

Måndag	0	1	2	3	4	5	6	7	8	9		14-jul
05:45-06:00	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	Crawl	Bröstsims	Rundsims	50m	05:45-06:00	
06:00-06:30	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF					06:00-06:30	
06:30-07:00	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF					06:30-07:00	
07:00-07:30	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF					07:00-07:30	
07:30-08:00	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF					07:30-08:00	
08:00-08:30	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEC	NEC	NEC					08:00-08:30	
08:30-09:00	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEC	NEC	NEC					08:30-09:00	
09:00-09:30	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEC	NEC	NEC					09:00-09:30	
09:30-10:00	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEC	NEC	NEC					09:30-10:00	
10:00-10:30	Neptun	Neptun									10:00-10:30	
10:30-11:00	Neptun	Neptun									10:30-11:00	
11:00-11:30											11:00-11:30	
11:30-12:00											11:30-12:00	
12:00-12:30	Djup H2O	Djup H2O	Neptun	Neptun							12:00-12:30	
12:30-13:00	Djup H2O	Djup H2O	Neptun	Neptun							12:30-13:00	
13:00-13:30	Neptun	Neptun									13:00-13:30	
13:30-14:00	Neptun	Neptun									13:30-14:00	
14:00-14:30	Neptun	Neptun	Neptun								14:00-14:30	
14:30-15:00	Neptun	Neptun	Neptun								14:30-15:00	
15:00-15:30	NEC	NEC	NEC	Neptun	Neptun						15:00-15:30	
15:30-16:00	NEC	NEC	NEC	Neptun	Neptun						15:30-16:00	
16:00-16:30	NEC	NEC	NEC	Neptun	Neptun						16:00-16:30	
16:30-17:00	NEC	NEC	NEC	Neptun	Neptun						16:30-17:00	
17:00-17:30	Neptun	Neptun	Neptun	Neptun							17:00-17:30	
17:30-18:00	Neptun	Neptun	Neptun	Neptun							17:30-18:00	
18:00-18:30	Neptun	Neptun	Neptun	Neptun							18:00-18:30	
18:30-19:00	Neptun	Neptun	Neptun	Neptun							18:30-19:00	
19:00-19:30											19:00-19:30	
19:30-20:00							19:30-20:00					
20:00-20:30							20:00-20:30					
20:30-21:00							20:30-21:00					

Med reservation för ändringar

Tisdag	0	1	2	3	4	5	6	7	8	9		15-jul
05:45-06:00	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	Crawl	Bröstsims	Rundsims	50m	05:45-06:00	
06:00-06:30	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF					06:00-06:30	
06:30-07:00	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF					06:30-07:00	
07:00-07:30	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF					07:00-07:30	
07:30-08:00	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF					07:30-08:00	
08:00-08:30	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEC	NEC	NEC					08:00-08:30	
08:30-09:00	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEC	NEC	NEC					08:30-09:00	
09:00-09:30	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEC	NEC	NEC					09:00-09:30	
09:30-10:00	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEC	NEC	NEC					09:30-10:00	
10:00-10:30	Neptun	Neptun									10:00-10:30	
10:30-11:00	Neptun	Neptun									10:30-11:00	
11:00-11:30											11:00-11:30	
11:30-12:00											11:30-12:00	
12:00-12:30	Neptun	Neptun									12:00-12:30	
12:30-13:00	Neptun	Neptun									12:30-13:00	
13:00-13:30	Neptun	Neptun									13:00-13:30	
13:30-14:00	Neptun	Neptun									13:30-14:00	
14:00-14:30	Neptun	Neptun	Neptun								14:00-14:30	
14:30-15:00	Neptun	Neptun	Neptun								14:30-15:00	
15:00-15:30	Neptun	Neptun									15:00-15:30	
15:30-16:00	Neptun	Neptun									15:30-16:00	
16:00-16:30	Neptun	Neptun									16:00-16:30	
16:30-17:00	Neptun	Neptun									16:30-17:00	
17:00-17:30	Neptun	Neptun	Neptun	Neptun							17:00-17:30	
17:30-18:00	Neptun	Neptun	Neptun	Neptun							17:30-18:00	
18:00-18:30	Neptun	Neptun	Neptun	Neptun							18:00-18:30	
18:30-19:00	Neptun	Neptun	Neptun	Neptun							18:30-19:00	
19:00-19:30											19:00-19:30	
19:30-20:00	SKK VATTENPOLO										19:30-20:00	
20:00-20:30											20:00-20:30	
20:30-21:00											20:30-21:00	

Med reservation för ändringar

Onsdag	0	1	2	3	4	5	6	7	8	9		16-jul
05:45:-06:00	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF						05:45:-06:00
06:00-06:30	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	CrawlBröstsimsRundsim					06:00-06:30
06:30-07:00	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF						06:30-07:00
07:00-07:30	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF						07:00-07:30
07:30-08:00	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF						07:30-08:00
08:00-08:30	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEC	NEC	NEC						08:00-08:30
08:30-09:00	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEC	NEC	NEC						08:30-09:00
09:00-09:30	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEC	NEC	NEC						09:00-09:30
09:30-10:00	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEC	NEC	NEC						09:30-10:00
10:00-10:30												10:00-10:30
10:30-11:00												10:30-11:00
11:00-11:30	Djup H2O	Djup H2O										11:00-11:30
11:30-12:00	Djup H2O	Djup H2O										11:30-12:00
12:00-12:30	Neptun	Neptun										12:00-12:30
12:30-13:00	Neptun	Neptun										12:30-13:00
13:00-13:30	Neptun	Neptun										13:00-13:30
13:30-14:00	Neptun	Neptun										13:30-14:00
14:00-14:30	Neptun	Neptun	Neptun									14:00-14:30
14:30-15:00	Neptun	Neptun	Neptun									14:30-15:00
15:00-15:30	Neptun	Neptun	Neptun									15:00-15:30
15:30-16:00	Neptun	Neptun	Neptun									15:30-16:00
16:00-16:30	Neptun	Neptun	Neptun									16:00-16:30
16:30-17:00	Neptun	Neptun	Neptun									16:30-17:00
17:00-17:30												17:00-17:30
17:30-18:00												17:30-18:00
18:00-18:30												18:00-18:30
18:30-19:00												18:30-19:00
19:00-19:30												19:00-19:30
19:30-20:00												19:30-20:00
20:00-20:30												20:00-20:30
20:30-21:00												20:30-21:00

Med reservation för ändringar

Torsdag	0	1	2	3	4	5	6	7	8	9		17-jul
05:45-06:00	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	Crawl	Bröstsims	Rundsims	50m	05:45-06:00	
06:00-06:30	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF					06:00-06:30	
06:30-07:00	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF					06:30-07:00	
07:00-07:30	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF					07:00-07:30	
07:30-08:00	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF					07:30-08:00	
08:00-08:30	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEC	NEC	NEC					08:00-08:30	
08:30-09:00	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEC	NEC	NEC					08:30-09:00	
09:00-09:30	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEC	NEC	NEC					09:00-09:30	
09:30-10:00	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEC	NEC	NEC					09:30-10:00	
10:00-10:30	Neptun	Neptun									10:00-10:30	
10:30-11:00	Neptun	Neptun									10:30-11:00	
11:00-11:30											11:00-11:30	
11:30-12:00											11:30-12:00	
12:00-12:30	Neptun	Neptun	Neptun	Neptun	Neptun						12:00-12:30	
12:30-13:00	Neptun	Neptun	Neptun	Neptun	Neptun						12:30-13:00	
13:00-13:30	Neptun	Neptun	Neptun	Neptun	Neptun						13:00-13:30	
13:30-14:00	Neptun	Neptun	Neptun	Neptun	Neptun						13:30-14:00	
14:00-14:30	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun					14:00-14:30	
14:30-15:00	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun					14:30-15:00	
15:00-15:30	Neptun	Neptun									15:00-15:30	
15:30-16:00	Neptun	Neptun									15:30-16:00	
16:00-16:30	Neptun	Neptun									16:00-16:30	
16:30-17:00	Neptun	Neptun									16:30-17:00	
17:00-17:30	Neptun	Neptun	Neptun	Neptun							17:00-17:30	
17:30-18:00	Neptun	Neptun	Neptun	Neptun							17:30-18:00	
18:00-18:30	Neptun	Neptun	Neptun	Neptun							18:00-18:30	
18:30-19:00	Neptun	Neptun	Neptun	Neptun							18:30-19:00	
19:00-19:30	Dolphins	Dolphins									19:00-19:30	
19:30-20:00	Dolphins	Dolphins					19:30-20:00					
20:00-20:30							20:00-20:30					
20:30-21:00							20:30-21:00					

Med reservation för ändringar

[illegible]

Med reservation för ändringar

Lördag	0	1	2	3	4	5	6	7	8	9		19-jul
07:45-08:00	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF						07:45-08:00
08:00-08:30	NEP/SPIF	NEP/SPIF	NEC	NEC	NEC	NEC	Crawl	Bröstsimsim	Rundsim		50m	08:00-08:30
08:30-09:00	NEP/SPIF	NEP/SPIF	NEC	NEC	NEC	NEC						08:30-09:00
09:00-09:30	NEP/SPIF	NEP/SPIF	NEC	NEC	NEC	NEC						09:00-09:30
09:30-10:00	NEP/SPIF	NEP/SPIF	NEC	NEC	NEC	NEC						09:30-10:00
10:00-10:30												10:00-10:30
10:30-11:00												10:30-11:00
11:00-11:30												11:00-11:30
11:30-12:00												11:30-12:00
12:00-12:30												12:00-12:30
12:30-13:00												12:30-13:00
13:00-13:30												13:00-13:30
13:30-14:00												13:30-14:00
14:00-14:30												14:00-14:30
14:30-15:00												14:30-15:00
15:00-15:30												15:00-15:30
15:30-16:00												15:30-16:00
16:00-16:30												16:00-16:30
16:30-17:00												16:30-17:00
17:00-17:30												17:00-17:30
17:30-18:00												17:30-18:00
18:00-18:30												18:00-18:30
18:30-19:00												18:30-19:00

Med reservation för ändringar

Söndag	0	1	2	3	4	5	6	7	8	9		20-jul	
07:45-08:00												50m	07:45-08:00
08:00-08:30													08:00-08:30
08:30-09:00													08:30-09:00
09:00-09:30													09:00-09:30
09:30-10:00													09:30-10:00
10:00-10:30													10:00-10:30
10:30-11:00													10:30-11:00
11:00-11:30													11:00-11:30
11:30-12:00													11:30-12:00
12:00-12:30													12:00-12:30
12:30-13:00													12:30-13:00
13:00-13:30													13:00-13:30
13:30-14:00							Crawl	Bröstsims	Rundsims				13:30-14:00
14:00-14:30										14:00-14:30			
14:30-15:00										14:30-15:00			
15:00-15:30										15:00-15:30			
15:30-16:00										15:30-16:00			
16:00-16:30										16:00-16:30			
16:30-17:00										16:30-17:00			
17:00-17:30										17:00-17:30			
17:30-18:00	SCT	SCT	SCT	SCT						17:30-18:00			
18:00-18:30	SCT	SCT	SCT	SCT						18:00-18:30			
18:30-19:00	SCT	SCT	SCT	SCT						18:30-19:00			
19:00-19:30										19:00-19:30			
19:30-20:00												19:30-20:00	

Med reservation för ändringar

Måndag	0	1	2	3	4	5	6	7	8	9		21-jul
05:45-06:00	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF						05:45-06:00
06:00-06:30	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF						06:00-06:30
06:30-07:00	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF						06:30-07:00
07:00-07:30	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF						07:00-07:30
07:30-08:00	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF						07:30-08:00
08:00-08:30	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEC	NEC	NEC						08:00-08:30
08:30-09:00	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEC	NEC	NEC						08:30-09:00
09:00-09:30	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEC	NEC	NEC						09:00-09:30
09:30-10:00	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEC	NEC	NEC						09:30-10:00
10:00-10:30	Neptun	Neptun										10:00-10:30
10:30-11:00	Neptun	Neptun										10:30-11:00
11:00-11:30												11:00-11:30
11:30-12:00												11:30-12:00
12:00-12:30	Djup H2O	Djup H2O	Neptun	Neptun								12:00-12:30
12:30-13:00	Djup H2O	Djup H2O	Neptun	Neptun								12:30-13:00
13:00-13:30	Neptun	Neptun										13:00-13:30
13:30-14:00	Neptun	Neptun										13:30-14:00
14:00-14:30	Neptun	Neptun	Neptun									14:00-14:30
14:30-15:00	Neptun	Neptun	Neptun									14:30-15:00
15:00-15:30	NEC	NEC	NEC	Neptun	Neptun							15:00-15:30
15:30-16:00	NEC	NEC	NEC	Neptun	Neptun							15:30-16:00
16:00-16:30	NEC	NEC	NEC	Neptun	Neptun							16:00-16:30
16:30-17:00	NEC	NEC	NEC	Neptun	Neptun							16:30-17:00
17:00-17:30	Neptun	Neptun	Neptun	Neptun								17:00-17:30
17:30-18:00	Neptun	Neptun	Neptun	Neptun								17:30-18:00
18:00-18:30	Neptun	Neptun	Neptun	Neptun								18:00-18:30
18:30-19:00	Neptun	Neptun	Neptun	Neptun								18:30-19:00
19:00-19:30												19:00-19:30
19:30-20:00												19:30-20:00
20:00-20:30												20:00-20:30
20:30-21:00												20:30-21:00

Med reservation för ändringar

Tisdag	0	1	2	3	4	5	6	7	8	9		22-jul			
05:45-06:00	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	Crawl	Bröstsims	Rundsim	50m	05:45-06:00				
06:00-06:30	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF					06:00-06:30				
06:30-07:00	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF					06:30-07:00				
07:00-07:30	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF					07:00-07:30				
07:30-08:00	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF					07:30-08:00				
08:00-08:30	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEC	NEC	NEC					08:00-08:30				
08:30-09:00	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEC	NEC	NEC					08:30-09:00				
09:00-09:30	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEC	NEC	NEC					09:00-09:30				
09:30-10:00	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEC	NEC	NEC					09:30-10:00				
10:00-10:30	Neptun	Neptun									10:00-10:30				
10:30-11:00	Neptun	Neptun									10:30-11:00				
11:00-11:30											11:00-11:30				
11:30-12:00											11:30-12:00				
12:00-12:30	Neptun	Neptun									12:00-12:30				
12:30-13:00	Neptun	Neptun									12:30-13:00				
13:00-13:30	Neptun	Neptun									13:00-13:30				
13:30-14:00	Neptun	Neptun									13:30-14:00				
14:00-14:30	Neptun	Neptun	Neptun								14:00-14:30				
14:30-15:00	Neptun	Neptun	Neptun								14:30-15:00				
15:00-15:30	Neptun	Neptun									15:00-15:30				
15:30-16:00	Neptun	Neptun									15:30-16:00				
16:00-16:30	Neptun	Neptun									16:00-16:30				
16:30-17:00	Neptun	Neptun									16:30-17:00				
17:00-17:30											17:00-17:30				
17:30-18:00											17:30-18:00				
18:00-18:30											18:00-18:30				
18:30-19:00											18:30-19:00				
19:00-19:30											19:00-19:30				
19:30-20:00	SKK VATTENPOLO										19:30-20:00				
20:00-20:30											20:00-20:30				
20:30-21:00											20:30-21:00				

Med reservation för ändringar

Onsdag	0	1	2	3	4	5	6	7	8	9		23-jul
05:45-06:00	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	Crawl	Bröstsim	Rundsim	50m	05:45-06:00	
06:00-06:30	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF					06:00-06:30	
06:30-07:00	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF					06:30-07:00	
07:00-07:30	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF					07:00-07:30	
07:30-08:00	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF					07:30-08:00	
08:00-08:30	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEC	NEC	NEC					08:00-08:30	
08:30-09:00	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEC	NEC	NEC					08:30-09:00	
09:00-09:30	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEC	NEC	NEC					09:00-09:30	
09:30-10:00	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEC	NEC	NEC					09:30-10:00	
10:00-10:30											10:00-10:30	
10:30-11:00											10:30-11:00	
11:00-11:30	Djup H2O	Djup H2O									11:00-11:30	
11:30-12:00	Djup H2O	Djup H2O									11:30-12:00	
12:00-12:30	Neptun	Neptun									12:00-12:30	
12:30-13:00	Neptun	Neptun									12:30-13:00	
13:00-13:30	Neptun	Neptun									13:00-13:30	
13:30-14:00	Neptun	Neptun									13:30-14:00	
14:00-14:30	Neptun	Neptun	Neptun								14:00-14:30	
14:30-15:00	Neptun	Neptun	Neptun								14:30-15:00	
15:00-15:30	Neptun	Neptun	Neptun								15:00-15:30	
15:30-16:00	Neptun	Neptun	Neptun								15:30-16:00	
16:00-16:30	Neptun	Neptun	Neptun								16:00-16:30	
16:30-17:00	Neptun	Neptun	Neptun								16:30-17:00	
17:00-17:30											17:00-17:30	
17:30-18:00											17:30-18:00	
18:00-18:30											18:00-18:30	
18:30-19:00											18:30-19:00	
19:00-19:30											19:00-19:30	
19:30-20:00											19:30-20:00	
20:00-20:30											20:00-20:30	
20:30-21:00							20:30-21:00					

Med reservation för ändringar

Torsdag	0	1	2	3	4	5	6	7	8	9		24-jul
05:45-06:00	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	Crawl	Bröstsims	Rundsims	50m	05:45-06:00	
06:00-06:30	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF					06:00-06:30	
06:30-07:00	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF					06:30-07:00	
07:00-07:30	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF					07:00-07:30	
07:30-08:00	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF					07:30-08:00	
08:00-08:30	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEC	NEC	NEC					08:00-08:30	
08:30-09:00	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEC	NEC	NEC					08:30-09:00	
09:00-09:30	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEC	NEC	NEC					09:00-09:30	
09:30-10:00	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEC	NEC	NEC					09:30-10:00	
10:00-10:30	Neptun	Neptun									10:00-10:30	
10:30-11:00	Neptun	Neptun									10:30-11:00	
11:00-11:30											11:00-11:30	
11:30-12:00											11:30-12:00	
12:00-12:30	Neptun	Neptun	Neptun	Neptun	Neptun						12:00-12:30	
12:30-13:00	Neptun	Neptun	Neptun	Neptun	Neptun						12:30-13:00	
13:00-13:30	Neptun	Neptun	Neptun	Neptun	Neptun						13:00-13:30	
13:30-14:00	Neptun	Neptun	Neptun	Neptun	Neptun						13:30-14:00	
14:00-14:30	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun					14:00-14:30	
14:30-15:00	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun					14:30-15:00	
15:00-15:30	Neptun	Neptun									15:00-15:30	
15:30-16:00	Neptun	Neptun									15:30-16:00	
16:00-16:30	Neptun	Neptun									16:00-16:30	
16:30-17:00	Neptun	Neptun									16:30-17:00	
17:00-17:30	Neptun	Neptun	Neptun	Neptun							17:00-17:30	
17:30-18:00	Neptun	Neptun	Neptun	Neptun							17:30-18:00	
18:00-18:30	Neptun	Neptun	Neptun	Neptun							18:00-18:30	
18:30-19:00	Neptun	Neptun	Neptun	Neptun							18:30-19:00	
19:00-19:30	Dolphins	Dolphins									19:00-19:30	
19:30-20:00	Dolphins	Dolphins									19:30-20:00	
20:00-20:30											20:00-20:30	
20:30-21:00											20:30-21:00	

Med reservation för ändringar

Fredag	0	1	2	3	4	5	6	7	8	9		25-jul
05:45-06:00	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF						05:45-06:00
06:00-06:30	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF						06:00-06:30
06:30-07:00	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF						06:30-07:00
07:00-07:30	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF						07:00-07:30
07:30-08:00	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF						07:30-08:00
08:00-08:30	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEC	NEC	NEC						08:00-08:30
08:30-09:00	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEC	NEC	NEC						08:30-09:00
09:00-09:30	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEC	NEC	NEC						09:00-09:30
09:30-10:00	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEC	NEC	NEC						09:30-10:00
10:00-10:30												10:00-10:30
10:30-11:00												10:30-11:00
11:00-11:30												11:00-11:30
11:30-12:00												11:30-12:00
12:00-12:30	Neptun	Neptun										12:00-12:30
12:30-13:00	Neptun	Neptun										12:30-13:00
13:00-13:30	Neptun	Neptun										13:00-13:30
13:30-14:00	Neptun	Neptun										13:30-14:00
14:00-14:30	Neptun	Neptun	Neptun									14:00-14:30
14:30-15:00	Neptun	Neptun	Neptun									14:30-15:00
15:00-15:30	NEC	NEC	NEC	Neptun	Neptun	Neptun						15:00-15:30
15:30-16:00	NEC	NEC	NEC	Neptun	Neptun	Neptun						15:30-16:00
16:00-16:30	NEC	NEC	NEC	Neptun	Neptun	Neptun						16:00-16:30
16:30-17:00	NEC	NEC	NEC	Neptun	Neptun	Neptun						16:30-17:00
17:00-17:30												17:00-17:30
17:30-18:00												17:30-18:00
18:00-18:30												18:00-18:30
18:30-19:00												18:30-19:00
19:00-19:30												19:00-19:30
19:30-20:00												19:30-20:00

Med reservation för ändringar

Lördag	0	1	2	3	4	5	6	7	8	9		26-jul	
07:45-08:00	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF						50m	07:45-08:00
08:00-08:30	NEP/SPIF	NEP/SPIF	NEC	NEC	NEC	NEC	Crawl	Bröstsims	Rundsim	08:00-08:30			
08:30-09:00	NEP/SPIF	NEP/SPIF	NEC	NEC	NEC	NEC				08:30-09:00			
09:00-09:30	NEP/SPIF	NEP/SPIF	NEC	NEC	NEC	NEC				09:00-09:30			
09:30-10:00	NEP/SPIF	NEP/SPIF	NEC	NEC	NEC	NEC				09:30-10:00			
10:00-10:30										10:00-10:30			
10:30-11:00										10:30-11:00			
11:00-11:30										11:00-11:30			
11:30-12:00										11:30-12:00			
12:00-12:30										12:00-12:30			
12:30-13:00										12:30-13:00			
13:00-13:30										13:00-13:30			
13:30-14:00										13:30-14:00			
14:00-14:30										14:00-14:30			
14:30-15:00										14:30-15:00			
15:00-15:30										15:00-15:30			
15:30-16:00										15:30-16:00			
16:00-16:30										16:00-16:30			
16:30-17:00										16:30-17:00			
17:00-17:30										17:00-17:30			
17:30-18:00										17:30-18:00			
18:00-18:30										18:00-18:30			
18:30-19:00										18:30-19:00			

Med reservation för ändringar

Söndag	0	1	2	3	4	5	6	7	8	9		27-jul
07:45-08:00							Crawl	Bröstsims	Rundsims	50m	07:45-08:00	
08:00-08:30						08:00-08:30						
08:30-09:00						08:30-09:00						
09:00-09:30						09:00-09:30						
09:30-10:00						09:30-10:00						
10:00-10:30						10:00-10:30						
10:30-11:00						10:30-11:00						
11:00-11:30						11:00-11:30						
11:30-12:00						11:30-12:00						
12:00-12:30						12:00-12:30						
12:30-13:00						12:30-13:00						
13:00-13:30						13:00-13:30						
13:30-14:00						13:30-14:00						
14:00-14:30						14:00-14:30						
14:30-15:00						14:30-15:00						
15:00-15:30						15:00-15:30						
15:30-16:00						15:30-16:00						
16:00-16:30						16:00-16:30						
16:30-17:00						16:30-17:00						
17:00-17:30						17:00-17:30						
17:30-18:00	SCT	SCT	SCT	SCT		17:30-18:00						
18:00-18:30	SCT	SCT	SCT	SCT		18:00-18:30						
18:30-19:00	SCT	SCT	SCT	SCT		18:30-19:00						
19:00-19:30						19:00-19:30						
19:30-20:00											19:30-20:00	

Med reservation för ändringar

Måndag	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19		28-jul								
05:45-06:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		Crawl	Bröstsim		Rundsim					50m	05:45-06:00								
06:00-06:30	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF																			06:00-06:30
06:30-07:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF																			06:30-07:00
07:00-07:30	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF																			07:00-07:30
07:30-08:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF																			07:30-08:00
08:00-08:30	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEC		NEC		NEC																			08:00-08:30
08:30-09:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEC		NEC		NEC																			08:30-09:00
09:00-09:30	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEC		NEC		NEC																			09:00-09:30
09:30-10:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEC		NEC		NEC										09:30-10:00									
10:00-10:30	Rundsim	Bröstsim	Bröstsim	Crawl	Snabb-bana								Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	25m	10:00-10:30								
10:30-11:00																Neptun	Neptun	Neptun	SPIF		SPIF	SPIF	SPIF	10:30-11:00					
11:00-11:30																					SPIF	SPIF	SPIF	SPIF	11:00-11:30				
11:30-12:00																					SPIF	SPIF	SPIF	SPIF	11:30-12:00				
12:00-12:30																	Neptun	Neptun	Neptun				Djup H2O	Djup H2O	12:00-12:30				
12:30-13:00																	Neptun	Neptun	Neptun				Djup H2O	Djup H2O	12:30-13:00				
13:00-13:30																	Neptun	Neptun	Neptun		SPIF	SPIF	SPIF	SPIF	13:00-13:30				
13:30-14:00																	Neptun	Neptun	Neptun		SPIF	SPIF	SPIF	SPIF	13:30-14:00				
14:00-14:30																	Neptun	Neptun	Neptun		SPIF	SPIF	SPIF	SPIF	14:00-14:30				
14:30-15:00																	Neptun	Neptun	Neptun		SPIF	SPIF	SPIF	SPIF	14:30-15:00				
15:00-15:30											Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun		NEC	NEC	NEC	NEC	NEC	15:00-15:30			
15:30-16:00											Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun		NEC	NEC	NEC	NEC	NEC	15:30-16:00			
16:00-16:30											Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun		NEC	NEC	NEC	NEC	NEC	16:00-16:30			
16:30-17:00											Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun		NEC	NEC	NEC	NEC	NEC	16:30-17:00			
17:00-17:30													Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	17:00-17:30			
17:30-18:00													Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	17:30-18:00			
18:00-18:30													Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	18:00-18:30			
18:30-19:00													Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	18:30-19:00			
19:00-19:30																										19:00-19:30			
19:30-20:00																					19:30-20:00								
20:00-20:30	HELLAS VATTENPOLO																				20:00-20:30								
20:30-21:00																					20:30-21:00								

Med reservation för ändringar

Tisdag	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19		29-jul								
05:45-06:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		Crawl	Bröstsims	Rundsim						50m	05:45-06:00								
06:00-06:30	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF																			06:00-06:30
06:30-07:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF																			06:30-07:00
07:00-07:30	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF																			07:00-07:30
07:30-08:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF																			07:30-08:00
08:00-08:30	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEC		NEC		NEC																			08:00-08:30
08:30-09:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEC		NEC		NEC																			08:30-09:00
09:00-09:30	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEC		NEC		NEC																			09:00-09:30
09:30-10:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEC		NEC		NEC										09:30-10:00									
10:00-10:30	Rundsim	Bröstsims	Bröstsims	Crawl	Snabb-bana								Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	25m	10:00-10:30								
10:30-11:00																Neptun	Neptun	Neptun	SPIF		SPIF	SPIF	SPIF	10:30-11:00					
11:00-11:30																					SPIF	SPIF	SPIF	SPIF	11:00-11:30				
11:30-12:00																					SPIF	SPIF	SPIF	SPIF	11:30-12:00				
12:00-12:30																	Neptun	Neptun	Neptun						12:00-12:30				
12:30-13:00																	Neptun	Neptun	Neptun						12:30-13:00				
13:00-13:30																	Neptun	Neptun	Neptun		SPIF	SPIF	SPIF	SPIF	13:00-13:30				
13:30-14:00																	Neptun	Neptun	Neptun		SPIF	SPIF	SPIF	SPIF	13:30-14:00				
14:00-14:30																	Neptun	Neptun	Neptun		SPIF	SPIF	SPIF	SPIF	14:00-14:30				
14:30-15:00																	Neptun	Neptun	Neptun		SPIF	SPIF	SPIF	SPIF	14:30-15:00				
15:00-15:30													Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	15:00-15:30			
15:30-16:00													Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	15:30-16:00			
16:00-16:30													Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	16:00-16:30			
16:30-17:00													Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	16:30-17:00			
17:00-17:30													Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	17:00-17:30			
17:30-18:00													Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	17:30-18:00			
18:00-18:30													Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	18:00-18:30			
18:30-19:00													Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	18:30-19:00			
19:00-19:30																										19:00-19:30			
19:30-20:00																					19:30-20:00								
20:00-20:30	SKK VATTENPOLO																				20:00-20:30								
20:30-21:00																					20:30-21:00								

Med reservation för ändringar

Onsdag	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19		30-jul				
05:45-06:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		Crawl Bröstsim Rundsim										50m	05:45-06:00		
06:00-06:30	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF													06:00-06:30		
06:30-07:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF													06:30-07:00		
07:00-07:30	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF													07:00-07:30		
07:30-08:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF													07:30-08:00		
08:00-08:30	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEC		NEC		NEC													08:00-08:30		
08:30-09:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEC		NEC		NEC													08:30-09:00		
09:00-09:30	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEC		NEC		NEC													09:00-09:30		
09:30-10:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEC		NEC		NEC		09:30-10:00													
10:00-10:30	Rundsim	Bröstsim	Bröstsim	Crawl	Snabb-bana	SPIF	SPIF	SPIF	SPIF												10:00-10:30				
10:30-11:00						SPIF	SPIF	SPIF	SPIF														10:30-11:00		
11:00-11:30						SPIF	SPIF	SPIF	SPIF												Djup H2O	Djup H2O	11:00-11:30		
11:30-12:00						SPIF	SPIF	SPIF	SPIF												Djup H2O	Djup H2O	11:30-12:00		
12:00-12:30																					Neptun	Neptun	Neptun	12:00-12:30	
12:30-13:00																					Neptun	Neptun	Neptun	12:30-13:00	
13:00-13:30						SPIF	SPIF	SPIF	SPIF												Neptun	Neptun	Neptun	13:00-13:30	
13:30-14:00						SPIF	SPIF	SPIF	SPIF												Neptun	Neptun	Neptun	13:30-14:00	
14:00-14:30						SPIF	SPIF	SPIF	SPIF												Neptun	Neptun	Neptun	14:00-14:30	
14:30-15:00						SPIF	SPIF	SPIF	SPIF												Neptun	Neptun	Neptun	14:30-15:00	
15:00-15:30															Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	15:00-15:30
15:30-16:00															Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	15:30-16:00
16:00-16:30															Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	16:00-16:30
16:30-17:00															Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	16:30-17:00
17:00-17:30													Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	17:00-17:30
17:30-18:00													Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	17:30-18:00
18:00-18:30													Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	18:00-18:30
18:30-19:00													Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	18:30-19:00
19:00-19:30																									19:00-19:30
19:30-20:00																									19:30-20:00
20:00-20:30																									20:00-20:30
20:30-21:00																				20:30-21:00					

Med reservation för ändringar

Torsdag	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19		31-jul				
05:45-06:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		CrawlBröstsimsRundsim									50m	05:45-06:00			
06:00-06:30	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF												06:00-06:30			
06:30-07:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF												06:30-07:00			
07:00-07:30	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF												07:00-07:30			
07:30-08:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF												07:30-08:00			
08:00-08:30	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEC	NEC	NEC	NEC	NEC	NEC											08:00-08:30			
08:30-09:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEC	NEC	NEC	NEC	NEC	NEC											08:30-09:00			
09:00-09:30	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEC	NEC	NEC	NEC	NEC	NEC											09:00-09:30			
09:30-10:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEC	NEC	NEC	NEC	NEC	NEC	09:30-10:00													
10:00-10:30	Rundsim	Bröstsims	Bröstsims	Crawl	Snabb-bana								SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	25m	10:00-10:30				
10:30-11:00															SPIF	SPIF	SPIF	SPIF	Neptun		Neptun	Neptun	10:30-11:00		
11:00-11:30																SPIF	SPIF	SPIF	SPIF					11:00-11:30	
11:30-12:00																SPIF	SPIF	SPIF	SPIF					11:30-12:00	
12:00-12:30																Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	12:00-12:30	
12:30-13:00																Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	12:30-13:00	
13:00-13:30											SPIF	SPIF	SPIF	SPIF			Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	13:00-13:30	
13:30-14:00											SPIF	SPIF	SPIF	SPIF			Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	13:30-14:00	
14:00-14:30											SPIF	SPIF	SPIF	SPIF			Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	14:00-14:30	
14:30-15:00											SPIF	SPIF	SPIF	SPIF			Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	14:30-15:00	
15:00-15:30																Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	15:00-15:30	
15:30-16:00																Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	15:30-16:00	
16:00-16:30																Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	16:00-16:30	
16:30-17:00																Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	16:30-17:00	
17:00-17:30																Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	17:00-17:30	
17:30-18:00																Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	17:30-18:00	
18:00-18:30																Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	18:00-18:30	
18:30-19:00																Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	18:30-19:00	
19:00-19:30																									19:00-19:30
19:30-20:00																									19:30-20:00
20:00-20:30																									20:00-20:30
20:30-21:00																				20:30-21:00					

Med reservation för ändringar

Lördag	0	1	2	3	4	5	6	7	8	9		02-aug
07:45-08:00	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	Crawl	Bröstsım	Rundsim	50m	07:45-08:00	
08:00-08:30	NEP/SPIF	NEP/SPIF	NEC	NEC	NEC	NEC					08:00-08:30	
08:30-09:00	NEP/SPIF	NEP/SPIF	NEC	NEC	NEC	NEC					08:30-09:00	
09:00-09:30	NEP/SPIF	NEP/SPIF	NEC	NEC	NEC	NEC					09:00-09:30	
09:30-10:00	NEP/SPIF	NEP/SPIF	NEC	NEC	NEC	NEC					09:30-10:00	
10:00-10:30											10:00-10:30	
10:30-11:00											10:30-11:00	
11:00-11:30											11:00-11:30	
11:30-12:00											11:30-12:00	
12:00-12:30											12:00-12:30	
12:30-13:00											12:30-13:00	
13:00-13:30											13:00-13:30	
13:30-14:00											13:30-14:00	
14:00-14:30											14:00-14:30	
14:30-15:00											14:30-15:00	
15:00-15:30											15:00-15:30	
15:30-16:00											15:30-16:00	
16:00-16:30											16:00-16:30	
16:30-17:00											16:30-17:00	
17:00-17:30											17:00-17:30	
17:30-18:00											17:30-18:00	
18:00-18:30											18:00-18:30	
18:30-19:00											18:30-19:00	

Med reservation för ändringar

Söndag	0	1	2	3	4	5	6	7	8	9		03-aug
07:45-08:00							Crawl	Bröstsims	Rundsims	50m	07:45-08:00	
08:00-08:30						08:00-08:30						
08:30-09:00						08:30-09:00						
09:00-09:30						09:00-09:30						
09:30-10:00						09:30-10:00						
10:00-10:30						10:00-10:30						
10:30-11:00						10:30-11:00						
11:00-11:30						11:00-11:30						
11:30-12:00						11:30-12:00						
12:00-12:30						12:00-12:30						
12:30-13:00						12:30-13:00						
13:00-13:30						13:00-13:30						
13:30-14:00						13:30-14:00						
14:00-14:30						14:00-14:30						
14:30-15:00						14:30-15:00						
15:00-15:30						15:00-15:30						
15:30-16:00						15:30-16:00						
16:00-16:30						16:00-16:30						
16:30-17:00						16:30-17:00						
17:00-17:30						17:00-17:30						
17:30-18:00	SCT	SCT	SCT	SCT		17:30-18:00						
18:00-18:30	SCT	SCT	SCT	SCT	Neptun VP	18:00-18:30						
18:30-19:00	SCT	SCT	SCT	SCT	Neptun VP	18:30-19:00						
19:00-19:30					Neptun VP	19:00-19:30						
19:30-20:00											19:30-20:00	

Med reservation för ändringar

Måndag	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19		04-aug					
05:45-06:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF												50m	05:45-06:00			
06:00-06:30	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF													06:00-06:30			
06:30-07:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF													06:30-07:00			
07:00-07:30	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF													07:00-07:30			
07:30-08:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF													07:30-08:00			
08:00-08:30	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEC		NEC		NEC													08:00-08:30			
08:30-09:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEC		NEC		NEC													08:30-09:00			
09:00-09:30	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEC		NEC		NEC													09:00-09:30			
09:30-10:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEC		NEC		NEC												09:30-10:00				
10:00-10:30	Rundsim	Bröstsim	Bröstsim	Crawl	Snabb-bana	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun								25m	10:00-10:30					
10:30-11:00						SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun											10:30-11:00			
11:00-11:30						SPIF	SPIF	SPIF	SPIF														11:00-11:30			
11:30-12:00						SPIF	SPIF	SPIF	SPIF														11:30-12:00			
12:00-12:30																			Neptun		Neptun	Neptun	Djup H2O	Djup H2O	12:00-12:30	
12:30-13:00																			Neptun		Neptun	Neptun	Djup H2O	Djup H2O	12:30-13:00	
13:00-13:30																						Neptun	Neptun	Neptun	13:00-13:30	
13:30-14:00																						Neptun	Neptun	Neptun	13:30-14:00	
14:00-14:30																						Neptun	Neptun	Neptun	14:00-14:30	
14:30-15:00																						Neptun	Neptun	Neptun	14:30-15:00	
15:00-15:30											SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	15:00-15:30
15:30-16:00											SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	15:30-16:00
16:00-16:30											SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	16:00-16:30
16:30-17:00											SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	16:30-17:00
17:00-17:30											SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	17:00-17:30
17:30-18:00											SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	17:30-18:00
18:00-18:30											SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	18:00-18:30
18:30-19:00											SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	18:30-19:00
19:00-19:30											SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	19:00-19:30
19:30-20:00																					19:30-20:00					
20:00-20:30	HELLAS VATTENPOLO																				20:00-20:30					
20:30-21:00																					20:30-21:00					

Med reservation för ändringar

Tisdag	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19		05-aug					
05:45-06:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		CrawlBröstsimsRundsim									50m	05:45-06:00				
06:00-06:30	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF												06:00-06:30				
06:30-07:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF												06:30-07:00				
07:00-07:30	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF												07:00-07:30				
07:30-08:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF												07:30-08:00				
08:00-08:30	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEC		NEC		NEC												08:00-08:30				
08:30-09:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEC		NEC		NEC												08:30-09:00				
09:00-09:30	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEC		NEC		NEC												09:00-09:30				
09:30-10:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEC		NEC		NEC												09:30-10:00				
10:00-10:30	Rundsim	Bröstsims	Bröstsims	Crawl	Snabb-bana								SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	25m	10:00-10:30					
10:30-11:00													SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun		10:30-11:00					
11:00-11:30													SPIF	SPIF	SPIF	SPIF					11:00-11:30					
11:30-12:00													SPIF	SPIF	SPIF	SPIF					11:30-12:00					
12:00-12:30																		Neptun	Neptun		Neptun	12:00-12:30				
12:30-13:00																		Neptun	Neptun		Neptun	12:30-13:00				
13:00-13:30																		Neptun	Neptun		Neptun	13:00-13:30				
13:30-14:00																		Neptun	Neptun		Neptun	13:30-14:00				
14:00-14:30																		Neptun	Neptun		Neptun	14:00-14:30				
14:30-15:00																		Neptun	Neptun		Neptun	14:30-15:00				
15:00-15:30							SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	15:00-15:30			
15:30-16:00							SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	15:30-16:00			
16:00-16:30							SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	16:00-16:30			
16:30-17:00							SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	16:30-17:00			
17:00-17:30							SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	17:00-17:30			
17:30-18:00							SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	17:30-18:00			
18:00-18:30							SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	18:00-18:30			
18:30-19:00							SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	18:30-19:00			
19:00-19:30							SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	19:00-19:30			
19:30-20:00																					19:30-20:00					
20:00-20:30	SKK VATTENPOLO																				20:00-20:30					
20:30-21:00																					20:30-21:00					

Med reservation för ändringar

Onsdag	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19		06-aug				
05:45-06:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		CrawlBröstsimsRundsim									50m	05:45-06:00			
06:00-06:30	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF												06:00-06:30			
06:30-07:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF												06:30-07:00			
07:00-07:30	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF												07:00-07:30			
07:30-08:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF												07:30-08:00			
08:00-08:30	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEC		NEC		NEC												08:00-08:30			
08:30-09:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEC		NEC		NEC												08:30-09:00			
09:00-09:30	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEC		NEC		NEC												09:00-09:30			
09:30-10:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEC		NEC		NEC												09:30-10:00			
10:00-10:30	Rundsim	Bröstsims	Bröstsims	Crawl	Snabb-bana	SPIF	SPIF	SPIF	SPIF											25m	10:00-10:30				
10:30-11:00						SPIF	SPIF	SPIF	SPIF														10:30-11:00		
11:00-11:30						SPIF	SPIF	SPIF	SPIF												Djup H2O	Djup H2O	11:00-11:30		
11:30-12:00						SPIF	SPIF	SPIF	SPIF												Djup H2O	Djup H2O	11:30-12:00		
12:00-12:30																					Neptun	Neptun	Neptun	12:00-12:30	
12:30-13:00																					Neptun	Neptun	Neptun	12:30-13:00	
13:00-13:30																					Neptun	Neptun	Neptun	13:00-13:30	
13:30-14:00																					Neptun	Neptun	Neptun	13:30-14:00	
14:00-14:30																					Neptun	Neptun	Neptun	14:00-14:30	
14:30-15:00																					Neptun	Neptun	Neptun	14:30-15:00	
15:00-15:30											SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	15:00-15:30
15:30-16:00											SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	15:30-16:00
16:00-16:30											SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	16:00-16:30
16:30-17:00											SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	16:30-17:00
17:00-17:30											SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	17:00-17:30
17:30-18:00											SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	17:30-18:00
18:00-18:30											SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	18:00-18:30
18:30-19:00											SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	18:30-19:00
19:00-19:30											SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	19:00-19:30
19:30-20:00																					19:30-20:00				
20:00-20:30	NEPTUN VATTENPOLO																				20:00-20:30				
20:30-21:00																					20:30-21:00				

Med reservation för ändringar

Torsdag	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19		07-aug					
05:45-06:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		CrawlBröstsimsRundsim									50m	05:45-06:00				
06:00-06:30	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF												06:00-06:30				
06:30-07:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF												06:30-07:00				
07:00-07:30	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF												07:00-07:30				
07:30-08:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF												07:30-08:00				
08:00-08:30	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEC		NEC		NEC												08:00-08:30				
08:30-09:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEC		NEC		NEC												08:30-09:00				
09:00-09:30	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEC		NEC		NEC												09:00-09:30				
09:30-10:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEC		NEC		NEC												09:30-10:00				
10:00-10:30	Rundsim	Bröstsims	Bröstsims	Crawl	Snabb-bana								SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	25m	10:00-10:30					
10:30-11:00													SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun		10:30-11:00					
11:00-11:30													SPIF	SPIF	SPIF	SPIF					11:00-11:30					
11:30-12:00													SPIF	SPIF	SPIF	SPIF					11:30-12:00					
12:00-12:30												Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun		Neptun	12:00-12:30				
12:30-13:00												Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	12:30-13:00			
13:00-13:30												Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	13:00-13:30			
13:30-14:00												Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	13:30-14:00		
14:00-14:30												Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	14:00-14:30		
14:30-15:00												Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	14:30-15:00		
15:00-15:30											SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	15:00-15:30	
15:30-16:00											SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	15:30-16:00	
16:00-16:30											SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	16:00-16:30	
16:30-17:00											SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	16:30-17:00	
17:00-17:30											SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	17:00-17:30	
17:30-18:00											SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	17:30-18:00	
18:00-18:30											SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	18:00-18:30	
18:30-19:00											SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	18:30-19:00	
19:00-19:30											SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	19:00-19:30	
19:30-20:00																					19:30-20:00					
20:00-20:30	SPIF VATTENPOLO																				20:00-20:30					
20:30-21:00																					20:30-21:00					

Med reservation för ändringar

Fredag	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19		08-aug
05:45-06:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		CrawlBröstsimsRundsim								50m	05:45-06:00
06:00-06:30	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF											06:00-06:30
06:30-07:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF											06:30-07:00
07:00-07:30	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF											07:00-07:30
07:30-08:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF											07:30-08:00
08:00-08:30	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEC		NEC		NEC											08:00-08:30
08:30-09:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEC		NEC		NEC											08:30-09:00
09:00-09:30	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEC		NEC		NEC											09:00-09:30
09:30-10:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEC		NEC		NEC											09:30-10:00
10:00-10:30	Rundsim	Bröstsims	Bröstsims	Crawl	Snabb-bana											SPIF	SPIF	SPIF	SPIF	25m	10:00-10:30
10:30-11:00																SPIF	SPIF	SPIF	SPIF		10:30-11:00
11:00-11:30																SPIF	SPIF	SPIF	SPIF		11:00-11:30
11:30-12:00																SPIF	SPIF	SPIF	SPIF		11:30-12:00
12:00-12:30																	Neptun	Neptun	Neptun	Neptun	12:00-12:30
12:30-13:00																	Neptun	Neptun	Neptun	Neptun	12:30-13:00
13:00-13:30																	Neptun	Neptun	Neptun	Neptun	13:00-13:30
13:30-14:00																	Neptun	Neptun	Neptun	Neptun	13:30-14:00
14:00-14:30															Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	14:00-14:30
14:30-15:00															Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	14:30-15:00
15:00-15:30						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	NEC	NEC	NEC	NEC	NEC	15:00-15:30
15:30-16:00						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	NEC	NEC	NEC	NEC	NEC	15:30-16:00
16:00-16:30						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	NEC	NEC	NEC	NEC	NEC	16:00-16:30
16:30-17:00						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	NEC	NEC	NEC	NEC	NEC	16:30-17:00
17:00-17:30						SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	17:00-17:30
17:30-18:00						SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	17:30-18:00
18:00-18:30						SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	18:00-18:30
18:30-19:00						SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	18:30-19:00
19:00-19:30																					19:00-19:30
19:30-20:00																					19:30-20:00

Med reservation för ändringar

Lördag	0	1	2	3	4	5	6	7	8	9		09-aug
07:45-08:00	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF						07:45-08:00
08:00-08:30	NEP/SPIF	NEP/SPIF	NEC	NEC	NEC	NEC	Crawl	Bröstsims	Rundsim	50m	08:00-08:30	
08:30-09:00	NEP/SPIF	NEP/SPIF	NEC	NEC	NEC	NEC					08:30-09:00	
09:00-09:30	NEP/SPIF	NEP/SPIF	NEC	NEC	NEC	NEC					09:00-09:30	
09:30-10:00	NEP/SPIF	NEP/SPIF	NEC	NEC	NEC	NEC					09:30-10:00	
10:00-10:30											10:00-10:30	
10:30-11:00											10:30-11:00	
11:00-11:30											11:00-11:30	
11:30-12:00											11:30-12:00	
12:00-12:30											12:00-12:30	
12:30-13:00											12:30-13:00	
13:00-13:30											13:00-13:30	
13:30-14:00											13:30-14:00	
14:00-14:30											14:00-14:30	
14:30-15:00											14:30-15:00	
15:00-15:30											15:00-15:30	
15:30-16:00											15:30-16:00	
16:00-16:30											16:00-16:30	
16:30-17:00											16:30-17:00	
17:00-17:30											17:00-17:30	
17:30-18:00											17:30-18:00	
18:00-18:30											18:00-18:30	
18:30-19:00											18:30-19:00	

Med reservation för ändringar

Söndag	0	1	2	3	4	5	6	7	8	9		10-aug	
07:45-08:00				Neptun Masters	Neptun Masters	Neptun Masters						50m	07:45-08:00
08:00-08:30				Neptun Masters	Neptun Masters	Neptun Masters	Crawl	Bröstsims	Rundsims	08:00-08:30			
08:30-09:00				Neptun Masters	Neptun Masters	Neptun Masters				08:30-09:00			
09:00-09:30										09:00-09:30			
09:30-10:00										09:30-10:00			
10:00-10:30										10:00-10:30			
10:30-11:00										10:30-11:00			
11:00-11:30										11:00-11:30			
11:30-12:00										11:30-12:00			
12:00-12:30										12:00-12:30			
12:30-13:00										12:30-13:00			
13:00-13:30										13:00-13:30			
13:30-14:00										13:30-14:00			
14:00-14:30										14:00-14:30			
14:30-15:00										14:30-15:00			
15:00-15:30										15:00-15:30			
15:30-16:00										15:30-16:00			
16:00-16:30										16:00-16:30			
16:30-17:00										16:30-17:00			
17:00-17:30										17:00-17:30			
17:30-18:00	SCT	SCT	SCT	SCT						17:30-18:00			
18:00-18:30	SCT	SCT	SCT	SCT		Neptun VP				18:00-18:30			
18:30-19:00	SCT	SCT	SCT	SCT		Neptun VP				18:30-19:00			
19:00-19:30						Neptun VP				19:00-19:30			
19:30-20:00												19:30-20:00	

Med reservation för ändringar

Måndag	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19		11-aug					
05:45-06:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		Crawl	Bröstsim		Rundsim					50m	05:45-06:00					
06:00-06:30	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF											06:00-06:30					
06:30-07:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF											06:30-07:00					
07:00-07:30	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF											07:00-07:30					
07:30-08:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF											07:30-08:00					
08:00-08:30	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEC	NEC	NEC	NEC	NEC	NEC										08:00-08:30					
08:30-09:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEC	NEC	NEC	NEC	NEC	NEC										08:30-09:00					
09:00-09:30	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEC	NEC	NEC	NEC	NEC	NEC										09:00-09:30					
09:30-10:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEC	NEC	NEC	NEC	NEC	NEC										09:30-10:00					
10:00-10:30	Rundsim	Bröstsim	Bröstsim	Crawl	Snabb-bana												Neptun	Neptun	Neptun	25m	10:00-10:30					
10:30-11:00																			Neptun		Neptun	Neptun	10:30-11:00			
11:00-11:30																								11:00-11:30		
11:30-12:00																								11:30-12:00		
12:00-12:30						Neptun	Neptun	Neptun														Djup H2O	Djup H2O	12:00-12:30		
12:30-13:00						Neptun	Neptun	Neptun														Djup H2O	Djup H2O	12:30-13:00		
13:00-13:30						Neptun	Neptun	Neptun																	13:00-13:30	
13:30-14:00						Neptun	Neptun	Neptun																	13:30-14:00	
14:00-14:30						Neptun	Neptun	Neptun										Neptun	Neptun						14:00-14:30	
14:30-15:00						Neptun	Neptun	Neptun										Neptun	Neptun						14:30-15:00	
15:00-15:30						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun		NEC	NEC	NEC	NEC	NEC	15:00-15:30
15:30-16:00						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun		NEC	NEC	NEC	NEC	NEC	15:30-16:00
16:00-16:30						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun		NEC	NEC	NEC	NEC	NEC	16:00-16:30
16:30-17:00						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun		NEC	NEC	NEC	NEC	NEC	16:30-17:00
17:00-17:30						SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	17:00-17:30
17:30-18:00						SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	17:30-18:00
18:00-18:30						SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	18:00-18:30
18:30-19:00						SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	18:30-19:00
19:00-19:30						SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	19:00-19:30
19:30-20:00																					19:30-20:00					
20:00-20:30	HELLAS VATTENPOLO																				20:00-20:30					
20:30-21:00																					20:30-21:00					

Med reservation för ändringar

Tisdag	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19		12-aug					
05:45-06:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		Crawl	Bröstsims		Rundsim					50m	05:45-06:00					
06:00-06:30	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF											06:00-06:30					
06:30-07:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF											06:30-07:00					
07:00-07:30	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF											07:00-07:30					
07:30-08:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF											07:30-08:00					
08:00-08:30	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEC		NEC		NEC											08:00-08:30					
08:30-09:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEC		NEC		NEC											08:30-09:00					
09:00-09:30	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEC		NEC		NEC											09:00-09:30					
09:30-10:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEC		NEC		NEC											09:30-10:00					
10:00-10:30	Rundsim	Bröstsims	Bröstsims	Crawl	Snabb-bana								SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	25m	10:00-10:30					
10:30-11:00													SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun		10:30-11:00					
11:00-11:30													SPIF	SPIF	SPIF	SPIF					11:00-11:30					
11:30-12:00													SPIF	SPIF	SPIF	SPIF					11:30-12:00					
12:00-12:30																		Neptun	Neptun		Neptun	12:00-12:30				
12:30-13:00																		Neptun	Neptun		Neptun	12:30-13:00				
13:00-13:30																		Neptun	Neptun		Neptun	13:00-13:30				
13:30-14:00																	Neptun	Neptun	Neptun		Neptun	Neptun	13:30-14:00			
14:00-14:30																	Neptun	Neptun	Neptun		Neptun	Neptun	14:00-14:30			
14:30-15:00																	Neptun	Neptun	Neptun		Neptun	Neptun	14:30-15:00			
15:00-15:30											SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	15:00-15:30		
15:30-16:00											SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	15:30-16:00		
16:00-16:30											SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	16:00-16:30		
16:30-17:00											SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	16:30-17:00		
17:00-17:30											SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	17:00-17:30		
17:30-18:00											SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	17:30-18:00		
18:00-18:30											SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	18:00-18:30		
18:30-19:00											SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	18:30-19:00		
19:00-19:30											SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	19:00-19:30		
19:30-20:00																					19:30-20:00					
20:00-20:30	SKK VATTENPOLO																				20:00-20:30					
20:30-21:00																					20:30-21:00					

Med reservation för ändringar

Onsdag	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19		13-aug					
05:45-06:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF												50m	05:45-06:00			
06:00-06:30	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF													06:00-06:30			
06:30-07:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF													06:30-07:00			
07:00-07:30	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF													07:00-07:30			
07:30-08:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF													07:30-08:00			
08:00-08:30	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEC		NEC		NEC		Crawl	Bröstsims	Rundsims							08:00-08:30					
08:30-09:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEC		NEC		NEC											08:30-09:00					
09:00-09:30	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEC		NEC		NEC											09:00-09:30					
09:30-10:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEC		NEC		NEC											09:30-10:00					
10:00-10:30	Rundsims	Bröstsims	Bröstsims	Crawl	Snabb-bana															25m	10:00-10:30					
10:30-11:00																								10:30-11:00		
11:00-11:30																							Djup H2O	Djup H2O	11:00-11:30	
11:30-12:00																							Djup H2O	Djup H2O	11:30-12:00	
12:00-12:30																							Neptun	Neptun	Neptun	12:00-12:30
12:30-13:00																							Neptun	Neptun	Neptun	12:30-13:00
13:00-13:30																							Neptun	Neptun	Neptun	13:00-13:30
13:30-14:00																							Neptun	Neptun	Neptun	13:30-14:00
14:00-14:30																					Neptun	Neptun	Neptun	Neptun	Neptun	14:00-14:30
14:30-15:00																					Neptun	Neptun	Neptun	Neptun	Neptun	14:30-15:00
15:00-15:30											SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	15:00-15:30
15:30-16:00											SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	15:30-16:00
16:00-16:30											SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	16:00-16:30
16:30-17:00											SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	16:30-17:00
17:00-17:30											SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	17:00-17:30
17:30-18:00											SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	17:30-18:00
18:00-18:30											SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	18:00-18:30
18:30-19:00											SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	18:30-19:00
19:00-19:30											SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	19:00-19:30
19:30-20:00																										19:30-20:00
20:00-20:30	NEPTUN VATTENPOLO																				20:00-20:30					
20:30-21:00																					20:30-21:00					

Med reservation för ändringar

Torsdag	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19		14-aug					
05:45-06:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		CrawlBröstsimsRundsim									50m	05:45-06:00				
06:00-06:30	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF												06:00-06:30				
06:30-07:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF												06:30-07:00				
07:00-07:30	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF												07:00-07:30				
07:30-08:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF												07:30-08:00				
08:00-08:30	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEC		NEC		NEC												08:00-08:30				
08:30-09:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEC		NEC		NEC												08:30-09:00				
09:00-09:30	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEC		NEC		NEC												09:00-09:30				
09:30-10:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEC		NEC		NEC												09:30-10:00				
10:00-10:30	Rundsim	Bröstsims	Bröstsims	Crawl	Snabb-bana												Neptun	Neptun	Neptun	25m	10:00-10:30					
10:30-11:00																			Neptun		Neptun	Neptun	10:30-11:00			
11:00-11:30																								11:00-11:30		
11:30-12:00																								11:30-12:00		
12:00-12:30														Neptun	Neptun	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	12:00-12:30		
12:30-13:00														Neptun	Neptun	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	12:30-13:00		
13:00-13:30														Neptun	Neptun	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	13:00-13:30		
13:30-14:00														Neptun	Neptun	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	13:30-14:00		
14:00-14:30														Neptun	Neptun	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	14:00-14:30		
14:30-15:00														Neptun	Neptun	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	14:30-15:00		
15:00-15:30											SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	15:00-15:30	
15:30-16:00											SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	15:30-16:00	
16:00-16:30											SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	16:00-16:30	
16:30-17:00											SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	16:30-17:00	
17:00-17:30											SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	17:00-17:30	
17:30-18:00											SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	17:30-18:00	
18:00-18:30											SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	18:00-18:30	
18:30-19:00											SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	18:30-19:00	
19:00-19:30											SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	19:00-19:30	
19:30-20:00																					19:30-20:00					
20:00-20:30	SPIF VATTENPOLO																				20:00-20:30					
20:30-21:00																					20:30-21:00					

Med reservation för ändringar

Fredag	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19		15-aug						
05:45-06:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		CrawlBröstsimsRundsim										50m	05:45-06:00				
06:00-06:30	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF													06:00-06:30				
06:30-07:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF													06:30-07:00				
07:00-07:30	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF													07:00-07:30				
07:30-08:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF													07:30-08:00				
08:00-08:30	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEC		NEC		NEC													08:00-08:30				
08:30-09:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEC		NEC		NEC													08:30-09:00				
09:00-09:30	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEC		NEC		NEC													09:00-09:30				
09:30-10:00	NEP/SPIF	NEP/SPIF		NEP/SPIF		NEC		NEC		NEC													09:30-10:00				
10:00-10:30	Rundsim	Bröstsims	Bröstsims	Crawl	Snabb-bana																25m	10:00-10:30					
10:30-11:00																							10:30-11:00				
11:00-11:30																								11:00-11:30			
11:30-12:00																								11:30-12:00			
12:00-12:30																						Neptun	Neptun	Neptun	12:00-12:30		
12:30-13:00																						Neptun	Neptun	Neptun	12:30-13:00		
13:00-13:30																						Neptun	Neptun	Neptun	13:00-13:30		
13:30-14:00																						Neptun	Neptun	Neptun	13:30-14:00		
14:00-14:30																						Neptun	Neptun	Neptun	14:00-14:30		
14:30-15:00																						Neptun	Neptun	Neptun	14:30-15:00		
15:00-15:30											Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	NEC		NEC	NEC	NEC	NEC	15:00-15:30	
15:30-16:00											Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	NEC		NEC	NEC	NEC	NEC	15:30-16:00	
16:00-16:30											Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	NEC		NEC	NEC	NEC	NEC	16:00-16:30	
16:30-17:00											Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	NEC		NEC	NEC	NEC	NEC	16:30-17:00	
17:00-17:30											SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	17:00-17:30	
17:30-18:00											SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	17:30-18:00	
18:00-18:30											SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	18:00-18:30	
18:30-19:00											SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun		Neptun	Neptun	Neptun	Neptun	18:30-19:00	
19:00-19:30																											19:00-19:30
19:30-20:00																											19:30-20:00

Med reservation för ändringar

Lördag	0	1	2	3	4	5	6	7	8	9		16-aug
07:45-08:00	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF						07:45-08:00
08:00-08:30	NEP/SPIF	NEP/SPIF	NEC	NEC	NEC	NEC	CrawlBröstsimsRundsim					08:00-08:30
08:30-09:00	NEP/SPIF	NEP/SPIF	NEC	NEC	NEC	NEC						08:30-09:00
09:00-09:30	NEP/SPIF	NEP/SPIF	NEC	NEC	NEC	NEC						09:00-09:30
09:30-10:00	NEP/SPIF	NEP/SPIF	NEC	NEC	NEC	NEC						09:30-10:00
10:00-10:30												10:00-10:30
10:30-11:00												10:30-11:00
11:00-11:30												11:00-11:30
11:30-12:00												11:30-12:00
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17:00-17:30												17:00-17:30
17:30-18:00												17:30-18:00
18:00-18:30												18:00-18:30
18:30-19:00												18:30-19:00

Med reservation för ändringar

Söndag	0	1	2	3	4	5	6	7	8	9		17-aug	
07:45-08:00				Neptun Masters	Neptun Masters	Neptun Masters						50m	07:45-08:00
08:00-08:30				Neptun Masters	Neptun Masters	Neptun Masters	Crawl	Bröstsimsim	Rundsimsim	08:00-08:30			
08:30-09:00				Neptun Masters	Neptun Masters	Neptun Masters				08:30-09:00			
09:00-09:30										09:00-09:30			
09:30-10:00										09:30-10:00			
10:00-10:30										10:00-10:30			
10:30-11:00										10:30-11:00			
11:00-11:30										11:00-11:30			
11:30-12:00										11:30-12:00			
12:00-12:30										12:00-12:30			
12:30-13:00										12:30-13:00			
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13:30-14:00										13:30-14:00			
14:00-14:30										14:00-14:30			
14:30-15:00										14:30-15:00			
15:00-15:30										15:00-15:30			
15:30-16:00										15:30-16:00			
16:00-16:30										16:00-16:30			
16:30-17:00										16:30-17:00			
17:00-17:30										17:00-17:30			
17:30-18:00	SCT	SCT	SCT	SCT						17:30-18:00			
18:00-18:30	SCT	SCT	SCT	SCT		Neptun VP				18:00-18:30			
18:30-19:00	SCT	SCT	SCT	SCT		Neptun VP				18:30-19:00			
19:00-19:30						Neptun VP				19:00-19:30			
19:30-20:00												19:30-20:00	

Med reservation för ändringar