										
15:00-15:30	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	15:00-15:30		
15:30-16:00	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	15:30-16:00	
16:00-16:30	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	16:00-16:30	
16:30-17:00	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	16:30-17:00	
17:00-17:30	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	17:00-17:30	
17:30-18:00	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	17:30-18:00	
18:00-18:30	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF VP	SPIF VP	x	18:00-18:30		
18:30-19:00	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF VP	SPIF VP	x	18:30-19:00		
19:00-19:30	SPIF VP																				19:00-19:30		
19:30-20:00																					19:30-20:00		
20:00-20:30																					20:00-20:30		
20:30-21:00																					20:30-21:00		
21:00-21:30	SCT		SCT		SCT		SCT		SCT		Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins						21:00-21:30		
21:30-22:00	SCT		SCT		SCT		SCT		SCT		Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins						21:30-22:00		

Med reservation för ändringar

Fredag	0		1		2		3		4		5		6		7		8		9		25-apr		
05:45-06:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC		Crawl Bröstsims Rundsims										05:45-06:00
06:00-06:30	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC												06:00-06:30
06:30-07:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC												06:30-07:00
07:00-07:30	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC												07:00-07:30
07:30-08:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC												07:30-08:00
08:00-08:30	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		NEC		NEC		NEC												08:00-08:30
08:30-09:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		NEC		NEC		NEC												08:30-09:00
09:00-09:30	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		NEC		NEC		NEC												09:00-09:30
09:30-10:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		NEC		NEC		NEC												09:30-10:00
10:00-10:30											Snabb-bana												10:00-10:30
10:30-11:00																							10:30-11:00
11:00-11:30																							11:00-11:30
11:30-12:00	Swimcoach U.H.																						11:30-12:00
12:00-12:30	Swimcoach U.H.																						12:00-12:30
12:30-13:00													12:30-13:00										
13:00-13:30													13:00-13:30										
13:30-14:00													13:30-14:00										
14:00-14:30													14:00-14:30										
14:30-15:00	Rigg DM Simning lör-sön från 15.00												14:30-15:00										
15:00-15:30	NEC		NEC		NEC		Spårvägen		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		15:00-15:30		
15:30-16:00	NEC		NEC		NEC		Spårvägen		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		15:30-16:00		
16:00-16:30	NEC		NEC		NEC		Spårvägen		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		16:00-16:30		
16:30-17:00	NEC		NEC		NEC		Spårvägen		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		16:30-17:00		
17:00-17:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	17:00-17:30		
17:30-18:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	17:30-18:00		
18:00-18:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	18:00-18:30		
18:30-19:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	18:30-19:00		
19:00-19:30	USM grundserie vattenpolo																				19:00-19:30		
19:30-20:00																					19:30-20:00		
20:00-20:30																					20:00-20:30		
20:30-21:00																					20:30-21:00		

Med reservation för ändringar

Lördag	0	1	2	3	4	5	6	7	8	9	26-apr
07:45-08:00	DM - Simning (Spårvägen)										07:45-08:00
08:00-08:30											08:00-08:30
08:30-09:00											08:30-09:00
09:00-09:30											09:00-09:30
09:30-10:00											09:30-10:00
10:00-10:30											10:00-10:30
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17:30-18:00											17:30-18:00
18:00-18:30											18:00-18:30
18:30-19:00											18:30-19:00

Med reservation för ändringar

Söndag	0	1	2	3	4	5	6	7	8	9	27-apr
07:45-08:00	DM - Simning (Spårvägen)										07:45-08:00
08:00-08:30											08:00-08:30
08:30-09:00											08:30-09:00
09:00-09:30											09:00-09:30
09:30-10:00											09:30-10:00
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17:30-18:00											17:30-18:00
18:00-18:30											18:00-18:30
18:30-19:00											18:30-19:00
19:00-19:30								Neptun VP	Neptun VP		19:00-19:30
19:30-20:00	APNEA	APNEA	APNEA	APNEA	Neptun Masters	Neptun Masters	Neptun Masters				19:30-20:00
20:00-20:30	APNEA	APNEA	APNEA	APNEA	Neptun Masters	Neptun Masters	Neptun Masters				20:00-20:30
20:30-21:00											20:30-21:00

Med reservation för ändringar

Tisdag	0		1		2		3		4		5		6		7		8		9		29-apr		
05:45-06:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC		Crawl Bröstsims Rundsims										05:45-06:00
06:00-06:30	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC												06:00-06:30
06:30-07:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC												06:30-07:00
07:00-07:30	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC												07:00-07:30
07:30-08:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC												07:30-08:00
08:00-08:30	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		NEC		NEC		NEC												08:00-08:30
08:30-09:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		NEC		NEC		NEC												08:30-09:00
09:00-09:30	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		NEC		NEC		NEC												09:00-09:30
09:30-10:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		NEC		NEC		NEC												09:30-10:00
10:00-10:30																							10:00-10:30
10:30-11:00																							10:30-11:00
11:00-11:30																							11:00-11:30
11:30-12:00	Länsförsäkringar																						11:30-12:00
12:00-12:30	Länsförsäkringar																						12:00-12:30
12:30-13:00													12:30-13:00										
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13:30-14:00													13:30-14:00										
14:00-14:30													14:00-14:30										
14:30-15:00													14:30-15:00										
15:00-15:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	15:00-15:30		
15:30-16:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	15:30-16:00	
16:00-16:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	16:00-16:30	
16:30-17:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	16:30-17:00	
17:00-17:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	17:00-17:30	
17:30-18:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	17:30-18:00	
18:00-18:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	18:00-18:30	
18:30-19:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	18:30-19:00	
19:00-19:30	SKK VP																				19:00-19:30		
19:30-20:00																					19:30-20:00		
20:00-20:30																					20:00-20:30		
20:30-21:00																					20:30-21:00		
21:00-21:30	SCT		SCT		SCT		SCT		SCT				Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins		21:00-21:30		
21:30-22:00	SCT		SCT		SCT		SCT		SCT				Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins		21:30-22:00		

Med reservation för ändringar

Onsdag	0		1		2		3		4		5		6		7		8		9		30-apr		
05:45-06:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC												05:45-06:00
06:00-06:30	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC												06:00-06:30
06:30-07:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC												06:30-07:00
07:00-07:30	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC												07:00-07:30
07:30-08:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC												07:30-08:00
08:00-08:30	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		NEC		NEC		NEC												08:00-08:30
08:30-09:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		NEC		NEC		NEC												08:30-09:00
09:00-09:30	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		NEC		NEC		NEC												09:00-09:30
09:30-10:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		NEC		NEC		NEC												09:30-10:00
10:00-10:30											Snabb-bana		Crawl		Bröstsims		Rundsims				10:00-10:30		
10:30-11:00																					10:30-11:00		
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14:30-15:00																					14:30-15:00		
15:00-15:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	15:00-15:30		
15:30-16:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	15:30-16:00		
16:00-16:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	16:00-16:30		
16:30-17:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	16:30-17:00		
17:00-17:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	17:00-17:30		
17:30-18:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	17:30-18:00		
18:00-18:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	18:00-18:30		
18:30-19:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	18:30-19:00		
19:00-19:30	Neptun VP																				19:00-19:30		
19:30-20:00																					19:30-20:00		
20:00-20:30																					20:00-20:30		
20:30-21:00																					20:30-21:00		
21:00-21:30																					21:00-21:30		
21:30-22:00																					21:30-22:00		

Med reservation för ändringar

Torsdag	0		1		2		3		4		5		6		7		8		9		01-maj		
05:45-06:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC		Crawl Bröstsims Rundsims										05:45-06:00
06:00-06:30	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC												06:00-06:30
06:30-07:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC												06:30-07:00
07:00-07:30	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC												07:00-07:30
07:30-08:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC												07:30-08:00
08:00-08:30	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		NEC		NEC		NEC												08:00-08:30
08:30-09:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		NEC		NEC		NEC												08:30-09:00
09:00-09:30	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		NEC		NEC		NEC												09:00-09:30
09:30-10:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		NEC		NEC		NEC												09:30-10:00
10:00-10:30											Snabb-bana												10:00-10:30
10:30-11:00																							10:30-11:00
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14:30-15:00													14:30-15:00										
15:00-15:30	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	15:00-15:30		
15:30-16:00	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	15:30-16:00	
16:00-16:30	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	16:00-16:30	
16:30-17:00	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	16:30-17:00	
17:00-17:30	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	17:00-17:30	
17:30-18:00	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	17:30-18:00	
18:00-18:30	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF VP	SPIF VP	x	18:00-18:30		
18:30-19:00	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF VP	SPIF VP	x	18:30-19:00		
19:00-19:30	SPIF VP																				19:00-19:30		
19:30-20:00																					19:30-20:00		
20:00-20:30																					20:00-20:30		
20:30-21:00																					20:30-21:00		
21:00-21:30	SCT		SCT		SCT		SCT		SCT		Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins						21:00-21:30		
21:30-22:00	SCT		SCT		SCT		SCT		SCT		Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins						21:30-22:00		

Med reservation för ändringar

Fredag	0		1		2		3		4		5		6		7		8		9		02-maj		
05:45-06:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC		Crawl Bröstsims Rundsims										05:45-06:00
06:00-06:30	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC												06:00-06:30
06:30-07:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC												06:30-07:00
07:00-07:30	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC												07:00-07:30
07:30-08:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF/NEC												07:30-08:00
08:00-08:30	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		NEC		NEC		NEC												08:00-08:30
08:30-09:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		NEC		NEC		NEC												08:30-09:00
09:00-09:30	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		NEC		NEC		NEC												09:00-09:30
09:30-10:00	SK Neptun/SPIF		SK Neptun/SPIF		SK Neptun/SPIF		NEC		NEC		NEC												09:30-10:00
10:00-10:30			Södertörn		Södertörn						Snabb-bana												10:00-10:30
10:30-11:00			Södertörn		Södertörn																		10:30-11:00
11:00-11:30			Södertörn		Södertörn																		11:00-11:30
11:30-12:00	Swimcoach U.H.		Södertörn		Södertörn																		11:30-12:00
12:00-12:30	Swimcoach U.H.																						12:00-12:30
12:30-13:00													12:30-13:00										
13:00-13:30													13:00-13:30										
13:30-14:00													13:30-14:00										
14:00-14:30													14:00-14:30										
14:30-15:00													14:30-15:00										
15:00-15:30	NEC		NEC		NEC		Spårvägen		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		15:00-15:30		
15:30-16:00	NEC		NEC		NEC		Spårvägen		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		15:30-16:00		
16:00-16:30	NEC		NEC		NEC		Spårvägen		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		16:00-16:30		
16:30-17:00	NEC		NEC		NEC		Spårvägen		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		16:30-17:00		
17:00-17:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	17:00-17:30		
17:30-18:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	17:30-18:00		
18:00-18:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	18:00-18:30		
18:30-19:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	18:30-19:00		
19:00-19:30	USM grundserie vettenpolo																				19:00-19:30		
19:30-20:00																					19:30-20:00		
20:00-20:30																					20:00-20:30		
20:30-21:00																					20:30-21:00		

Med reservation för ändringar

Lördag	0	1	2	3	4	5	6	7	8	9	03-maj
07:45-08:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	07:45-08:00
08:00-08:30	NEC	NEC	NEC	NEC	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	08:00-08:30
08:30-09:00	NEC	NEC	NEC	NEC	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	08:30-09:00
09:00-09:30	NEC	NEC	NEC	NEC	SK Neptun/SPIF	Snabb-bana	Crawl	Bröstsims	Rundsims		09:00-09:30
09:30-10:00	NEC	NEC	NEC	NEC	SK Neptun/SPIF						09:30-10:00
10:00-10:30	USM grundserie/Svenska Cupen										10:00-10:30
10:30-11:00											10:30-11:00
11:00-11:30											11:00-11:30
11:30-12:00											11:30-12:00
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18:00-18:30											18:00-18:30
18:30-19:00											18:30-19:00

Med reservation för ändringar

Söndag	0	1	2	3	4	5	6	7	8	9	04-maj
07:45-08:00	USM grundserie/Svenska Cupen										07:45-08:00
08:00-08:30											08:00-08:30
08:30-09:00											08:30-09:00
09:00-09:30											09:00-09:30
09:30-10:00											09:30-10:00
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16:00-16:30											16:00-16:30
16:30-17:00											16:30-17:00
17:00-17:30						Snabb-bana	Crawl	Bröstsimsim	Rundsimsim		17:00-17:30
17:30-18:00											17:30-18:00
18:00-18:30	SCT	SCT	SCT	SCT	SCT	SCT	SCT	Neptun VP	Neptun VP		18:00-18:30
18:30-19:00	SCT	SCT	SCT	SCT	SCT	SCT	SCT	Neptun VP	Neptun VP		18:30-19:00
19:00-19:30	SCT	SCT	SCT	SCT	SCT	SCT	SCT	Neptun VP	Neptun VP		19:00-19:30
19:30-20:00	APNEA	APNEA	APNEA	APNEA	Neptun Masters	Neptun Masters	Neptun Masters				19:30-20:00
20:00-20:30	APNEA	APNEA	APNEA	APNEA	Neptun Masters	Neptun Masters	Neptun Masters				20:00-20:30
20:30-21:00											20:30-21:00

Med reservation för ändringar