

Måndag	0	1	2	3	4	5	6	7	8	9	20-Jun	
05:45-06:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF				05:45-06:00	
06:00-06:30	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF	Snabbana	Crawl	Bröstsims	Rundsims	06:00-06:30
06:30-07:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF					06:30-07:00
07:00-07:30	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF					07:00-07:30
07:30-08:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF					07:30-08:00
08:00-08:30	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC								08:00-08:30
08:30-09:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC								08:30-09:00
09:00-09:30	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC								09:00-09:30
09:30-10:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC								09:30-10:00
10:00-10:30	Skolsim int.	SK Neptun	SK Neptun	SK Neptun								10:00-10:30
10:30-11:00	Skolsim int.	SK Neptun	SK Neptun	SK Neptun								10:30-11:00
11:00-11:30	Skolsim int.											11:00-11:30
11:30-12:00												11:30-12:00
12:00-12:30												12:00-12:30
12:30-13:00												12:30-13:00
13:00-13:30	SK Neptun FH	SK Neptun FH	SK Neptun FH	SK Neptun FH				13:00-13:30				
13:30-14:00	SK Neptun FH	SK Neptun FH	SK Neptun FH	SK Neptun FH				13:30-14:00				
14:00-14:30	SK Neptun FH	SK Neptun FH	SK Neptun FH	SK Neptun FH				14:00-14:30				
14:30-15:00	SK Neptun FH	SK Neptun FH	SK Neptun FH	SK Neptun FH				14:30-15:00				
15:00-15:30			NEC	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:00-15:30	
15:30-16:00			NEC	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:30-16:00	
16:00-16:30			NEC	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:00-16:30	
16:30-17:00			NEC	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:30-17:00	
17:00-17:30	Spårvägen	Spårvägen	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:00-17:30	
17:30-18:00	Spårvägen	Spårvägen	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:30-18:00	
18:00-18:30	Spårvägen	Spårvägen	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:00-18:30	
18:30-19:00	Spårvägen	Spårvägen	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:30-19:00	
19:00-19:30	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	19:00-19:30	
19:30-20:00	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	19:30-20:00	
20:00-20:30	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	20:00-20:30	
20:30-21:00	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	20:30-21:00	

Med reservation för ändringar

Tisdag	0	1	2	3	4	5	6	7	8	9	21-jun				
05:45-06:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF					05:45-06:00				
06:00-06:30	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF	Crawl	Bröstsim	Rundsimsim		06:00-06:30				
06:30-07:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF							06:30-07:00		
07:00-07:30	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF							07:00-07:30		
07:30-08:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF							07:30-08:00		
08:00-08:30	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC						Snabbana				08:00-08:30	
08:30-09:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC											08:30-09:00
09:00-09:30	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC											09:00-09:30
09:30-10:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC											09:30-10:00
10:00-10:30	Skolsim int.														10:00-10:30
10:30-11:00	Skolsim int.														10:30-11:00
11:00-11:30	Skolsim int.											11:00-11:30			
11:30-12:00	Sk Neptun	Sk Neptun										11:30-12:00			
12:00-12:30	Sk Neptun	Sk Neptun										12:00-12:30			
12:30-13:00	Sk Neptun	Sk Neptun										12:30-13:00			
13:00-13:30	Sk Neptun	Sk Neptun									13:00-13:30				
13:30-14:00	Sk Neptun	Sk Neptun									13:30-14:00				
14:00-14:30	SK Neptun FH	SK Neptun FH									14:00-14:30				
14:30-15:00	SK Neptun FH	SK Neptun FH									14:30-15:00				
15:00-15:30	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:00-15:30				
15:30-16:00	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:30-16:00				
16:00-16:30	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:00-16:30				
16:30-17:00	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:30-17:00				
17:00-17:30	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:00-17:30				
17:30-18:00	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:30-18:00				
18:00-18:30	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:00-18:30				
18:30-19:00	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:30-19:00				
19:00-19:30	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	19:00-19:30				
19:30-20:00	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	19:30-20:00				
20:00-20:30	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	20:00-20:30				
20:30-21:00	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	20:30-21:00				
Med reservation för ändringar															

Onsdag	0	1	2	3	4	5	6	7	8	9	22-Jun
05:45-06:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF					05:45-06:00
06:00-06:30	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF	Crawl	Bröstsims	Rundsims		06:00-06:30
06:30-07:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF					06:30-07:00
07:00-07:30	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF					07:00-07:30
07:30-08:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF					07:30-08:00
08:00-08:30	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC							08:00-08:30
08:30-09:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC							08:30-09:00
09:00-09:30	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC							09:00-09:30
09:30-10:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC							09:30-10:00
10:00-10:30	Skolsim int.	SK Neptun	SK Neptun	SK Neptun							10:00-10:30
10:30-11:00	Skolsim int.	SK Neptun	SK Neptun	SK Neptun							10:30-11:00
11:00-11:30	Skolsim int.					Snabbana	11:00-11:30				
11:30-12:00	SK neptun	SK neptun					11:30-12:00				
12:00-12:30	SK Neptun	SK Neptun					12:00-12:30				
12:30-13:00	SK Neptun	SK Neptun					12:30-13:00				
13:00-13:30	SK Neptun	SK Neptun					13:00-13:30				
13:30-14:00	SK Neptun	SK Neptun					13:30-14:00				
14:00-14:30							14:00-14:30				
14:30-15:00							14:30-15:00				
15:00-15:30	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:00-15:30
15:30-16:00	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:30-16:00
16:00-16:30	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:00-16:30
16:30-17:00	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:30-17:00
17:00-17:30	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:00-17:30
17:30-18:00	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:30-18:00
18:00-18:30	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:00-18:30
18:30-19:00	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:30-19:00
19:00-19:30	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	19:00-19:30
19:30-20:00	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	19:30-20:00
20:00-20:30	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	20:00-20:30
20:30-21:00	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	20:30-21:00
Med reservation för ändringar											

Torsdag	0	1	2	3	4	5	6	7	8	9	23-Jun	
05:45-06:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF					05:45-06:00	
06:00-06:30	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF	Crawl	Bröstsim	Rundsims		06:00-06:30	
06:30-07:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF					06:30-07:00	
07:00-07:30	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF					07:00-07:30	
07:30-08:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF					07:30-08:00	
08:00-08:30	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC							08:00-08:30	
08:30-09:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC							08:30-09:00	
09:00-09:30	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC							09:00-09:30	
09:30-10:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC							09:30-10:00	
10:00-10:30	Skolsim int.	SK Neptun FH	SK Neptun FH	SK Neptun FH		Snabbana					10:00-10:30	
10:30-11:00	Skolsim int.	SK Neptun FH	SK Neptun FH	SK Neptun FH							10:30-11:00	
11:00-11:30	Skolsim int.	SK Neptun FH	SK Neptun FH	SK Neptun FH							11:00-11:30	
11:30-12:00		SK Neptun FH	SK Neptun FH	SK Neptun FH							11:30-12:00	
12:00-12:30	Tyresl SS	Tyresl SS	Skuru	Skuru							12:00-12:30	
12:30-13:00	Tyresl SS	Tyresl SS	Skuru	Skuru							12:30-13:00	
13:00-13:30	Tyresl SS	Tyresl SS					13:00-13:30					
13:30-14:00							13:30-14:00					
14:00-14:30							14:00-14:30					
14:30-15:00							14:30-15:00					
15:00-15:30	SPIF	SPIF	SPIF	SK Neptun	SK Neptun		SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:00-15:30
15:30-16:00	SPIF	SPIF	SPIF	SK Neptun	SK Neptun		SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:30-16:00
16:00-16:30	SPIF	SPIF	SPIF	SK Neptun	SK Neptun		SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:00-16:30
16:30-17:00	SPIF	SPIF	SPIF	SK Neptun	SK Neptun		SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:30-17:00
17:00-17:30	SKK	SKK	SKK	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:00-17:30	
17:30-18:00	SKK	SKK	SKK	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:30-18:00	
18:00-18:30	SKK	SKK	SKK	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:00-18:30	
18:30-19:00	SKK	SKK	SKK	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:30-19:00	
19:00-19:30	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	19:00-19:30	
19:30-20:00	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	19:30-20:00	
20:00-20:30	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	20:00-20:30	
20:30-21:00	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	20:30-21:00	
Med reservation för ändringar												

Fredag	0	1	2	3	4	5	6	7	8	9	24-Jun
05:45-06:00											05:45-06:00
06:00-06:30											06:00-06:30
06:30-07:00											06:30-07:00
07:00-07:30											07:00-07:30
07:30-08:00											07:30-08:00
08:00-08:30											08:00-08:30
08:30-09:00											08:30-09:00
09:00-09:30											09:00-09:30
09:30-10:00											09:30-10:00
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10:30-11:00											10:30-11:00
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14:30-15:00											14:30-15:00
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17:30-18:00											17:30-18:00
18:00-18:30											18:00-18:30
18:30-19:00											18:30-19:00
19:00-19:30											19:00-19:30
19:30-20:00											19:30-20:00
Midsommartid stängt											
Med reservation för ändringar											

Lördag	0	1	2	3	4	5	6	7	8	9	25-Jun	
07:45-08:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	07:45-08:00
08:00-08:30	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	08:00-08:30
08:30-09:00	NEC	NEC	NEC	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	08:30-09:00
09:00-09:30	NEC	NEC	NEC	SK Neptun/SPIF	SK Neptun/SPIF	Crawl	Bröstsimsim	Crawl	Rundsimsim			09:00-09:30
09:30-10:00	NEC	NEC	NEC	SK Neptun/SPIF	SK Neptun/SPIF							09:30-10:00
10:00-10:30	NEC	NEC	NEC	SK Neptun/SPIF	SK Neptun/SPIF							10:00-10:30
10:30-11:00	Spårvägen	Spårvägen	Spårvägen									10:30-11:00
11:00-11:30	Spårvägen	Spårvägen	Spårvägen									11:00-11:30
11:30-12:00	Spårvägen	Spårvägen	Spårvägen									11:30-12:00
12:00-12:30	Spårvägen	Spårvägen	Spårvägen									12:00-12:30
12:30-13:00												12:30-13:00
13:00-13:30												13:00-13:30
13:30-14:00												13:30-14:00
14:00-14:30												14:00-14:30
14:30-15:00												14:30-15:00
15:00-15:30												15:00-15:30
15:30-16:00												15:30-16:00
16:00-16:30												16:00-16:30
16:30-17:00												16:30-17:00
17:00-17:30												17:00-17:30
17:30-18:00	Skuru	Skuru				17:30-18:00						
18:00-18:30	Skuru	Skuru				18:00-18:30						
18:30-19:00						18:30-19:00						
Med reservation för ändringar												

Söndag	0	1	2	3	4	5	6	7	8	9	26-Jun			
07:45-08:00											07:45-08:00			
08:00-08:30											08:00-08:30			
08:30-09:00	SK Neptun FH	SK Neptun FH	SK Neptun FH	SK Neptun FH	SK Neptun FH						08:30-09:00			
09:00-09:30	SK Neptun FH	SK Neptun FH	SK Neptun FH	SK Neptun FH	SK Neptun FH	Snabbbana	Crawl	Bröstsöm	Rundsöm		09:00-09:30			
09:30-10:00	SK Neptun FH	SK Neptun FH	SK Neptun FH	SK Neptun FH	SK Neptun FH									09:30-10:00
10:00-10:30	SK Neptun FH	SK Neptun FH	SK Neptun FH	SK Neptun FH	SK Neptun FH									10:00-10:30
10:30-11:00														10:30-11:00
11:00-11:30														11:00-11:30
11:30-12:00														11:30-12:00
12:00-12:30														12:00-12:30
12:30-13:00	Tyresl SS	Tyresl SS												12:30-13:00
13:00-13:30	Tyresl SS	Tyresl SS												13:00-13:30
13:30-14:00	Tyresl SS	Tyresl SS												13:30-14:00
14:00-14:30										14:00-14:30				
14:30-15:00										14:30-15:00				
15:00-15:30										15:00-15:30				
15:30-16:00										15:30-16:00				
16:00-16:30	SK Neptun FH	SK Neptun FH	SK Neptun FH	SK Neptun FH	SK Neptun FH					16:00-16:30				
16:30-17:00	SK Neptun FH	SK Neptun FH	SK Neptun FH	SK Neptun FH	SK Neptun FH					16:30-17:00				
17:00-17:30	SK Neptun FH	SK Neptun FH	SK Neptun FH	SK Neptun FH	SK Neptun FH					17:00-17:30				
17:30-18:00	SCT	SCT	SCT	SCT	SCT					17:30-18:00				
18:00-18:30	SCT	SCT	SCT	SCT	SCT					18:00-18:30				
18:30-19:00	SCT	SCT	SCT	SCT	SCT					18:30-19:00				
19:00-19:30	APNEA	APNEA	APNEA							19:00-19:30				
19:30-20:00	APNEA	APNEA	APNEA							19:30-20:00				
Med reservation för ändringar														

Måndag	0	1	2	3	4	5	6	7	8	9	27-jun	
05:45-06:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF				05:45-06:00	
06:00-06:30	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF	Crawl	Bröstsöm	Rundsöm	06:00-06:30	
06:30-07:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF				06:30-07:00	
07:00-07:30	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF				07:00-07:30	
07:30-08:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF				07:30-08:00	
08:00-08:30	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF				08:00-08:30	
08:30-09:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF				08:30-09:00	
09:00-09:30	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC	NEC	NEC					09:00-09:30	
09:30-10:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC	NEC	NEC					09:30-10:00	
10:00-10:30	SK Neptun	SK Neptun	SK Neptun	NEC	NEC						10:00-10:30	
10:30-11:00	SK Neptun	SK Neptun	SK Neptun	NEC	NEC						10:30-11:00	
11:00-11:30							Snabbbana				11:00-11:30	
11:30-12:00	Skuru	Skuru							11:30-12:00			
12:00-12:30	Skuru	Skuru							12:00-12:30			
12:30-13:00									12:30-13:00			
13:00-13:30	SK Neptun FH	SK Neptun FH	SK Neptun FH	SK Neptun FH	SK Neptun FH	SK Neptun FH			13:00-13:30			
13:30-14:00	SK Neptun FH	SK Neptun FH	SK Neptun FH	SK Neptun FH	SK Neptun FH	SK Neptun FH			13:30-14:00			
14:00-14:30	SK Neptun FH	SK Neptun FH	SK Neptun FH	SK Neptun FH	SK Neptun FH	SK Neptun FH			14:00-14:30			
14:30-15:00	SK Neptun FH	SK Neptun FH	SK Neptun FH	SK Neptun FH	SK Neptun FH	SK Neptun FH			14:30-15:00			
15:00-15:30	NEC	NEC	NEC	SK Neptun	SK Neptun	SK Neptun		SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:00-15:30
15:30-16:00	NEC	NEC	NEC	SK Neptun	SK Neptun	SK Neptun		SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:30-16:00
16:00-16:30	NEC	NEC	NEC	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:00-16:30	
16:30-17:00	NEC	NEC	NEC	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:30-17:00	
17:00-17:30	Spårvägen	Spårvägen	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:00-17:30	
17:30-18:00	Spårvägen	Spårvägen	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:30-18:00	
18:00-18:30	Spårvägen	Spårvägen	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:00-18:30	
18:30-19:00	Spårvägen	Spårvägen	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:30-19:00	
19:00-19:30	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	19:00-19:30	
19:30-20:00	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	19:30-20:00	
20:00-20:30	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	20:00-20:30	
20:30-21:00	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	20:30-21:00	

Med reservation för ändringar



Tisdag	0	1	2	3	4	5	6	7	8	9	28-Jun			
05:45-06:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF					05:45-06:00			
06:00-06:30	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF	Crawl	Bröstsims	Rundsims		06:00-06:30			
06:30-07:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF							06:30-07:00	
07:00-07:30	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF							07:00-07:30	
07:30-08:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF							07:30-08:00	
08:00-08:30	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF							08:00-08:30	
08:30-09:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF							08:30-09:00	
09:00-09:30	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC	NEC	NEC							09:00-09:30	
09:30-10:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC	NEC	NEC							09:30-10:00	
10:00-10:30				NEC	NEC	Snabbana								10:00-10:30
10:30-11:00				NEC	NEC									10:30-11:00
11:00-11:30											11:00-11:30			
11:30-12:00											11:30-12:00			
12:00-12:30											12:00-12:30			
12:30-13:00											12:30-13:00			
13:00-13:30											13:00-13:30			
13:30-14:00											13:30-14:00			
14:00-14:30											14:00-14:30			
14:30-15:00				SK Neptun	SK Neptun							14:30-15:00		
15:00-15:30	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:00-15:30			
15:30-16:00	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:30-16:00			
16:00-16:30	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:00-16:30			
16:30-17:00	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:30-17:00			
17:00-17:30	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:00-17:30			
17:30-18:00	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:30-18:00			
18:00-18:30	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:00-18:30			
18:30-19:00	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:30-19:00			
19:00-19:30	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	19:00-19:30			
19:30-20:00	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	19:30-20:00			
20:00-20:30	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	20:00-20:30			
20:30-21:00	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	20:30-21:00			
Med reservation för ändringar														

Onsdag	0	1	2	3	4	5	6	7	8	9	29-Jun
05:45-06:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF					05:45-06:00
06:00-06:30	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF	Crawl	Bröstsims	Rundsims		06:00-06:30
06:30-07:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF					06:30-07:00
07:00-07:30	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF					07:00-07:30
07:30-08:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF					07:30-08:00
08:00-08:30	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF					08:00-08:30
08:30-09:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF					08:30-09:00
09:00-09:30	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC	NEC	NEC					09:00-09:30
09:30-10:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC	NEC	NEC					09:30-10:00
10:00-10:30	SK Neptun	SK Neptun	SK Neptun	NEC	NEC	Snabbana					10:00-10:30
10:30-11:00	SK Neptun	SK Neptun	SK Neptun	NEC	NEC						10:30-11:00
11:00-11:30							11:00-11:30				
11:30-12:00							11:30-12:00				
12:00-12:30							12:00-12:30				
12:30-13:00							12:30-13:00				
13:00-13:30							13:00-13:30				
13:30-14:00	SK Neptun GW	SK Neptun GW					13:30-14:00				
14:00-14:30	SK Neptun GW	SK Neptun GW					14:00-14:30				
14:30-15:00							14:30-15:00				
15:00-15:30	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:00-15:30
15:30-16:00	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:30-16:00
16:00-16:30	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:00-16:30
16:30-17:00	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:30-17:00
17:00-17:30	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:00-17:30
17:30-18:00	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:30-18:00
18:00-18:30	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:00-18:30
18:30-19:00	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:30-19:00
19:00-19:30	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	19:00-19:30
19:30-20:00	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	19:30-20:00
20:00-20:30	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	20:00-20:30
20:30-21:00	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	20:30-21:00
Med reservation för ändringar											

Torsdag	0	1	2	3	4	5	6	7	8	9	30-Jun
05:45-06:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF					05:45-06:00
06:00-06:30	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF	Crawl	Bröstsims	Rundsims		06:00-06:30
06:30-07:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF					06:30-07:00
07:00-07:30	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF					07:00-07:30
07:30-08:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF					07:30-08:00
08:00-08:30	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF					08:00-08:30
08:30-09:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF					08:30-09:00
09:00-09:30	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC	NEC	NEC					09:00-09:30
09:30-10:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC	NEC	NEC					09:30-10:00
10:00-10:30				NEC	NEC	Snabbana					10:00-10:30
10:30-11:00				NEC	NEC						10:30-11:00
11:00-11:30							11:00-11:30				
11:30-12:00							11:30-12:00				
12:00-12:30							12:00-12:30				
12:30-13:00							12:30-13:00				
13:00-13:30							13:00-13:30				
13:30-14:00							13:30-14:00				
14:00-14:30							14:00-14:30				
14:30-15:00							14:30-15:00				
15:00-15:30	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:00-15:30
15:30-16:00	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:30-16:00
16:00-16:30	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:00-16:30
16:30-17:00	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:30-17:00
17:00-17:30				SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:00-17:30
17:30-18:00				SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:30-18:00
18:00-18:30				SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:00-18:30
18:30-19:00				SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:30-19:00
19:00-19:30	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	19:00-19:30
19:30-20:00	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	19:30-20:00
20:00-20:30	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	20:00-20:30
20:30-21:00	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	20:30-21:00
Med reservation för ändringar											

Fredag	0	1	2	3	4	5	6	7	8	9	O1-Jul			
05:45-06:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF					05:45-06:00			
06:00-06:30	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF	Crawl	Bröstsims	Rundsims		06:00-06:30			
06:30-07:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF							06:30-07:00	
07:00-07:30	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF							07:00-07:30	
07:30-08:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF							07:30-08:00	
08:00-08:30	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF							08:00-08:30	
08:30-09:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF							08:30-09:00	
09:00-09:30	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC	NEC	NEC							09:00-09:30	
09:30-10:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC	NEC	NEC							09:30-10:00	
10:00-10:30	SK Neptun	SK Neptun	SK Neptun	NEC	NEC					Snabbana				10:00-10:30
10:30-11:00	SK Neptun	SK Neptun	SK Neptun	NEC	NEC									
11:00-11:30												11:00-11:30		
11:30-12:00												11:30-12:00		
12:00-12:30												12:00-12:30		
12:30-13:00												12:30-13:00		
13:00-13:30												13:00-13:30		
13:30-14:00												13:30-14:00		
14:00-14:30												14:00-14:30		
14:30-15:00												14:30-15:00		
15:00-15:30	HEAD summer cup 15.00-20.00										15:00-15:30			
15:30-16:00											15:30-16:00			
16:00-16:30											16:00-16:30			
16:30-17:00											16:30-17:00			
17:00-17:30											17:00-17:30			
17:30-18:00											17:30-18:00			
18:00-18:30											18:00-18:30			
18:30-19:00											18:30-19:00			
19:00-19:30											19:00-19:30			
19:30-20:00											19:30-20:00			
Med reservation för ändringar														

Lördag	0	1	2	3	4	5	6	7	8	9	02-jul
07:45-08:00											07:45-08:00
08:00-08:30											08:00-08:30
08:30-09:00											08:30-09:00
09:00-09:30											09:00-09:30
09:30-10:00											09:30-10:00
10:00-10:30											10:00-10:30
10:30-11:00											10:30-11:00
11:00-11:30											11:00-11:30
11:30-12:00											11:30-12:00
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14:30-15:00											14:30-15:00
15:00-15:30											15:00-15:30
15:30-16:00											15:30-16:00
16:00-16:30											16:00-16:30
16:30-17:00											16:30-17:00
17:00-17:30											17:00-17:30
17:30-18:00											17:30-18:00
18:00-18:30											18:00-18:30
18:30-19:00											18:30-19:00
Med reservation för ändringar											

Head summer cup 08.00-20.00

Söndag	0	1	2	3	4	5	6	7	8	9	O3-jul
07:45-08:00											07:45-08:00
08:00-08:30	Head summer cup 08.00-14.00										08:00-08:30
08:30-09:00											08:30-09:00
09:00-09:30											09:00-09:30
09:30-10:00											09:30-10:00
10:00-10:30											10:00-10:30
10:30-11:00											10:30-11:00
11:00-11:30											11:00-11:30
11:30-12:00											11:30-12:00
12:00-12:30											12:00-12:30
12:30-13:00											12:30-13:00
13:00-13:30	13:00-13:30										
13:30-14:00	13:30-14:00										
14:00-14:30						Snabbbana	Crawl	Bröstsöm	Rundsöm	14:00-14:30	
14:30-15:00										14:30-15:00	
15:00-15:30										15:00-15:30	
15:30-16:00										15:30-16:00	
16:00-16:30										16:00-16:30	
16:30-17:00										16:30-17:00	
17:00-17:30										17:00-17:30	
17:30-18:00	SCT	SCT	SCT	SCT	SCT					17:30-18:00	
18:00-18:30	SCT	SCT	SCT	SCT	SCT					18:00-18:30	
18:30-19:00	SCT	SCT	SCT	SCT	SCT					18:30-19:00	
19:00-19:30	APNEA	APNEA	APNEA							19:00-19:30	
19:30-20:00	APNEA	APNEA	APNEA							19:30-20:00	
Med reservation för ändringar											

Måndag	0	1	2	3	4	5	6	7	8	9	O4-Jul			
05:45-06:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF				05:45-06:00			
06:00-06:30	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF	Crawl	Bröstsim	Rundsिम	06:00-06:30			
06:30-07:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF				06:30-07:00			
07:00-07:30	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF				07:00-07:30			
07:30-08:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF				07:30-08:00			
08:00-08:30	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC	NEC	NEC					08:00-08:30			
08:30-09:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC	NEC	NEC					08:30-09:00			
09:00-09:30	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC	NEC	NEC					09:00-09:30			
09:30-10:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC	NEC	NEC					09:30-10:00			
10:00-10:30	Dive Club	Dive Club	SK Neptun	SK Neptun	SK Neptun		Snabbana							10:00-10:30
10:30-11:00	Dive Club	Dive Club	SK Neptun	SK Neptun	SK Neptun									
11:00-11:30	Dive Club	Dive Club										11:00-11:30		
11:30-12:00	Dive Club	Dive Club										11:30-12:00		
12:00-12:30	Dive Club	Dive Club										12:00-12:30		
12:30-13:00	Dive Club	Dive Club										12:30-13:00		
13:00-13:30	Dive Club V	Dive Club V										13:00-13:30		
13:30-14:00	Dive Club V	Dive Club V										13:30-14:00		
14:00-14:30	Dive Club V	Dive Club V										14:00-14:30		
14:30-15:00	Dive Club V	Dive Club V										14:30-15:00		
15:00-15:30	NEC	NEC	NEC	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:00-15:30			
15:30-16:00	NEC	NEC	NEC	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:30-16:00			
16:00-16:30	NEC	NEC	NEC	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:00-16:30			
16:30-17:00	NEC	NEC	NEC	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:30-17:00			
17:00-17:30	Spårvägen	Spårvägen				SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:00-17:30			
17:30-18:00	Spårvägen	Spårvägen				SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:30-18:00			
18:00-18:30	Spårvägen	Spårvägen				SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:00-18:30			
18:30-19:00	Spårvägen	Spårvägen				SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:30-19:00			
19:00-19:30	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	19:00-19:30			
19:30-20:00	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	19:30-20:00			
20:00-20:30	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	20:00-20:30			
20:30-21:00	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	Hellas VP	20:30-21:00			

Med reservation för ändringar

Tisdag	0	1	2	3	4	5	6	7	8	9	O5-jul			
05:45-06:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF					05:45-06:00			
06:00-06:30	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF	Crawl	Bröstsimsim	Rundsimsim		06:00-06:30			
06:30-07:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF							06:30-07:00	
07:00-07:30	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF							07:00-07:30	
07:30-08:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF							07:30-08:00	
08:00-08:30	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF							08:00-08:30	
08:30-09:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF							08:30-09:00	
09:00-09:30	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC	NEC	NEC							09:00-09:30	
09:30-10:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC	NEC	NEC							09:30-10:00	
10:00-10:30	Tyresl SS	Tyresl SS		NEC	NEC					Snabbana				10:00-10:30
10:30-11:00	Tyresl SS	Tyresl SS		NEC	NEC									10:30-11:00
11:00-11:30	Tyresl SS	Tyresl SS									11:00-11:30			
11:30-12:00											11:30-12:00			
12:00-12:30											12:00-12:30			
12:30-13:00											12:30-13:00			
13:00-13:30											13:00-13:30			
13:30-14:00											13:30-14:00			
14:00-14:30											14:00-14:30			
14:30-15:00											14:30-15:00			
15:00-15:30				SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:00-15:30			
15:30-16:00				SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:30-16:00			
16:00-16:30				SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:00-16:30			
16:30-17:00				SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:30-17:00			
17:00-17:30				SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:00-17:30			
17:30-18:00				SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:30-18:00			
18:00-18:30				SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:00-18:30			
18:30-19:00				SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:30-19:00			
19:00-19:30	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	19:00-19:30			
19:30-20:00	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	19:30-20:00			
20:00-20:30	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	20:00-20:30			
20:30-21:00	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	SKK VP	20:30-21:00			
Med reservation för ändringar														



Onsdag	0	1	2	3	4	5	6	7	8	9	O6-jul
05:45-06:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF					05:45-06:00
06:00-06:30	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF	Crawl	Bröstsims	Rundsims		06:00-06:30
06:30-07:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF					06:30-07:00
07:00-07:30	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF					07:00-07:30
07:30-08:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF					07:30-08:00
08:00-08:30	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF					08:00-08:30
08:30-09:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF					08:30-09:00
09:00-09:30	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC	NEC	NEC					09:00-09:30
09:30-10:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC	NEC	NEC					09:30-10:00
10:00-10:30	SK Neptun	SK Neptun	SK Neptun	NEC	NEC	Snabbana					10:00-10:30
10:30-11:00	SK Neptun	SK Neptun	SK Neptun	NEC	NEC						10:30-11:00
11:00-11:30	Skuru IK simn						11:00-11:30				
11:30-12:00	Skuru IK simn						11:30-12:00				
12:00-12:30							12:00-12:30				
12:30-13:00							12:30-13:00				
13:00-13:30							13:00-13:30				
13:30-14:00							13:30-14:00				
14:00-14:30							14:00-14:30				
14:30-15:00							14:30-15:00				
15:00-15:30				SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:00-15:30
15:30-16:00				SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:30-16:00
16:00-16:30				SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:00-16:30
16:30-17:00				SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:30-17:00
17:00-17:30				SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:00-17:30
17:30-18:00				SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:30-18:00
18:00-18:30				SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:00-18:30
18:30-19:00				SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:30-19:00
19:00-19:30	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	19:00-19:30
19:30-20:00	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	19:30-20:00
20:00-20:30	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	20:00-20:30
20:30-21:00	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	SK Neptun VP	20:30-21:00
Med reservation för ändringar											

Torsdag	0	1	2	3	4	5	6	7	8	9	07-jul
05:45-06:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF					05:45-06:00
06:00-06:30	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF	Crawl	Bröstsims	Rundsims		06:00-06:30
06:30-07:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF					06:30-07:00
07:00-07:30	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF					07:00-07:30
07:30-08:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF					07:30-08:00
08:00-08:30	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF					08:00-08:30
08:30-09:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF					08:30-09:00
09:00-09:30	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC	NEC	NEC					09:00-09:30
09:30-10:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC	NEC	NEC					09:30-10:00
10:00-10:30				NEC	NEC	Snabbana					10:00-10:30
10:30-11:00				NEC	NEC						10:30-11:00
11:00-11:30											11:00-11:30
11:30-12:00											11:30-12:00
12:00-12:30											12:00-12:30
12:30-13:00											12:30-13:00
13:00-13:30							13:00-13:30				
13:30-14:00	NEC UL	NEC UL	NEC UL	NEC UL			13:30-14:00				
14:00-14:30	NEC UL	NEC UL	NEC UL	NEC UL			14:00-14:30				
14:30-15:00	NEC UL	NEC UL	NEC UL	NEC UL			14:30-15:00				
15:00-15:30				SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:00-15:30
15:30-16:00				SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:30-16:00
16:00-16:30				SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:00-16:30
16:30-17:00				SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:30-17:00
17:00-17:30				SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:00-17:30
17:30-18:00	Skuru IK simn			SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:30-18:00
18:00-18:30	Skuru IK simn			SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:00-18:30
18:30-19:00	Skuru IK simn			SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:30-19:00
19:00-19:30	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	19:00-19:30
19:30-20:00	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	19:30-20:00
20:00-20:30	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	20:00-20:30
20:30-21:00	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	SPIF VP	20:30-21:00
Med reservation för ändringar											

Fredag	0	1	2	3	4	5	6	7	8	9	O8-jul			
05:45-06:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF					05:45-06:00		
06:00-06:30	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF	Crawl	Bröstsims	Rundsims		06:00-06:30		
06:30-07:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF							06:30-07:00
07:00-07:30	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF							07:00-07:30
07:30-08:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	NEC/Neptun/SPIF							07:30-08:00
08:00-08:30	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF							08:00-08:30
08:30-09:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF							08:30-09:00
09:00-09:30	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF							09:00-09:30
09:30-10:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF							09:30-10:00
10:00-10:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun							10:00-10:30
10:30-11:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun							10:30-11:00
11:00-11:30			Tyresl SS	Tyresl SS										11:00-11:30
11:30-12:00			Tyresl SS	Tyresl SS										11:30-12:00
12:00-12:30	Dive Club V	Dive Club	Tyresl SS	Tyresl SS										12:00-12:30
12:30-13:00	Dive Club V	Dive Club												12:30-13:00
13:00-13:30	Dive Club V	Dive Club									13:00-13:30			
13:30-14:00	Dive Club V	Dive Club	Skuru IK simn								13:30-14:00			
14:00-14:30	Dive Club V	Dive Club	Skuru IK simn								14:00-14:30			
14:30-15:00	Dive Club V	Dive Club	Skuru IK simn								14:30-15:00			
15:00-15:30	NEC	NEC	NEC	Spårvägen	Spårvägen	Spårvägen	SK Neptun	SK Neptun	SK Neptun	SK Neptun		15:00-15:30		
15:30-16:00	NEC	NEC	NEC	Spårvägen	Spårvägen	Spårvägen	SK Neptun	SK Neptun	SK Neptun	SK Neptun		15:30-16:00		
16:00-16:30	NEC	NEC	NEC	Spårvägen	Spårvägen	Spårvägen	SK Neptun	SK Neptun	SK Neptun	SK Neptun		16:00-16:30		
16:30-17:00	NEC	NEC	NEC	Spårvägen	Spårvägen	Spårvägen	SK Neptun	SK Neptun	SK Neptun	SK Neptun		16:30-17:00		
17:00-17:30	Dive Club V	Dive Club					SK Neptun	SK Neptun	SK Neptun	SK Neptun		17:00-17:30		
17:30-18:00	Dive Club V	Dive Club					SK Neptun	SK Neptun	SK Neptun	SK Neptun		17:30-18:00		
18:00-18:30	Dive Club V	Dive Club					SK Neptun	SK Neptun	SK Neptun	SK Neptun		18:00-18:30		
18:30-19:00							SK Neptun	SK Neptun	SK Neptun	SK Neptun		18:30-19:00		
19:00-19:30	SPIF VP	SK Neptun VP	SPIF VP	SK Neptun VP	SPIF VP	SK Neptun VP	SPIF VP	SK Neptun VP	SPIF VP	SK Neptun VP		19:00-19:30		
19:30-20:00	SKK VP	Hellas VP	SKK VP	Hellas VP	SKK VP	Hellas VP	SKK VP	Hellas VP	SKK VP	Hellas VP		19:30-20:00		
Med reservation för ändringar														

Lördag	0	1	2	3	4	5	6	7	8	9	O9-jul	
07:45-08:00	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	07:45-08:00
08:00-08:30	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	08:00-08:30
08:30-09:00	NEC	NEC	NEC	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	SK Neptun/SPIF	08:30-09:00
09:00-09:30	NEC	NEC	NEC	SK Neptun/SPIF	SK Neptun/SPIF	Crawl	Bröstsimsim	Crawl	Rundsimsim			09:00-09:30
09:30-10:00	NEC	NEC	NEC	SK Neptun/SPIF	SK Neptun/SPIF							09:30-10:00
10:00-10:30	NEC	NEC	NEC	SK Neptun/SPIF	SK Neptun/SPIF							10:00-10:30
10:30-11:00	Spårvägen	Spårvägen	Spårvägen									10:30-11:00
11:00-11:30	Spårvägen	Spårvägen	Spårvägen									11:00-11:30
11:30-12:00	Spårvägen	Spårvägen	Spårvägen									11:30-12:00
12:00-12:30	Spårvägen	Spårvägen	Spårvägen									12:00-12:30
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17:30-18:00						17:30-18:00						
18:00-18:30						18:00-18:30						
18:30-19:00						18:30-19:00						
Med reservation för ändringar												

Söndag	0	1	2	3	4	5	6	7	8	9	10-jul			
07:45-08:00											07:45-08:00			
08:00-08:30											08:00-08:30			
08:30-09:00											08:30-09:00			
09:00-09:30						Snabbbana	Crawl	Bröstsöm	Rundsöm		09:00-09:30			
09:30-10:00														09:30-10:00
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17:00-17:30										17:00-17:30				
17:30-18:00	SCT	SCT	SCT	SCT	SCT						17:30-18:00			
18:00-18:30	SCT	SCT	SCT	SCT	SCT						18:00-18:30			
18:30-19:00	SCT	SCT	SCT	SCT	SCT						18:30-19:00			
19:00-19:30	APNEA	APNEA	APNEA								19:00-19:30			
19:30-20:00	APNEA	APNEA	APNEA								19:30-20:00			
Med reservation för ändringar														