

Måndag	0		1		2		3		4		5		6		7		8		9		14-sep
05:45-06:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Crawl Bröstsims Rundsim								05:45-06:00
06:00-06:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:00-06:30
06:30-07:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:30-07:00
07:00-07:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:00-07:30
07:30-08:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:30-08:00
08:00-08:30	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:00-08:30
08:30-09:00	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:30-09:00
09:00-09:30	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:00-09:30
09:30-10:00	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:30-10:00
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15:00-15:30	NEC		NEC		NEC		SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		15:00-15:30		
15:30-16:00	NEC		NEC		NEC		SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		15:30-16:00		
16:00-16:30	NEC		NEC		NEC		SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		16:00-16:30		
16:30-17:00	NEC		NEC		NEC		SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		16:30-17:00		
17:00-17:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	17:00-17:30	
17:30-18:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	17:30-18:00	
18:00-18:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	18:00-18:30	
18:30-19:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	18:30-19:00	
19:00-19:30	Hellas Vattenpolo																				19:00-19:30
19:30-20:00																					19:30-20:00
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21:00-21:30																					21:00-21:30
21:30-22:00																					21:30-22:00

Med reservation för ändringar

Tisdag	0		1		2		3		4		5		6		7		8		9		15-sep	
05:45-06:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Crawl Bröstsöm Rundsöm									05:45-06:00
06:00-06:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF											06:00-06:30
06:30-07:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF											06:30-07:00
07:00-07:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF											07:00-07:30
07:30-08:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF											07:30-08:00
08:00-08:30	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF											08:00-08:30
08:30-09:00	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF											08:30-09:00
09:00-09:30	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF											09:00-09:30
09:30-10:00	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF											09:30-10:00
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15:30-16:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	15:30-16:00	
16:00-16:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	16:00-16:30	
16:30-17:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	16:30-17:00	
17:00-17:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	17:00-17:30	
17:30-18:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	17:30-18:00	
18:00-18:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	18:00-18:30	
18:30-19:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	18:30-19:00	
19:00-19:30	SKK Vattenpolo																				19:00-19:30	
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20:30-21:00																					20:30-21:00	
21:00-21:30	SCT		SCT		SCT		SCT		SCT		Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins		Hammarby Sim		21:00-21:30	
21:30-22:00	SCT		SCT		SCT		SCT		SCT		Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins		Hammarby Sim		21:30-22:00	

Med reservation för ändringar

Onsdag	0		1		2		3		4		5		6		7		8		9		16-sep		
05:45-06:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		CrawlBröstsimsRundsims										05:45-06:00
06:00-06:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF												06:00-06:30
06:30-07:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF												06:30-07:00
07:00-07:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF												07:00-07:30
07:30-08:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF												07:30-08:00
08:00-08:30	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF												08:00-08:30
08:30-09:00	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF												08:30-09:00
09:00-09:30	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF												09:00-09:30
09:30-10:00	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF												09:30-10:00
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15:00-15:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	15:00-15:30		
15:30-16:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	15:30-16:00		
16:00-16:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	16:00-16:30		
16:30-17:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	16:30-17:00		
17:00-17:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	17:00-17:30		
17:30-18:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	17:30-18:00		
18:00-18:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	18:00-18:30		
18:30-19:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	18:30-19:00		
19:00-19:30																					19:00-19:30		
19:30-20:00	Neptun Vattenpolo																				19:30-20:00		
20:00-20:30																					20:00-20:30		
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21:00-21:30																					21:00-21:30		
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Med reservation för ändringar

Torsdag	0		1		2		3		4		5		6		7		8		9		17-sep		
05:45-06:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		CrawlBröstsimsRundsims										05:45-06:00
06:00-06:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF												06:00-06:30
06:30-07:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF												06:30-07:00
07:00-07:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF												07:00-07:30
07:30-08:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF												07:30-08:00
08:00-08:30	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF												08:00-08:30
08:30-09:00	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF												08:30-09:00
09:00-09:30	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF												09:00-09:30
09:30-10:00	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF												09:30-10:00
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15:00-15:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	15:00-15:30		
15:30-16:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	15:30-16:00	
16:00-16:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	16:00-16:30	
16:30-17:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	16:30-17:00	
17:00-17:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	17:00-17:30	
17:30-18:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	17:30-18:00	
18:00-18:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	18:00-18:30	
18:30-19:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	Hammarby VP	Hammarby VP	X	18:30-19:00
19:00-19:30	Hammarby Vattenpolo																					19:00-19:30	
19:30-20:00																						19:30-20:00	
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20:30-21:00																						20:30-21:00	
21:00-21:30	SCT		SCT		SCT		SCT		SCT		Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins		Hammarby Sim		Hammarby Sim		21:00-21:30		
21:30-22:00	SCT		SCT		SCT		SCT		SCT		Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins		Hammarby Sim		Hammarby Sim		21:30-22:00		

Med reservation för ändringar

Fredag	0		1		2		3		4		5		6		7		8		9		18-sep
05:45-06:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		CrawlBröstsimsRundsim								05:45-06:00
06:00-06:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:00-06:30
06:30-07:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:30-07:00
07:00-07:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:00-07:30
07:30-08:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:30-08:00
08:00-08:30	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:00-08:30
08:30-09:00	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:30-09:00
09:00-09:30	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:00-09:30
09:30-10:00	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:30-10:00
10:00-10:30																					10:00-10:30
10:30-11:00	SPIF Masters												10:30-11:00								
11:00-11:30	SPIF Masters												11:00-11:30								
11:30-12:00	U.Hausmann												11:30-12:00								
12:00-12:30	U.Hausmann												12:00-12:30								
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15:00-15:30	NEC		NEC		NEC		SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		15:00-15:30		
15:30-16:00	NEC		NEC		NEC		SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		15:30-16:00		
16:00-16:30	NEC		NEC		NEC		SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		16:00-16:30		
16:30-17:00	NEC		NEC		NEC		SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		16:30-17:00		
17:00-17:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	17:00-17:30	
17:30-18:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	17:30-18:00	
18:00-18:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	18:00-18:30	
18:30-19:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	18:30-19:00	
19:00-19:30	Polo USM Grundserie																				19:00-19:30
19:30-20:00																					19:30-20:00
20:00-20:30																					20:00-20:30
20:30-21:00																					20:30-21:00

Med reservation för ändringar

Lördag	0	1	2	3	4	5	6	7	8	9	19-sep
07:45-08:00				Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	07:45-08:00
08:00-08:30				Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	08:00-08:30
08:30-09:00	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	08:30-09:00
09:00-09:30	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	09:00-09:30
09:30-10:00	Polo USM Grundserie/Svenska cupen										09:30-10:00
10:00-10:30											10:00-10:30
10:30-11:00											10:30-11:00
11:00-11:30											11:00-11:30
11:30-12:00											11:30-12:00
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17:30-18:00											17:30-18:00
18:00-18:30											18:00-18:30
18:30-19:00											18:30-19:00

Med reservation för ändringar

Söndag	0	1	2	3	4	5	6	7	8	9	20-sep
07:45-08:00		Team TT	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters				07:45-08:00
08:00-08:30		Team TT	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters				08:00-08:30
08:30-09:00		Team TT	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters				08:30-09:00
09:00-09:30	SPIF	SPIF	SPIF	SPIF		Snabb-bana	Crawl	Bröstsimsim	Rundsimsim		09:00-09:30
09:30-10:00	SPIF	SPIF	SPIF	SPIF							09:30-10:00
10:00-10:30	SPIF	SPIF	SPIF	SPIF	Hammarby VP						10:00-10:30
10:30-11:00	SPIF	SPIF	SPIF	SPIF	Hammarby VP						10:30-11:00
11:00-11:30											11:00-11:30
11:30-12:00											11:30-12:00
12:00-12:30											12:00-12:30
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13:30-14:00											13:30-14:00
14:00-14:30											14:00-14:30
14:30-15:00	SPIF	SPIF									14:30-15:00
15:00-15:30	SPIF	SPIF									15:00-15:30
15:30-16:00	SPIF	SPIF									15:30-16:00
16:00-16:30											16:00-16:30
16:30-17:00											16:30-17:00
17:00-17:30											17:00-17:30
17:30-18:00											17:30-18:00
18:00-18:30	SCT	SCT	SCT	SCT	SCT	SCT	SCT		Neptun VP	Neptun VP	18:00-18:30
18:30-19:00	SCT	SCT	SCT	SCT	SCT	SCT	SCT		Neptun VP	Neptun VP	18:30-19:00
19:00-19:30	SCT	SCT	SCT	SCT	SCT	SCT	SCT		Neptun VP	Neptun VP	19:00-19:30
19:30-20:00	APNEA	APNEA	APNEA	APNEA	Neptun Masters	Neptun Masters	Neptun Masters				19:30-20:00
20:00-20:30	APNEA	APNEA	APNEA	APNEA	Neptun Masters	Neptun Masters	Neptun Masters				20:00-20:30
20:30-21:00											20:30-21:00

Med reservation för ändringar

Måndag	0		1		2		3		4		5		6		7		8		9		21-sep
05:45-06:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Crawl Bröstsims Rundsim								05:45-06:00
06:00-06:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:00-06:30
06:30-07:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:30-07:00
07:00-07:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:00-07:30
07:30-08:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:30-08:00
08:00-08:30	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:00-08:30
08:30-09:00	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:30-09:00
09:00-09:30	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:00-09:30
09:30-10:00	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:30-10:00
10:00-10:30																					10:00-10:30
10:30-11:00	SPIF Masters												10:30-11:00								
11:00-11:30	SPIF Masters												11:00-11:30								
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14:30-15:00													14:30-15:00								
15:00-15:30	NEC		NEC		NEC		SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		15:00-15:30		
15:30-16:00	NEC		NEC		NEC		SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		15:30-16:00		
16:00-16:30	NEC		NEC		NEC		SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		16:00-16:30		
16:30-17:00	NEC		NEC		NEC		SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		16:30-17:00		
17:00-17:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	17:00-17:30	
17:30-18:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	17:30-18:00
18:00-18:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	18:00-18:30
18:30-19:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	18:30-19:00
19:00-19:30																					19:00-19:30
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20:30-21:00																					20:30-21:00
21:00-21:30																					21:00-21:30
21:30-22:00																					21:30-22:00
Hellas Vattenpolo																					

Med reservation för ändringar

Tisdag	0		1		2		3		4		5		6		7		8		9		22-sep
05:45-06:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Crawl Bröstsöm Rundsöm								05:45-06:00
06:00-06:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:00-06:30
06:30-07:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:30-07:00
07:00-07:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:00-07:30
07:30-08:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:30-08:00
08:00-08:30	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:00-08:30
08:30-09:00	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:30-09:00
09:00-09:30	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:00-09:30
09:30-10:00	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:30-10:00
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14:30-15:00													14:30-15:00								
15:00-15:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	15:00-15:30
15:30-16:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	15:30-16:00
16:00-16:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	16:00-16:30
16:30-17:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	16:30-17:00
17:00-17:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	17:00-17:30
17:30-18:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	17:30-18:00
18:00-18:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	18:00-18:30
18:30-19:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	18:30-19:00
19:00-19:30	SKK Vattenpolo																				19:00-19:30
19:30-20:00																					19:30-20:00
20:00-20:30																					20:00-20:30
20:30-21:00																					20:30-21:00
21:00-21:30	SCT		SCT		SCT		SCT		SCT		Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins		Hammarby Sim		21:00-21:30
21:30-22:00	SCT		SCT		SCT		SCT		SCT		Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins		Hammarby Sim		21:30-22:00

Med reservation för ändringar

Onsdag	0		1		2		3		4		5		6		7		8		9		23-sep																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																	
05:45-06:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Crawl		Bröstsım		Rundsım				05:45-06:00																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																	
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Med reservation för ändringar

Torsdag	0		1		2		3		4		5		6		7		8		9		24-sep	
05:45-06:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		CrawlBröstsimsRundsims								05:45-06:00	
06:00-06:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:00-06:30	
06:30-07:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:30-07:00	
07:00-07:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:00-07:30	
07:30-08:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:30-08:00	
08:00-08:30	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:00-08:30	
08:30-09:00	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:30-09:00	
09:00-09:30	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:00-09:30	
09:30-10:00	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:30-10:00	
10:00-10:30											Snabb-bana										10:00-10:30	
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13:00-13:30	Utbildningsförv.		Utbildningsförv.										13:00-13:30									
13:30-14:00	Utbildningsförv.		Utbildningsförv.										13:30-14:00									
14:00-14:30	Utbildningsförv.		Utbildningsförv.										14:00-14:30									
14:30-15:00	Utbildningsförv.		Utbildningsförv.										14:30-15:00									
15:00-15:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	15:00-15:30	
15:30-16:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	15:30-16:00	
16:00-16:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	16:00-16:30	
16:30-17:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	16:30-17:00	
17:00-17:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	17:00-17:30	
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18:00-18:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	18:00-18:30	
18:30-19:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	Hammarby VP	Hammarby VP	X	18:30-19:00
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21:00-21:30	SCT		SCT		SCT		SCT		SCT		Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins		Hammarby Sim		Hammarby Sim		21:00-21:30	
21:30-22:00	SCT		SCT		SCT		SCT		SCT		Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins		Hammarby Sim		Hammarby Sim		21:30-22:00	

Med reservation för ändringar

Fredag	0	1	2	3	4	5	6	7	8	9	25-sep
05:45-06:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Crawl	Bröstsım	Rundsım		05:45-06:00
06:00-06:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					06:00-06:30
06:30-07:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					06:30-07:00
07:00-07:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:00-07:30
07:30-08:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:30-08:00
08:00-08:30	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					08:00-08:30
08:30-09:00	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					08:30-09:00
09:00-09:30	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					09:00-09:30
09:30-10:00	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					09:30-10:00
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10:30-11:00							10:30-11:00				
11:00-11:30							11:00-11:30				
11:30-12:00	U.Hausmann						Snabb-bana				11:30-12:00
12:00-12:30	U.Hausmann										12:00-12:30
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15:00-15:30	NEC	NEC	NEC	SPIF	SPIF	SK Neptun					SK Neptun
15:30-16:00	NEC	NEC	NEC	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:30-16:00
16:00-16:30	NEC	NEC	NEC	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:00-16:30
16:30-17:00	NEC	NEC	NEC	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:30-17:00
17:00-17:30	NEC	NEC	NEC	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:00-17:30
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18:00-18:30											18:00-18:30
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19:00-19:30	Polo NM Damer										19:00-19:30
19:30-20:00											19:30-20:00
20:00-20:30											20:00-20:30
20:30-21:00											20:30-21:00

Med reservation för ändringar

Lördag	0	1	2	3	4	5	6	7	8	9	26-sep
07:45-08:00											07:45-08:00
08:00-08:30	NM Damer / Elitserien VP										08:00-08:30
08:30-09:00											08:30-09:00
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Med reservation för ändringar

Söndag	0	1	2	3	4	5	6	7	8	9	27-sep
07:45-08:00	NM Damer / Elitserien VP										07:45-08:00
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16:30-17:00											16:30-17:00
17:00-17:30						Snabb-bana	Crawl	Bröstsimsim	Rundsimsim		17:00-17:30
17:30-18:00											17:30-18:00
18:00-18:30	SCT	SCT	SCT	SCT	SCT	SCT	SCT		Neptun VP	Neptun VP	18:00-18:30
18:30-19:00	SCT	SCT	SCT	SCT	SCT	SCT	SCT		Neptun VP	Neptun VP	18:30-19:00
19:00-19:30	SCT	SCT	SCT	SCT	SCT	SCT	SCT		Neptun VP	Neptun VP	19:00-19:30
19:30-20:00	APNEA	APNEA	APNEA	APNEA	Neptun Masters	Neptun Masters	Neptun Masters				19:30-20:00
20:00-20:30	APNEA	APNEA	APNEA	APNEA	Neptun Masters	Neptun Masters	Neptun Masters				20:00-20:30
20:30-21:00											20:30-21:00

Med reservation för ändringar

Måndag	0		1		2		3		4		5		6		7		8		9		28-sep
05:45-06:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Crawl Bröstsims Rundsim								05:45-06:00
06:00-06:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:00-06:30
06:30-07:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:30-07:00
07:00-07:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:00-07:30
07:30-08:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:30-08:00
08:00-08:30	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:00-08:30
08:30-09:00	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:30-09:00
09:00-09:30	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:00-09:30
09:30-10:00	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:30-10:00
10:00-10:30																					10:00-10:30
10:30-11:00													10:30-11:00								
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14:30-15:00													14:30-15:00								
15:00-15:30							SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		15:00-15:30		
15:30-16:00							SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		15:30-16:00		
16:00-16:30							SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		16:00-16:30		
16:30-17:00							SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		16:30-17:00		
17:00-17:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	17:00-17:30	
17:30-18:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	17:30-18:00	
18:00-18:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	18:00-18:30	
18:30-19:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	18:30-19:00	
19:00-19:30	Hellas Vattenpolo																				19:00-19:30
19:30-20:00																					19:30-20:00
20:00-20:30																					20:00-20:30
20:30-21:00																					20:30-21:00
21:00-21:30																					21:00-21:30
21:30-22:00																					21:30-22:00

Med reservation för ändringar

Tisdag	0		1		2		3		4		5		6		7		8		9		29-sep
05:45-06:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		CrawlBröstsimsRundsim								05:45-06:00
06:00-06:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:00-06:30
06:30-07:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:30-07:00
07:00-07:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:00-07:30
07:30-08:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:30-08:00
08:00-08:30	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:00-08:30
08:30-09:00	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:30-09:00
09:00-09:30	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:00-09:30
09:30-10:00	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:30-10:00
10:00-10:30																					10:00-10:30
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14:30-15:00													14:30-15:00								
15:00-15:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	15:00-15:30
15:30-16:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	15:30-16:00
16:00-16:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	16:00-16:30
16:30-17:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	16:30-17:00
17:00-17:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	17:00-17:30
17:30-18:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	17:30-18:00
18:00-18:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	18:00-18:30
18:30-19:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	18:30-19:00
19:00-19:30																					19:00-19:30
19:30-20:00	SKK Vattenpolo																				19:30-20:00
20:00-20:30																					20:00-20:30
20:30-21:00																					20:30-21:00
21:00-21:30	SCT		SCT		SCT		SCT		SCT		Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins		Hammarby Sim		21:00-21:30
21:30-22:00	SCT		SCT		SCT		SCT		SCT		Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins		Hammarby Sim		21:30-22:00

Med reservation för ändringar

Onsdag	0		1		2		3		4		5		6		7		8		9		30-sep
05:45-06:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Crawl Bröstsims Rundsims								05:45-06:00
06:00-06:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:00-06:30
06:30-07:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:30-07:00
07:00-07:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:00-07:30
07:30-08:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:30-08:00
08:00-08:30	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:00-08:30
08:30-09:00	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:30-09:00
09:00-09:30	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:00-09:30
09:30-10:00	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:30-10:00
10:00-10:30																					10:00-10:30
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14:30-15:00													14:30-15:00								
15:00-15:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	15:00-15:30
15:30-16:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	15:30-16:00
16:00-16:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	16:00-16:30
16:30-17:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	16:30-17:00
17:00-17:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	17:00-17:30
17:30-18:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	17:30-18:00
18:00-18:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	18:00-18:30
18:30-19:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	18:30-19:00
19:00-19:30																					19:00-19:30
19:30-20:00	Neptun Vattenpolo																				19:30-20:00
20:00-20:30																					20:00-20:30
20:30-21:00																					20:30-21:00
21:00-21:30																					21:00-21:30
21:30-22:00																					21:30-22:00

Med reservation för ändringar

Torsdag	0		1		2		3		4		5		6		7		8		9		01-okt		
05:45-06:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Crawl Bröstsims Rundsim										05:45-06:00
06:00-06:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF												06:00-06:30
06:30-07:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF												06:30-07:00
07:00-07:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF												07:00-07:30
07:30-08:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF												07:30-08:00
08:00-08:30	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF												08:00-08:30
08:30-09:00	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF												08:30-09:00
09:00-09:30	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF												09:00-09:30
09:30-10:00	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF												09:30-10:00
10:00-10:30											Snabb-bana												10:00-10:30
10:30-11:00																							10:30-11:00
11:00-11:30																							11:00-11:30
11:30-12:00																							11:30-12:00
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13:30-14:00																							13:30-14:00
14:00-14:30																							14:00-14:30
14:30-15:00																					14:30-15:00		
15:00-15:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	15:00-15:30	
15:30-16:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	15:30-16:00	
16:00-16:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	16:00-16:30	
16:30-17:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	16:30-17:00	
17:00-17:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	17:00-17:30	
17:30-18:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	17:30-18:00	
18:00-18:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	Hammarby VP	Hammarby VP	X	18:00-18:30	
18:30-19:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	Hammarby VP	Hammarby VP	X	18:30-19:00	
19:00-19:30	Hammarby Vattenpolo																					19:00-19:30	
19:30-20:00																						19:30-20:00	
20:00-20:30																						20:00-20:30	
20:30-21:00																						20:30-21:00	
21:00-21:30	SCT		SCT		SCT		SCT		SCT		Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins		Hammarby Sim		Hammarby Sim		21:00-21:30		
21:30-22:00	SCT		SCT		SCT		SCT		SCT		Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins		Hammarby Sim		Hammarby Sim		21:30-22:00		

Med reservation för ändringar

Fredag	0		1		2		3		4		5		6		7		8		9		02-okt
05:45-06:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										05:45-06:00
06:00-06:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:00-06:30
06:30-07:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:30-07:00
07:00-07:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:00-07:30
07:30-08:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:30-08:00
08:00-08:30	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:00-08:30
08:30-09:00	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:30-09:00
09:00-09:30	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:00-09:30
09:30-10:00	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:30-10:00
10:00-10:30											Snabb-bana		Crawl		Bröstsims		Rundsims		10:00-10:30		
10:30-11:00																			10:30-11:00		
11:00-11:30																			11:00-11:30		
11:30-12:00	U.Hausmann																		11:30-12:00		
12:00-12:30	U.Hausmann																		12:00-12:30		
12:30-13:00																			12:30-13:00		
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14:30-15:00																				14:30-15:00	
15:00-15:30							SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		15:00-15:30
15:30-16:00							SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		15:30-16:00
16:00-16:30							SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		16:00-16:30
16:30-17:00							SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		16:30-17:00
17:00-17:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	17:00-17:30
17:30-18:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	17:30-18:00
18:00-18:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	18:00-18:30
18:30-19:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	18:30-19:00
19:00-19:30	Vattenpolo																				19:00-19:30
19:30-20:00																					19:30-20:00
20:00-20:30																					20:00-20:30
20:30-21:00																					20:30-21:00

Med reservation för ändringar

Lördag	0	1	2	3	4	5	6	7	8	9	03-okt
07:45-08:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	07:45-08:00
08:00-08:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	08:00-08:30
08:30-09:00	SK Neptun	SK Neptun	SK Neptun	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	08:30-09:00
09:00-09:30	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	Neptun / SPIF	Crawl	Bröstsims	Rundsims		09:00-09:30
09:30-10:00	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	Neptun / SPIF					09:30-10:00
10:00-10:30	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	Snabb-bana					10:00-10:30
10:30-11:00				SPIF	SPIF						10:30-11:00
11:00-11:30				SPIF	SPIF						11:00-11:30
11:30-12:00											11:30-12:00
12:00-12:30											12:00-12:30
12:30-13:00											12:30-13:00
13:00-13:30											13:00-13:30
13:30-14:00											13:30-14:00
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14:30-15:00											14:30-15:00
15:00-15:30											15:00-15:30
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17:00-17:30											17:00-17:30
17:30-18:00											17:30-18:00
18:00-18:30											18:00-18:30
18:30-19:00											18:30-19:00

Med reservation för ändringar

Söndag	0	1	2	3	4	5	6	7	8	9	04-okt
07:45-08:00	Team TT	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters						07:45-08:00
08:00-08:30	Team TT	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Snabb-bana	Crawl	Bröstsöm	Rundsim		08:00-08:30
08:30-09:00	Team TT	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters						08:30-09:00
09:00-09:30	SPIF	SPIF	SPIF	SPIF							09:00-09:30
09:30-10:00	SPIF	SPIF	SPIF	SPIF							09:30-10:00
10:00-10:30	SPIF	SPIF	SPIF	SPIF	Hammarby VP						10:00-10:30
10:30-11:00	SPIF	SPIF	SPIF	SPIF	Hammarby VP						10:30-11:00
11:00-11:30	IDF Simskola	Avsim Knattesim	Avsim Knattesim								11:00-11:30
11:30-12:00	IDF Simskola										11:30-12:00
12:00-12:30	IDF Simskola										12:00-12:30
12:30-13:00	IDF Simskola										12:30-13:00
13:00-13:30	IDF Simskola										13:00-13:30
13:30-14:00	IDF Simskola										13:30-14:00
14:00-14:30	IDF Simskola										14:00-14:30
14:30-15:00	IDF Simskola			SPIF	SPIF						14:30-15:00
15:00-15:30				SPIF	SPIF						15:00-15:30
15:30-16:00				SPIF	SPIF						15:30-16:00
16:00-16:30											16:00-16:30
16:30-17:00											16:30-17:00
17:00-17:30											17:00-17:30
17:30-18:00											17:30-18:00
18:00-18:30	SCT	SCT	SCT	SCT	SCT						18:00-18:30
18:30-19:00	SCT	SCT	SCT	SCT	SCT						18:30-19:00
19:00-19:30	SCT	SCT	SCT	SCT	SCT				Neptun VP	Neptun VP	19:00-19:30
19:30-20:00	APNEA	APNEA	APNEA	APNEA	Neptun Masters	Neptun Masters	Neptun Masters		Neptun VP	Neptun VP	19:30-20:00
20:00-20:30	APNEA	APNEA	APNEA	APNEA	Neptun Masters	Neptun Masters	Neptun Masters		Neptun VP	Neptun VP	20:00-20:30
20:30-21:00											20:30-21:00

Med reservation för ändringar