

Måndag	0				1				2				3				4				5				6		7		8		9		03-nov						
05:45-06:00	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC				Crawl										Bröstsim		Rundsim		05:45-06:00
06:00-06:30	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC				06:00-06:30																		
06:30-07:00	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC				06:30-07:00																		
07:00-07:30	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC				07:00-07:30																		
07:30-08:00	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC				07:30-08:00																		
08:00-08:30	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEC				NEC				08:00-08:30																		
08:30-09:00	IDF Skolsim	↑	NEP/SPIF	IDF Skolsim	↑	NEP/SPIF	NEP/SPIF				NEC				NEC				08:30-09:00																				
09:00-09:30	IDF Skolsim		NEP/SPIF	IDF Skolsim		NEP/SPIF	NEP/SPIF				NEC				NEC				09:00-09:30																				
09:30-10:00	IDF Skolsim		NEP/SPIF	IDF Skolsim		NEP/SPIF	NEP/SPIF				NEC				NEC				09:30-10:00																				
10:00-10:30	IDF Skolsim			IDF Skolsim		Skola	Skola				Skola				Skola				Snabb-bana				10:00-10:30																
10:30-11:00	IDF Skolsim			IDF Skolsim		Skola																	10:30-11:00																
11:00-11:30				Skola																			11:00-11:30																
11:30-12:00																							11:30-12:00																
12:00-12:30																							12:00-12:30																
12:30-13:00																							12:30-13:00																
13:00-13:30	IDF Skolsim	↑		IDF Skolsim	↑	Skola	13:00-13:30																																
13:30-14:00	IDF Skolsim			IDF Skolsim		Skola	13:30-14:00																																
14:00-14:30	IDF Skolsim			IDF Skolsim		Skola	14:00-14:30																																
14:30-15:00	IDF Skolsim			IDF Skolsim		Skola	14:30-15:00																																
15:00-15:30	Rundsim	Bröstsim	Bröstsim	Crawl	Snabb-bana	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	NEC	NEC	NEC	NEC	NEC	x	15:00-15:30																		
15:30-16:00						SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	NEC	NEC	NEC	NEC	NEC	x	15:30-16:00																		
16:00-16:30						SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	NEC	NEC	NEC	NEC	NEC	x	16:00-16:30																		
16:30-17:00						SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	NEC	NEC	NEC	NEC	NEC	x	16:30-17:00																		
17:00-17:30						SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	17:00-17:30																		
17:30-18:00						SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	17:30-18:00																		
18:00-18:30						SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	18:00-18:30																		
18:30-19:00						SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	18:30-19:00																		
19:00-19:30						SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	19:00-19:30																		
19:30-20:00	POLO simning 19:30-20:00 (ej boll)																			x	19:30-20:00																		
20:00-20:30	HELLAS VATTENPOLO																				20:00-20:30																		
20:30-21:00																					20:30-21:00																		
21:00-21:30																					21:00-21:30																		
21:30-22:00																					21:30-22:00																		

Med reservation för ändringar

Tisdag	0						1						2						3						4						5						6						7						8						9						04-nov																														
05:45-06:00	NEP/SPIF						NEP/SPIF						NEP/SPIF						NEP/SPIF						NEP/SPIF						NEP/SPIF/NEC						Crawl																		Bröstsimsim																		Rundsimsim																		05:45-06:00
06:00-06:30	NEP/SPIF						NEP/SPIF						NEP/SPIF						NEP/SPIF						NEP/SPIF						NEP/SPIF/NEC																																																												06:00-06:30
06:30-07:00	NEP/SPIF						NEP/SPIF						NEP/SPIF						NEP/SPIF						NEP/SPIF/NEC						06:30-07:00																																																												
07:00-07:30	NEP/SPIF						NEP/SPIF						NEP/SPIF						NEP/SPIF						NEP/SPIF/NEC						07:00-07:30																																																												
07:30-08:00	NEP/SPIF						NEP/SPIF						NEP/SPIF						NEP/SPIF						NEP/SPIF/NEC						07:30-08:00																																																												
08:00-08:30	NEP/SPIF						NEP/SPIF						NEP/SPIF						NEC						NEC						NEC																																																												08:00-08:30
08:30-09:00	IDF Skolsim	↑	NEP/SPIF				IDF Skolsim	↑	NEP/SPIF				NEP/SPIF						NEC						NEC						NEC																																																												08:30-09:00
09:00-09:30	IDF Skolsim		NEP/SPIF				IDF Skolsim		NEP/SPIF				NEP/SPIF						NEC						NEC						NEC																																																												09:00-09:30
09:30-10:00	IDF Skolsim		NEP/SPIF				IDF Skolsim		NEP/SPIF				NEP/SPIF						NEC						NEC						NEC																																																												09:30-10:00
10:00-10:30	IDF Skolsim						IDF Skolsim		Skola				Skola						Skola						Skola						Snabb-bana																																																												10:00-10:30
10:30-11:00	IDF Skolsim		↓				IDF Skolsim		Skola																												↓				10:30-11:00																																																		
11:00-11:30							Skola																																																11:00-11:30																																				
11:30-12:00	Länsförsäkringar																																																						11:30-12:00																																				
12:00-12:30	Länsförsäkringar																																																						12:00-12:30																																				
12:30-13:00																																																							12:30-13:00																																				
13:00-13:30	IDF Skolsim	↑					IDF Skolsim	↑	Skola																												Skola						Skola						Skola						Snabb-bana						13:00-13:30																														
13:30-14:00	IDF Skolsim						IDF Skolsim		Skola																																																				13:30-14:00																														
14:00-14:30	IDF Skolsim						IDF Skolsim		Skola																																																				14:00-14:30																														
14:30-15:00	IDF Skolsim		↓				IDF Skolsim		Skola																																																				↓	14:30-15:00																													
15:00-15:30	Rundsimsim	Bröstsimsim	Bröstsimsim	Crawl	Snabb-bana	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	x	15:00-15:30																																																																				
15:30-16:00						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	x	15:30-16:00																																																																				
16:00-16:30						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	x	16:00-16:30																																																																			
16:30-17:00						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	x	16:30-17:00																																																																			
17:00-17:30						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	x	17:00-17:30																																																																			
17:30-18:00						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	x	17:30-18:00																																																																			
18:00-18:30						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	x	18:00-18:30																																																																			
18:30-19:00						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	x	18:30-19:00																																																																			
19:00-19:30						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	x	19:00-19:30																																																																			
19:30-20:00	POLO simning 19:30-20:00 (ej boll)																											19:30-20:00																																																															
20:00-20:30																												20:00-20:30																																																															
20:30-21:00	SKK POLO																											20:30-21:00																																																															
21:00-21:30																												21:00-21:30																																																															
21:30-22:00																												21:30-22:00																																																															

Med reservation för ändringar

Onsdag		0		1		2		3		4		5		6		7		8		9		05-nov					
05:45-06:00		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF/NEC		Crawl		Bröstsim		Rundsim				05:45-06:00					
06:00-06:30		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF/NEC								06:00-06:30							
06:30-07:00		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF/NEC								06:30-07:00							
07:00-07:30		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF/NEC								07:00-07:30							
07:30-08:00		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF/NEC								07:30-08:00							
08:00-08:30		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEC		NEC		NEC								08:00-08:30							
08:30-09:00		IDF Skolsim	NEP/SPIF	IDF Skolsim	NEP/SPIF	NEP/SPIF		NEC		NEC		NEC								08:30-09:00							
09:00-09:30		IDF Skolsim	NEP/SPIF	IDF Skolsim	NEP/SPIF	NEP/SPIF		NEC		NEC		NEC								09:00-09:30							
09:30-10:00		IDF Skolsim	NEP/SPIF	IDF Skolsim	NEP/SPIF	NEP/SPIF		NEC		NEC		NEC								09:30-10:00							
10:00-10:30		IDF Skolsim		IDF Skolsim	Skola	Skola		Skola		Skola		Snabb-bana														10:00-10:30	
10:30-11:00		IDF Skolsim		IDF Skolsim	Skola									10:30-11:00													
11:00-11:30				Skola										Skola		Skola		Snabb-bana								11:00-11:30	
11:30-12:00																										11:30-12:00	
12:00-12:30																										12:00-12:30	
12:30-13:00																										12:30-13:00	
13:00-13:30																										13:00-13:30	
13:30-14:00																										13:30-14:00	
14:00-14:30																										14:00-14:30	
14:30-15:00																										14:30-15:00	
15:00-15:30		Rundsim	Bröstsim	Bröstsim	Crawl	Snabb-bana	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	x	15:00-15:30								
15:30-16:00							Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	x	15:30-16:00						
16:00-16:30							Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	x	16:00-16:30						
16:30-17:00							Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	x	16:30-17:00						
17:00-17:30							Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	x	17:00-17:30						
17:30-18:00							Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	x	17:30-18:00						
18:00-18:30							Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	x	18:00-18:30						
18:30-19:00							Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	x	18:30-19:00						
19:00-19:30																		x	19:00-19:30								
19:30-20:00		POLO simning 19:30-20:00 (ej boll)																			x	19:30-20:00					
20:00-20:30																						20:00-20:30					
20:30-21:00		NEPTUN VATTENPOLO																				20:30-21:00					
21:00-21:30																						21:00-21:30					
21:30-22:00																						21:30-22:00					
Med reservation för ändringar																											

Torsdag	0				1				2				3				4				5				6				7				8				9				06-nov
05:45-06:00	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC																				05:45-06:00
06:00-06:30	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC																				06:00-06:30
06:30-07:00	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC																				06:30-07:00
07:00-07:30	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC																				07:00-07:30
07:30-08:00	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC																				07:30-08:00
08:00-08:30	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEC				NEC				NEC																				08:00-08:30
08:30-09:00	IDF Skolsim	↑	NEP/SPIF	IDF Skolsim	↑	NEP/SPIF	NEP/SPIF				NEC				NEC				NEC																				08:30-09:00		
09:00-09:30	IDF Skolsim		NEP/SPIF	IDF Skolsim	↑	NEP/SPIF	NEP/SPIF				NEC				NEC				NEC																				09:00-09:30		
09:30-10:00	IDF Skolsim		NEP/SPIF	IDF Skolsim		NEP/SPIF	NEP/SPIF				NEC				NEC				NEC																				09:30-10:00		
10:00-10:30	IDF Skolsim			IDF Skolsim		Skola	Skola				Skola				Skola				Snabb-bana				Crawl				Bröstsım				Rundsim				10:00-10:30						
10:30-11:00	IDF Skolsim			IDF Skolsim		Skola																													10:30-11:00						
11:00-11:30				Skola																															11:00-11:30						
11:30-12:00	Länsförsäkringar																																		11:30-12:00						
12:00-12:30	Länsförsäkringar																																		12:00-12:30						
12:30-13:00																																			12:30-13:00						
13:00-13:30	IDF Skolsim	↑		IDF Skolsim	↑	Skola																													13:00-13:30						
13:30-14:00	IDF Skolsim			IDF Skolsim		Skola																													13:30-14:00						
14:00-14:30	IDF Skolsim			IDF Skolsim		Skola																													14:00-14:30						
14:30-15:00	IDF Skolsim			IDF Skolsim		Skola																													14:30-15:00						
15:00-15:30	Rundsim	Bröstsım	Bröstsım	Crawl	Snabb-bana	Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	15:00-15:30														
15:30-16:00						Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	15:30-16:00											
16:00-16:30						Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	16:00-16:30											
16:30-17:00						Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	16:30-17:00											
17:00-17:30						Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	17:00-17:30											
17:30-18:00						Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	17:30-18:00											
18:00-18:30						Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	18:00-18:30											
18:30-19:00						Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	18:30-19:00											
19:00-19:30						Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	19:00-19:30											
19:30-20:00	POLO simning 19:30-20:00 (ej boll)																						Polisen VP			Polisen VP			x	19:30-20:00											
20:00-20:30																																20:00-20:30									
20:30-21:00																																20:30-21:00									
21:00-21:30																																21:00-21:30									
21:30-22:00																																21:30-22:00									

Med reservation för ändringar

Fredag	0			1			2			3			4		5		6		7		8		9		07-nov
05:45-06:00	NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF		NEP/SPIF/NEC		CrawlBröstsimsRundsim								05:45-06:00
06:00-06:30	NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF		NEP/SPIF/NEC										06:00-06:30
06:30-07:00	NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF		NEP/SPIF/NEC										06:30-07:00
07:00-07:30	NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF		NEP/SPIF/NEC										07:00-07:30
07:30-08:00	NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF		NEP/SPIF/NEC										07:30-08:00
08:00-08:30	NEP/SPIF			NEP/SPIF			NEP/SPIF			NEC			NEC		NEC										08:00-08:30
08:30-09:00	IDF Skolsim	↑	NEP/SPIF	IDF Skolsim	↑	NEP/SPIF	NEP/SPIF			NEC			NEC		NEC										08:30-09:00
09:00-09:30	IDF Skolsim		NEP/SPIF	IDF Skolsim		NEP/SPIF	NEP/SPIF			NEC			NEC		NEC										09:00-09:30
09:30-10:00	IDF Skolsim		NEP/SPIF	IDF Skolsim		NEP/SPIF	NEP/SPIF			NEC			NEC		NEC										09:30-10:00
10:00-10:30	IDF Skolsim			IDF Skolsim		Skola	Skola			Skola			Snabb-bana												10:00-10:30
10:30-11:00	IDF Skolsim			IDF Skolsim		Skola																	10:30-11:00		
11:00-11:30				Skola																			11:00-11:30		
11:30-12:00	U. Hausmann																						11:30-12:00		
12:00-12:30	U. Hausmann																						12:00-12:30		
12:30-13:00																							12:30-13:00		
13:00-13:30																							13:00-13:30		
13:30-14:00																							13:30-14:00		
14:00-14:30																							14:00-14:30		
14:30-15:00																							14:30-15:00		
15:00-15:30	Rundsim	Bröstsims	Bröstsims	Crawl	Snabb-bana	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	NEC	NEC	NEC	NEC	NEC	x	15:00-15:30				
15:30-16:00						SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	NEC	NEC	NEC	NEC	NEC	x	15:30-16:00				
16:00-16:30						SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	NEC	NEC	NEC	NEC	NEC	x	16:00-16:30				
16:30-17:00						SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	NEC	NEC	NEC	NEC	NEC	x	16:30-17:00				
17:00-17:30						SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	17:00-17:30				
17:30-18:00						SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	17:30-18:00				
18:00-18:30						SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	18:00-18:30				
18:30-19:00						SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	18:30-19:00				
19:00-19:30	USM grundserie vattenpolo																					19:00-19:30			
19:30-20:00																						19:30-20:00			
20:00-20:30																						20:00-20:30			
20:30-21:00																						20:30-21:00			
Med reservation för ändringar																									
Lördag	0			1			2			3			4		5		6		7		8		9		08-nov

07:45-08:00	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF					07:45-08:00
08:00-08:30	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF					08:00-08:30
08:30-09:00	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF					08:30-09:00
09:00-09:30	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF					09:00-09:30
09:30-10:00	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF					09:30-10:00
10:00-10:30						Snabb-bana	Crawl	Bröstsims	Rundsims	10:00-10:30	
10:30-11:00										10:30-11:00	
11:00-11:30										11:00-11:30	
11:30-12:00										11:30-12:00	
12:00-12:30										12:00-12:30	
12:30-13:00										12:30-13:00	
13:00-13:30										13:00-13:30	
13:30-14:00										13:30-14:00	
14:00-14:30										14:00-14:30	
14:30-15:00										14:30-15:00	
15:00-15:30										15:00-15:30	
15:30-16:00										15:30-16:00	
16:00-16:30										16:00-16:30	
16:30-17:00										16:30-17:00	
17:00-17:30										17:00-17:30	
17:30-18:00										17:30-18:00	
18:00-18:30						18:00-18:30					
18:30-19:00						18:30-19:00					

Med reservation för ändringar

Söndag	0	1	2	3	4	5	6	7	8	9	09-nov	
07:45-08:00	Team TT	Team TT	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Crawl	Bröstsım		Rundsim	07:45-08:00	
08:00-08:30	Team TT	Team TT	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters					08:00-08:30	
08:30-09:00	Team TT	Team TT	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters					Snabb-bana	08:30-09:00
09:00-09:30												09:00-09:30
09:30-10:00												09:30-10:00
10:00-10:30												10:00-10:30
10:30-11:00												10:30-11:00
11:00-11:30												11:00-11:30
11:30-12:00												11:30-12:00
12:00-12:30												12:00-12:30
12:30-13:00												12:30-13:00
13:00-13:30												13:00-13:30
13:30-14:00												13:30-14:00
14:00-14:30												14:00-14:30
14:30-15:00												14:30-15:00
15:00-15:30												15:00-15:30
15:30-16:00												15:30-16:00
16:00-16:30												16:00-16:30
16:30-17:00												16:30-17:00
17:00-17:30												17:00-17:30
17:30-18:00											17:30-18:00	
18:00-18:30	SCT	SCT	SCT	SCT	SCT	Neptun VP					18:00-18:30	
18:30-19:00	SCT	SCT	SCT	SCT	SCT	Neptun VP					18:30-19:00	
19:00-19:30	SCT	SCT	SCT	SCT	SCT	Neptun VP					19:00-19:30	
19:30-20:00	APNEA	APNEA	APNEA	APNEA	Neptun Masters	Neptun Masters					19:30-20:00	
20:00-20:30	APNEA	APNEA	APNEA	APNEA	Neptun Masters	Neptun Masters					20:00-20:30	
20:30-21:00											20:30-21:00	

Med reservation för ändringar

Måndag	0				1		2		3		4		5		6		7		8		9		10-nov		
05:45-06:00	NEP/SPIF				NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF/NEC		Crawl Bröstsims Rundsim										05:45-06:00
06:00-06:30	NEP/SPIF				NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF/NEC												06:00-06:30
06:30-07:00	NEP/SPIF				NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF/NEC												06:30-07:00
07:00-07:30	NEP/SPIF				NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF/NEC												07:00-07:30
07:30-08:00	NEP/SPIF				NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF		NEP/SPIF/NEC												07:30-08:00
08:00-08:30	NEP/SPIF				NEP/SPIF		NEP/SPIF		NEC		NEC		NEC												08:00-08:30
08:30-09:00	IDF Skolsim	↑	NEP/SPIF	IDF Skolsim	↑	NEP/SPIF	NEP/SPIF		NEC		NEC		NEC												08:30-09:00
09:00-09:30	IDF Skolsim		NEP/SPIF	IDF Skolsim		NEP/SPIF	NEP/SPIF		NEC		NEC		NEC												09:00-09:30
09:30-10:00	IDF Skolsim		NEP/SPIF	IDF Skolsim		NEP/SPIF	NEP/SPIF		NEC		NEC		NEC												09:30-10:00
10:00-10:30	IDF Skolsim			IDF Skolsim		Skola	Skola		Skola		Skola		Snabb-bana												10:00-10:30
10:30-11:00	IDF Skolsim			IDF Skolsim		Skola									10:30-11:00										
11:00-11:30				Skola		11:00-11:30																			
11:30-12:00						11:30-12:00																			
12:00-12:30						12:00-12:30																			
12:30-13:00				IDF Skolsim	↑	Skola									12:30-13:00										
13:00-13:30	IDF Skolsim	↑		IDF Skolsim	↑	Skola	13:00-13:30																		
13:30-14:00	IDF Skolsim			IDF Skolsim		Skola	13:30-14:00																		
14:00-14:30	IDF Skolsim			IDF Skolsim		Skola	14:00-14:30																		
14:30-15:00	IDF Skolsim			IDF Skolsim		Skola	14:30-15:00																		
15:00-15:30	Rundsim	Bröstsims	Bröstsims	Crawl	Snabb-bana	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	NEC	NEC	NEC	NEC	NEC	x	15:00-15:30				
15:30-16:00						SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	NEC	NEC	NEC	NEC	NEC	x	15:30-16:00			
16:00-16:30						SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	NEC	NEC	NEC	NEC	NEC	x	16:00-16:30			
16:30-17:00						SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	NEC	NEC	NEC	NEC	NEC	x	16:30-17:00			
17:00-17:30						SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	17:00-17:30			
17:30-18:00						SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	17:30-18:00			
18:00-18:30						SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	18:00-18:30			
18:30-19:00						SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	18:30-19:00			
19:00-19:30						SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	19:00-19:30			
19:30-20:00	POLO simning 19:30-20:00 (ej boll)																				x	19:30-20:00			
20:00-20:30	HELLAS VATTENPOLO																				20:00-20:30				
20:30-21:00																					20:30-21:00				
21:00-21:30																					21:00-21:30				
21:30-22:00																					21:30-22:00				

Med reservation för ändringar

Tisdag	0			1			2			3			4			5			6		7			8		9		11-nov	
05:45-06:00	NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF/NEC													05:45-06:00
06:00-06:30	NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF/NEC													06:00-06:30
06:30-07:00	NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF/NEC													06:30-07:00
07:00-07:30	NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF/NEC													07:00-07:30
07:30-08:00	NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF/NEC													07:30-08:00
08:00-08:30	NEP/SPIF			NEP/SPIF			NEP/SPIF			NEC			NEC			NEC													08:00-08:30
08:30-09:00	IDF Skolsim	↑	NEP/SPIF	IDF Skolsim	↑	NEP/SPIF	NEP/SPIF			NEC			NEC			NEC													08:30-09:00
09:00-09:30	IDF Skolsim		NEP/SPIF	IDF Skolsim		NEP/SPIF	NEP/SPIF			NEC			NEC			NEC													09:00-09:30
09:30-10:00	IDF Skolsim		NEP/SPIF	IDF Skolsim		NEP/SPIF	NEP/SPIF			NEC			NEC			NEC													09:30-10:00
10:00-10:30	IDF Skolsim			IDF Skolsim		Skola	Skola			Skola			Skola			Snabb-bana			Crawl		Bröstsım			Rundsim		10:00-10:30			
10:30-11:00	IDF Skolsim			IDF Skolsim		Skola																				10:30-11:00			
11:00-11:30				Skola																						11:00-11:30			
11:30-12:00	Länsförsäkringar																									11:30-12:00			
12:00-12:30	Länsförsäkringar																									12:00-12:30			
12:30-13:00																										12:30-13:00			
13:00-13:30	IDF Skolsim	↑		IDF Skolsim	↑	Skola																				13:00-13:30			
13:30-14:00	IDF Skolsim			IDF Skolsim		Skola																				13:30-14:00			
14:00-14:30	IDF Skolsim			IDF Skolsim		Skola																				14:00-14:30			
14:30-15:00	IDF Skolsim			IDF Skolsim		Skola																				14:30-15:00			
15:00-15:30	Rundsim	Bröstsım	Bröstsım	Crawl	Snabb-bana	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	x	15:00-15:30						
15:30-16:00						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	x	15:30-16:00						
16:00-16:30						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	x	16:00-16:30						
16:30-17:00						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	x	16:30-17:00						
17:00-17:30						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	x	17:00-17:30						
17:30-18:00						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	x	17:30-18:00						
18:00-18:30						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	x	18:00-18:30						
18:30-19:00						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	x	18:30-19:00						
19:00-19:30						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	x	19:00-19:30						
19:30-20:00	POLO simning 19:30-20:00 (ej boll)																				x	19:30-20:00							
20:00-20:30																								20:00-20:30					
20:30-21:00	SKK POLO																							20:30-21:00					
21:00-21:30																								21:00-21:30					
21:30-22:00																								21:30-22:00					

Med reservation för ändringar

Onsdag	0				1				2				3				4				5				6				7				8				9				12-nov																												
05:45-06:00	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC																				05:45-06:00																												
06:00-06:30	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC																				06:00-06:30																												
06:30-07:00	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC				06:30-07:00																																																
07:00-07:30	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC				07:00-07:30																																																
07:30-08:00	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC				07:30-08:00																																																
08:00-08:30	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEC				NEC				NEC																				08:00-08:30																												
08:30-09:00	IDF Skolsim	▲	NEP/SPIF	IDF Skolsim	▲	NEP/SPIF	NEP/SPIF				NEC				NEC				NEC				08:30-09:00																																														
09:00-09:30	IDF Skolsim		NEP/SPIF	IDF Skolsim		NEP/SPIF	NEP/SPIF				NEC				NEC				NEC				09:00-09:30																																														
09:30-10:00	IDF Skolsim		NEP/SPIF	IDF Skolsim		NEP/SPIF	NEP/SPIF				NEC				NEC				NEC				09:30-10:00																																														
10:00-10:30	IDF Skolsim			IDF Skolsim		Skola	Skola				Skola				Skola				Snabb-bana				Crawl				Bröstsims				Rundsim				10:00-10:30																																		
10:30-11:00	IDF Skolsim			IDF Skolsim		Skola																													Skola				Skola				Skola				10:30-11:00																						
11:00-11:30	Skola				Skola																														Skola				Snabb-bana				Crawl				Bröstsims				Rundsim				11:00-11:30														
11:30-12:00																																																							Skola				Skola				Skola				11:30-12:00		
12:00-12:30																																																							Skola				Skola				Skola				12:00-12:30		
12:30-13:00																																																							Skola				Skola				Skola				12:30-13:00		
13:00-13:30																																																							Skola				Skola				Skola				13:00-13:30		
13:30-14:00									Skola				Skola				Skola				Skola				13:30-14:00																																												
14:00-14:30	Skola				Skola				Skola				Skola				Skola				Skola				Skola				Skola				14:00-14:30																																				
14:30-15:00	Skola				Skola				Skola				Skola				Skola				Skola				Skola				Skola				Skola				14:30-15:00																																
15:00-15:30	Rundsim	Bröstsims	Bröstsims	Crawl	Snabb-bana	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	x	15:00-15:30																																														
15:30-16:00						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	x	15:30-16:00																																															
16:00-16:30						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	x	16:00-16:30																																															
16:30-17:00						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	x	16:30-17:00																																															
17:00-17:30						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	x	17:00-17:30																																															
17:30-18:00						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	x	17:30-18:00																																															
18:00-18:30						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	x	18:00-18:30																																															
18:30-19:00						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	x	18:30-19:00																																															
19:00-19:30						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	x	19:00-19:30																																																
19:30-20:00	POLO simning 19:30-20:00 (ej boll)																											x	19:30-20:00																																								
20:00-20:30																														20:00-20:30																																							
20:30-21:00																														20:30-21:00																																							
21:00-21:30																														21:00-21:30																																							
21:30-22:00																														21:30-22:00																																							

Med reservation för ändringar

Torsdag	0				1				2				3				4				5				6				7				8				9				13-nov																												
05:45-06:00	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC				Crawl								Bröstsimsim								Rundsim								05:45-06:00																				
06:00-06:30	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC				06:00-06:30																																																
06:30-07:00	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC				06:30-07:00																																																
07:00-07:30	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC				07:00-07:30																																																
07:30-08:00	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC				07:30-08:00																																																
08:00-08:30	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEC				NEC				08:00-08:30																																																
08:30-09:00	IDF Skolsim	↑	NEP/SPIF		IDF Skolsim	↑	NEP/SPIF		NEP/SPIF		NEP/SPIF	NEC				NEC				08:30-09:00																																																	
09:00-09:30	IDF Skolsim		NEP/SPIF		IDF Skolsim		NEP/SPIF		NEP/SPIF		NEP/SPIF	NEC				NEC				09:00-09:30																																																	
09:30-10:00	IDF Skolsim		NEP/SPIF		IDF Skolsim		NEP/SPIF		NEP/SPIF		NEP/SPIF	NEC				NEC				09:30-10:00																																																	
10:00-10:30	IDF Skolsim				IDF Skolsim							Skola				Skola				Skola				Snabb-bana				10:00-10:30																																									
10:30-11:00	IDF Skolsim				IDF Skolsim																							Skola				Skola			10:30-11:00																																		
11:00-11:30					Skola				Skola																			Skola				Snabb-bana				11:00-11:30																																	
11:30-12:00	Länsförsäkringar																																			Skola				Skola				Skola				Snabb-bana				11:30-12:00																	
12:00-12:30	Länsförsäkringar																																																			Skola				Skola				Skola				Snabb-bana				12:00-12:30	
12:30-13:00																																																																				Skola	
13:00-13:30	IDF Skolsim	↑			IDF Skolsim	↑			Skola																							Skola			13:00-13:30																																		
13:30-14:00	IDF Skolsim				IDF Skolsim																											Skola			13:30-14:00																																		
14:00-14:30	IDF Skolsim				IDF Skolsim											Skola			14:00-14:30																																																		
14:30-15:00	IDF Skolsim				IDF Skolsim											Skola			14:30-15:00																																																		
15:00-15:30	Rundsim	Bröstsimsim	Bröstsimsim	Crawl	Snabb-bana	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	15:00-15:30																																									
15:30-16:00						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	15:30-16:00																																						
16:00-16:30						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	16:00-16:30																																						
16:30-17:00						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	16:30-17:00																																						
17:00-17:30						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	17:00-17:30																																						
17:30-18:00						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	17:30-18:00																																						
18:00-18:30						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	18:00-18:30																																						
18:30-19:00						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	18:30-19:00																																						
19:00-19:30						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	19:00-19:30																																											
19:30-20:00	POLO simning 19:30-20:00 (ej boll)																				x	19:30-20:00																																															
20:00-20:30	SPIF VATTENPOLO																				20:00-20:30																																																
20:30-21:00																					20:30-21:00																																																
21:00-21:30																					21:00-21:30																																																
21:30-22:00																					21:30-22:00																																																

Med reservation för ändringar

Fredag	0			1			2			3			4		5		6		7		8		9		14-nov		
05:45-06:00	NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF		NEP/SPIF/NEC		Crawl						Bröstsim		Rundsim		05:45-06:00
06:00-06:30	NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF		NEP/SPIF/NEC												06:00-06:30
06:30-07:00	NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF		NEP/SPIF/NEC												06:30-07:00
07:00-07:30	NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF		NEP/SPIF/NEC												07:00-07:30
07:30-08:00	NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF		NEP/SPIF/NEC												07:30-08:00
08:00-08:30	NEP/SPIF			NEP/SPIF			NEP/SPIF			NEC			NEC		NEC												08:00-08:30
08:30-09:00	IDF Skolsim	NEP/SPIF	IDF Skolsim	NEP/SPIF	NEP/SPIF			NEC			NEC		NEC		08:30-09:00												
09:00-09:30	IDF Skolsim	NEP/SPIF	IDF Skolsim	NEP/SPIF	NEP/SPIF			NEC			NEC		NEC		09:00-09:30												
09:30-10:00	IDF Skolsim	NEP/SPIF	IDF Skolsim	NEP/SPIF	NEP/SPIF			NEC			NEC		NEC		09:30-10:00												
10:00-10:30	IDF Skolsim		IDF Skolsim	Skola	Skola			Skola			Skola		Snabb-bana		10:00-10:30												
10:30-11:00	IDF Skolsim		IDF Skolsim	Skola											10:30-11:00												
11:00-11:30				Skola											11:00-11:30												
11:30-12:00	U. Hausmann														11:30-12:00												
12:00-12:30	U. Hausmann														12:00-12:30												
12:30-13:00															12:30-13:00												
13:00-13:30															13:00-13:30												
13:30-14:00															13:30-14:00												
14:00-14:30															14:00-14:30												
14:30-15:00															14:30-15:00												
15:00-15:30	Rundsim	Bröstsim	Bröstsim	Crawl	Snabb-bana	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	NEC	NEC	NEC	NEC	NEC	x	15:00-15:30						
15:30-16:00						SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	NEC	NEC	NEC	NEC	NEC	x	15:30-16:00						
16:00-16:30						SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	NEC	NEC	NEC	NEC	NEC	x	16:00-16:30						
16:30-17:00						SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	NEC	NEC	NEC	NEC	NEC	x	16:30-17:00						
17:00-17:30	Movember Cup vattenpolo																							17:00-17:30			
17:30-18:00																								17:30-18:00			
18:00-18:30																								18:00-18:30			
18:30-19:00																								18:30-19:00			
19:00-19:30																								19:00-19:30			
19:30-20:00																								19:30-20:00			
20:00-20:30																								20:00-20:30			
20:30-21:00																								20:30-21:00			

Med reservation för ändringar

Lördag	0	1	2	3	4	5	6	7	8	9	15-nov
07:45-08:00	Movember Cup vattenpolo										07:45-08:00
08:00-08:30											08:00-08:30
08:30-09:00											08:30-09:00
09:00-09:30											09:00-09:30
09:30-10:00											09:30-10:00
10:00-10:30											10:00-10:30
10:30-11:00											10:30-11:00
11:00-11:30											11:00-11:30
11:30-12:00											11:30-12:00
12:00-12:30											12:00-12:30
12:30-13:00											12:30-13:00
13:00-13:30											13:00-13:30
13:30-14:00											13:30-14:00
14:00-14:30											14:00-14:30
14:30-15:00											14:30-15:00
15:00-15:30											15:00-15:30
15:30-16:00											15:30-16:00
16:00-16:30											16:00-16:30
16:30-17:00											16:30-17:00
17:00-17:30											17:00-17:30
17:30-18:00											17:30-18:00
18:00-18:30											18:00-18:30
18:30-19:00											18:30-19:00

Med reservation för ändringar

Söndag	0	1	2	3	4	5	6	7	8	9	16-nov
07:45-08:00	Movember Cup vattenpolo										07:45-08:00
08:00-08:30											08:00-08:30
08:30-09:00											08:30-09:00
09:00-09:30											09:00-09:30
09:30-10:00											09:30-10:00
10:00-10:30											10:00-10:30
10:30-11:00											10:30-11:00
11:00-11:30											11:00-11:30
11:30-12:00											11:30-12:00
12:00-12:30											12:00-12:30
12:30-13:00											12:30-13:00
13:00-13:30											13:00-13:30
13:30-14:00											13:30-14:00
14:00-14:30											14:00-14:30
14:30-15:00											14:30-15:00
15:00-15:30											15:00-15:30
15:30-16:00											15:30-16:00
16:00-16:30											16:00-16:30
16:30-17:00											16:30-17:00
17:00-17:30						Snabb-bana	Crawl	Bröstsim	Rundsim	17:00-17:30	
17:30-18:00											17:30-18:00
18:00-18:30	SCT	SCT	SCT	SCT	SCT	Neptun VP				18:00-18:30	
18:30-19:00	SCT	SCT	SCT	SCT	SCT	Neptun VP				18:30-19:00	
19:00-19:30	SCT	SCT	SCT	SCT	SCT	Neptun VP				19:00-19:30	
19:30-20:00	APNEA	APNEA	APNEA	APNEA	Neptun Masters	Neptun Masters				19:30-20:00	
20:00-20:30	APNEA	APNEA	APNEA	APNEA	Neptun Masters	Neptun Masters	20:00-20:30				
20:30-21:00											20:30-21:00

Med reservation för ändringar

Måndag	0				1				2				3				4				5				6				7				8				9				17-nov																				
05:45-06:00	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC				Crawl																Bröstsimsim				Rundsim				05:45-06:00												
06:00-06:30	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC																												06:00-06:30												
06:30-07:00	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC																												06:30-07:00												
07:00-07:30	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC																												07:00-07:30												
07:30-08:00	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC																												07:30-08:00												
08:00-08:30	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEC				NEC				NEC																												08:00-08:30												
08:30-09:00	IDF Skolsim	↑	NEP/SPIF		IDF Skolsim	↑	NEP/SPIF		NEP/SPIF		NEC		NEC		NEC		NEC		NEC		Snabb-bana																												08:30-09:00												
09:00-09:30	IDF Skolsim		NEP/SPIF		IDF Skolsim		NEP/SPIF		NEP/SPIF		NEC		NEC		NEC		NEC		NEC																														09:00-09:30												
09:30-10:00	IDF Skolsim		NEP/SPIF		IDF Skolsim		NEP/SPIF		NEP/SPIF		NEC		NEC		NEC		NEC		NEC																														09:30-10:00												
10:00-10:30	IDF Skolsim				IDF Skolsim																																												10:00-10:30												
10:30-11:00	IDF Skolsim			↓	IDF Skolsim			↓																													10:30-11:00																								
11:00-11:30					Skola				Skola				Skola				Skola																				Snabb-bana				11:00-11:30																				
11:30-12:00																																									11:30-12:00																				
12:00-12:30																																									12:00-12:30																				
12:30-13:00																																									12:30-13:00																				
13:00-13:30	IDF Skolsim	↑			IDF Skolsim	↑			Skola																												13:00-13:30																								
13:30-14:00	IDF Skolsim				IDF Skolsim				Skola												13:30-14:00																																								
14:00-14:30	IDF Skolsim				IDF Skolsim				Skola												14:00-14:30																																								
14:30-15:00	IDF Skolsim			↓	IDF Skolsim			↓	Skola												14:30-15:00																																								
15:00-15:30	Rundsim	Bröstsimsim	Bröstsimsim	Crawl	Snabb-bana	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	NEC	NEC	NEC	NEC	NEC	x	15:00-15:30																																								
15:30-16:00						SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	NEC	NEC	NEC	NEC	NEC	x	15:30-16:00																																								
16:00-16:30						SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	NEC	NEC	NEC	NEC	NEC	x	16:00-16:30																																								
16:30-17:00						SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	NEC	NEC	NEC	NEC	NEC	x	16:30-17:00																																								
17:00-17:30						SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	17:00-17:30																																								
17:30-18:00						SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	17:30-18:00																																								
18:00-18:30						SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	18:00-18:30																																								
18:30-19:00						SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	18:30-19:00																																								
19:00-19:30						SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	19:00-19:30																																								
19:30-20:00						POLO simning 19:30-20:00 (ej boll)																			x	19:30-20:00																																			
20:00-20:30	HELLAS VATTENPOLO																				20:00-20:30																																								
20:30-21:00																					20:30-21:00																																								
21:00-21:30																					21:00-21:30																																								
21:30-22:00																					21:30-22:00																																								

Med reservation för ändringar

Tisdag	0						1						2						3						4						5						6				7				8				9				18-nov		
05:45-06:00	NEP/SPIF						NEP/SPIF						NEP/SPIF						NEP/SPIF						NEP/SPIF						NEP/SPIF/NEC																		05:45-06:00						
06:00-06:30	NEP/SPIF						NEP/SPIF						NEP/SPIF						NEP/SPIF						NEP/SPIF						NEP/SPIF/NEC																		06:00-06:30						
06:30-07:00	NEP/SPIF						NEP/SPIF						NEP/SPIF						NEP/SPIF						NEP/SPIF/NEC						06:30-07:00																								
07:00-07:30	NEP/SPIF						NEP/SPIF						NEP/SPIF						NEP/SPIF						NEP/SPIF/NEC						07:00-07:30																								
07:30-08:00	NEP/SPIF						NEP/SPIF						NEP/SPIF						NEP/SPIF						NEP/SPIF/NEC						07:30-08:00																								
08:00-08:30	NEP/SPIF						NEP/SPIF						NEP/SPIF						NEC						NEC						08:00-08:30																								
08:30-09:00	IDF Skolsim	↑	NEP/SPIF				IDF Skolsim	↑	NEP/SPIF				NEP/SPIF						NEC						NEC						08:30-09:00																								
09:00-09:30	IDF Skolsim		NEP/SPIF				IDF Skolsim		NEP/SPIF				NEP/SPIF						NEC						NEC						09:00-09:30																								
09:30-10:00	IDF Skolsim		NEP/SPIF				IDF Skolsim		NEP/SPIF				NEP/SPIF						NEC						NEC						09:30-10:00																								
10:00-10:30	IDF Skolsim						IDF Skolsim		Skola																						10:00-10:30																								
10:30-11:00	IDF Skolsim						IDF Skolsim		Skola																						Skola						10:30-11:00																		
11:00-11:30							Skola																								Skola						Skola						Snabb-bana						11:00-11:30						
11:30-12:00	Länsförsäkringar																																																Skola						11:30-12:00
12:00-12:30	Länsförsäkringar																																																Skola						12:00-12:30
12:30-13:00																																																	Skola						12:30-13:00
13:00-13:30	IDF Skolsim	↑					IDF Skolsim	↑	Skola																																								13:00-13:30						
13:30-14:00	IDF Skolsim						IDF Skolsim		Skola				Skola						13:30-14:00																																				
14:00-14:30	IDF Skolsim						IDF Skolsim		Skola				Skola						14:00-14:30																																				
14:30-15:00	IDF Skolsim						IDF Skolsim		Skola				Skola						14:30-15:00																																				
15:00-15:30	Rundsims	Bröstsims	Bröstsims	Crawl	Snabb-bana	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	x	15:00-15:30																																	
15:30-16:00						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	x	15:30-16:00																																	
16:00-16:30						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	x	16:00-16:30																																	
16:30-17:00						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	x	16:30-17:00																																	
17:00-17:30						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	x	17:00-17:30																																	
17:30-18:00						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	x	17:30-18:00																																	
18:00-18:30						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	x	18:00-18:30																																	
18:30-19:00						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	x	18:30-19:00																																	
19:00-19:30						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	SPIF	SPIF	x	19:00-19:30																																	
19:30-20:00						POLO simning 19:30-20:00 (ej boll)																				x	19:30-20:00																												
20:00-20:30	SKK POLO																				20:00-20:30																																		
20:30-21:00																					20:30-21:00																																		
21:00-21:30																					21:00-21:30																																		
21:30-22:00																					21:30-22:00																																		

Med reservation för ändringar

Onsdag	0				1				2				3				4				5				6				7				8				9				19-nov
05:45-06:00	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC				Crawl Bröstsimsim Rundsim																05:45-06:00
06:00-06:30	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC																				06:00-06:30
06:30-07:00	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC																				06:30-07:00
07:00-07:30	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC																				07:00-07:30
07:30-08:00	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC																				07:30-08:00
08:00-08:30	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEC				NEC				NEC																				08:00-08:30
08:30-09:00	IDF Skolsim	↑	NEP/SPIF		IDF Skolsim	↑	NEP/SPIF		NEP/SPIF		NEC		NEC		NEC		NEC		Snabb-bana																						08:30-09:00
09:00-09:30	IDF Skolsim		NEP/SPIF		IDF Skolsim		NEP/SPIF		NEP/SPIF		NEC		NEC		NEC		NEC																								09:00-09:30
09:30-10:00	IDF Skolsim		NEP/SPIF		IDF Skolsim		NEP/SPIF		NEP/SPIF		NEC		NEC		NEC		NEC																								09:30-10:00
10:00-10:30	IDF Skolsim				IDF Skolsim		Skola		Skola				Skola				Skola																								10:00-10:30
10:30-11:00	IDF Skolsim			↓	IDF Skolsim		Skola	↓																	10:30-11:00																
11:00-11:30					Skola																				Skola				Skola				11:00-11:30								
11:30-12:00																																	11:30-12:00								
12:00-12:30																																	12:00-12:30								
12:30-13:00																																	12:30-13:00								
13:00-13:30																																	13:00-13:30								
13:30-14:00																					13:30-14:00																				
14:00-14:30																					14:00-14:30																				
14:30-15:00																																									14:30-15:00
15:00-15:30	Rundsim	Bröstsimsim	Bröstsimsim	Crawl	Snabb-bana	Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	x	15:00-15:30																			
15:30-16:00						Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	x	15:30-16:00																			
16:00-16:30						Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	x	16:00-16:30																			
16:30-17:00						Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	x	16:30-17:00																			
17:00-17:30						Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	x	17:00-17:30																			
17:30-18:00						Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	x	17:30-18:00																			
18:00-18:30						Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	x	18:00-18:30																			
18:30-19:00						Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	x	18:30-19:00																			
19:00-19:30						Neptun		Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	SPIF	SPIF	SPIF	SPIF	x	19:00-19:30																			
19:30-20:00	POLO simning 19:30-20:00 (ej boll)																				x	19:30-20:00																			
20:00-20:30	NEPTUN VATTENPOLO																				20:00-20:30																				
20:30-21:00																					20:30-21:00																				
21:00-21:30																					21:00-21:30																				
21:30-22:00																					21:30-22:00																				

Med reservation för ändringar

Torsdag	0				1				2				3				4				5				6				7				8				9				20-nov															
05:45-06:00	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC				Crawl																Bröstsim				Rundsim				05:45-06:00							
06:00-06:30	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC																												06:00-06:30							
06:30-07:00	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC																												06:30-07:00							
07:00-07:30	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC																												07:00-07:30							
07:30-08:00	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF				NEP/SPIF/NEC																												07:30-08:00							
08:00-08:30	NEP/SPIF				NEP/SPIF				NEP/SPIF				NEC				NEC				NEC																												08:00-08:30							
08:30-09:00	IDF Skolsim	↑	NEP/SPIF		IDF Skolsim	↑	NEP/SPIF			NEP/SPIF			NEC			NEC			NEC																																				08:30-09:00	
09:00-09:30	IDF Skolsim		NEP/SPIF		IDF Skolsim		NEP/SPIF			NEP/SPIF			NEC			NEC			NEC																																				09:00-09:30	
09:30-10:00	IDF Skolsim		NEP/SPIF		IDF Skolsim		NEP/SPIF			NEP/SPIF			NEC			NEC			NEC																																				09:30-10:00	
10:00-10:30	IDF Skolsim				IDF Skolsim		Skola																																																	10:00-10:30
10:30-11:00	IDF Skolsim			▼	IDF Skolsim		Skola																									10:30-11:00																								
11:00-11:30					Skola				Skola				Skola				Skola				Snabb-bana												11:00-11:30																							
11:30-12:00	Länsförsäkringar																																11:30-12:00																							
12:00-12:30	Länsförsäkringar																																12:00-12:30																							
12:30-13:00					12:30-13:00																																																			
13:00-13:30	IDF Skolsim	↑			IDF Skolsim	↑	Skola																																																13:00-13:30	
13:30-14:00	IDF Skolsim				IDF Skolsim		Skola																																																	13:30-14:00
14:00-14:30	IDF Skolsim				IDF Skolsim		Skola																																																	14:00-14:30
14:30-15:00	IDF Skolsim			▼	IDF Skolsim		Skola																																																	14:30-15:00
15:00-15:30	Rundsim	Bröstsim	Bröstsim	Crawl	Snabb-bana	Neptun	Neptun	Neptun																									Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	15:00-15:30			
15:30-16:00						Neptun	Neptun	Neptun																									Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	15:30-16:00
16:00-16:30						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	16:00-16:30																								
16:30-17:00						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	16:30-17:00																								
17:00-17:30						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	17:00-17:30																								
17:30-18:00						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	17:30-18:00																								
18:00-18:30						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	18:00-18:30																								
18:30-19:00						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	18:30-19:00																								
19:00-19:30						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Polisen VP	Polisen VP	x	19:00-19:30																							
19:30-20:00	POLO simning 19:30-20:00 (ej boll)																				x	19:30-20:00																																		
20:00-20:30	SPIF VATTENPOLO																				20:00-20:30																																			
20:30-21:00																					20:30-21:00																																			
21:00-21:30																					21:00-21:30																																			
21:30-22:00																					21:30-22:00																																			

Med reservation för ändringar

Fredag	0			1			2			3			4		5		6		7		8			9		21-nov	
05:45-06:00	NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF		NEP/SPIF/NEC		CrawlBröstsimsimRundsim										05:45-06:00
06:00-06:30	NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF		NEP/SPIF/NEC												06:00-06:30
06:30-07:00	NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF		NEP/SPIF/NEC												06:30-07:00
07:00-07:30	NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF		NEP/SPIF/NEC												07:00-07:30
07:30-08:00	NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF			NEP/SPIF		NEP/SPIF/NEC												07:30-08:00
08:00-08:30	NEP/SPIF			NEP/SPIF			NEP/SPIF			NEC			NEC		NEC												08:00-08:30
08:30-09:00	IDF Skolsim	NEP/SPIF	IDF Skolsim	NEP/SPIF	NEP/SPIF			NEC			NEC		NEC		08:30-09:00												
09:00-09:30	IDF Skolsim	NEP/SPIF	IDF Skolsim	NEP/SPIF	NEP/SPIF			NEC			NEC		NEC		09:00-09:30												
09:30-10:00	IDF Skolsim	NEP/SPIF	IDF Skolsim	NEP/SPIF	NEP/SPIF			NEC			NEC		NEC		09:30-10:00												
10:00-10:30	IDF Skolsim		IDF Skolsim	Skola	Skola			Skola			Skola		Snabb-bana		10:00-10:30												
10:30-11:00	IDF Skolsim		IDF Skolsim	Skola											10:30-11:00												
11:00-11:30				Skola												11:00-11:30											
11:30-12:00	U. Hausmann															11:30-12:00											
12:00-12:30	U. Hausmann															12:00-12:30											
12:30-13:00																12:30-13:00											
13:00-13:30																13:00-13:30											
13:30-14:00																13:30-14:00											
14:00-14:30																14:00-14:30											
14:30-15:00																14:30-15:00											
15:00-15:30	Rundsim	Bröstsimsim	Bröstsimsim	Crawl	Snabb-bana	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	NEC	NEC	NEC	NEC	NEC	x	15:00-15:30						
15:30-16:00						SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	NEC	NEC	NEC	NEC	NEC	x	15:30-16:00					
16:00-16:30						SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	NEC	NEC	NEC	NEC	NEC	x	16:00-16:30					
16:30-17:00						SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	NEC	NEC	NEC	NEC	NEC	x	16:30-17:00					
17:00-17:30						SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	17:00-17:30					
17:30-18:00						SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	17:30-18:00					
18:00-18:30						SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	18:00-18:30					
18:30-19:00						SPIF	SPIF	SPIF	SPIF	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	x	18:30-19:00					
19:00-19:30	USM grundserie vattenpolo																							19:00-19:30			
19:30-20:00																								19:30-20:00			
20:00-20:30																								20:00-20:30			
20:30-21:00																								20:30-21:00			

Med reservation för ändringar

Lördag	0	1	2	3	4	5	6	7	8	9	22-nov
07:45-08:00	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF					07:45-08:00
08:00-08:30	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF	NEP/SPIF					08:00-08:30
08:30-09:00	NEC	NEC	NEC	NEP/SPIF	NEP/SPIF	NEP/SPIF					08:30-09:00
09:00-09:30	NEC	NEC	NEC								09:00-09:30
09:30-10:00	NEC	NEC	NEC								09:30-10:00
10:00-10:30	NEC	NEC	NEC								10:00-10:30
10:30-11:00											10:30-11:00
11:00-11:30	Sthlm Dolphins	Sthlm Dolphins									11:00-11:30
11:30-12:00	Sthlm Dolphins	Sthlm Dolphins									11:30-12:00
12:00-12:30	Sthlm Dolphins	Sthlm Dolphins									12:00-12:30
12:30-13:00											12:30-13:00
13:00-13:30											13:00-13:30
13:30-14:00											13:30-14:00
14:00-14:30	Dykhuset										14:00-14:30
14:30-15:00	Dykhuset										14:30-15:00
15:00-15:30	Dykhuset										15:00-15:30
15:30-16:00	Dykhuset										15:30-16:00
16:00-16:30	Dykhuset										16:00-16:30
16:30-17:00	Dykhuset										16:30-17:00
17:00-17:30											17:00-17:30
17:30-18:00											17:30-18:00
18:00-18:30											18:00-18:30
18:30-19:00											18:30-19:00

Med reservation för ändringar

Söndag	0	1	2	3	4	5	6	7	8	9	23-nov
07:45-08:00	Team TT	Team TT	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters	Crawl	Bröstsims	Rundsim		07:45-08:00
08:00-08:30	Team TT	Team TT	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters				08:00-08:30	
08:30-09:00	Team TT	Team TT	Neptun Masters	Neptun Masters	Neptun Masters	Neptun Masters				08:30-09:00	
09:00-09:30			Avsim	Avsim	Avsim	Snabb-bana				09:00-09:30	
09:30-10:00										09:30-10:00	
10:00-10:30										10:00-10:30	
10:30-11:00										10:30-11:00	
11:00-11:30										11:00-11:30	
11:30-12:00										11:30-12:00	
12:00-12:30										12:00-12:30	
12:30-13:00										12:30-13:00	
13:00-13:30										13:00-13:30	
13:30-14:00										13:30-14:00	
14:00-14:30										14:00-14:30	
14:30-15:00										14:30-15:00	
15:00-15:30										15:00-15:30	
15:30-16:00										15:30-16:00	
16:00-16:30										16:00-16:30	
16:30-17:00										16:30-17:00	
17:00-17:30										17:00-17:30	
17:30-18:00										17:30-18:00	
18:00-18:30	SCT	SCT	SCT	SCT	SCT	Neptun VP				18:00-18:30	
18:30-19:00	SCT	SCT	SCT	SCT	SCT	Neptun VP				18:30-19:00	
19:00-19:30	SCT	SCT	SCT	SCT	SCT	Neptun VP				19:00-19:30	
19:30-20:00	APNEA	APNEA	APNEA	APNEA	Neptun Masters	Neptun Masters				19:30-20:00	
20:00-20:30	APNEA	APNEA	APNEA	APNEA	Neptun Masters	Neptun Masters				20:00-20:30	
20:30-21:00											20:30-21:00

Med reservation för ändringar