

Måndag	0	1	2	3	4	5	6	7	8	9	29-jun
05:45-06:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					05:45-06:00
06:00-06:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Crawl	Bröstsims		Rundsims	06:00-06:30
06:30-07:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					06:30-07:00
07:00-07:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:00-07:30
07:30-08:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:30-08:00
08:00-08:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					08:00-08:30
08:30-09:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					08:30-09:00
09:00-09:30	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:00-09:30
09:30-10:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:30-10:00
10:00-10:30	NEC	NEC	NEC	NEC	SPIF	Snabb-bana					10:00-10:30
10:30-11:00	SPIF	SPIF	SPIF	SPIF	SPIF						10:30-11:00
11:00-11:30	SPIF	SPIF	SPIF	SPIF	SPIF		11:00-11:30				
11:30-12:00	SPIF	SPIF	SPIF	SPIF	SPIF		11:30-12:00				
12:00-12:30	SPIF	SPIF	SPIF	SPIF	SPIF		12:00-12:30				
12:30-13:00	SK Neptun	SK Neptun	SK Neptun				12:30-13:00				
13:00-13:30	SK Neptun	SK Neptun	SK Neptun				13:00-13:30				
13:30-14:00	SK Neptun	SK Neptun	SK Neptun				13:30-14:00				
14:00-14:30	SK Neptun	SK Neptun	SK Neptun				14:00-14:30				
14:30-15:00	SK Neptun	SK Neptun	SK Neptun				14:30-15:00				
15:00-15:30	NEC	NEC	NEC				15:00-15:30				
15:30-16:00	NEC	NEC	NEC				15:30-16:00				
16:00-16:30	NEC	NEC	NEC				16:00-16:30				
16:30-17:00	NEC	NEC	NEC				16:30-17:00				
17:00-17:30	SPIF	SPIF					17:00-17:30				
17:30-18:00	SPIF	SPIF					17:30-18:00				
18:00-18:30	SPIF	SPIF					18:00-18:30				
18:30-19:00	SPIF	SPIF					18:30-19:00				
19:00-19:30	Hellas Vattenpolo										19:00-19:30
19:30-20:00											19:30-20:00
20:00-20:30											20:00-20:30
20:30-21:00											20:30-21:00

Med reservation för ändringar

Tisdag	0	1	2	3	4	5	6	7	8	9	30-Jun
05:45-06:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					05:45-06:00
06:00-06:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Crawl	Bröstsims		Rundsim	06:00-06:30
06:30-07:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					06:30-07:00
07:00-07:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:00-07:30
07:30-08:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:30-08:00
08:00-08:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					08:00-08:30
08:30-09:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					08:30-09:00
09:00-09:30	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:00-09:30
09:30-10:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:30-10:00
10:00-10:30	NEC	NEC	NEC	NEC	SPIF						10:00-10:30
10:30-11:00	SPIF	SPIF	SPIF	SPIF	SPIF						10:30-11:00
11:00-11:30	SPIF	SPIF	SPIF	SPIF	SPIF						11:00-11:30
11:30-12:00	SPIF	SPIF	SPIF	SPIF	SPIF						11:30-12:00
12:00-12:30	SPIF	SPIF	SPIF	SPIF	SPIF						12:00-12:30
12:30-13:00	SK Neptun	SK Neptun	SK Neptun								12:30-13:00
13:00-13:30	SK Neptun	SK Neptun	SK Neptun				13:00-13:30				
13:30-14:00	SK Neptun	SK Neptun	SK Neptun				13:30-14:00				
14:00-14:30	SK Neptun	SK Neptun	SK Neptun				14:00-14:30				
14:30-15:00	SK Neptun	SK Neptun	SK Neptun				14:30-15:00				
15:00-15:30			Täby Sim.	Täby Sim.	Täby Sim.	Täby Sim.	Täby Sim.		SPIF	SPIF	15:00-15:30
15:30-16:00	NEC	NEC	Täby Sim.	Täby Sim.	Täby Sim.	Täby Sim.	Täby Sim.		SPIF	SPIF	15:30-16:00
16:00-16:30	NEC	NEC	Täby Sim.	Täby Sim.	Täby Sim.	Täby Sim.	Täby Sim.		SPIF	SPIF	16:00-16:30
16:30-17:00	NEC	NEC	Täby Sim.	Täby Sim.	Täby Sim.	Täby Sim.	Täby Sim.		SPIF	SPIF	16:30-17:00
17:00-17:30	NEC	NEC	SK Neptun	SK Neptun	SK Neptun	SK Neptun			SPIF	SPIF	17:00-17:30
17:30-18:00		SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun			SPIF	SPIF	17:30-18:00
18:00-18:30		SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun			SPIF	SPIF	18:00-18:30
18:30-19:00		SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun			SPIF	SPIF	18:30-19:00
19:00-19:30	SKK Vattenpolo										19:00-19:30
19:30-20:00											19:30-20:00
20:00-20:30											20:00-20:30
20:30-21:00											20:30-21:00

Med reservation för ändringar

Onsdag	0	1	2	3	4	5	6	7	8	9	01-jul
05:45-06:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					05:45-06:00
06:00-06:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Crawl	Bröstsims		Rundsim	06:00-06:30
06:30-07:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					06:30-07:00
07:00-07:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:00-07:30
07:30-08:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:30-08:00
08:00-08:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					08:00-08:30
08:30-09:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					08:30-09:00
09:00-09:30	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:00-09:30
09:30-10:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:30-10:00
10:00-10:30	NEC	NEC	NEC	NEC	SPIF	Snabb-bana					10:00-10:30
10:30-11:00	SPIF	SPIF	SPIF	SPIF	SPIF						10:30-11:00
11:00-11:30	SPIF	SPIF	SPIF	SPIF	SPIF		11:00-11:30				
11:30-12:00	SPIF	SPIF	SPIF	SPIF	SPIF		11:30-12:00				
12:00-12:30	SPIF	SPIF	SPIF	SPIF	SPIF		12:00-12:30				
12:30-13:00	SK Neptun	SK Neptun	SK Neptun	Tyreso SS	Tyreso SS		12:30-13:00				
13:00-13:30	SK Neptun	SK Neptun	SK Neptun	Tyreso SS	Tyreso SS		13:00-13:30				
13:30-14:00	SK Neptun	SK Neptun	SK Neptun	Tyreso SS	Tyreso SS	13:30-14:00					
14:00-14:30	SK Neptun	SK Neptun	SK Neptun			14:00-14:30					
14:30-15:00	SK Neptun	SK Neptun	SK Neptun			14:30-15:00					
15:00-15:30	Sthlm.Simförb.	Sthlm.Simförb.	NEC	NEC				SPIF	SPIF	15:00-15:30	
15:30-16:00	Sthlm.Simförb.	Sthlm.Simförb.	NEC	NEC				SPIF	SPIF	15:30-16:00	
16:00-16:30	Sthlm.Simförb.	Sthlm.Simförb.	NEC	NEC				SPIF	SPIF	16:00-16:30	
16:30-17:00	Sthlm.Simförb.	Sthlm.Simförb.	NEC	NEC				SPIF	SPIF	16:30-17:00	
17:00-17:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun			SPIF	SPIF	17:00-17:30	
17:30-18:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun			SPIF	SPIF	17:30-18:00	
18:00-18:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun			SPIF	SPIF	18:00-18:30	
18:30-19:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun			SPIF	SPIF	18:30-19:00	
19:00-19:30	Neptun Vattenpolo										19:00-19:30
19:30-20:00											19:30-20:00
20:00-20:30											20:00-20:30
20:30-21:00											20:30-21:00

Med reservation för ändringar

Torsdag	0	1	2	3	4	5	6	7	8	9	O2-jul
05:45-06:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					05:45-06:00
06:00-06:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Crawl	Bröstsims		Rundsim	06:00-06:30
06:30-07:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					06:30-07:00
07:00-07:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:00-07:30
07:30-08:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:30-08:00
08:00-08:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					08:00-08:30
08:30-09:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					08:30-09:00
09:00-09:30	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:00-09:30
09:30-10:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:30-10:00
10:00-10:30	NEC	NEC	NEC	NEC	SPIF	Snabb-bana					10:00-10:30
10:30-11:00	SPIF	SPIF	SPIF	SPIF	SPIF						10:30-11:00
11:00-11:30	SPIF	SPIF	SPIF	SPIF	SPIF						11:00-11:30
11:30-12:00	SPIF	SPIF	SPIF	SPIF	SPIF						11:30-12:00
12:00-12:30	SPIF	SPIF	SPIF	SPIF	SPIF						12:00-12:30
12:30-13:00	SK Neptun	SK Neptun	SK Neptun								12:30-13:00
13:00-13:30	SK Neptun	SK Neptun	SK Neptun				13:00-13:30				
13:30-14:00	SK Neptun	SK Neptun	SK Neptun				13:30-14:00				
14:00-14:30	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF		14:00-14:30				
14:30-15:00	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF		14:30-15:00				
15:00-15:30			SPIF	SPIF		SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:00-15:30
15:30-16:00	NEC	NEC	SPIF	SPIF		SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:30-16:00
16:00-16:30	NEC	NEC	SPIF	SPIF		SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:00-16:30
16:30-17:00	NEC	NEC	SPIF	SPIF		SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:30-17:00
17:00-17:30	NEC	NEC	SPIF	SPIF							17:00-17:30
17:30-18:00			SPIF	SPIF							17:30-18:00
18:00-18:30			SPIF	SPIF							18:00-18:30
18:30-19:00			SPIF	SPIF							18:30-19:00
19:00-19:30	SPIF Vattenpolo										19:00-19:30
19:30-20:00											19:30-20:00
20:00-20:30											20:00-20:30
20:30-21:00											20:30-21:00

Med reservation för ändringar

Fredag	0	1	2	3	4	5	6	7	8	9	O3-jul
05:45-06:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					05:45-06:00
06:00-06:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Crawl	Bröstsims		Rundsim	06:00-06:30
06:30-07:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					06:30-07:00
07:00-07:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:00-07:30
07:30-08:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:30-08:00
08:00-08:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					08:00-08:30
08:30-09:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					08:30-09:00
09:00-09:30	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:00-09:30
09:30-10:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:30-10:00
10:00-10:30	NEC	NEC	NEC	NEC	SPIF	Snabb-bana					10:00-10:30
10:30-11:00	SPIF	SPIF	SPIF	SPIF	SPIF						10:30-11:00
11:00-11:30	SPIF	SPIF	SPIF	SPIF	SPIF						11:00-11:30
11:30-12:00	SPIF	SPIF	SPIF	SPIF	SPIF						11:30-12:00
12:00-12:30	SPIF	SPIF	SPIF	SPIF	SPIF						12:00-12:30
12:30-13:00	SK Neptun	SK Neptun	SK Neptun	Sthlm.Simförb.	Sthlm.Simförb.						12:30-13:00
13:00-13:30	SK Neptun	SK Neptun	SK Neptun	Sthlm.Simförb.	Sthlm.Simförb.		13:00-13:30				
13:30-14:00	SK Neptun	SK Neptun	SK Neptun	Sthlm.Simförb.	Sthlm.Simförb.		13:30-14:00				
14:00-14:30	SK Neptun	SK Neptun	SK Neptun	Sthlm.Simförb.	Sthlm.Simförb.		14:00-14:30				
14:30-15:00	SK Neptun	SK Neptun	SK Neptun				14:30-15:00				
15:00-15:30					SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:00-15:30	
15:30-16:00	NEC	NEC	NEC	NEC	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:30-16:00	
16:00-16:30	NEC	NEC	NEC	NEC	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:00-16:30	
16:30-17:00	NEC	NEC	NEC	NEC	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:30-17:00	
17:00-17:30	NEC	NEC	NEC	NEC						17:00-17:30	
17:30-18:00	SPIF	SPIF								17:30-18:00	
18:00-18:30	SPIF	SPIF								18:00-18:30	
18:30-19:00	SPIF	SPIF								Vattenpolo	18:30-19:00
19:00-19:30	VATTENPOLO										19:00-19:30
19:30-20:00											19:30-20:00

Med reservation för ändringar

Lördag	0	1	2	3	4	5	6	7	8	9	O4-Jul
07:45-08:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	07:45-08:00
08:00-08:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	08:00-08:30
08:30-09:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	08:30-09:00
09:00-09:30	NEC	NEC	NEC	NEC	Neptun / SPIF	Snabb-bana	crawl	Bröstsims	Rundsims		09:00-09:30
09:30-10:00	NEC	NEC	NEC	NEC	Neptun / SPIF						09:30-10:00
10:00-10:30	NEC	NEC	NEC	NEC	Neptun / SPIF						10:00-10:30
10:30-11:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun						10:30-11:00
11:00-11:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun						11:00-11:30
11:30-12:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun						11:30-12:00
12:00-12:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun						12:00-12:30
12:30-13:00											12:30-13:00
13:00-13:30											13:00-13:30
13:30-14:00											13:30-14:00
14:00-14:30											14:00-14:30
14:30-15:00											14:30-15:00
15:00-15:30											15:00-15:30
15:30-16:00											15:30-16:00
16:00-16:30											16:00-16:30
16:30-17:00											16:30-17:00
17:00-17:30											17:00-17:30
17:30-18:00											17:30-18:00
18:00-18:30											18:00-18:30
18:30-19:00											18:30-19:00

Med reservation för ändringar

Söndag	0	1	2	3	4	5	6	7	8	9	O5-jul
07:45-08:00											07:45-08:00
08:00-08:30											08:00-08:30
08:30-09:00											08:30-09:00
09:00-09:30											09:00-09:30
09:30-10:00											09:30-10:00
10:00-10:30	Tyresö SS	Tyresö SS									10:00-10:30
10:30-11:00	Tyresö SS	Tyresö SS									10:30-11:00
11:00-11:30	Tyresö SS	Tyresö SS									11:00-11:30
11:30-12:00											11:30-12:00
12:00-12:30											12:00-12:30
12:30-13:00											12:30-13:00
13:00-13:30											13:00-13:30
13:30-14:00											13:30-14:00
14:00-14:30											14:00-14:30
14:30-15:00											14:30-15:00
15:00-15:30											15:00-15:30
15:30-16:00											15:30-16:00
16:00-16:30											16:00-16:30
16:30-17:00											16:30-17:00
17:00-17:30											17:00-17:30
17:30-18:00	SCT	SCT	SCT	SCT	SCT						17:30-18:00
18:00-18:30	SCT	SCT	SCT	SCT	SCT						18:00-18:30
18:30-19:00	SCT	SCT	SCT	SCT	SCT						18:30-19:00
19:00-19:30											19:00-19:30
19:30-20:00											19:30-20:00

Med reservation för ändringar

Måndag	0	1	2	3	4	5	6	7	8	9	O6-jul
05:45-06:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					05:45-06:00
06:00-06:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Crawl	Bröstsims		Rundsim	06:00-06:30
06:30-07:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					06:30-07:00
07:00-07:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:00-07:30
07:30-08:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:30-08:00
08:00-08:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					08:00-08:30
08:30-09:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					08:30-09:00
09:00-09:30	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:00-09:30
09:30-10:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:30-10:00
10:00-10:30	NEC	NEC	NEC	NEC							10:00-10:30
10:30-11:00	SPIF	SPIF	SPIF								10:30-11:00
11:00-11:30	SPIF	SPIF	SPIF								11:00-11:30
11:30-12:00	SPIF	SPIF	SPIF								11:30-12:00
12:00-12:30	SPIF	SPIF	SPIF								12:00-12:30
12:30-13:00	SK Neptun	SK Neptun	SK Neptun								12:30-13:00
13:00-13:30	SK Neptun	SK Neptun	SK Neptun				13:00-13:30				
13:30-14:00	SK Neptun	SK Neptun	SK Neptun				13:30-14:00				
14:00-14:30	SK Neptun	SK Neptun	SK Neptun				14:00-14:30				
14:30-15:00	SK Neptun	SK Neptun	SK Neptun				14:30-15:00				
15:00-15:30	NEC	NEC	NEC			SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:00-15:30
15:30-16:00	NEC	NEC	NEC			SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:30-16:00
16:00-16:30	NEC	NEC	NEC			SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:00-16:30
16:30-17:00	NEC	NEC	NEC			SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:30-17:00
17:00-17:30	SPIF	SPIF	SPIF								17:00-17:30
17:30-18:00	SPIF	SPIF	SPIF								17:30-18:00
18:00-18:30	SPIF	SPIF	SPIF								18:00-18:30
18:30-19:00	SPIF	SPIF	SPIF								18:30-19:00
19:00-19:30	Hellas Vattenpolo										19:00-19:30
19:30-20:00											19:30-20:00
20:00-20:30											20:00-20:30
20:30-21:00											20:30-21:00

Med reservation för ändringar

Tisdag	0	1	2	3	4	5	6	7	8	9	O7-jul
05:45-06:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					05:45-06:00
06:00-06:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Crawl	Bröstsims		Rundsim	06:00-06:30
06:30-07:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					06:30-07:00
07:00-07:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:00-07:30
07:30-08:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:30-08:00
08:00-08:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					08:00-08:30
08:30-09:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					08:30-09:00
09:00-09:30	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:00-09:30
09:30-10:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:30-10:00
10:00-10:30	NEC	NEC	NEC	NEC							10:00-10:30
10:30-11:00	SPIF	SPIF	SPIF								10:30-11:00
11:00-11:30	SPIF	SPIF	SPIF								11:00-11:30
11:30-12:00	SPIF	SPIF	SPIF								11:30-12:00
12:00-12:30	SPIF	SPIF	SPIF								12:00-12:30
12:30-13:00	SK Neptun	SK Neptun	SK Neptun								12:30-13:00
13:00-13:30	SK Neptun	SK Neptun	SK Neptun				13:00-13:30				
13:30-14:00	SK Neptun	SK Neptun	SK Neptun				13:30-14:00				
14:00-14:30	SK Neptun	SK Neptun	SK Neptun				14:00-14:30				
14:30-15:00	SK Neptun	SK Neptun	SK Neptun				14:30-15:00				
15:00-15:30				SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	15:00-15:30
15:30-16:00	NEC	NEC		SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	15:30-16:00
16:00-16:30	NEC	NEC		SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	16:00-16:30
16:30-17:00	NEC	NEC		SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	16:30-17:00
17:00-17:30	NEC	NEC							SPIF	SPIF	17:00-17:30
17:30-18:00									SPIF	SPIF	17:30-18:00
18:00-18:30									SPIF	SPIF	18:00-18:30
18:30-19:00									SPIF	SPIF	18:30-19:00
19:00-19:30	SKK Vattenpolo										19:00-19:30
19:30-20:00											19:30-20:00
20:00-20:30											20:00-20:30
20:30-21:00											20:30-21:00

Med reservation för ändringar

Onsdag	0	1	2	3	4	5	6	7	8	9	O8-jul
05:45-06:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					05:45-06:00
06:00-06:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Crawl	Bröstsims	Rundsims		06:00-06:30
06:30-07:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					06:30-07:00
07:00-07:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:00-07:30
07:30-08:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:30-08:00
08:00-08:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					08:00-08:30
08:30-09:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					08:30-09:00
09:00-09:30	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:00-09:30
09:30-10:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:30-10:00
10:00-10:30	NEC	NEC	NEC	NEC							10:00-10:30
10:30-11:00	SPIF	SPIF	SPIF								10:30-11:00
11:00-11:30	SPIF	SPIF	SPIF								11:00-11:30
11:30-12:00	SPIF	SPIF	SPIF								11:30-12:00
12:00-12:30	SPIF	SPIF	SPIF								12:00-12:30
12:30-13:00	SK Neptun	SK Neptun	SK Neptun			Snabb-bana					12:30-13:00
13:00-13:30	SK Neptun	SK Neptun	SK Neptun				13:00-13:30				
13:30-14:00	SK Neptun	SK Neptun	SK Neptun				13:30-14:00				
14:00-14:30	SK Neptun	SK Neptun	SK Neptun				14:00-14:30				
14:30-15:00	SK Neptun	SK Neptun	SK Neptun				14:30-15:00				
15:00-15:30							SPIF	SPIF	15:00-15:30		
15:30-16:00							SPIF	SPIF	15:30-16:00		
16:00-16:30							SPIF	SPIF	16:00-16:30		
16:30-17:00							SPIF	SPIF	16:30-17:00		
17:00-17:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun		SPIF	SPIF	17:00-17:30		
17:30-18:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun		SPIF	SPIF	17:30-18:00		
18:00-18:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun		SPIF	SPIF	18:00-18:30		
18:30-19:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun		SPIF	SPIF	18:30-19:00		
19:00-19:30	Neptun Vattenpolo										19:00-19:30
19:30-20:00											19:30-20:00
20:00-20:30											20:00-20:30
20:30-21:00											20:30-21:00

Med reservation för ändringar

Torsdag	0	1	2	3	4	5	6	7	8	9	O9-jul
05:45-06:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					05:45-06:00
06:00-06:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Crawl	Bröstsims		Rundsim	06:00-06:30
06:30-07:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					06:30-07:00
07:00-07:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:00-07:30
07:30-08:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:30-08:00
08:00-08:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					08:00-08:30
08:30-09:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					08:30-09:00
09:00-09:30	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:00-09:30
09:30-10:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:30-10:00
10:00-10:30	NEC	NEC	NEC	NEC	Snabb-bana						10:00-10:30
10:30-11:00	SPIF	SPIF	SPIF	Tyresö SS							Tyresö SS
11:00-11:30	SPIF	SPIF	SPIF	Tyresö SS			Tyresö SS	11:00-11:30			
11:30-12:00	SPIF	SPIF	SPIF	Tyresö SS			Tyresö SS	11:30-12:00			
12:00-12:30	SPIF	SPIF	SPIF					12:00-12:30			
12:30-13:00	SK Neptun	SK Neptun	SK Neptun					12:30-13:00			
13:00-13:30	SK Neptun	SK Neptun	SK Neptun			13:00-13:30					
13:30-14:00	SK Neptun	SK Neptun	SK Neptun			13:30-14:00					
14:00-14:30	SK Neptun	SK Neptun	SK Neptun			14:00-14:30					
14:30-15:00	SK Neptun	SK Neptun	SK Neptun			14:30-15:00					
15:00-15:30			SPIF	SPIF		SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:00-15:30
15:30-16:00	NEC	NEC	SPIF	SPIF		SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:30-16:00
16:00-16:30	NEC	NEC	SPIF	SPIF		SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:00-16:30
16:30-17:00	NEC	NEC	SPIF	SPIF		SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:30-17:00
17:00-17:30	NEC	NEC	SPIF	SPIF							17:00-17:30
17:30-18:00			SPIF	SPIF							17:30-18:00
18:00-18:30			SPIF	SPIF							18:00-18:30
18:30-19:00			SPIF	SPIF							18:30-19:00
19:00-19:30	SPIF Vattenpolo										19:00-19:30
19:30-20:00											19:30-20:00
20:00-20:30											20:00-20:30
20:30-21:00											20:30-21:00

Med reservation för ändringar

Fredag	0	1	2	3	4	5	6	7	8	9	10-Jul
05:45-06:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					05:45-06:00
06:00-06:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Crawl	Bröstsims		Rundsim	06:00-06:30
06:30-07:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					06:30-07:00
07:00-07:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:00-07:30
07:30-08:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:30-08:00
08:00-08:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					08:00-08:30
08:30-09:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					08:30-09:00
09:00-09:30	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:00-09:30
09:30-10:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:30-10:00
10:00-10:30	NEC	NEC	NEC	NEC							10:00-10:30
10:30-11:00	SPIF	SPIF	SPIF								10:30-11:00
11:00-11:30	SPIF	SPIF	SPIF								11:00-11:30
11:30-12:00	SPIF	SPIF	SPIF								11:30-12:00
12:00-12:30	SPIF	SPIF	SPIF								12:00-12:30
12:30-13:00	SK Neptun	SK Neptun	SK Neptun								12:30-13:00
13:00-13:30	SK Neptun	SK Neptun	SK Neptun				13:00-13:30				
13:30-14:00	SK Neptun	SK Neptun	SK Neptun				13:30-14:00				
14:00-14:30	SK Neptun	SK Neptun	SK Neptun				14:00-14:30				
14:30-15:00	SK Neptun	SK Neptun	SK Neptun				14:30-15:00				
15:00-15:30						SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:00-15:30
15:30-16:00	NEC	NEC	NEC	NEC		SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:30-16:00
16:00-16:30	NEC	NEC	NEC	NEC		SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:00-16:30
16:30-17:00	NEC	NEC	NEC	NEC		SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:30-17:00
17:00-17:30	NEC	NEC	NEC	NEC							17:00-17:30
17:30-18:00	SPIF	SPIF	SPIF								17:30-18:00
18:00-18:30	SPIF	SPIF	SPIF								18:00-18:30
18:30-19:00	SPIF	SPIF	SPIF								18:30-19:00
19:00-19:30	SPIF	SPIF	SPIF								19:00-19:30
19:30-20:00											19:30-20:00

Med reservation för ändringar

Lördag	0	1	2	3	4	5	6	7	8	9	11-jul
07:45-08:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	07:45-08:00
08:00-08:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	08:00-08:30
08:30-09:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	08:30-09:00
09:00-09:30	NEC	NEC	NEC	NEC	Neptun / SPIF	Snabb-bana	crawl	Bröstsims	Rundsims		09:00-09:30
09:30-10:00	NEC	NEC	NEC	NEC	Neptun / SPIF						09:30-10:00
10:00-10:30	NEC	NEC	NEC	NEC	Neptun / SPIF						10:00-10:30
10:30-11:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun						10:30-11:00
11:00-11:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun						11:00-11:30
11:30-12:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun						11:30-12:00
12:00-12:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun						12:00-12:30
12:30-13:00											12:30-13:00
13:00-13:30											13:00-13:30
13:30-14:00											13:30-14:00
14:00-14:30											14:00-14:30
14:30-15:00											14:30-15:00
15:00-15:30											15:00-15:30
15:30-16:00											15:30-16:00
16:00-16:30											16:00-16:30
16:30-17:00											16:30-17:00
17:00-17:30											17:00-17:30
17:30-18:00											17:30-18:00
18:00-18:30											18:00-18:30
18:30-19:00											18:30-19:00

Med reservation för ändringar

Söndag	0	1	2	3	4	5	6	7	8	9	12-jul			
07:45-08:00											07:45-08:00			
08:00-08:30											08:00-08:30			
08:30-09:00											08:30-09:00			
09:00-09:30						Snabb-bana	Crawl	Bröstsims	Rundsims		09:00-09:30			
09:30-10:00														09:30-10:00
10:00-10:30	<i>Södertörn</i>	<i>Södertörn</i>	<i>Södertörn</i>	<i>Södertörn</i>										10:00-10:30
10:30-11:00	<i>Södertörn</i>	<i>Södertörn</i>	<i>Södertörn</i>	<i>Södertörn</i>										10:30-11:00
11:00-11:30	<i>Södertörn</i>	<i>Södertörn</i>	<i>Södertörn</i>	<i>Södertörn</i>										11:00-11:30
11:30-12:00	<i>Södertörn</i>	<i>Södertörn</i>	<i>Södertörn</i>	<i>Södertörn</i>										11:30-12:00
12:00-12:30														12:00-12:30
12:30-13:00														12:30-13:00
13:00-13:30														13:00-13:30
13:30-14:00	Tyresö SS	Tyresö SS												13:30-14:00
14:00-14:30	Tyresö SS	Tyresö SS												14:00-14:30
14:30-15:00	Tyresö SS	Tyresö SS												14:30-15:00
15:00-15:30														15:00-15:30
15:30-16:00														15:30-16:00
16:00-16:30														16:00-16:30
16:30-17:00														16:30-17:00
17:00-17:30														17:00-17:30
17:30-18:00	SCT	SCT	SCT	SCT	SCT					17:30-18:00				
18:00-18:30	SCT	SCT	SCT	SCT	SCT					18:00-18:30				
18:30-19:00	SCT	SCT	SCT	SCT	SCT					18:30-19:00				
19:00-19:30										19:00-19:30				
19:30-20:00										19:30-20:00				

Med reservation för ändringar

Måndag	0	1	2	3	4	5	6	7	8	9	13-jul
05:45-06:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					05:45-06:00
06:00-06:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Crawl	Bröstsims	Rundsims		06:00-06:30
06:30-07:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					06:30-07:00
07:00-07:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:00-07:30
07:30-08:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:30-08:00
08:00-08:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					08:00-08:30
08:30-09:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					08:30-09:00
09:00-09:30	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:00-09:30
09:30-10:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:30-10:00
10:00-10:30	NEC	NEC	NEC	NEC							10:00-10:30
10:30-11:00	SPIF	SPIF	SPIF								10:30-11:00
11:00-11:30	SPIF	SPIF	SPIF								11:00-11:30
11:30-12:00	SPIF	SPIF	SPIF								11:30-12:00
12:00-12:30	SPIF	SPIF	SPIF								12:00-12:30
12:30-13:00	SK Neptun	SK Neptun	SK Neptun								12:30-13:00
13:00-13:30	SK Neptun	SK Neptun	SK Neptun				13:00-13:30				
13:30-14:00	SK Neptun	SK Neptun	SK Neptun				13:30-14:00				
14:00-14:30	SK Neptun	SK Neptun	SK Neptun				14:00-14:30				
14:30-15:00	SK Neptun	SK Neptun	SK Neptun				14:30-15:00				
15:00-15:30	NEC	NEC	NEC			SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:00-15:30
15:30-16:00	NEC	NEC	NEC			SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:30-16:00
16:00-16:30	NEC	NEC	NEC			SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:00-16:30
16:30-17:00	NEC	NEC	NEC			SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:30-17:00
17:00-17:30	SPIF	SPIF	SPIF								17:00-17:30
17:30-18:00	SPIF	SPIF	SPIF								17:30-18:00
18:00-18:30	SPIF	SPIF	SPIF								18:00-18:30
18:30-19:00	SPIF	SPIF	SPIF								18:30-19:00
19:00-19:30	Hellas Vattenpolo										19:00-19:30
19:30-20:00											19:30-20:00
20:00-20:30											20:00-20:30
20:30-21:00											20:30-21:00

Med reservation för ändringar

Tisdag	0	1	2	3	4	5	6	7	8	9	14-jul
05:45-06:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					05:45-06:00
06:00-06:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Crawl	Bröstsims	Rundsims		06:00-06:30
06:30-07:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					06:30-07:00
07:00-07:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:00-07:30
07:30-08:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:30-08:00
08:00-08:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					08:00-08:30
08:30-09:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					08:30-09:00
09:00-09:30	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:00-09:30
09:30-10:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:30-10:00
10:00-10:30	NEC	NEC	NEC	NEC							10:00-10:30
10:30-11:00	SPIF	SPIF	SPIF								10:30-11:00
11:00-11:30	SPIF	SPIF	SPIF				11:00-11:30				
11:30-12:00	SPIF	SPIF	SPIF				11:30-12:00				
12:00-12:30	SPIF	SPIF	SPIF				12:00-12:30				
12:30-13:00	SK Neptun	SK Neptun	SK Neptun				12:30-13:00				
13:00-13:30	SK Neptun	SK Neptun	SK Neptun				13:00-13:30				
13:30-14:00	SK Neptun	SK Neptun	SK Neptun				13:30-14:00				
14:00-14:30	SK Neptun	SK Neptun	SK Neptun				14:00-14:30				
14:30-15:00	SK Neptun	SK Neptun	SK Neptun				14:30-15:00				
15:00-15:30								SPIF	SPIF	15:00-15:30	
15:30-16:00	NEC	NEC							SPIF	SPIF	15:30-16:00
16:00-16:30	NEC	NEC							SPIF	SPIF	16:00-16:30
16:30-17:00	NEC	NEC							SPIF	SPIF	16:30-17:00
17:00-17:30	NEC	NEC							SPIF	SPIF	17:00-17:30
17:30-18:00									SPIF	SPIF	17:30-18:00
18:00-18:30									SPIF	SPIF	18:00-18:30
18:30-19:00									SPIF	SPIF	18:30-19:00
19:00-19:30	SKK Vattenpolo										19:00-19:30
19:30-20:00											19:30-20:00
20:00-20:30											20:00-20:30
20:30-21:00											20:30-21:00

Med reservation för ändringar

Onsdag	0	1	2	3	4	5	6	7	8	9	15-jul
05:45-06:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					05:45-06:00
06:00-06:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Crawl	Bröstsims		Rundsims	06:00-06:30
06:30-07:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					06:30-07:00
07:00-07:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:00-07:30
07:30-08:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:30-08:00
08:00-08:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					08:00-08:30
08:30-09:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					08:30-09:00
09:00-09:30	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:00-09:30
09:30-10:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:30-10:00
10:00-10:30	NEC	NEC	NEC	NEC							10:00-10:30
10:30-11:00											10:30-11:00
11:00-11:30							11:00-11:30				
11:30-12:00							11:30-12:00				
12:00-12:30							12:00-12:30				
12:30-13:00	SK Neptun	SK Neptun	SK Neptun			Snabb-bana	12:30-13:00				
13:00-13:30	SK Neptun	SK Neptun	SK Neptun				13:00-13:30				
13:30-14:00	SK Neptun	SK Neptun	SK Neptun				13:30-14:00				
14:00-14:30	SK Neptun	SK Neptun	SK Neptun				14:00-14:30				
14:30-15:00	SK Neptun	SK Neptun	SK Neptun				14:30-15:00				
15:00-15:30	SPIF	SPIF					15:00-15:30				
15:30-16:00	SPIF	SPIF					15:30-16:00				
16:00-16:30	SPIF	SPIF					16:00-16:30				
16:30-17:00	SPIF	SPIF					16:30-17:00				
17:00-17:30	SPIF	SPIF					17:00-17:30				
17:30-18:00	SPIF	SPIF					17:30-18:00				
18:00-18:30	SPIF	SPIF					18:00-18:30				
18:30-19:00	SPIF	SPIF					18:30-19:00				
19:00-19:30	Neptun Vattenpolo										19:00-19:30
19:30-20:00											19:30-20:00
20:00-20:30											20:00-20:30
20:30-21:00											20:30-21:00

Med reservation för ändringar

Torsdag	0	1	2	3	4	5	6	7	8	9	16-jul
05:45-06:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					05:45-06:00
06:00-06:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Crawl	Bröstsims		Rundsims	06:00-06:30
06:30-07:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					06:30-07:00
07:00-07:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:00-07:30
07:30-08:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:30-08:00
08:00-08:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					08:00-08:30
08:30-09:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					08:30-09:00
09:00-09:30	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:00-09:30
09:30-10:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:30-10:00
10:00-10:30	NEC	NEC	NEC	NEC							10:00-10:30
10:30-11:00											10:30-11:00
11:00-11:30							11:00-11:30				
11:30-12:00							11:30-12:00				
12:00-12:30							12:00-12:30				
12:30-13:00	SK Neptun	SK Neptun	SK Neptun			Snabb-bana	12:30-13:00				
13:00-13:30	SK Neptun	SK Neptun	SK Neptun				13:00-13:30				
13:30-14:00	SK Neptun	SK Neptun	SK Neptun				13:30-14:00				
14:00-14:30	SK Neptun	SK Neptun	SK Neptun				14:00-14:30				
14:30-15:00	SK Neptun	SK Neptun	SK Neptun				14:30-15:00				
15:00-15:30			SPIF	SPIF						15:00-15:30	
15:30-16:00	NEC	NEC	SPIF	SPIF						15:30-16:00	
16:00-16:30	NEC	NEC	SPIF	SPIF						16:00-16:30	
16:30-17:00	NEC	NEC	SPIF	SPIF						16:30-17:00	
17:00-17:30	NEC	NEC	SPIF	SPIF						17:00-17:30	
17:30-18:00			SPIF	SPIF						17:30-18:00	
18:00-18:30			SPIF	SPIF						18:00-18:30	
18:30-19:00			SPIF	SPIF						18:30-19:00	
19:00-19:30	SPIF Vattenpolo										19:00-19:30
19:30-20:00											19:30-20:00
20:00-20:30											20:00-20:30
20:30-21:00											20:30-21:00

Med reservation för ändringar

Fredag	0	1	2	3	4	5	6	7	8	9	17-jul
05:45-06:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					05:45-06:00
06:00-06:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Crawl	Bröstsims	Rundsim		06:00-06:30
06:30-07:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					06:30-07:00
07:00-07:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:00-07:30
07:30-08:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:30-08:00
08:00-08:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					08:00-08:30
08:30-09:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					08:30-09:00
09:00-09:30	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:00-09:30
09:30-10:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:30-10:00
10:00-10:30	NEC	NEC	NEC	NEC							10:00-10:30
10:30-11:00											10:30-11:00
11:00-11:30							11:00-11:30				
11:30-12:00							11:30-12:00				
12:00-12:30							12:00-12:30				
12:30-13:00	SK Neptun	SK Neptun	SK Neptun				Snabb-bana				12:30-13:00
13:00-13:30	SK Neptun	SK Neptun	SK Neptun								13:00-13:30
13:30-14:00	SK Neptun	SK Neptun	SK Neptun								13:30-14:00
14:00-14:30	SK Neptun	SK Neptun	SK Neptun								14:00-14:30
14:30-15:00	SK Neptun	SK Neptun	SK Neptun								14:30-15:00
15:00-15:30											15:00-15:30
15:30-16:00	NEC	NEC	NEC	NEC							15:30-16:00
16:00-16:30	NEC	NEC	NEC	NEC							16:00-16:30
16:30-17:00	NEC	NEC	NEC	NEC							16:30-17:00
17:00-17:30	NEC	NEC	NEC	NEC							17:00-17:30
17:30-18:00	SPIF	SPIF	SPIF								17:30-18:00
18:00-18:30	SPIF	SPIF	SPIF								18:00-18:30
18:30-19:00	SPIF	SPIF	SPIF								18:30-19:00
19:00-19:30	SPIF	SPIF	SPIF								19:00-19:30
19:30-20:00											19:30-20:00

Med reservation för ändringar

Lördag	0	1	2	3	4	5	6	7	8	9	18-jul
07:45-08:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	07:45-08:00
08:00-08:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	08:00-08:30
08:30-09:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	08:30-09:00
09:00-09:30	NEC	NEC	NEC	NEC	Neptun / SPIF	Snabb-bana	crawl	Bröstsims	Rundsims		09:00-09:30
09:30-10:00	NEC	NEC	NEC	NEC	Neptun / SPIF						09:30-10:00
10:00-10:30	NEC	NEC	NEC	NEC	Neptun / SPIF						10:00-10:30
10:30-11:00											10:30-11:00
11:00-11:30											11:00-11:30
11:30-12:00											11:30-12:00
12:00-12:30											12:00-12:30
12:30-13:00											12:30-13:00
13:00-13:30											13:00-13:30
13:30-14:00											13:30-14:00
14:00-14:30											14:00-14:30
14:30-15:00											14:30-15:00
15:00-15:30											15:00-15:30
15:30-16:00											15:30-16:00
16:00-16:30											16:00-16:30
16:30-17:00											16:30-17:00
17:00-17:30											17:00-17:30
17:30-18:00						17:30-18:00					
18:00-18:30						18:00-18:30					
18:30-19:00						18:30-19:00					

Med reservation för ändringar

Söndag	0	1	2	3	4	5	6	7	8	9	19-jul			
07:45-08:00											07:45-08:00			
08:00-08:30											08:00-08:30			
08:30-09:00											08:30-09:00			
09:00-09:30						Snabb-bana	Crawl	Bröstsims	Rundsim		09:00-09:30			
09:30-10:00														09:30-10:00
10:00-10:30														10:00-10:30
10:30-11:00														10:30-11:00
11:00-11:30														11:00-11:30
11:30-12:00														11:30-12:00
12:00-12:30														12:00-12:30
12:30-13:00														12:30-13:00
13:00-13:30														13:00-13:30
13:30-14:00														13:30-14:00
14:00-14:30														14:00-14:30
14:30-15:00														14:30-15:00
15:00-15:30														15:00-15:30
15:30-16:00														15:30-16:00
16:00-16:30														16:00-16:30
16:30-17:00										16:30-17:00				
17:00-17:30										17:00-17:30				
17:30-18:00	SCT	SCT	SCT	SCT	SCT						17:30-18:00			
18:00-18:30	SCT	SCT	SCT	SCT	SCT						18:00-18:30			
18:30-19:00	SCT	SCT	SCT	SCT	SCT						18:30-19:00			
19:00-19:30											19:00-19:30			
19:30-20:00											19:30-20:00			

Med reservation för ändringar

Måndag	0	1	2	3	4	5	6	7	8	9	20-jul
05:45-06:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					05:45-06:00
06:00-06:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Crawl	Bröstsims		Rundsims	06:00-06:30
06:30-07:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					06:30-07:00
07:00-07:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:00-07:30
07:30-08:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:30-08:00
08:00-08:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					08:00-08:30
08:30-09:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					08:30-09:00
09:00-09:30	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:00-09:30
09:30-10:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:30-10:00
10:00-10:30	NEC	NEC	NEC	NEC							10:00-10:30
10:30-11:00											10:30-11:00
11:00-11:30							11:00-11:30				
11:30-12:00							11:30-12:00				
12:00-12:30							12:00-12:30				
12:30-13:00	SK Neptun	SK Neptun	SK Neptun			Snabb-bana	12:30-13:00				
13:00-13:30	SK Neptun	SK Neptun	SK Neptun				13:00-13:30				
13:30-14:00	SK Neptun	SK Neptun	SK Neptun				13:30-14:00				
14:00-14:30	SK Neptun	SK Neptun	SK Neptun				14:00-14:30				
14:30-15:00	SK Neptun	SK Neptun	SK Neptun				14:30-15:00				
15:00-15:30	NEC	NEC	NEC				15:00-15:30				
15:30-16:00	NEC	NEC	NEC				15:30-16:00				
16:00-16:30	NEC	NEC	NEC				16:00-16:30				
16:30-17:00	NEC	NEC	NEC				16:30-17:00				
17:00-17:30	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	17:00-17:30				
17:30-18:00	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	17:30-18:00				
18:00-18:30	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	18:00-18:30				
18:30-19:00	SPIF	SPIF	SPIF				18:30-19:00				
19:00-19:30							19:00-19:30				
19:30-20:00							19:30-20:00				
20:00-20:30							20:00-20:30				
20:30-21:00							20:30-21:00				

Med reservation för ändringar

Tisdag	0	1	2	3	4	5	6	7	8	9	21-jul
05:45-06:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					05:45-06:00
06:00-06:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Crawl	Bröstsims	Rundsim		06:00-06:30
06:30-07:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					06:30-07:00
07:00-07:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:00-07:30
07:30-08:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:30-08:00
08:00-08:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					08:00-08:30
08:30-09:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					08:30-09:00
09:00-09:30	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:00-09:30
09:30-10:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:30-10:00
10:00-10:30	NEC	NEC	NEC	NEC							10:00-10:30
10:30-11:00											10:30-11:00
11:00-11:30							11:00-11:30				
11:30-12:00							11:30-12:00				
12:00-12:30							12:00-12:30				
12:30-13:00	SK Neptun	SK Neptun	SK Neptun			Snabb-bana	12:30-13:00				
13:00-13:30	SK Neptun	SK Neptun	SK Neptun				13:00-13:30				
13:30-14:00	SK Neptun	SK Neptun	SK Neptun				13:30-14:00				
14:00-14:30	SK Neptun	SK Neptun	SK Neptun				14:00-14:30				
14:30-15:00	SK Neptun	SK Neptun	SK Neptun				14:30-15:00				
15:00-15:30							SPIF	SPIF	15:00-15:30		
15:30-16:00	NEC	NEC					SPIF	SPIF	15:30-16:00		
16:00-16:30	NEC	NEC					SPIF	SPIF	16:00-16:30		
16:30-17:00	NEC	NEC					SPIF	SPIF	16:30-17:00		
17:00-17:30	NEC	NEC					SPIF	SPIF	17:00-17:30		
17:30-18:00						SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	17:30-18:00
18:00-18:30						SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	18:00-18:30
18:30-19:00						SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	18:30-19:00
19:00-19:30	SKK Vattenpolo										19:00-19:30
19:30-20:00											19:30-20:00
20:00-20:30											20:00-20:30
20:30-21:00											20:30-21:00

Med reservation för ändringar

Onsdag	0	1	2	3	4	5	6	7	8	9	22-Jul
05:45-06:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					05:45-06:00
06:00-06:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Crawl	Bröstsims	Rundsims		06:00-06:30
06:30-07:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					06:30-07:00
07:00-07:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:00-07:30
07:30-08:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:30-08:00
08:00-08:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					08:00-08:30
08:30-09:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					08:30-09:00
09:00-09:30	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:00-09:30
09:30-10:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:30-10:00
10:00-10:30	NEC	NEC	NEC	NEC							10:00-10:30
10:30-11:00											10:30-11:00
11:00-11:30							11:00-11:30				
11:30-12:00							11:30-12:00				
12:00-12:30							12:00-12:30				
12:30-13:00	SK Neptun	SK Neptun	SK Neptun			Snabb-bana	12:30-13:00				
13:00-13:30	SK Neptun	SK Neptun	SK Neptun				13:00-13:30				
13:30-14:00	SK Neptun	SK Neptun	SK Neptun				13:30-14:00				
14:00-14:30	SK Neptun	SK Neptun	SK Neptun				14:00-14:30				
14:30-15:00	SK Neptun	SK Neptun	SK Neptun				14:30-15:00				
15:00-15:30							SPIF	SPIF	15:00-15:30		
15:30-16:00							SPIF	SPIF	15:30-16:00		
16:00-16:30							SPIF	SPIF	16:00-16:30		
16:30-17:00							SPIF	SPIF	16:30-17:00		
17:00-17:30	SK Neptun	SK Neptun	SK Neptun				SPIF	SPIF	17:00-17:30		
17:30-18:00	SK Neptun	SK Neptun	SK Neptun				SPIF	SPIF	17:30-18:00		
18:00-18:30	SK Neptun	SK Neptun	SK Neptun				SPIF	SPIF	18:00-18:30		
18:30-19:00							SPIF	SPIF	18:30-19:00		
19:00-19:30									19:00-19:30		
19:30-20:00									19:30-20:00		
20:00-20:30									20:00-20:30		
20:30-21:00									20:30-21:00		

Med reservation för ändringar

Torsdag	0	1	2	3	4	5	6	7	8	9	23-jul
05:45-06:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					05:45-06:00
06:00-06:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Crawl	Bröstsims		Rundsims	06:00-06:30
06:30-07:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					06:30-07:00
07:00-07:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:00-07:30
07:30-08:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:30-08:00
08:00-08:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					08:00-08:30
08:30-09:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					08:30-09:00
09:00-09:30	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:00-09:30
09:30-10:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:30-10:00
10:00-10:30	NEC	NEC	NEC	NEC							10:00-10:30
10:30-11:00											10:30-11:00
11:00-11:30							11:00-11:30				
11:30-12:00							11:30-12:00				
12:00-12:30							12:00-12:30				
12:30-13:00	SK Neptun	SK Neptun	SK Neptun				Snabb-bana				12:30-13:00
13:00-13:30	SK Neptun	SK Neptun	SK Neptun								13:00-13:30
13:30-14:00	SK Neptun	SK Neptun	SK Neptun								13:30-14:00
14:00-14:30	SK Neptun	SK Neptun	SK Neptun								14:00-14:30
14:30-15:00	SK Neptun	SK Neptun	SK Neptun								14:30-15:00
15:00-15:30			SPIF	SPIF							15:00-15:30
15:30-16:00	NEC	NEC	SPIF	SPIF							15:30-16:00
16:00-16:30	NEC	NEC	SPIF	SPIF							16:00-16:30
16:30-17:00	NEC	NEC	SPIF	SPIF							16:30-17:00
17:00-17:30	NEC	NEC	SPIF	SPIF							17:00-17:30
17:30-18:00			SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun				17:30-18:00
18:00-18:30			SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun				18:00-18:30
18:30-19:00			SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun				18:30-19:00
19:00-19:30											19:00-19:30
19:30-20:00											19:30-20:00
20:00-20:30											20:00-20:30
20:30-21:00											20:30-21:00

Med reservation för ändringar

Fredag	0	1	2	3	4	5	6	7	8	9	24-Jul
05:45-06:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					05:45-06:00
06:00-06:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Crawl	Bröstsims		Rundsim	06:00-06:30
06:30-07:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					06:30-07:00
07:00-07:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:00-07:30
07:30-08:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:30-08:00
08:00-08:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					08:00-08:30
08:30-09:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					08:30-09:00
09:00-09:30	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:00-09:30
09:30-10:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:30-10:00
10:00-10:30	NEC	NEC	NEC	NEC							10:00-10:30
10:30-11:00											10:30-11:00
11:00-11:30							11:00-11:30				
11:30-12:00							11:30-12:00				
12:00-12:30							12:00-12:30				
12:30-13:00	SK Neptun	SK Neptun	SK Neptun				Snabb-bana				12:30-13:00
13:00-13:30	SK Neptun	SK Neptun	SK Neptun								13:00-13:30
13:30-14:00	SK Neptun	SK Neptun	SK Neptun								13:30-14:00
14:00-14:30	SK Neptun	SK Neptun	SK Neptun								14:00-14:30
14:30-15:00	SK Neptun	SK Neptun	SK Neptun								14:30-15:00
15:00-15:30											15:00-15:30
15:30-16:00	NEC	NEC	NEC	NEC							15:30-16:00
16:00-16:30	NEC	NEC	NEC	NEC							16:00-16:30
16:30-17:00	NEC	NEC	NEC	NEC							16:30-17:00
17:00-17:30	NEC	NEC	NEC	NEC							17:00-17:30
17:30-18:00	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun					17:30-18:00
18:00-18:30	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun					18:00-18:30
18:30-19:00	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun					18:30-19:00
19:00-19:30	SPIF	SPIF	SPIF								19:00-19:30
19:30-20:00											19:30-20:00

Med reservation för ändringar

Lördag	0	1	2	3	4	5	6	7	8	9	25-jul
07:45-08:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	07:45-08:00
08:00-08:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	08:00-08:30
08:30-09:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	08:30-09:00
09:00-09:30	NEC	NEC	NEC	NEC	Neptun / SPIF	Snabb-bana	crawl	Bröstsims	Rundsims		09:00-09:30
09:30-10:00	NEC	NEC	NEC	NEC	Neptun / SPIF						09:30-10:00
10:00-10:30	NEC	NEC	NEC	NEC	Neptun / SPIF						10:00-10:30
10:30-11:00											10:30-11:00
11:00-11:30											11:00-11:30
11:30-12:00											11:30-12:00
12:00-12:30											12:00-12:30
12:30-13:00											12:30-13:00
13:00-13:30											13:00-13:30
13:30-14:00											13:30-14:00
14:00-14:30											14:00-14:30
14:30-15:00											14:30-15:00
15:00-15:30											15:00-15:30
15:30-16:00											15:30-16:00
16:00-16:30											16:00-16:30
16:30-17:00											16:30-17:00
17:00-17:30											17:00-17:30
17:30-18:00						17:30-18:00					
18:00-18:30						18:00-18:30					
18:30-19:00						18:30-19:00					

Med reservation för ändringar

Söndag	0	1	2	3	4	5	6	7	8	9	26-jul			
07:45-08:00											07:45-08:00			
08:00-08:30											08:00-08:30			
08:30-09:00											08:30-09:00			
09:00-09:30						Snabb-bana	Crawl	Bröstsimsim	Rundsim		09:00-09:30			
09:30-10:00														09:30-10:00
10:00-10:30														10:00-10:30
10:30-11:00														10:30-11:00
11:00-11:30														11:00-11:30
11:30-12:00														11:30-12:00
12:00-12:30														12:00-12:30
12:30-13:00														12:30-13:00
13:00-13:30														13:00-13:30
13:30-14:00														13:30-14:00
14:00-14:30														14:00-14:30
14:30-15:00														14:30-15:00
15:00-15:30														15:00-15:30
15:30-16:00														15:30-16:00
16:00-16:30														16:00-16:30
16:30-17:00														16:30-17:00
17:00-17:30										17:00-17:30				
17:30-18:00	SCT	SCT	SCT	SCT	SCT						17:30-18:00			
18:00-18:30	SCT	SCT	SCT	SCT	SCT						18:00-18:30			
18:30-19:00	SCT	SCT	SCT	SCT	SCT						18:30-19:00			
19:00-19:30											19:00-19:30			
19:30-20:00											19:30-20:00			

Med reservation för ändringar

Måndag	0	1	2	3	4	5	6	7	8	9	27-jul
05:45-06:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					05:45-06:00
06:00-06:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Crawl	Bröstsims		Rundsims	06:00-06:30
06:30-07:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					06:30-07:00
07:00-07:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:00-07:30
07:30-08:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:30-08:00
08:00-08:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					08:00-08:30
08:30-09:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					08:30-09:00
09:00-09:30	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:00-09:30
09:30-10:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:30-10:00
10:00-10:30	NEC	NEC	NEC	NEC							10:00-10:30
10:30-11:00											10:30-11:00
11:00-11:30											11:00-11:30
11:30-12:00											11:30-12:00
12:00-12:30											12:00-12:30
12:30-13:00	SK Neptun	SK Neptun	SK Neptun								12:30-13:00
13:00-13:30	SK Neptun	SK Neptun	SK Neptun				13:00-13:30				
13:30-14:00	SK Neptun	SK Neptun	SK Neptun				13:30-14:00				
14:00-14:30	SK Neptun	SK Neptun	SK Neptun				14:00-14:30				
14:30-15:00	SK Neptun	SK Neptun	SK Neptun				14:30-15:00				
15:00-15:30	NEC	NEC	NEC	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:00-15:30
15:30-16:00	NEC	NEC	NEC	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:30-16:00
16:00-16:30	NEC	NEC	NEC	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:00-16:30
16:30-17:00	NEC	NEC	NEC	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:30-17:00
17:00-17:30	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:00-17:30
17:30-18:00	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:30-18:00
18:00-18:30	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:00-18:30
18:30-19:00	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:30-19:00
19:00-19:30											19:00-19:30
19:30-20:00											19:30-20:00
20:00-20:30											20:00-20:30
20:30-21:00											20:30-21:00

Med reservation för ändringar

Tisdag	0	1	2	3	4	5	6	7	8	9	28-jul
05:45-06:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					05:45-06:00
06:00-06:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Crawl	Bröstsims	Rundsim		06:00-06:30
06:30-07:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					06:30-07:00
07:00-07:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:00-07:30
07:30-08:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:30-08:00
08:00-08:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					08:00-08:30
08:30-09:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					08:30-09:00
09:00-09:30	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:00-09:30
09:30-10:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:30-10:00
10:00-10:30	NEC	NEC	NEC	NEC							10:00-10:30
10:30-11:00											10:30-11:00
11:00-11:30											11:00-11:30
11:30-12:00											11:30-12:00
12:00-12:30											12:00-12:30
12:30-13:00	SK Neptun	SK Neptun	SK Neptun								12:30-13:00
13:00-13:30	SK Neptun	SK Neptun	SK Neptun				13:00-13:30				
13:30-14:00	SK Neptun	SK Neptun	SK Neptun				13:30-14:00				
14:00-14:30	SK Neptun	SK Neptun	SK Neptun				14:00-14:30				
14:30-15:00	SK Neptun	SK Neptun	SK Neptun				14:30-15:00				
15:00-15:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	15:00-15:30
15:30-16:00	NEC	NEC	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	15:30-16:00
16:00-16:30	NEC	NEC	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	16:00-16:30
16:30-17:00	NEC	NEC	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	16:30-17:00
17:00-17:30	NEC	NEC	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	17:00-17:30
17:30-18:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	17:30-18:00
18:00-18:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	18:00-18:30
18:30-19:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	18:30-19:00
19:00-19:30	SKK Vattenpolo										19:00-19:30
19:30-20:00											19:30-20:00
20:00-20:30											20:00-20:30
20:30-21:00											20:30-21:00

Med reservation för ändringar

Onsdag	0	1	2	3	4	5	6	7	8	9	29-jul
05:45-06:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					05:45-06:00
06:00-06:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Crawl	Bröstsims		Rundsim	06:00-06:30
06:30-07:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					06:30-07:00
07:00-07:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:00-07:30
07:30-08:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:30-08:00
08:00-08:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					08:00-08:30
08:30-09:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					08:30-09:00
09:00-09:30	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:00-09:30
09:30-10:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:30-10:00
10:00-10:30	NEC	NEC	NEC	NEC							10:00-10:30
10:30-11:00											10:30-11:00
11:00-11:30							11:00-11:30				
11:30-12:00							11:30-12:00				
12:00-12:30							12:00-12:30				
12:30-13:00	SK Neptun	SK Neptun	SK Neptun				Snabb-bana				12:30-13:00
13:00-13:30	SK Neptun	SK Neptun	SK Neptun								13:00-13:30
13:30-14:00	SK Neptun	SK Neptun	SK Neptun								13:30-14:00
14:00-14:30	SK Neptun	SK Neptun	SK Neptun								14:00-14:30
14:30-15:00	SK Neptun	SK Neptun	SK Neptun								14:30-15:00
15:00-15:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun					SPIF
15:30-16:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	15:30-16:00
16:00-16:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	16:00-16:30
16:30-17:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	16:30-17:00
17:00-17:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	17:00-17:30
17:30-18:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	17:30-18:00
18:00-18:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	18:00-18:30
18:30-19:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	18:30-19:00
19:00-19:30											19:00-19:30
19:30-20:00											19:30-20:00
20:00-20:30											20:00-20:30
20:30-21:00											20:30-21:00

Med reservation för ändringar

Torsdag	0	1	2	3	4	5	6	7	8	9	30-Jul
05:45-06:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					05:45-06:00
06:00-06:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Crawl	Bröstsims	Rundsims		06:00-06:30
06:30-07:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					06:30-07:00
07:00-07:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:00-07:30
07:30-08:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:30-08:00
08:00-08:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					08:00-08:30
08:30-09:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					08:30-09:00
09:00-09:30	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:00-09:30
09:30-10:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:30-10:00
10:00-10:30	NEC	NEC	NEC	NEC							10:00-10:30
10:30-11:00											10:30-11:00
11:00-11:30											11:00-11:30
11:30-12:00											11:30-12:00
12:00-12:30											12:00-12:30
12:30-13:00	SK Neptun	SK Neptun	SK Neptun								12:30-13:00
13:00-13:30	SK Neptun	SK Neptun	SK Neptun				13:00-13:30				
13:30-14:00	SK Neptun	SK Neptun	SK Neptun				13:30-14:00				
14:00-14:30	SK Neptun	SK Neptun	SK Neptun				14:00-14:30				
14:30-15:00	SK Neptun	SK Neptun	SK Neptun				14:30-15:00				
15:00-15:30			SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:00-15:30
15:30-16:00	NEC	NEC	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:30-16:00
16:00-16:30	NEC	NEC	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:00-16:30
16:30-17:00	NEC	NEC	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:30-17:00
17:00-17:30	NEC	NEC	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:00-17:30
17:30-18:00	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:30-18:00
18:00-18:30	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:00-18:30
18:30-19:00	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:30-19:00
19:00-19:30											19:00-19:30
19:30-20:00											19:30-20:00
20:00-20:30											20:00-20:30
20:30-21:00											20:30-21:00

Med reservation för ändringar

Fredag	0	1	2	3	4	5	6	7	8	9	31-jul
05:45-06:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					05:45-06:00
06:00-06:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Crawl	Bröstsims	Rundsim		06:00-06:30
06:30-07:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					06:30-07:00
07:00-07:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:00-07:30
07:30-08:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:30-08:00
08:00-08:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					08:00-08:30
08:30-09:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					08:30-09:00
09:00-09:30	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:00-09:30
09:30-10:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:30-10:00
10:00-10:30	NEC	NEC	NEC	NEC							10:00-10:30
10:30-11:00											10:30-11:00
11:00-11:30											11:00-11:30
11:30-12:00											11:30-12:00
12:00-12:30											12:00-12:30
12:30-13:00	SK Neptun	SK Neptun	SK Neptun								12:30-13:00
13:00-13:30	SK Neptun	SK Neptun	SK Neptun				13:00-13:30				
13:30-14:00	SK Neptun	SK Neptun	SK Neptun				13:30-14:00				
14:00-14:30	SK Neptun	SK Neptun	SK Neptun				14:00-14:30				
14:30-15:00	SK Neptun	SK Neptun	SK Neptun				14:30-15:00				
15:00-15:30					SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:00-15:30
15:30-16:00	NEC	NEC	NEC	NEC	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:30-16:00
16:00-16:30	NEC	NEC	NEC	NEC	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:00-16:30
16:30-17:00	NEC	NEC	NEC	NEC	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:30-17:00
17:00-17:30	NEC	NEC	NEC	NEC	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:00-17:30
17:30-18:00	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:30-18:00
18:00-18:30	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:00-18:30
18:30-19:00	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:30-19:00
19:00-19:30	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	19:00-19:30
19:30-20:00				SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	19:30-20:00

Med reservation för ändringar

Lördag	0	1	2	3	4	5	6	7	8	9	01-aug
07:45-08:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	07:45-08:00
08:00-08:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	08:00-08:30
08:30-09:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	08:30-09:00
09:00-09:30	NEC	NEC	NEC	NEC	Neptun / SPIF	Snabb-bana	crawl	Bröstsims	Rundsims		09:00-09:30
09:30-10:00	NEC	NEC	NEC	NEC	Neptun / SPIF						09:30-10:00
10:00-10:30	NEC	NEC	NEC	NEC	Neptun / SPIF						10:00-10:30
10:30-11:00											10:30-11:00
11:00-11:30											11:00-11:30
11:30-12:00											11:30-12:00
12:00-12:30											12:00-12:30
12:30-13:00											12:30-13:00
13:00-13:30											13:00-13:30
13:30-14:00											13:30-14:00
14:00-14:30											14:00-14:30
14:30-15:00											14:30-15:00
15:00-15:30											15:00-15:30
15:30-16:00											15:30-16:00
16:00-16:30											16:00-16:30
16:30-17:00											16:30-17:00
17:00-17:30						17:00-17:30					
17:30-18:00						17:30-18:00					
18:00-18:30						18:00-18:30					
18:30-19:00						18:30-19:00					

Med reservation för ändringar

Söndag	0	1	2	3	4	5	6	7	8	9	O2-aug			
07:45-08:00											07:45-08:00			
08:00-08:30											08:00-08:30			
08:30-09:00											08:30-09:00			
09:00-09:30						Snabb-bana	Crawl	Bröstsimsim	Rundsim		09:00-09:30			
09:30-10:00														09:30-10:00
10:00-10:30														10:00-10:30
10:30-11:00														10:30-11:00
11:00-11:30														11:00-11:30
11:30-12:00														11:30-12:00
12:00-12:30														12:00-12:30
12:30-13:00														12:30-13:00
13:00-13:30														13:00-13:30
13:30-14:00														13:30-14:00
14:00-14:30														14:00-14:30
14:30-15:00														14:30-15:00
15:00-15:30														15:00-15:30
15:30-16:00														15:30-16:00
16:00-16:30														16:00-16:30
16:30-17:00														16:30-17:00
17:00-17:30										17:00-17:30				
17:30-18:00	SCT	SCT	SCT	SCT	SCT						17:30-18:00			
18:00-18:30	SCT	SCT	SCT	SCT	SCT						18:00-18:30			
18:30-19:00	SCT	SCT	SCT	SCT	SCT						18:30-19:00			
19:00-19:30											19:00-19:30			
19:30-20:00											19:30-20:00			

Med reservation för ändringar

Måndag	0	1	2	3	4	5	6	7	8	9	O3-aug
05:45-06:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					05:45-06:00
06:00-06:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Crawl	Bröstsims		Rundsims	06:00-06:30
06:30-07:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					06:30-07:00
07:00-07:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:00-07:30
07:30-08:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:30-08:00
08:00-08:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					08:00-08:30
08:30-09:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					08:30-09:00
09:00-09:30	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:00-09:30
09:30-10:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:30-10:00
10:00-10:30	NEC	NEC	NEC	NEC							10:00-10:30
10:30-11:00	SPIF	SPIF	SPIF	SPIF	SPIF						10:30-11:00
11:00-11:30	SPIF	SPIF	SPIF	SPIF	SPIF						11:00-11:30
11:30-12:00	SPIF	SPIF	SPIF	SPIF	SPIF						11:30-12:00
12:00-12:30	SPIF	SPIF	SPIF	SPIF	SPIF						12:00-12:30
12:30-13:00	SK Neptun	SK Neptun	SK Neptun			Snabb-bana					12:30-13:00
13:00-13:30	SK Neptun	SK Neptun	SK Neptun				13:00-13:30				
13:30-14:00	SK Neptun	SK Neptun	SK Neptun				13:30-14:00				
14:00-14:30	SK Neptun	SK Neptun	SK Neptun				14:00-14:30				
14:30-15:00	SK Neptun	SK Neptun	SK Neptun				14:30-15:00				
15:00-15:30	NEC	NEC	NEC	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:00-15:30
15:30-16:00	NEC	NEC	NEC	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:30-16:00
16:00-16:30	NEC	NEC	NEC	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:00-16:30
16:30-17:00	NEC	NEC	NEC	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:30-17:00
17:00-17:30	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:00-17:30
17:30-18:00	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:30-18:00
18:00-18:30	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:00-18:30
18:30-19:00	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:30-19:00
19:00-19:30	SPIF Vattenpolo										19:00-19:30
19:30-20:00											19:30-20:00
20:00-20:30											20:00-20:30
20:30-21:00											20:30-21:00

Med reservation för ändringar

Tisdag	0	1	2	3	4	5	6	7	8	9	O4-aug
05:45-06:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					05:45-06:00
06:00-06:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Crawl	Bröstsims		Rundsim	06:00-06:30
06:30-07:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					06:30-07:00
07:00-07:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:00-07:30
07:30-08:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:30-08:00
08:00-08:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					08:00-08:30
08:30-09:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					08:30-09:00
09:00-09:30	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:00-09:30
09:30-10:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:30-10:00
10:00-10:30	NEC	NEC	NEC	NEC							10:00-10:30
10:30-11:00	SPIF	SPIF	SPIF	SPIF	SPIF						10:30-11:00
11:00-11:30	SPIF	SPIF	SPIF	SPIF	SPIF						11:00-11:30
11:30-12:00	SPIF	SPIF	SPIF	SPIF	SPIF						11:30-12:00
12:00-12:30	SPIF	SPIF	SPIF	SPIF	SPIF						12:00-12:30
12:30-13:00	SK Neptun	SK Neptun	SK Neptun			Snabb-bana					12:30-13:00
13:00-13:30	SK Neptun	SK Neptun	SK Neptun				13:00-13:30				
13:30-14:00	SK Neptun	SK Neptun	SK Neptun				13:30-14:00				
14:00-14:30	SK Neptun	SK Neptun	SK Neptun				14:00-14:30				
14:30-15:00	SK Neptun	SK Neptun	SK Neptun				14:30-15:00				
15:00-15:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	15:00-15:30
15:30-16:00	NEC	NEC	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	15:30-16:00
16:00-16:30	NEC	NEC	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	16:00-16:30
16:30-17:00	NEC	NEC	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	16:30-17:00
17:00-17:30	NEC	NEC	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	17:00-17:30
17:30-18:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	17:30-18:00
18:00-18:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	18:00-18:30
18:30-19:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	18:30-19:00
19:00-19:30											19:00-19:30
19:30-20:00											19:30-20:00
20:00-20:30											20:00-20:30
20:30-21:00											20:30-21:00

SKK Vattenpolo

Med reservation för ändringar

Onsdag	0	1	2	3	4	5	6	7	8	9	O5-aug
05:45-06:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					05:45-06:00
06:00-06:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Crawl	Bröstsims		Rundsim	06:00-06:30
06:30-07:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					06:30-07:00
07:00-07:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:00-07:30
07:30-08:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:30-08:00
08:00-08:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					08:00-08:30
08:30-09:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					08:30-09:00
09:00-09:30	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:00-09:30
09:30-10:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:30-10:00
10:00-10:30	NEC	NEC	NEC	NEC							10:00-10:30
10:30-11:00	SPIF	SPIF	SPIF	SPIF	SPIF						10:30-11:00
11:00-11:30	SPIF	SPIF	SPIF	SPIF	SPIF		11:00-11:30				
11:30-12:00	SPIF	SPIF	SPIF	SPIF	SPIF		11:30-12:00				
12:00-12:30	SPIF	SPIF	SPIF	SPIF	SPIF		12:00-12:30				
12:30-13:00	SK Neptun	SK Neptun	SK Neptun			Snabb-bana	12:30-13:00				
13:00-13:30	SK Neptun	SK Neptun	SK Neptun				13:00-13:30				
13:30-14:00	SK Neptun	SK Neptun	SK Neptun				13:30-14:00				
14:00-14:30	SK Neptun	SK Neptun	SK Neptun				14:00-14:30				
14:30-15:00	SK Neptun	SK Neptun	SK Neptun				14:30-15:00				
15:00-15:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	15:00-15:30
15:30-16:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	15:30-16:00
16:00-16:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	16:00-16:30
16:30-17:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	16:30-17:00
17:00-17:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	17:00-17:30
17:30-18:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	17:30-18:00
18:00-18:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	18:00-18:30
18:30-19:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	18:30-19:00
19:00-19:30											19:00-19:30
19:30-20:00											19:30-20:00
20:00-20:30											20:00-20:30
20:30-21:00											20:30-21:00

Med reservation för ändringar

Torsdag	0	1	2	3	4	5	6	7	8	9	O6-aug
05:45-06:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					05:45-06:00
06:00-06:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Crawl	Bröstsims		Rundsim	06:00-06:30
06:30-07:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					06:30-07:00
07:00-07:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:00-07:30
07:30-08:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:30-08:00
08:00-08:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					08:00-08:30
08:30-09:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					08:30-09:00
09:00-09:30	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:00-09:30
09:30-10:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:30-10:00
10:00-10:30	NEC	NEC	NEC	NEC							10:00-10:30
10:30-11:00	SPIF	SPIF	SPIF	SPIF	SPIF						10:30-11:00
11:00-11:30	SPIF	SPIF	SPIF	SPIF	SPIF						11:00-11:30
11:30-12:00	SPIF	SPIF	SPIF	SPIF	SPIF						11:30-12:00
12:00-12:30	SPIF	SPIF	SPIF	SPIF	SPIF						12:00-12:30
12:30-13:00	SK Neptun	SK Neptun	SK Neptun			Snabb-bana					12:30-13:00
13:00-13:30	SK Neptun	SK Neptun	SK Neptun				13:00-13:30				
13:30-14:00	SK Neptun	SK Neptun	SK Neptun				13:30-14:00				
14:00-14:30	SK Neptun	SK Neptun	SK Neptun				14:00-14:30				
14:30-15:00	SK Neptun	SK Neptun	SK Neptun				14:30-15:00				
15:00-15:30			SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:00-15:30
15:30-16:00	NEC	NEC	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:30-16:00
16:00-16:30	NEC	NEC	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:00-16:30
16:30-17:00	NEC	NEC	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:30-17:00
17:00-17:30	NEC	NEC	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:00-17:30
17:30-18:00	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:30-18:00
18:00-18:30	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:00-18:30
18:30-19:00	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:30-19:00
19:00-19:30											19:00-19:30
19:30-20:00	SPIF Vattenpolo										19:30-20:00
20:00-20:30											20:00-20:30
20:30-21:00											20:30-21:00

Med reservation för ändringar

Fredag	0	1	2	3	4	5	6	7	8	9	O7-aug
05:45-06:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					05:45-06:00
06:00-06:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Crawl	Bröstsims		Rundsim	06:00-06:30
06:30-07:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					06:30-07:00
07:00-07:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:00-07:30
07:30-08:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:30-08:00
08:00-08:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					08:00-08:30
08:30-09:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					08:30-09:00
09:00-09:30	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:00-09:30
09:30-10:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF					09:30-10:00
10:00-10:30	NEC	NEC	NEC	NEC							10:00-10:30
10:30-11:00	SPIF	SPIF	SPIF								10:30-11:00
11:00-11:30	SPIF	SPIF	SPIF								11:00-11:30
11:30-12:00	SPIF	SPIF	SPIF								11:30-12:00
12:00-12:30	SPIF	SPIF	SPIF								12:00-12:30
12:30-13:00	SK Neptun	SK Neptun	SK Neptun								12:30-13:00
13:00-13:30	SK Neptun	SK Neptun	SK Neptun				13:00-13:30				
13:30-14:00	SK Neptun	SK Neptun	SK Neptun				13:30-14:00				
14:00-14:30	SK Neptun	SK Neptun	SK Neptun				14:00-14:30				
14:30-15:00	SK Neptun	SK Neptun	SK Neptun				14:30-15:00				
15:00-15:30					SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:00-15:30
15:30-16:00	NEC	NEC	NEC	NEC	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:30-16:00
16:00-16:30	NEC	NEC	NEC	NEC	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:00-16:30
16:30-17:00	NEC	NEC	NEC	NEC	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:30-17:00
17:00-17:30	NEC	NEC	NEC	NEC	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:00-17:30
17:30-18:00	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:30-18:00
18:00-18:30	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:00-18:30
18:30-19:00	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	Vattenpolo	18:30-19:00
19:00-19:30	VATTENPOLO										19:00-19:30
19:30-20:00											19:30-20:00

Med reservation för ändringar

Lördag	0	1	2	3	4	5	6	7	8	9	O8-aug
07:45-08:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	07:45-08:00
08:00-08:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	08:00-08:30
08:30-09:00	NEC	NEC	NEC	NEC	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	08:30-09:00
09:00-09:30	NEC	NEC	NEC	NEC	Neptun / SPIF	Snabb-bana	crawl	Bröstsims	Rundsims		09:00-09:30
09:30-10:00	NEC	NEC	NEC	NEC	Neptun / SPIF						09:30-10:00
10:00-10:30	NEC	NEC	NEC	NEC	Neptun / SPIF						10:00-10:30
10:30-11:00											10:30-11:00
11:00-11:30											11:00-11:30
11:30-12:00											11:30-12:00
12:00-12:30											12:00-12:30
12:30-13:00											12:30-13:00
13:00-13:30											13:00-13:30
13:30-14:00											13:30-14:00
14:00-14:30											14:00-14:30
14:30-15:00											14:30-15:00
15:00-15:30											15:00-15:30
15:30-16:00											15:30-16:00
16:00-16:30											16:00-16:30
16:30-17:00											16:30-17:00
17:00-17:30											17:00-17:30
17:30-18:00						17:30-18:00					
18:00-18:30						18:00-18:30					
18:30-19:00						18:30-19:00					

Med reservation för ändringar

Söndag	0	1	2	3	4	5	6	7	8	9	O9-aug			
07:45-08:00	Neptun Masters	Neptun Masters	Neptun Masters								07:45-08:00			
08:00-08:30	Neptun Masters	Neptun Masters	Neptun Masters								08:00-08:30			
08:30-09:00	Neptun Masters	Neptun Masters	Neptun Masters								08:30-09:00			
09:00-09:30						Snabb-bana	Crawl	Bröstsims	Rundsims		09:00-09:30			
09:30-10:00														09:30-10:00
10:00-10:30														10:00-10:30
10:30-11:00														10:30-11:00
11:00-11:30														11:00-11:30
11:30-12:00														11:30-12:00
12:00-12:30														12:00-12:30
12:30-13:00														12:30-13:00
13:00-13:30														13:00-13:30
13:30-14:00														13:30-14:00
14:00-14:30														14:00-14:30
14:30-15:00														14:30-15:00
15:00-15:30														15:00-15:30
15:30-16:00														15:30-16:00
16:00-16:30														16:00-16:30
16:30-17:00														16:30-17:00
17:00-17:30										17:00-17:30				
17:30-18:00	SCT	SCT	SCT	SCT	SCT						17:30-18:00			
18:00-18:30	SCT	SCT	SCT	SCT	SCT						18:00-18:30			
18:30-19:00	SCT	SCT	SCT	SCT	SCT						18:30-19:00			
19:00-19:30											19:00-19:30			
19:30-20:00											19:30-20:00			

Med reservation för ändringar

Måndag	0	1	2	3	4	5	6	7	8	9	10-aug
05:45-06:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					05:45-06:00
06:00-06:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Crawl	Bröstsims	Rundsim		06:00-06:30
06:30-07:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					06:30-07:00
07:00-07:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:00-07:30
07:30-08:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:30-08:00
08:00-08:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					08:00-08:30
08:30-09:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					08:30-09:00
09:00-09:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					09:00-09:30
09:30-10:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					09:30-10:00
10:00-10:30											10:00-10:30
10:30-11:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF					10:30-11:00
11:00-11:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	11:00-11:30				
11:30-12:00	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	11:30-12:00				
12:00-12:30	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	12:00-12:30				
12:30-13:00	SK Neptun	SK Neptun	SK Neptun			Snabb-bana	12:30-13:00				
13:00-13:30	SK Neptun	SK Neptun	SK Neptun				13:00-13:30				
13:30-14:00	SK Neptun	SK Neptun	SK Neptun				13:30-14:00				
14:00-14:30	SK Neptun	SK Neptun	SK Neptun				14:00-14:30				
14:30-15:00	SK Neptun	SK Neptun	SK Neptun				14:30-15:00				
15:00-15:30	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:00-15:30
15:30-16:00	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:30-16:00
16:00-16:30	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:00-16:30
16:30-17:00	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:30-17:00
17:00-17:30	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:00-17:30
17:30-18:00	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:30-18:00
18:00-18:30	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:00-18:30
18:30-19:00	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:30-19:00
19:00-19:30	Hellas Vattenpolo										19:00-19:30
19:30-20:00											19:30-20:00
20:00-20:30											20:00-20:30
20:30-21:00											20:30-21:00

Med reservation för ändringar

Tisdag	0	1	2	3	4	5	6	7	8	9	11-aug
05:45-06:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					05:45-06:00
06:00-06:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Crawl	Bröstsims		Rundsim	06:00-06:30
06:30-07:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					06:30-07:00
07:00-07:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:00-07:30
07:30-08:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:30-08:00
08:00-08:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					08:00-08:30
08:30-09:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					08:30-09:00
09:00-09:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					09:00-09:30
09:30-10:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					09:30-10:00
10:00-10:30	SPIF	SPIF	SPIF	SPIF	SPIF	Snabb-bana					10:00-10:30
10:30-11:00	SPIF	SPIF	SPIF	SPIF	SPIF						10:30-11:00
11:00-11:30	SPIF	SPIF	SPIF	SPIF	SPIF		11:00-11:30				
11:30-12:00	SPIF	SPIF	SPIF	SPIF	SPIF		11:30-12:00				
12:00-12:30							12:00-12:30				
12:30-13:00	SK Neptun	SK Neptun	SK Neptun				12:30-13:00				
13:00-13:30	SK Neptun	SK Neptun	SK Neptun				13:00-13:30				
13:30-14:00	SK Neptun	SK Neptun	SK Neptun				13:30-14:00				
14:00-14:30	SK Neptun	SK Neptun	SK Neptun				14:00-14:30				
14:30-15:00	SK Neptun	SK Neptun	SK Neptun				14:30-15:00				
15:00-15:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	15:00-15:30
15:30-16:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	15:30-16:00
16:00-16:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	16:00-16:30
16:30-17:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	16:30-17:00
17:00-17:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	17:00-17:30
17:30-18:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	17:30-18:00
18:00-18:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	18:00-18:30
18:30-19:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	18:30-19:00
19:00-19:30											19:00-19:30
19:30-20:00											19:30-20:00
20:00-20:30											20:00-20:30
20:30-21:00											20:30-21:00

SKK Vattenpolo

Med reservation för ändringar

Onsdag	0	1	2	3	4	5	6	7	8	9	12-aug
05:45-06:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					05:45-06:00
06:00-06:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Crawl	Bröstsims		Rundsim	06:00-06:30
06:30-07:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					06:30-07:00
07:00-07:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:00-07:30
07:30-08:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:30-08:00
08:00-08:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					08:00-08:30
08:30-09:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					08:30-09:00
09:00-09:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					09:00-09:30
09:30-10:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					09:30-10:00
10:00-10:30	SPIF	SPIF	SPIF	SPIF	SPIF	Snabb-bana					10:00-10:30
10:30-11:00	SPIF	SPIF	SPIF	SPIF	SPIF						10:30-11:00
11:00-11:30	SPIF	SPIF	SPIF	SPIF	SPIF		11:00-11:30				
11:30-12:00	SPIF	SPIF	SPIF	SPIF	SPIF		11:30-12:00				
12:00-12:30							12:00-12:30				
12:30-13:00	SK Neptun	SK Neptun	SK Neptun				12:30-13:00				
13:00-13:30	SK Neptun	SK Neptun	SK Neptun				13:00-13:30				
13:30-14:00	SK Neptun	SK Neptun	SK Neptun				13:30-14:00				
14:00-14:30	SK Neptun	SK Neptun	SK Neptun				14:00-14:30				
14:30-15:00	SK Neptun	SK Neptun	SK Neptun				14:30-15:00				
15:00-15:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	15:00-15:30
15:30-16:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	15:30-16:00
16:00-16:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	16:00-16:30
16:30-17:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	16:30-17:00
17:00-17:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	17:00-17:30
17:30-18:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	17:30-18:00
18:00-18:30	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	18:00-18:30
18:30-19:00	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SPIF	SPIF	SPIF	SPIF	18:30-19:00
19:00-19:30	Neptun Vattenpolo										19:00-19:30
19:30-20:00											19:30-20:00
20:00-20:30											20:00-20:30
20:30-21:00											20:30-21:00

Med reservation för ändringar

Torsdag	0	1	2	3	4	5	6	7	8	9	13-aug
05:45-06:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					05:45-06:00
06:00-06:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Crawl	Bröstsims	Rundsims		06:00-06:30
06:30-07:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					06:30-07:00
07:00-07:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:00-07:30
07:30-08:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:30-08:00
08:00-08:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					08:00-08:30
08:30-09:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					08:30-09:00
09:00-09:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					09:00-09:30
09:30-10:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					09:30-10:00
10:00-10:30	SPIF	SPIF	SPIF	SPIF	SPIF	Snabb-bana					10:00-10:30
10:30-11:00	SPIF	SPIF	SPIF	SPIF	SPIF						10:30-11:00
11:00-11:30	SPIF	SPIF	SPIF	SPIF	SPIF		11:00-11:30				
11:30-12:00	SPIF	SPIF	SPIF	SPIF	SPIF		11:30-12:00				
12:00-12:30							12:00-12:30				
12:30-13:00	SK Neptun	SK Neptun	SK Neptun				12:30-13:00				
13:00-13:30	SK Neptun	SK Neptun	SK Neptun				13:00-13:30				
13:30-14:00	SK Neptun	SK Neptun	SK Neptun				13:30-14:00				
14:00-14:30	SK Neptun	SK Neptun	SK Neptun				14:00-14:30				
14:30-15:00	SK Neptun	SK Neptun	SK Neptun				14:30-15:00				
15:00-15:30	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:00-15:30
15:30-16:00	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:30-16:00
16:00-16:30	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:00-16:30
16:30-17:00	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:30-17:00
17:00-17:30	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:00-17:30
17:30-18:00	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:30-18:00
18:00-18:30	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:00-18:30
18:30-19:00	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:30-19:00
19:00-19:30	SPIF Vattenpolo										19:00-19:30
19:30-20:00											19:30-20:00
20:00-20:30											20:00-20:30
20:30-21:00											20:30-21:00

Med reservation för ändringar

Fredag	0	1	2	3	4	5	6	7	8	9	14-aug
05:45-06:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					05:45-06:00
06:00-06:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Crawl	Bröstsims		Rundsim	06:00-06:30
06:30-07:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					06:30-07:00
07:00-07:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:00-07:30
07:30-08:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					07:30-08:00
08:00-08:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					08:00-08:30
08:30-09:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					08:30-09:00
09:00-09:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					09:00-09:30
09:30-10:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF					09:30-10:00
10:00-10:30	SPIF	SPIF	SPIF								10:00-10:30
10:30-11:00	SPIF	SPIF	SPIF								10:30-11:00
11:00-11:30	SPIF	SPIF	SPIF								11:00-11:30
11:30-12:00	SPIF	SPIF	SPIF								11:30-12:00
12:00-12:30											12:00-12:30
12:30-13:00	SK Neptun	SK Neptun	SK Neptun								12:30-13:00
13:00-13:30	SK Neptun	SK Neptun	SK Neptun				13:00-13:30				
13:30-14:00	SK Neptun	SK Neptun	SK Neptun				13:30-14:00				
14:00-14:30	SK Neptun	SK Neptun	SK Neptun				14:00-14:30				
14:30-15:00	SK Neptun	SK Neptun	SK Neptun				14:30-15:00				
15:00-15:30	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:00-15:30
15:30-16:00	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	15:30-16:00
16:00-16:30	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:00-16:30
16:30-17:00	SPIF	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	16:30-17:00
17:00-17:30	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:00-17:30
17:30-18:00	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	17:30-18:00
18:00-18:30	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	18:00-18:30
18:30-19:00	SPIF	SPIF	SPIF	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	SK Neptun	Vattenpolo	18:30-19:00
19:00-19:30	VATTENPOLO										19:00-19:30
19:30-20:00											19:30-20:00

Med reservation för ändringar

Lördag	0	1	2	3	4	5	6	7	8	9	15-aug
07:45-08:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	07:45-08:00
08:00-08:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	08:00-08:30
08:30-09:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	08:30-09:00
09:00-09:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Snabb-bana	crawl	Bröstsims	Rundsims		09:00-09:30
09:30-10:00	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF						09:30-10:00
10:00-10:30	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF	Neptun / SPIF						10:00-10:30
10:30-11:00											10:30-11:00
11:00-11:30											11:00-11:30
11:30-12:00											11:30-12:00
12:00-12:30											12:00-12:30
12:30-13:00											12:30-13:00
13:00-13:30											13:00-13:30
13:30-14:00											13:30-14:00
14:00-14:30											14:00-14:30
14:30-15:00											14:30-15:00
15:00-15:30											15:00-15:30
15:30-16:00											15:30-16:00
16:00-16:30											16:00-16:30
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17:00-17:30											17:00-17:30
17:30-18:00											17:30-18:00
18:00-18:30											18:00-18:30
18:30-19:00						18:30-19:00					

Med reservation för ändringar

Söndag	0	1	2	3	4	5	6	7	8	9	16-aug			
07:45-08:00	Neptun Masters	Neptun Masters	Neptun Masters								07:45-08:00			
08:00-08:30	Neptun Masters	Neptun Masters	Neptun Masters								08:00-08:30			
08:30-09:00	Neptun Masters	Neptun Masters	Neptun Masters								08:30-09:00			
09:00-09:30						Snabb-bana	Crawl	Bröstsims	Rundsims		09:00-09:30			
09:30-10:00														09:30-10:00
10:00-10:30														10:00-10:30
10:30-11:00														10:30-11:00
11:00-11:30														11:00-11:30
11:30-12:00														11:30-12:00
12:00-12:30														12:00-12:30
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14:00-14:30														14:00-14:30
14:30-15:00														14:30-15:00
15:00-15:30														15:00-15:30
15:30-16:00														15:30-16:00
16:00-16:30														16:00-16:30
16:30-17:00														16:30-17:00
17:00-17:30										17:00-17:30				
17:30-18:00	SCT	SCT	SCT	SCT	SCT						17:30-18:00			
18:00-18:30	SCT	SCT	SCT	SCT	SCT						18:00-18:30			
18:30-19:00	SCT	SCT	SCT	SCT	SCT						18:30-19:00			
19:00-19:30											19:00-19:30			
19:30-20:00											19:30-20:00			

Med reservation för ändringar