Måndag	0		1		2		3		4		5		6		7		8		9		02-nov
05:45-06:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										05:45-06:00
06:00-06:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:00-06:30
06:30-07:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:30-07:00
07:00-07:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:00-07:30
07:30-08:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:30-08:00
08:00-08:30	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:00-08:30
08:30-09:00	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:30-09:00
09:00-09:30	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:00-09:30
09:30-10:00	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:30-10:00
10:00-10:30											*Snabb-bana*		*Crawl*		*Bröstsim*		*Rundsim*				10:00-10:30
10:30-11:00																					10:30-11:00
11:00-11:30																					11:00-11:30
11:30-12:00																					11:30-12:00
12:00-12:30																					12:00-12:30
12:30-13:00																					12:30-13:00
13:00-13:30																					13:00-13:30
13:30-14:00																					13:30-14:00
14:00-14:30																					14:00-14:30
14:30-15:00																					14:30-15:00
15:00-15:30	NEC		NEC		NEC		SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		15:00-15:30
15:30-16:00	NEC		NEC		NEC		SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		15:30-16:00
16:00-16:30	NEC		NEC		NEC		SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		16:00-16:30
16:30-17:00	NEC		NEC		NEC		SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		16:30-17:00
17:00-17:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	17:00-17:30
17:30-18:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	17:30-18:00
18:00-18:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	18:00-18:30
18:30-19:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	18:30-19:00
19:00-19:30	Hellas Vattenpolo																				19:00-19:30
19:30-20:00																					19:30-20:00
20:00-20:30																					20:00-20:30
20:30-21:00																					20:30-21:00
21:00-21:30																					21:00-21:30
21:30-22:00																					21:30-22:00

Med reservation för ändringar

Tisdag	0		1		2		3		4		5		6		7		8		9		03-nov
05:45-06:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										05:45-06:00
06:00-06:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:00-06:30
06:30-07:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:30-07:00
07:00-07:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:00-07:30
07:30-08:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:30-08:00
08:00-08:30	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:00-08:30
08:30-09:00	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:30-09:00
09:00-09:30	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:00-09:30
09:30-10:00	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:30-10:00
10:00-10:30													*Crawl*		*Bröstsim*		*Rundsim*				10:00-10:30
10:30-11:00																					10:30-11:00
11:00-11:30																					11:00-11:30
11:30-12:00	Länsförsäkringar Idf																				11:30-12:00
12:00-12:30	Länsförsäkringar Idf										*Snabb-bana*										12:00-12:30
12:30-13:00																					12:30-13:00
13:00-13:30																					13:00-13:30
13:30-14:00																					13:30-14:00
14:00-14:30																					14:00-14:30
14:30-15:00																					14:30-15:00
15:00-15:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	15:00-15:30
15:30-16:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	15:30-16:00
16:00-16:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	16:00-16:30
16:30-17:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	16:30-17:00
17:00-17:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	17:00-17:30
17:30-18:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	17:30-18:00
18:00-18:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	18:00-18:30
18:30-19:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	18:30-19:00
19:00-19:30	SKK Vattenpolo																				19:00-19:30
19:30-20:00																					19:30-20:00
20:00-20:30																					20:00-20:30
20:30-21:00																					20:30-21:00
21:00-21:30	SCT		SCT		SCT		SCT		SCT		**Sthlm Dolphins**		**Sthlm Dolphins**		**Sthlm Dolphins**		**Sthlm Dolphins**		Hammarby Sim		21:00-21:30
21:30-22:00	SCT		SCT		SCT		SCT		SCT		**Sthlm Dolphins**		**Sthlm Dolphins**		**Sthlm Dolphins**		**Sthlm Dolphins**		Hammarby Sim		21:30-22:00

Med reservation för ändringar

Onsdag	0		1		2		3		4		5		6		7		8		9		04-nov
05:45-06:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										05:45-06:00
06:00-06:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:00-06:30
06:30-07:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:30-07:00
07:00-07:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:00-07:30
07:30-08:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:30-08:00
08:00-08:30	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:00-08:30
08:30-09:00	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:30-09:00
09:00-09:30	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:00-09:30
09:30-10:00	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:30-10:00
10:00-10:30	SPIF M.												*Crawl*		*Bröstsim*		*Rundsim*				10:00-10:30
10:30-11:00	SPIF M.																				10:30-11:00
11:00-11:30																					11:00-11:30
11:30-12:00																					11:30-12:00
12:00-12:30											*Snabb-bana*										12:00-12:30
12:30-13:00																					12:30-13:00
13:00-13:30																					13:00-13:30
13:30-14:00																					13:30-14:00
14:00-14:30																					14:00-14:30
14:30-15:00																					14:30-15:00
15:00-15:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	15:00-15:30
15:30-16:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	15:30-16:00
16:00-16:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	16:00-16:30
16:30-17:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	16:30-17:00
17:00-17:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	17:00-17:30
17:30-18:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	17:30-18:00
18:00-18:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	18:00-18:30
18:30-19:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	18:30-19:00
19:00-19:30	Neptun Vattenpolo																				19:00-19:30
19:30-20:00																					19:30-20:00
20:00-20:30																					20:00-20:30
20:30-21:00																					20:30-21:00
21:00-21:30	Strömstararna Kanotklubb																				21:00-21:30
21:30-22:00																					21:30-22:00

Med reservation för ändringar

Torsdag	0		1		2		3		4		5		6		7		8			9	05-nov
05:45-06:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										05:45-06:00
06:00-06:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:00-06:30
06:30-07:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:30-07:00
07:00-07:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:00-07:30
07:30-08:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:30-08:00
08:00-08:30	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:00-08:30
08:30-09:00	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:30-09:00
09:00-09:30	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:00-09:30
09:30-10:00	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:30-10:00
10:00-10:30	Katarina Norra skolan Tuva		Katarina Norra skolan Tuva										*Crawl*		*Bröstsim*		*Rundsim*				10:00-10:30
10:30-11:00	Katarina Norra skolan Tuva		Katarina Norra skolan Tuva																		10:30-11:00
11:00-11:30	Katarina Norra skolan Tuva		Katarina Norra skolan Tuva																		11:00-11:30
11:30-12:00	Katarina Norra skolan Tuva		Katarina Norra skolan Tuva																		11:30-12:00
12:00-12:30	Katarina Norra skolan Tuva		Katarina Norra skolan Tuva																		12:00-12:30
12:30-13:00	Katarina Norra skolan Tuva		Katarina Norra skolan Tuva								*Snabb-bana*										12:30-13:00
13:00-13:30	Katarina Norra skolan Tuva		Katarina Norra skolan Tuva																		13:00-13:30
13:30-14:00	Katarina Norra skolan Tuva		Katarina Norra skolan Tuva																		13:30-14:00
14:00-14:30	Katarina Norra skolan Tuva		Katarina Norra skolan Tuva																		14:00-14:30
14:30-15:00																					14:30-15:00
15:00-15:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	15:00-15:30
15:30-16:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	15:30-16:00
16:00-16:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	16:00-16:30
16:30-17:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	16:30-17:00
17:00-17:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	17:00-17:30
17:30-18:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	17:30-18:00
18:00-18:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	Hammarby VP	Hammarby VP	X	18:00-18:30
18:30-19:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	Hammarby VP	Hammarby VP	X	18:30-19:00
19:00-19:30	Hammarby Vattenpolo																				19:00-19:30
19:30-20:00																					19:30-20:00
20:00-20:30																					20:00-20:30
20:30-21:00																					20:30-21:00
21:00-21:30	SCT		SCT		SCT		SCT		SCT		**Sthlm Dolphins**		**Sthlm Dolphins**		**Sthlm Dolphins**		Hammarby Sim			Hammarby Sim	21:00-21:30
21:30-22:00	SCT		SCT		SCT		SCT		SCT		**Sthlm Dolphins**		**Sthlm Dolphins**		**Sthlm Dolphins**		Hammarby Sim			Hammarby Sim	21:30-22:00

Med reservation för ändringar

Fredag	0		1		2		3		4		5		6		7		8		9		06-nov
05:45-06:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										05:45-06:00
06:00-06:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:00-06:30
06:30-07:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:30-07:00
07:00-07:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:00-07:30
07:30-08:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:30-08:00
08:00-08:30	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:00-08:30
08:30-09:00	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:30-09:00
09:00-09:30	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:00-09:30
09:30-10:00	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:30-10:00
10:00-10:30											*Snabb-bana*		*Crawl*		*Bröstsim*		*Rundsim*				10:00-10:30
10:30-11:00																					10:30-11:00
11:00-11:30																					11:00-11:30
11:30-12:00	U.Hausmann																				11:30-12:00
12:00-12:30	U.Hausmann																				12:00-12:30
12:30-13:00																					12:30-13:00
13:00-13:30																					13:00-13:30
13:30-14:00																					13:30-14:00
14:00-14:30																					14:00-14:30
14:30-15:00																					14:30-15:00
15:00-15:30	NEC		NEC		NEC		SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		15:00-15:30
15:30-16:00	NEC		NEC		NEC		SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		15:30-16:00
16:00-16:30	NEC		NEC		NEC		SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		16:00-16:30
16:30-17:00	NEC		NEC		NEC		SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		16:30-17:00
17:00-17:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	17:00-17:30
17:30-18:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	17:30-18:00
18:00-18:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	18:00-18:30
18:30-19:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	18:30-19:00
19:00-19:30	Vattenpolo																				19:00-19:30
19:30-20:00																					19:30-20:00
20:00-20:30																					20:00-20:30
20:30-21:00																					20:30-21:00

Med reservation för ändringar

Lördag	0	1	2	3	4	5	6	7	8	9	07-nov
07:45-08:00				Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	07:45-08:00
08:00-08:30				Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	08:00-08:30
08:30-09:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	08:30-09:00
09:00-09:30	NEC	NEC	NEC	NEC	SPIF	Neptun / SPIF					09:00-09:30
09:30-10:00	NEC	NEC	NEC	NEC	SPIF	Neptun / SPIF					09:30-10:00
10:00-10:30	NEC	NEC	NEC	NEC	SPIF						10:00-10:30
10:30-11:00				SPIF	SPIF						10:30-11:00
11:00-11:30	Team Snabbare	Team Snabbare	Team Snabbare	SPIF	SPIF						11:00-11:30
11:30-12:00	Team Snabbare	Team Snabbare	Team Snabbare								11:30-12:00
12:00-12:30	Team Snabbare	Team Snabbare	Team Snabbare								12:00-12:30
12:30-13:00	Team Snabbare	Team Snabbare	Team Snabbare								12:30-13:00
13:00-13:30	Team Snabbare	Team Snabbare	Team Snabbare								13:00-13:30
13:30-14:00	Team Snabbare	Team Snabbare	Team Snabbare				*Crawl*	*Bröstsim*	*Rundsim*		13:30-14:00
14:00-14:30						*Snabb-bana*					14:00-14:30
14:30-15:00											14:30-15:00
15:00-15:30											15:00-15:30
15:30-16:00											15:30-16:00
16:00-16:30											16:00-16:30
16:30-17:00											16:30-17:00
17:00-17:30											17:00-17:30
17:30-18:00											17:30-18:00
18:00-18:30											18:00-18:30
18:30-19:00											18:30-19:00

Med reservation för ändringar

Söndag	0	1	2	3	4	5	6	7	8	9	08-nov
07:45-08:00		Team TT	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters				07:45-08:00
08:00-08:30		Team TT	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters				08:00-08:30
08:30-09:00		Team TT	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters				08:30-09:00
09:00-09:30	SPIF	SPIF	SPIF	SPIF							09:00-09:30
09:30-10:00	SPIF	SPIF	SPIF	SPIF							09:30-10:00
10:00-10:30	SPIF	SPIF	SPIF	SPIF	Hammarby VP						10:00-10:30
10:30-11:00	SPIF	SPIF	SPIF	SPIF	Hammarby VP						10:30-11:00
11:00-11:30	SPIF M.										11:00-11:30
11:30-12:00	SPIF M.										11:30-12:00
12:00-12:30											12:00-12:30
12:30-13:00											12:30-13:00
13:00-13:30											13:00-13:30
13:30-14:00						*Snabb-bana*	*Crawl*	*Bröstsim*	*Rundsim*		13:30-14:00
14:00-14:30											14:00-14:30
14:30-15:00	SPIF	SPIF									14:30-15:00
15:00-15:30	SPIF	SPIF									15:00-15:30
15:30-16:00	SPIF	SPIF									15:30-16:00
16:00-16:30											16:00-16:30
16:30-17:00											16:30-17:00
17:00-17:30											17:00-17:30
17:30-18:00											17:30-18:00
18:00-18:30	SCT	SCT	SCT	SCT	SCT	SCT	SCT		Neptun VP	Neptun VP	18:00-18:30
18:30-19:00	SCT	SCT	SCT	SCT	SCT	SCT	SCT		Neptun VP	Neptun VP	18:30-19:00
19:00-19:30	SCT	SCT	SCT	SCT	SCT	SCT	SCT		Neptun VP	Neptun VP	19:00-19:30
19:30-20:00	APNEA	APNEA	APNEA	APNEA	Neptun Masters	Neptun Masters	Neptun Masters				19:30-20:00
20:00-20:30	APNEA	APNEA	APNEA	APNEA	Neptun Masters	Neptun Masters	Neptun Masters				20:00-20:30
20:30-21:00											20:30-21:00

Med reservation för ändringar

Måndag	0		1		2		3		4		5		6		7		8		9		09-nov
05:45-06:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										05:45-06:00
06:00-06:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:00-06:30
06:30-07:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:30-07:00
07:00-07:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:00-07:30
07:30-08:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:30-08:00
08:00-08:30	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:00-08:30
08:30-09:00	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:30-09:00
09:00-09:30	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:00-09:30
09:30-10:00	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:30-10:00
10:00-10:30											*Snabb-bana*		*Crawl*		*Bröstsim*		*Rundsim*				10:00-10:30
10:30-11:00																					10:30-11:00
11:00-11:30																					11:00-11:30
11:30-12:00																					11:30-12:00
12:00-12:30																					12:00-12:30
12:30-13:00																					12:30-13:00
13:00-13:30																					13:00-13:30
13:30-14:00																					13:30-14:00
14:00-14:30																					14:00-14:30
14:30-15:00																					14:30-15:00
15:00-15:30	NEC		NEC		NEC		SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		15:00-15:30
15:30-16:00	NEC		NEC		NEC		SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		15:30-16:00
16:00-16:30	NEC		NEC		NEC		SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		16:00-16:30
16:30-17:00	NEC		NEC		NEC		SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		16:30-17:00
17:00-17:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	17:00-17:30
17:30-18:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	17:30-18:00
18:00-18:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	18:00-18:30
18:30-19:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	18:30-19:00
19:00-19:30	Hellas Vattenpolo																				19:00-19:30
19:30-20:00																					19:30-20:00
20:00-20:30																					20:00-20:30
20:30-21:00																					20:30-21:00
21:00-21:30																					21:00-21:30
21:30-22:00																					21:30-22:00

Med reservation för ändringar

Tisdag	0		1		2		3		4		5		6		7		8		9		10-nov
05:45-06:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										05:45-06:00
06:00-06:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:00-06:30
06:30-07:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:30-07:00
07:00-07:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:00-07:30
07:30-08:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:30-08:00
08:00-08:30	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:00-08:30
08:30-09:00	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:30-09:00
09:00-09:30	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:00-09:30
09:30-10:00	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:30-10:00
10:00-10:30	SPIF Master												*Crawl*		*Bröstsim*		*Rundsim*				10:00-10:30
10:30-11:00																					10:30-11:00
11:00-11:30																					11:00-11:30
11:30-12:00	Länsförsäkringar Idf																				11:30-12:00
12:00-12:30	Länsförsäkringar Idf										*Snabb-bana*										12:00-12:30
12:30-13:00																					12:30-13:00
13:00-13:30																					13:00-13:30
13:30-14:00																					13:30-14:00
14:00-14:30																					14:00-14:30
14:30-15:00																					14:30-15:00
15:00-15:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	15:00-15:30
15:30-16:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	15:30-16:00
16:00-16:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	16:00-16:30
16:30-17:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	16:30-17:00
17:00-17:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	17:00-17:30
17:30-18:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	17:30-18:00
18:00-18:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	18:00-18:30
18:30-19:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	18:30-19:00
19:00-19:30	SKK Vattenpolo																				19:00-19:30
19:30-20:00																					19:30-20:00
20:00-20:30																					20:00-20:30
20:30-21:00																					20:30-21:00
21:00-21:30	SCT		SCT		SCT		SCT		SCT		**Sthlm Dolphins**		**Sthlm Dolphins**		**Sthlm Dolphins**		**Sthlm Dolphins**		Hammarby Sim		21:00-21:30
21:30-22:00	SCT		SCT		SCT		SCT		SCT		**Sthlm Dolphins**		**Sthlm Dolphins**		**Sthlm Dolphins**		**Sthlm Dolphins**		Hammarby Sim		21:30-22:00

Med reservation för ändringar

Onsdag	0		1		2		3		4		5		6		7		8		9		11-nov
05:45-06:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										05:45-06:00
06:00-06:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:00-06:30
06:30-07:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:30-07:00
07:00-07:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:00-07:30
07:30-08:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:30-08:00
08:00-08:30	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:00-08:30
08:30-09:00	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:30-09:00
09:00-09:30	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:00-09:30
09:30-10:00	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:30-10:00
10:00-10:30											*Snabb-bana*		*Crawl*		*Bröstsim*		*Rundsim*				10:00-10:30
10:30-11:00																					10:30-11:00
11:00-11:30																					11:00-11:30
11:30-12:00																					11:30-12:00
12:00-12:30																					12:00-12:30
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13:30-14:00																					13:30-14:00
14:00-14:30																					14:00-14:30
14:30-15:00																					14:30-15:00
15:00-15:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	15:00-15:30
15:30-16:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	15:30-16:00
16:00-16:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	16:00-16:30
16:30-17:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	16:30-17:00
17:00-17:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	17:00-17:30
17:30-18:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	17:30-18:00
18:00-18:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	18:00-18:30
18:30-19:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	18:30-19:00
19:00-19:30	Neptun Vattenpolo																				19:00-19:30
19:30-20:00																					19:30-20:00
20:00-20:30																					20:00-20:30
20:30-21:00																					20:30-21:00
21:00-21:30	Brunnsvikens Kanotklubb																				21:00-21:30
21:30-22:00																					21:30-22:00

Med reservation för ändringar

Torsdag	0		1		2		3		4		5		6		7		8			9	12-nov
05:45-06:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										05:45-06:00
06:00-06:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:00-06:30
06:30-07:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:30-07:00
07:00-07:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:00-07:30
07:30-08:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:30-08:00
08:00-08:30	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:00-08:30
08:30-09:00	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:30-09:00
09:00-09:30	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:00-09:30
09:30-10:00	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:30-10:00
10:00-10:30	Björkhagens skola Tuva												*Crawl*		*Bröstsim*		*Rundsim*				10:00-10:30
10:30-11:00	Björkhagens skola Tuva																				10:30-11:00
11:00-11:30	Björkhagens skola Tuva																				11:00-11:30
11:30-12:00	Björkhagens skola Tuva																				11:30-12:00
12:00-12:30	Björkhagens skola Tuva										*Snabb-bana*										12:00-12:30
12:30-13:00	Björkhagens skola Tuva																				12:30-13:00
13:00-13:30	Björkhagens skola Tuva																				13:00-13:30
13:30-14:00	Björkhagens skola Tuva																				13:30-14:00
14:00-14:30																					14:00-14:30
14:30-15:00																					14:30-15:00
15:00-15:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	15:00-15:30
15:30-16:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	15:30-16:00
16:00-16:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	16:00-16:30
16:30-17:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	16:30-17:00
17:00-17:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	17:00-17:30
17:30-18:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	17:30-18:00
18:00-18:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	Hammarby VP	Hammarby VP	X	18:00-18:30
18:30-19:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	Hammarby VP	Hammarby VP	X	18:30-19:00
19:00-19:30	Hammarby Vattenpolo																				19:00-19:30
19:30-20:00																					19:30-20:00
20:00-20:30																					20:00-20:30
20:30-21:00																					20:30-21:00
21:00-21:30	SCT		SCT		SCT		SCT		SCT		Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins		Hammarby Sim			Hammarby Sim	21:00-21:30
21:30-22:00	SCT		SCT		SCT		SCT		SCT		Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins		Hammarby Sim			Hammarby Sim	21:30-22:00

Med reservation för ändringar

Fredag	0	1	2	3	4	5	6	7	8	9	13-nov
05:45-06:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					05:45-06:00
06:00-06:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					06:00-06:30
06:30-07:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					06:30-07:00
07:00-07:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:00-07:30
07:30-08:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:30-08:00
08:00-08:30	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					08:00-08:30
08:30-09:00	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					08:30-09:00
09:00-09:30	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					09:00-09:30
09:30-10:00	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					09:30-10:00
10:00-10:30						*Snabb-bana*	*Crawl*	*Bröstsim*	*Rundsim*		10:00-10:30
10:30-11:00											10:30-11:00
11:00-11:30		Hammarby Sim	Hammarby Sim								11:00-11:30
11:30-12:00	U.Hausmann	Hammarby Sim	Hammarby Sim								11:30-12:00
12:00-12:30	U.Hausmann										12:00-12:30
12:30-13:00											12:30-13:00
13:00-13:30											13:00-13:30
13:30-14:00											13:30-14:00
14:00-14:30											14:00-14:30
14:30-15:00											14:30-15:00
15:00-15:30	NEC	NEC	NEC	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:00-15:30
15:30-16:00	NEC	NEC	NEC	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:30-16:00
16:00-16:30	NEC	NEC	NEC	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:00-16:30
16:30-17:00	NEC	NEC	NEC	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:30-17:00
17:00-17:30											17:00-17:30
17:30-18:00											17:30-18:00
18:00-18:30											18:00-18:30
18:30-19:00											18:30-19:00
19:00-19:30											19:00-19:30
19:30-20:00											19:30-20:00
20:00-20:30											20:00-20:30
20:30-21:00											20:30-21:00

Movember Cup vattenpolo

(17-22)

Med reservation för ändringar

Lördag	0	1	2	3	4	5	6	7	8	9	14-nov
07:45-08:00											07:45-08:00
08:00-08:30											08:00-08:30
08:30-09:00											08:30-09:00
09:00-09:30											09:00-09:30
09:30-10:00											09:30-10:00
10:00-10:30											10:00-10:30
10:30-11:00											10:30-11:00
11:00-11:30											11:00-11:30
11:30-12:00											11:30-12:00
12:00-12:30											12:00-12:30
12:30-13:00											12:30-13:00
13:00-13:30											13:00-13:30
13:30-14:00											13:30-14:00
14:00-14:30											14:00-14:30
14:30-15:00											14:30-15:00
15:00-15:30											15:00-15:30
15:30-16:00											15:30-16:00
16:00-16:30											16:00-16:30
16:30-17:00											16:30-17:00
17:00-17:30											17:00-17:30
17:30-18:00											17:30-18:00
18:00-18:30											18:00-18:30
18:30-19:00											18:30-19:00

Movember Cup vattenpolo

(08-20)

Med reservation för ändringar

Söndag	0	1	2	3	4	5	6	7	8	9	15-nov
07:45-08:00	Movember Cup vattenpolo										07:45-08:00
08:00-08:30											08:00-08:30
08:30-09:00											08:30-09:00
09:00-09:30											09:00-09:30
09:30-10:00											09:30-10:00
10:00-10:30											10:00-10:30
10:30-11:00											10:30-11:00
11:00-11:30											11:00-11:30
11:30-12:00											11:30-12:00
12:00-12:30											12:00-12:30
12:30-13:00											12:30-13:00
13:00-13:30											13:00-13:30
13:30-14:00											13:30-14:00
14:00-14:30											14:00-14:30
14:30-15:00											14:30-15:00
15:00-15:30											15:00-15:30
15:30-16:00											15:30-16:00
16:00-16:30											16:00-16:30
16:30-17:00											16:30-17:00
17:00-17:30											17:00-17:30
17:30-18:00											17:30-18:00
18:00-18:30	SCT	SCT	SCT	SCT	SCT	SCT	SCT		Neptun VP	Neptun VP	18:00-18:30
18:30-19:00	SCT	SCT	SCT	SCT	SCT	SCT	SCT		Neptun VP	Neptun VP	18:30-19:00
19:00-19:30	SCT	SCT	SCT	SCT	SCT	SCT	SCT		Neptun VP	Neptun VP	19:00-19:30
19:30-20:00	APNEA	APNEA	APNEA	APNEA	Neptun Masters	Neptun Masters	Neptun Masters				19:30-20:00
20:00-20:30	APNEA	APNEA	APNEA	APNEA	Neptun Masters	Neptun Masters	Neptun Masters				20:00-20:30
20:30-21:00											20:30-21:00

Med reservation för ändringar

Måndag	0		1		2		3		4		5		6		7		8		9		16-nov
05:45-06:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										05:45-06:00
06:00-06:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:00-06:30
06:30-07:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:30-07:00
07:00-07:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:00-07:30
07:30-08:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:30-08:00
08:00-08:30	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:00-08:30
08:30-09:00	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:30-09:00
09:00-09:30	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:00-09:30
09:30-10:00	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:30-10:00
10:00-10:30	Sjöviksskolan Magnus										*Snabb-bana*		*Crawl*		*Bröstsim*		*Rundsim*				10:00-10:30
10:30-11:00	Sjöviksskolan Magnus																				10:30-11:00
11:00-11:30	Sjöviksskolan Magnus																				11:00-11:30
11:30-12:00	Sjöviksskolan Magnus																				11:30-12:00
12:00-12:30	Entréskolan																				12:00-12:30
12:30-13:00	Entréskolan																				12:30-13:00
13:00-13:30	Entréskolan																				13:00-13:30
13:30-14:00	Entréskolan																				13:30-14:00
14:00-14:30	Södermalmsskolan Ingrid																				14:00-14:30
14:30-15:00	Södermalmsskolan Ingrid																				14:30-15:00
15:00-15:30	NEC		NEC		NEC		SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		15:00-15:30
15:30-16:00	NEC		NEC		NEC		SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		15:30-16:00
16:00-16:30	NEC		NEC		NEC		SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		16:00-16:30
16:30-17:00	NEC		NEC		NEC		SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		16:30-17:00
17:00-17:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	17:00-17:30
17:30-18:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	17:30-18:00
18:00-18:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	18:00-18:30
18:30-19:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	18:30-19:00
19:00-19:30	Hellas Vattenpolo																				19:00-19:30
19:30-20:00																					19:30-20:00
20:00-20:30																					20:00-20:30
20:30-21:00																					20:30-21:00
21:00-21:30																					21:00-21:30
21:30-22:00																					21:30-22:00

Med reservation för ändringar

Tisdag	0		1		2		3		4		5		6		7		8		9		17-nov
05:45-06:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										05:45-06:00
06:00-06:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:00-06:30
06:30-07:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:30-07:00
07:00-07:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:00-07:30
07:30-08:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:30-08:00
08:00-08:30	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:00-08:30
08:30-09:00	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:30-09:00
09:00-09:30	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:00-09:30
09:30-10:00	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:30-10:00
10:00-10:30			Johan Skytteskolan Ann										*Crawl*		*Bröstsim*		*Rundsim*				10:00-10:30
10:30-11:00			Johan Skytteskolan Ann																		10:30-11:00
11:00-11:30			Johan Skytteskolan Ann																		11:00-11:30
11:30-12:00	Länsförsäkringar Idf		Johan Skytteskolan Ann																		11:30-12:00
12:00-12:30	Länsförsäkringar Idf		Johan Skytteskolan Ann								*Snabb-bana*										12:00-12:30
12:30-13:00			Johan Skytteskolan Ann																		12:30-13:00
13:00-13:30																					13:00-13:30
13:30-14:00																					13:30-14:00
14:00-14:30	Södermalmsskolan Ingrid																				14:00-14:30
14:30-15:00	Södermalmsskolan Ingrid																				14:30-15:00
15:00-15:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	15:00-15:30
15:30-16:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	15:30-16:00
16:00-16:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	16:00-16:30
16:30-17:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	16:30-17:00
17:00-17:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	17:00-17:30
17:30-18:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	17:30-18:00
18:00-18:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	18:00-18:30
18:30-19:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	18:30-19:00
19:00-19:30	SKK Vattenpolo																				19:00-19:30
19:30-20:00																					19:30-20:00
20:00-20:30																					20:00-20:30
20:30-21:00																					20:30-21:00
21:00-21:30	SCT		SCT		SCT		SCT		SCT		Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins		Hammarby Sim		21:00-21:30
21:30-22:00	SCT		SCT		SCT		SCT		SCT		Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins		Hammarby Sim		21:30-22:00

Med reservation för ändringar

Onsdag	0		1		2		3		4		5		6		7		8		9		18-nov
05:45-06:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										05:45-06:00
06:00-06:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:00-06:30
06:30-07:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:30-07:00
07:00-07:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:00-07:30
07:30-08:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:30-08:00
08:00-08:30	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:00-08:30
08:30-09:00	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:30-09:00
09:00-09:30	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:00-09:30
09:30-10:00	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:30-10:00
10:00-10:30	SPIF M.		Johan Skytteskolan Ann										*Crawl*		*Bröstsim*		*Rundsim*				10:00-10:30
10:30-11:00	SPIF M.		Johan Skytteskolan Ann																		10:30-11:00
11:00-11:30			Johan Skytteskolan Ann																		11:00-11:30
11:30-12:00			Johan Skytteskolan Ann																		11:30-12:00
12:00-12:30			Johan Skytteskolan Ann								*Snabb-bana*										12:00-12:30
12:30-13:00			Johan Skytteskolan Ann																		12:30-13:00
13:00-13:30																					13:00-13:30
13:30-14:00																					13:30-14:00
14:00-14:30	Södermalmsskolan Ingrid																				14:00-14:30
14:30-15:00	Södermalmsskolan Ingrid																				14:30-15:00
15:00-15:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	15:00-15:30
15:30-16:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	15:30-16:00
16:00-16:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	16:00-16:30
16:30-17:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	16:30-17:00
17:00-17:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	17:00-17:30
17:30-18:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	17:30-18:00
18:00-18:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	18:00-18:30
18:30-19:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	18:30-19:00
19:00-19:30	Neptun Vattenpolo																				19:00-19:30
19:30-20:00																					19:30-20:00
20:00-20:30																					20:00-20:30
20:30-21:00																					20:30-21:00
21:00-21:30	Strömstararna Kanotklubb																				21:00-21:30
21:30-22:00																					21:30-22:00

Med reservation för ändringar

Torsdag	0		1		2		3		4		5		6		7		8			9	19-nov
05:45-06:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										05:45-06:00
06:00-06:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:00-06:30
06:30-07:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:30-07:00
07:00-07:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:00-07:30
07:30-08:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:30-08:00
08:00-08:30	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:00-08:30
08:30-09:00	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:30-09:00
09:00-09:30	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:00-09:30
09:30-10:00	NEC		NEC		NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:30-10:00
10:00-10:30	Johan Skytteskolan Ann												*Crawl*		*Bröstsim*		*Rundsim*				10:00-10:30
10:30-11:00	Johan Skytteskolan Ann																				10:30-11:00
11:00-11:30	Johan Skytteskolan Ann																				11:00-11:30
11:30-12:00	Johan Skytteskolan Ann																				11:30-12:00
12:00-12:30	Johan Skytteskolan Ann										*Snabb-bana*										12:00-12:30
12:30-13:00	Johan Skytteskolan Ann																				12:30-13:00
13:00-13:30	Kunskapsskolan Kader																				13:00-13:30
13:30-14:00	Kunskapsskolan Kader																				13:30-14:00
14:00-14:30	Södermalmsskolan Ingrid																				14:00-14:30
14:30-15:00	Södermalmsskolan Ingrid																				14:30-15:00
15:00-15:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	15:00-15:30
15:30-16:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	15:30-16:00
16:00-16:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	16:00-16:30
16:30-17:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	16:30-17:00
17:00-17:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	17:00-17:30
17:30-18:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	17:30-18:00
18:00-18:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	Hammarby VP	Hammarby VP	X	18:00-18:30
18:30-19:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	Hammarby VP	Hammarby VP	X	18:30-19:00
19:00-19:30	Hammarby Vattenpolo																				19:00-19:30
19:30-20:00																					19:30-20:00
20:00-20:30																					20:00-20:30
20:30-21:00																					20:30-21:00
21:00-21:30	SCT		SCT		SCT		SCT		SCT		Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins		Hammarby Sim			Hammarby Sim	21:00-21:30
21:30-22:00	SCT		SCT		SCT		SCT		SCT		Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins		Hammarby Sim			Hammarby Sim	21:30-22:00

Med reservation för ändringar

Fredag	0	1	2	3	4	5	6	7	8	9	20-nov
05:45-06:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					05:45-06:00
06:00-06:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					06:00-06:30
06:30-07:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					06:30-07:00
07:00-07:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:00-07:30
07:30-08:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:30-08:00
08:00-08:30	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					08:00-08:30
08:30-09:00	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					08:30-09:00
09:00-09:30	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					09:00-09:30
09:30-10:00	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					09:30-10:00
10:00-10:30						*Snabb-bana*	*Crawl*	*Bröstsim*	*Rundsim*		10:00-10:30
10:30-11:00											10:30-11:00
11:00-11:30											11:00-11:30
11:30-12:00											11:30-12:00
12:00-12:30											12:00-12:30
12:30-13:00											12:30-13:00
13:00-13:30											13:00-13:30
13:30-14:00											13:30-14:00
14:00-14:30											14:00-14:30
14:30-15:00											14:30-15:00
15:00-15:30	NEC	NEC	NEC	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:00-15:30
15:30-16:00	NEC	NEC	NEC	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:30-16:00
16:00-16:30	NEC	NEC	NEC	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:00-16:30
16:30-17:00	NEC	NEC	NEC	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:30-17:00
17:00-17:30	NM U18 Vattenpolo										17:00-17:30
17:30-18:00											17:30-18:00
18:00-18:30											18:00-18:30
18:30-19:00											18:30-19:00
19:00-19:30											19:00-19:30
19:30-20:00											19:30-20:00
20:00-20:30											20:00-20:30
20:30-21:00											20:30-21:00

Med reservation för ändringar

Lördag	0	1	2	3	4	5	6	7	8	9	21-nov
07:45-08:00	NM U18 Vattenpolo										07:45-08:00
08:00-08:30											08:00-08:30
08:30-09:00											08:30-09:00
09:00-09:30											09:00-09:30
09:30-10:00											09:30-10:00
10:00-10:30											10:00-10:30
10:30-11:00											10:30-11:00
11:00-11:30											11:00-11:30
11:30-12:00											11:30-12:00
12:00-12:30											12:00-12:30
12:30-13:00											12:30-13:00
13:00-13:30											13:00-13:30
13:30-14:00											13:30-14:00
14:00-14:30											14:00-14:30
14:30-15:00											14:30-15:00
15:00-15:30											15:00-15:30
15:30-16:00											15:30-16:00
16:00-16:30											16:00-16:30
16:30-17:00											16:30-17:00
17:00-17:30											17:00-17:30
17:30-18:00											17:30-18:00
18:00-18:30											18:00-18:30
18:30-19:00											18:30-19:00

Med reservation för ändringar

Söndag	0	1	2	3	4	5	6	7	8	9	22-nov
07:45-08:00	NM U18 Vattenpolo										07:45-08:00
08:00-08:30											08:00-08:30
08:30-09:00											08:30-09:00
09:00-09:30											09:00-09:30
09:30-10:00											09:30-10:00
10:00-10:30											10:00-10:30
10:30-11:00											10:30-11:00
11:00-11:30											11:00-11:30
11:30-12:00											11:30-12:00
12:00-12:30											12:00-12:30
12:30-13:00											12:30-13:00
13:00-13:30											13:00-13:30
13:30-14:00											13:30-14:00
14:00-14:30											14:00-14:30
14:30-15:00											14:30-15:00
15:00-15:30											15:00-15:30
15:30-16:00											15:30-16:00
16:00-16:30											16:00-16:30
16:30-17:00											16:30-17:00
17:00-17:30						*Snabb-bana*	*Crawl*	*Bröstsim*	*Rundsim*		17:00-17:30
17:30-18:00											17:30-18:00
18:00-18:30	SCT	SCT	SCT	SCT	SCT	SCT	SCT		Neptun VP	Neptun VP	18:00-18:30
18:30-19:00	SCT	SCT	SCT	SCT	SCT	SCT	SCT		Neptun VP	Neptun VP	18:30-19:00
19:00-19:30	SCT	SCT	SCT	SCT	SCT	SCT	SCT		Neptun VP	Neptun VP	19:00-19:30
19:30-20:00	APNEA	APNEA	APNEA	APNEA	Neptun Masters	Neptun Masters	Neptun Masters				19:30-20:00
20:00-20:30	APNEA	APNEA	APNEA	APNEA	Neptun Masters	Neptun Masters	Neptun Masters				20:00-20:30
20:30-21:00											20:30-21:00

Med reservation för ändringar