

Måndag	0		1		2		3		4		5		6		7		8		9		28-sep
05:45-06:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Crawl Bröstsims Rundsim								05:45-06:00
06:00-06:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:00-06:30
06:30-07:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:30-07:00
07:00-07:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:00-07:30
07:30-08:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:30-08:00
08:00-08:30	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:00-08:30
08:30-09:00	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:30-09:00
09:00-09:30	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:00-09:30
09:30-10:00	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:30-10:00
10:00-10:30																					10:00-10:30
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15:00-15:30	NEC		SPIF		SPIF		SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		15:00-15:30		
15:30-16:00	NEC		SPIF		SPIF		SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		15:30-16:00		
16:00-16:30	NEC		SPIF		SPIF		SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		16:00-16:30		
16:30-17:00	NEC		SPIF		SPIF		SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		16:30-17:00		
17:00-17:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	17:00-17:30	
17:30-18:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	17:30-18:00	
18:00-18:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	18:00-18:30	
18:30-19:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	18:30-19:00	
19:00-19:30	Hellas Vattenpolo																				19:00-19:30
19:30-20:00																					19:30-20:00
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20:30-21:00																					20:30-21:00
21:00-21:30																					21:00-21:30
21:30-22:00																					21:30-22:00

Med reservation för ändringar

Tisdag	0		1		2		3		4		5		6		7		8		9		29-sep		
05:45-06:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		CrawlBröstsimsRundsim										05:45-06:00
06:00-06:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF												06:00-06:30
06:30-07:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF												06:30-07:00
07:00-07:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF												07:00-07:30
07:30-08:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF												07:30-08:00
08:00-08:30	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF												08:00-08:30
08:30-09:00	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF												08:30-09:00
09:00-09:30	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF												09:00-09:30
09:30-10:00	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF												09:30-10:00
10:00-10:30																							10:00-10:30
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15:00-15:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	15:00-15:30		
15:30-16:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	15:30-16:00		
16:00-16:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	16:00-16:30		
16:30-17:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	16:30-17:00		
17:00-17:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	17:00-17:30		
17:30-18:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	17:30-18:00		
18:00-18:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	18:00-18:30		
18:30-19:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	18:30-19:00		
19:00-19:30																					19:00-19:30		
19:30-20:00	SKK Vattenpolo																				19:30-20:00		
20:00-20:30																					20:00-20:30		
20:30-21:00																					20:30-21:00		
21:00-21:30	SCT		SCT		SCT		SCT		SCT		Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins		Hammarby Sim		21:00-21:30		
21:30-22:00	SCT		SCT		SCT		SCT		SCT		Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins		Hammarby Sim		21:30-22:00		

Med reservation för ändringar

Onsdag	0		1		2		3		4		5		6		7		8		9		30-sep
05:45-06:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Crawl		Bröstsims		Rundsim				05:45-06:00
06:00-06:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:00-06:30
06:30-07:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:30-07:00
07:00-07:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:00-07:30
07:30-08:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:30-08:00
08:00-08:30	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:00-08:30
08:30-09:00	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:30-09:00
09:00-09:30	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:00-09:30
09:30-10:00	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:30-10:00
10:00-10:30																					Snabb-bana
10:30-11:00													10:30-11:00								
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15:00-15:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	15:00-15:30
15:30-16:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	15:30-16:00
16:00-16:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	16:00-16:30
16:30-17:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	16:30-17:00
17:00-17:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	17:00-17:30
17:30-18:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	17:30-18:00
18:00-18:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	18:00-18:30
18:30-19:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	18:30-19:00
19:00-19:30																					19:00-19:30
19:30-20:00	Neptun Vattenpolo																				19:30-20:00
20:00-20:30																					20:00-20:30
20:30-21:00																					20:30-21:00
21:00-21:30																					21:00-21:30
21:30-22:00																					21:30-22:00

Med reservation för ändringar

Torsdag	0		1		2		3		4		5		6		7		8		9		01-okt	
05:45-06:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Crawl Bröstsims Rundsims									05:45-06:00
06:00-06:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF											06:00-06:30
06:30-07:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF											06:30-07:00
07:00-07:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF											07:00-07:30
07:30-08:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF											07:30-08:00
08:00-08:30	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF											08:00-08:30
08:30-09:00	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF											08:30-09:00
09:00-09:30	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF											09:00-09:30
09:30-10:00	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF											09:30-10:00
10:00-10:30																						Snabb-bana
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15:00-15:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	15:00-15:30	
15:30-16:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	15:30-16:00	
16:00-16:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	16:00-16:30	
16:30-17:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	16:30-17:00	
17:00-17:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	17:00-17:30	
17:30-18:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	17:30-18:00	
18:00-18:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	Hammarby VP	Hammarby VP	X	18:00-18:30
18:30-19:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	Hammarby VP	Hammarby VP	X	18:30-19:00
19:00-19:30																					19:00-19:30	
19:30-20:00																					19:30-20:00	
20:00-20:30																					20:00-20:30	
20:30-21:00																					20:30-21:00	
21:00-21:30	SCT		SCT		SCT		SCT		SCT		Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins		Hammarby Sim		Hammarby Sim		21:00-21:30	
21:30-22:00	SCT		SCT		SCT		SCT		SCT		Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins		Hammarby Sim		Hammarby Sim		21:30-22:00	

Fredag	0		1		2		3		4		5		6		7		8		9		02-okt
05:45-06:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										05:45-06:00
06:00-06:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:00-06:30
06:30-07:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:30-07:00
07:00-07:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:00-07:30
07:30-08:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:30-08:00
08:00-08:30	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:00-08:30
08:30-09:00	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:30-09:00
09:00-09:30	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:00-09:30
09:30-10:00	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:30-10:00
10:00-10:30											Snabb-bana										Crawl
10:30-11:00													10:30-11:00								
11:00-11:30													11:00-11:30								
11:30-12:00	U.Hausmann												11:30-12:00								
12:00-12:30	U.Hausmann												12:00-12:30								
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14:30-15:00																			14:30-15:00		
15:00-15:30	NEC		SPIF		SPIF		SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun	15:00-15:30	
15:30-16:00	NEC		SPIF		SPIF		SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun	15:30-16:00	
16:00-16:30	NEC		SPIF		SPIF		SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun	16:00-16:30	
16:30-17:00	NEC		SPIF		SPIF		SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun	16:30-17:00	
17:00-17:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	17:00-17:30
17:30-18:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	17:30-18:00
18:00-18:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	18:00-18:30
18:30-19:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	18:30-19:00
19:00-19:30	Vattenpolo																				19:00-19:30
19:30-20:00																					19:30-20:00
20:00-20:30																					20:00-20:30
20:30-21:00																					20:30-21:00

Med reservation för ändringar

Lördag	0	1	2	3	4	5	6	7	8	9	03-okt
07:45-08:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	07:45-08:00
08:00-08:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	08:00-08:30
08:30-09:00	SK Neptun	SK Neptun	SK Neptun	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	08:30-09:00
09:00-09:30	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	Neptun / SPIF	Crawl	Bröstsims	Rundsims		09:00-09:30
09:30-10:00	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	Neptun / SPIF					09:30-10:00
10:00-10:30	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	Snabb-bana					10:00-10:30
10:30-11:00				SPIF	SPIF						10:30-11:00
11:00-11:30				SPIF	SPIF						11:00-11:30
11:30-12:00											11:30-12:00
12:00-12:30											12:00-12:30
12:30-13:00											12:30-13:00
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17:00-17:30											17:00-17:30
17:30-18:00											17:30-18:00
18:00-18:30											18:00-18:30
18:30-19:00											18:30-19:00

Med reservation för ändringar

Söndag	0	1	2	3	4	5	6	7	8	9	04-okt
07:45-08:00	Team TT	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters						07:45-08:00
08:00-08:30	Team TT	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Snabb-bana	Crawl	Bröstsöm	Rundsim		08:00-08:30
08:30-09:00	Team TT	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters						08:30-09:00
09:00-09:30	SPIF Masters	SPIF Masters	SPIF	SPIF							09:00-09:30
09:30-10:00	SPIF Masters	SPIF Masters	SPIF	SPIF							09:30-10:00
10:00-10:30	SPIF Masters	SPIF Masters	SPIF	SPIF	Hammarby VP						10:00-10:30
10:30-11:00	SPIF Masters	SPIF Masters	SPIF	SPIF	Hammarby VP						10:30-11:00
11:00-11:30	IDF Simskola		SPIF	SPIF							11:00-11:30
11:30-12:00	IDF Simskola		SPIF	SPIF							11:30-12:00
12:00-12:30	IDF Simskola										12:00-12:30
12:30-13:00	IDF Simskola										12:30-13:00
13:00-13:30	IDF Simskola										13:00-13:30
13:30-14:00	IDF Simskola										13:30-14:00
14:00-14:30	IDF Simskola										14:00-14:30
14:30-15:00	IDF Simskola	SPIF	SPIF								14:30-15:00
15:00-15:30		SPIF	SPIF								15:00-15:30
15:30-16:00		SPIF	SPIF								15:30-16:00
16:00-16:30		Hellas Masters									16:00-16:30
16:30-17:00		Hellas Masters									16:30-17:00
17:00-17:30	SPIF Masters	SPIF Masters	SPIF Masters								17:00-17:30
17:30-18:00	SPIF Masters	SPIF Masters	SPIF Masters								17:30-18:00
18:00-18:30	SCT	SCT	SCT	SCT	SCT						18:00-18:30
18:30-19:00	SCT	SCT	SCT	SCT	SCT						18:30-19:00
19:00-19:30	SCT	SCT	SCT	SCT	SCT				Neptun VP	Neptun VP	19:00-19:30
19:30-20:00	APNEA	APNEA	APNEA	APNEA	Neptun Masters	Neptun Masters	Neptun Masters		Neptun VP	Neptun VP	19:30-20:00
20:00-20:30	APNEA	APNEA	APNEA	APNEA	Neptun Masters	Neptun Masters	Neptun Masters		Neptun VP	Neptun VP	20:00-20:30
20:30-21:00											20:30-21:00

Med reservation för ändringar

Måndag	0		1		2		3		4		5		6		7		8		9		05-okt
05:45-06:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Crawl Bröstsims Rundsim								05:45-06:00
06:00-06:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:00-06:30
06:30-07:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:30-07:00
07:00-07:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:00-07:30
07:30-08:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:30-08:00
08:00-08:30	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:00-08:30
08:30-09:00	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:30-09:00
09:00-09:30	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:00-09:30
09:30-10:00	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:30-10:00
10:00-10:30																					10:00-10:30
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14:30-15:00													14:30-15:00								
15:00-15:30	NEC		SPIF		SPIF		SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		15:00-15:30		
15:30-16:00	NEC		SPIF		SPIF		SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		15:30-16:00		
16:00-16:30	NEC		SPIF		SPIF		SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		16:00-16:30		
16:30-17:00	NEC		SPIF		SPIF		SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		16:30-17:00		
17:00-17:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	17:00-17:30	
17:30-18:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	17:30-18:00	
18:00-18:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	18:00-18:30	
18:30-19:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	18:30-19:00	
19:00-19:30	Hellas Vattenpolo																				19:00-19:30
19:30-20:00																					19:30-20:00
20:00-20:30																					20:00-20:30
20:30-21:00																					20:30-21:00
21:00-21:30																					21:00-21:30
21:30-22:00																					21:30-22:00

Med reservation för ändringar

Tisdag	0		1		2		3		4		5		6		7		8		9		06-okt		
05:45-06:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Crawl Bröstsöm Rundsöm										05:45-06:00
06:00-06:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF												06:00-06:30
06:30-07:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF												06:30-07:00
07:00-07:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF												07:00-07:30
07:30-08:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF												07:30-08:00
08:00-08:30	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF												08:00-08:30
08:30-09:00	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF												08:30-09:00
09:00-09:30	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF												09:00-09:30
09:30-10:00	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF												09:30-10:00
10:00-10:30																							10:00-10:30
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14:00-14:30													14:00-14:30										
14:30-15:00													14:30-15:00										
15:00-15:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	15:00-15:30		
15:30-16:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	15:30-16:00		
16:00-16:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	16:00-16:30		
16:30-17:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	16:30-17:00		
17:00-17:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	17:00-17:30		
17:30-18:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	17:30-18:00		
18:00-18:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	18:00-18:30		
18:30-19:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	18:30-19:00		
19:00-19:30																					19:00-19:30		
19:30-20:00	SKK Vattenpolo																				19:30-20:00		
20:00-20:30																					20:00-20:30		
20:30-21:00																					20:30-21:00		
21:00-21:30	SCT		SCT		SCT		SCT		SCT		Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins		Hammarby Sim		21:00-21:30		
21:30-22:00	SCT		SCT		SCT		SCT		SCT		Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins		Hammarby Sim		21:30-22:00		

Med reservation för ändringar

Onsdag	0		1		2		3		4		5		6		7		8		9		07-okt
05:45-06:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Crawl Bröstsims Rundsim								05:45-06:00
06:00-06:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:00-06:30
06:30-07:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:30-07:00
07:00-07:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:00-07:30
07:30-08:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:30-08:00
08:00-08:30	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:00-08:30
08:30-09:00	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:30-09:00
09:00-09:30	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:00-09:30
09:30-10:00	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:30-10:00
10:00-10:30																					10:00-10:30
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14:30-15:00													14:30-15:00								
15:00-15:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	15:00-15:30
15:30-16:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	15:30-16:00
16:00-16:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	16:00-16:30
16:30-17:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	16:30-17:00
17:00-17:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	17:00-17:30
17:30-18:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	17:30-18:00
18:00-18:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	18:00-18:30
18:30-19:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	18:30-19:00
19:00-19:30																					19:00-19:30
19:30-20:00	Neptun Vattenpolo																				19:30-20:00
20:00-20:30																					20:00-20:30
20:30-21:00																					20:30-21:00
21:00-21:30																					21:00-21:30
21:30-22:00																					21:30-22:00

Med reservation för ändringar

Torsdag	0		1		2		3		4		5		6		7		8		9		08-okt	
05:45-06:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Crawl		Bröstsims		Rundsim				05:45-06:00	
06:00-06:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF								06:00-06:30			
06:30-07:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF								06:30-07:00			
07:00-07:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF								07:00-07:30			
07:30-08:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF								07:30-08:00			
08:00-08:30	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF								08:00-08:30			
08:30-09:00	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF								08:30-09:00			
09:00-09:30	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF								09:00-09:30			
09:30-10:00	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Snabb-bana						09:30-10:00			
10:00-10:30																			10:00-10:30			
10:30-11:00	Kunskapsskolan Kader																		10:30-11:00			
11:00-11:30	Kunskapsskolan Kader																		11:00-11:30			
11:30-12:00	Kunskapsskolan Kader																		11:30-12:00			
12:00-12:30	Kunskapsskolan Kader																		12:00-12:30			
12:30-13:00	Kunskapsskolan Kader																		12:30-13:00			
13:00-13:30	Kunskapsskolan Kader																		13:00-13:30			
13:30-14:00	Kunskapsskolan Kader				v														13:30-14:00			
14:00-14:30																			14:00-14:30			
14:30-15:00																			14:30-15:00			
15:00-15:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun							SK Neptun	SK Neptun	SK Neptun	SK Neptun
15:30-16:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	15:30-16:00	
16:00-16:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	16:00-16:30	
16:30-17:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	16:30-17:00	
17:00-17:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	17:00-17:30	
17:30-18:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	17:30-18:00	
18:00-18:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	18:00-18:30	
18:30-19:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	Hammarby VP	Hammarby VP	X	18:30-19:00
19:00-19:30	Hammarby Vattenpolo																					19:00-19:30
19:30-20:00																						19:30-20:00
20:00-20:30																						20:00-20:30
20:30-21:00																						20:30-21:00
21:00-21:30	SCT		SCT		SCT		SCT		SCT		Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins		Hammarby Sim		Hammarby Sim		21:00-21:30	
21:30-22:00	SCT		SCT		SCT		SCT		SCT		Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins		Hammarby Sim		Hammarby Sim		21:30-22:00	

Med reservation för ändringar

Fredag	0		1		2		3		4		5		6		7		8		9		09-okt
05:45-06:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		CrawlBröstsimsRundsim								05:45-06:00
06:00-06:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:00-06:30
06:30-07:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:30-07:00
07:00-07:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:00-07:30
07:30-08:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:30-08:00
08:00-08:30	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:00-08:30
08:30-09:00	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:30-09:00
09:00-09:30	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:00-09:30
09:30-10:00	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:30-10:00
10:00-10:30																					10:00-10:30
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11:00-11:30													11:00-11:30								
11:30-12:00	U.Hausmann												11:30-12:00								
12:00-12:30	U.Hausmann												12:00-12:30								
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15:00-15:30	NEC		SPIF		SPIF		SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		15:00-15:30		
15:30-16:00	NEC		SPIF		SPIF		SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		15:30-16:00		
16:00-16:30	NEC		SPIF		SPIF		SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		16:00-16:30		
16:30-17:00	NEC		SPIF		SPIF		SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		16:30-17:00		
17:00-17:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	17:00-17:30	
17:30-18:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	17:30-18:00	
18:00-18:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	18:00-18:30	
18:30-19:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	18:30-19:00	
19:00-19:30	Polo USM Grundserie																				19:00-19:30
19:30-20:00																					19:30-20:00
20:00-20:30																					20:00-20:30
20:30-21:00																					20:30-21:00

Med reservation för ändringar

Lördag	0	1	2	3	4	5	6	7	8	9	10-okt															
07:45-08:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Snabb-bana	Crawl	Bröstsım	Rundsım		07:45-08:00															
08:00-08:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF						08:00-08:30															
08:30-09:00	Neptun / SPIF	SK Neptun	SK Neptun	SK Neptun	Neptun / SPIF						08:30-09:00															
09:00-09:30	IDF Simskola	SK Neptun	SK Neptun	SK Neptun							09:00-09:30															
09:30-10:00	IDF Simskola	SK Neptun	SK Neptun	SK Neptun							09:30-10:00															
10:00-10:30	IDF Simskola	SK Neptun	SK Neptun	SK Neptun							10:00-10:30															
10:30-11:00	IDF Simskola	Avsim	Avsim	Avsim	Avsim					Avsim						10:30-11:00										
11:00-11:30	IDF Simskola															11:00-11:30										
11:30-12:00	IDF Simskola															11:30-12:00										
12:00-12:30	IDF Simskola															12:00-12:30										
12:30-13:00	Avsim															Avsim										12:30-13:00
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18:30-19:00						18:30-19:00																				

Med reservation för ändringar

Söndag	0	1	2	3	4	5	6	7	8	9	11-okt
07:45-08:00	Team TT	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters						07:45-08:00
08:00-08:30	Team TT	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters						08:00-08:30
08:30-09:00	Team TT	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters						08:30-09:00
09:00-09:30											09:00-09:30
09:30-10:00	Avsim										09:30-10:00
10:00-10:30											10:00-10:30
10:30-11:00											10:30-11:00
11:00-11:30	IDF Simskola										11:00-11:30
11:30-12:00	IDF Simskola										11:30-12:00
12:00-12:30	IDF Simskola										12:00-12:30
12:30-13:00	IDF Simskola										12:30-13:00
13:00-13:30	IDF Simskola										13:00-13:30
13:30-14:00	IDF Simskola										13:30-14:00
14:00-14:30	IDF Simskola										14:00-14:30
14:30-15:00	IDF Simskola										14:30-15:00
15:00-15:30											15:00-15:30
15:30-16:00											15:30-16:00
16:00-16:30	Avsim										16:00-16:30
16:30-17:00											16:30-17:00
17:00-17:30											17:00-17:30
17:30-18:00											17:30-18:00
18:00-18:30	SCT	SCT	SCT	SCT	SCT						18:00-18:30
18:30-19:00	SCT	SCT	SCT	SCT	SCT						18:30-19:00
19:00-19:30	SCT	SCT	SCT	SCT	SCT						19:00-19:30
19:30-20:00	APNEA	APNEA	APNEA	APNEA	Neptun Masters						19:30-20:00
20:00-20:30	APNEA	APNEA	APNEA	APNEA	Neptun Masters						20:00-20:30
20:30-21:00											20:30-21:00

Med reservation för ändringar

Måndag	0		1		2		3		4		5		6		7		8		9		12-okt
05:45-06:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Crawl Bröstsims Rundsim								05:45-06:00
06:00-06:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:00-06:30
06:30-07:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:30-07:00
07:00-07:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:00-07:30
07:30-08:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:30-08:00
08:00-08:30	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:00-08:30
08:30-09:00	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:30-09:00
09:00-09:30	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:00-09:30
09:30-10:00	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:30-10:00
10:00-10:30											Snabb-bana										10:00-10:30
10:30-11:00																					10:30-11:00
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14:30-15:00																			14:30-15:00		
15:00-15:30	NEC		SPIF		SPIF		SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		15:00-15:30
15:30-16:00	NEC		SPIF		SPIF		SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		15:30-16:00
16:00-16:30	NEC		SPIF		SPIF		SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		16:00-16:30
16:30-17:00	NEC		SPIF		SPIF		SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		16:30-17:00
17:00-17:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	17:00-17:30
17:30-18:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	17:30-18:00
18:00-18:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	18:00-18:30
18:30-19:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	18:30-19:00
19:00-19:30	Hellas Vattenpolo																				19:00-19:30
19:30-20:00																					19:30-20:00
20:00-20:30																					20:00-20:30
20:30-21:00																					20:30-21:00
21:00-21:30																					21:00-21:30
21:30-22:00																					21:30-22:00

Med reservation för ändringar

Tisdag	0		1		2		3		4		5		6		7		8		9		13-okt		
05:45-06:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Crawl Bröstsims Rundsim										05:45-06:00
06:00-06:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF												06:00-06:30
06:30-07:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF												06:30-07:00
07:00-07:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF												07:00-07:30
07:30-08:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF												07:30-08:00
08:00-08:30	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF												08:00-08:30
08:30-09:00	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF												08:30-09:00
09:00-09:30	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF												09:00-09:30
09:30-10:00	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF												09:30-10:00
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15:00-15:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	15:00-15:30		
15:30-16:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	15:30-16:00		
16:00-16:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	16:00-16:30		
16:30-17:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	16:30-17:00		
17:00-17:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	17:00-17:30		
17:30-18:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	17:30-18:00		
18:00-18:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	18:00-18:30		
18:30-19:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	X	18:30-19:00		
19:00-19:30																					19:00-19:30		
19:30-20:00	SKK Vattenpolo																				19:30-20:00		
20:00-20:30																					20:00-20:30		
20:30-21:00																					20:30-21:00		
21:00-21:30	SCT		SCT		SCT		SCT		SCT		Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins		Hammarby Sim		21:00-21:30		
21:30-22:00	SCT		SCT		SCT		SCT		SCT		Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins		Hammarby Sim		21:30-22:00		

Med reservation för ändringar

Torsdag	0		1		2		3		4		5		6		7		8		9		15-okt		
05:45-06:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Crawl Bröstsöm Rundsöm										05:45-06:00
06:00-06:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF												06:00-06:30
06:30-07:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF												06:30-07:00
07:00-07:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF												07:00-07:30
07:30-08:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF												07:30-08:00
08:00-08:30	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF												08:00-08:30
08:30-09:00	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF												08:30-09:00
09:00-09:30	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF												09:00-09:30
09:30-10:00	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF												09:30-10:00
10:00-10:30	ternationella Engelska skolan Årsta Tuv		ternationella Engelska skolan Årsta Tuv								Snabb-bana												10:00-10:30
10:30-11:00	ternationella Engelska skolan Årsta Tuv		ternationella Engelska skolan Årsta Tuv										10:30-11:00										
11:00-11:30	ternationella Engelska skolan Årsta Tuv		ternationella Engelska skolan Årsta Tuv										11:00-11:30										
11:30-12:00	ternationella Engelska skolan Årsta Tuv		ternationella Engelska skolan Årsta Tuv										11:30-12:00										
12:00-12:30	ternationella Engelska skolan Årsta Tuv		ternationella Engelska skolan Årsta Tuv										12:00-12:30										
12:30-13:00													12:30-13:00										
13:00-13:30													13:00-13:30										
13:30-14:00													13:30-14:00										
14:00-14:30													14:00-14:30										
14:30-15:00													14:30-15:00										
15:00-15:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	15:00-15:30		
15:30-16:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	15:30-16:00		
16:00-16:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	16:00-16:30		
16:30-17:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	16:30-17:00		
17:00-17:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	17:00-17:30		
17:30-18:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	17:30-18:00		
18:00-18:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	Hammarby VP	Hammarby VP	X	18:00-18:30		
18:30-19:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	Hammarby VP	Hammarby VP	X	18:30-19:00		
19:00-19:30																					19:00-19:30		
19:30-20:00																					19:30-20:00		
20:00-20:30																					20:00-20:30		
20:30-21:00																					20:30-21:00		
21:00-21:30	SCT		SCT		SCT		SCT		SCT		Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins		Hammarby Sim		Hammarby Sim		21:00-21:30		
21:30-22:00	SCT		SCT		SCT		SCT		SCT		Sthlm Dolphins		Sthlm Dolphins		Sthlm Dolphins		Hammarby Sim		Hammarby Sim		21:30-22:00		

Med reservation för ändringar

Fredag	0		1		2		3		4		5		6		7		8		9		16-okt
05:45-06:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										05:45-06:00
06:00-06:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:00-06:30
06:30-07:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										06:30-07:00
07:00-07:30	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:00-07:30
07:30-08:00	Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										07:30-08:00
08:00-08:30	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:00-08:30
08:30-09:00	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										08:30-09:00
09:00-09:30	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:00-09:30
09:30-10:00	NEC		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF		Neptun / SPIF										09:30-10:00
10:00-10:30											Snabb-bana		Crawl		Bröstsims		Rundsims		10:00-10:30		
10:30-11:00																			10:30-11:00		
11:00-11:30																			11:00-11:30		
11:30-12:00	U.Hausmann																		11:30-12:00		
12:00-12:30	U.Hausmann																		12:00-12:30		
12:30-13:00																			12:30-13:00		
13:00-13:30																			13:00-13:30		
13:30-14:00																			13:30-14:00		
14:00-14:30																			14:00-14:30		
14:30-15:00																				14:30-15:00	
15:00-15:30	NEC		SPIF		SPIF		SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		15:00-15:30
15:30-16:00	NEC		SPIF		SPIF		SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		15:30-16:00
16:00-16:30	NEC		SPIF		SPIF		SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		16:00-16:30
16:30-17:00	NEC		SPIF		SPIF		SPIF		SPIF		SK Neptun		SK Neptun		SK Neptun		SK Neptun		SK Neptun		16:30-17:00
17:00-17:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	17:00-17:30
17:30-18:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	17:30-18:00
18:00-18:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	18:00-18:30
18:30-19:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	X	18:30-19:00
19:00-19:30	Polo USM Grundserie																				19:00-19:30
19:30-20:00																					19:30-20:00
20:00-20:30																					20:00-20:30
20:30-21:00																					20:30-21:00

Med reservation för ändringar

Lördag	0	1	2	3	4	5	6	7	8	9	17-okt
07:45-08:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	07:45-08:00
08:00-08:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	08:00-08:30
08:30-09:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	08:30-09:00
09:00-09:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	09:00-09:30
09:30-10:00	Polo USM Grundserie										09:30-10:00
10:00-10:30											10:00-10:30
10:30-11:00											10:30-11:00
11:00-11:30											11:00-11:30
11:30-12:00											11:30-12:00
12:00-12:30											12:00-12:30
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17:00-17:30											17:00-17:30
17:30-18:00											17:30-18:00
18:00-18:30											18:00-18:30
18:30-19:00											18:30-19:00

Med reservation för ändringar

Söndag	0	1	2	3	4	5	6	7	8	9	18-okt
07:45-08:00	Polo USM Grundserie										07:45-08:00
08:00-08:30											08:00-08:30
08:30-09:00											08:30-09:00
09:00-09:30											09:00-09:30
09:30-10:00											09:30-10:00
10:00-10:30											10:00-10:30
10:30-11:00											10:30-11:00
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15:30-16:00											15:30-16:00
16:00-16:30											16:00-16:30
16:30-17:00											16:30-17:00
17:00-17:30						Snabb-bana	Crawl	Bröstsimsim	Rundsimsim		17:00-17:30
17:30-18:00											17:30-18:00
18:00-18:30	SCT	SCT	SCT	SCT	SCT	SCT	SCT		Neptun VP	Neptun VP	18:00-18:30
18:30-19:00	SCT	SCT	SCT	SCT	SCT	SCT	SCT		Neptun VP	Neptun VP	18:30-19:00
19:00-19:30	SCT	SCT	SCT	SCT	SCT	SCT	SCT		Neptun VP	Neptun VP	19:00-19:30
19:30-20:00	APNEA	APNEA	APNEA	APNEA	Neptun Masters	Neptun Masters	Neptun Masters				19:30-20:00
20:00-20:30	APNEA	APNEA	APNEA	APNEA	Neptun Masters	Neptun Masters	Neptun Masters				20:00-20:30
20:30-21:00											20:30-21:00

Med reservation för ändringar